



I WAS invited to the State of the Nation Address (SONA) last Monday, July 28, 2025.

I went to listen to the fourth SONA of President Ferdinand Marcos Jr. which was crucial, as it's already half of his six-year term.

I also took the chance to talk with some of our national leaders, which I actually always do. Not a few keep asking me about my involvement with these "worldly" matters, especially in politics. They would even tell me that it's a losing cause-- that there's no more hope in our country and our leaders -- considering all the usual rants and litanies we hear. Of course, there are some valid points to that.



Yet, I always tell myself never to give up – that there is hope, especially in this Jubilee Year of Hope, in our country, in our people, in our leaders, and in each and every one of us. It's giving up hope that's more dangerous.

And I always declare a favorite line: "Instead of cursing the darkness, light a candle."

But why focus on government and politics where there is so much corruption etc., etc.!!! Because that's where the Light of Jesus needs to shine more! Time and again, we are called to "go out of the church doors" and bring the Gospel where it is most needed.

That's what Our Lord Jesus called us to do and to be: "You are the salt of the earth...You are the light of the world." (Matthew 5:13-14)

We should not stay hidden. We need to be seen, heard, and felt – for God's glory to be manifested: "In the same way, let your light shine before others, that they may see your good deeds **and glorify your Father in heaven.**" (Matthew 5: 16)

It's a call to put our faith into action, especially in these most trying times in our country – after a series of disasters --both natural and man-made-- hitting us.

My take is that the crisis we're facing is basically and ultimately a moral and spiritual one. That's why as Christians – as salt and light -- we've got to step up and go out to shine the Light of Jesus – in our homes, in our workplace, in our community, in our country, and to the world!

Let's learn more about this in Talk 2, *Salt and Light*, of *The Good Life*, our exciting teaching series on the Sermon on the Mount.

Mayroong Magandang Mangyayari sa 'Yo!

Alvin Barcelona

Praying To Be Present

“PRAYER does not always begin with words. Real prayer begins with a wound, a whine, a whimper, a whisper. Prayer is not a stage to perform on, a mask to hide in. It is a space to just be *present*.”

Amid the storms that hit us last week, Rev. Fr. Paolo Asprer thus reminded us last Feast Sunday (July 27, 2025) in his Homily reflecting on the Gospel Luke 11:1-3, about our Lord Jesus Teaching on Prayer, *page 3*.

Yes, the right prayer is the best blessing ever -- because even as we are reeling in life's disasters, we still can have *The Good Life*. That's the title of our brand-new Feast Talk series which Bro. Bo Sanchez started last Sunday, presenting the *8 Images of the Good Life*, *page 14*.



Wait, even if we have such images, they remain images if we *Lack One Thing*...

We found out about that in Talk 1 presented by Bro. Alvin Barcelona, *page 12*.

Indeed, the Good Life is not all about fun!

Actually, we live the Good Life by being yes, *light* of the world, but also *salt* of the Earth. We learn about this in Talk 2 of our Feast Talk series, introduced by Bro. Alvin on *page 1*.

What is the Good Life?

We learn more from our Lolos and Lolas celebrating the 30th Anniversary of our Anawim Home for Abandoned Elderly, with the report of Bro. Hermie Morelos, chair of our Mercy Ministries. We give you Part 3 in this issue, *page 23*.

Yes, it's a party, and also a prayer as we start Anawim Year 31-- to be present for those who need us most.



All for God's Glory,

Randy Borromeo
Media Ministry
Executive Director





Holy Mass



SEVENTEENTH SUNDAY IN ORDINARY TIME

Homily

REV. FR. ANGELO PAOLO ASPRER, SSP
on the Gospel Luke 11: 1-13

Excerpts:

GOOD MORNING, Sisters and Brothers in Christ! Peace and blessings.

Have all your prayers been answered? Highlight on the word *all*.

Yes? No? Not yet? Still waiting? Still pleading?

I've been a priest for about 10 years. Thanks be to God. Everything is grace. Everything is a gift. A lot have personally thanked me because their prayers were answered-- such as miraculous healing from their sicknesses, restoration of relationships, unexpected provisions, and protection from harm.

But more people, more faithful, expressed their pain of discouragement, disillusionment, and even seeming despair.

They would ask me: "Father, does God play favorites? I've been a good Christian. Why am I sick with cancer?"

What have I learned as a priest? Well, really, prayer does not always begin with words. Real prayer begins with a wound, a whine, a whimper, a whisper. Prayer is not a stage to perform on, a mask to hide in.

It is a space to just be *present*.

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Prayer Acronyms

Sometimes prayer does not part the Red Sea, but real prayer teaches us how to walk on water. Prayer does not remove all the storms in our life, but prayer changes the sailor. More often than not, real prayer does not bend God's will. It invites us to bend our will with the will of God. Thy will be done, not Thy will be changed.

When we were kids, we were taught in our Catechism class that prayer is talking, listening, dialogue with God, lifting of our mind, heart, and whole body to God.

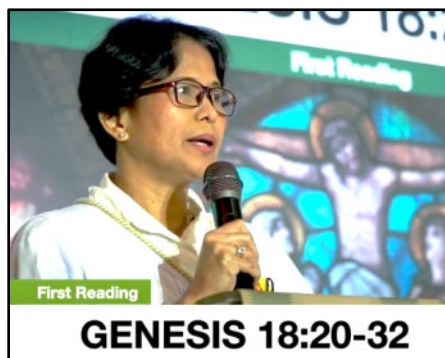
We even have acronyms when it comes to prayer.

Prayer is JOY (Jesus, Others, You). Prayer is ACTS (Adoration, Contrition, Thanksgiving, Supplication) Prayer is PUSH (Pray Until Something Happens).

But what if nothing happens?

Prayer is WHY (a lot of Waiting, Hoping, and Yielding). We humble ourselves because before the Lord, we are all beggars.

In our First Reading today, real prayer is not selfish. It is selfless. Abraham pleads for Sodom. True prayer can be seen on how we serve our brother and sisters in Christ. It can be seen through the quality of choices, decisions, and relationships we have.



First Reading: Genesis 18:20-32

20 In those days, the Lord said: "The outcry against Sodom and Gomorrah is so great, and their sin so grave, 21 that I must go down and see whether or not their actions fully correspond to the cry against them that comes to me. I mean to find out." 22 While Abraham's visitors walked on farther toward Sodom, the Lord remained standing before Abraham. 23 Then Abraham drew nearer and said: "Will you sweep away the innocent with the guilty? 24 Suppose there were fifty innocent people in the city; would you wipe out the place, rather than spare it for the sake of the fifty innocent people within it? 25 Far be it from you to do such a thing, to make the innocent die with the guilty, so that the innocent and the guilty would be treated alike! Should not the judge of all the world act with justice?" 26 The Lord replied,

"If I find fifty innocent people in the city of Sodom, I will spare the whole place for their sake." 27 Abraham spoke up again: "See how I am presuming to speak to my Lord, though I am but dust and ashes! 28 What if there are five less than fifty innocent people? Will you destroy the whole city because of those five?" He answered, "I will not destroy it, if I find forty-five there." 29 But Abraham persisted, saying, "What if only forty are found there?" He replied, "I will forebear doing it for the sake of the forty." 30 Then Abraham said, "Let not my Lord grow impatient if I go on. What if only thirty are found there?" He replied, "I will forebear doing it if I can find but thirty there." 31 Still Abraham went on, "Since I have thus dared to speak to my Lord, what if there are no more than twenty?" The Lord answered, "I will not destroy it, for the sake of the twenty." 32 But he still persisted: "Please, let not my Lord grow angry if I speak up this last time. What if there are at least ten there?" He replied, "For the sake of those ten, I will not destroy it."

Listen...

In our Second Reading, prayer is sharing in the sufferings of our Lord Jesus. We are a sharer, a servant, a steward. We are not God.

One time, I was driving and I saw this car sticker.

It says: "When you pray, don't give God instructions. Report for duty."

We pray not until God listens to us.

We pray until we learn how to listen to God.



Responsorial Psalm: Psalm 138:1-2, 2-3, 6-7, 7-8

R: Lord, on the day I called for help, you answered me.

1 I will give thanks to you, O Lord, with all my heart, for you have heard the words of my mouth; in the presence of the angels, I will sing your praise; 2 I will worship at your holy temple and give thanks to your name. (R) Because of your kindness and your truth; for you have made great above all things your name and your promise.

3 When I called, you answered me; you built up strength within me. (R)

6 The Lord is exalted, yet the lowly he sees, and the proud he knows from afar.

7 Though I walk amid distress, you preserve me; against the anger of my enemies, you raise your hand. (R) Your right hand saves me. 8 The Lord will complete what he has done for me; your kindness, O Lord, endures forever; forsake not the work of your hands. (R)



Second Reading: Colossians 2:12-14

12 Brothers and sisters: You were buried with him in baptism, in which you were also raised with him through faith in the power of God, who raised him from the dead.

13 And even when you were dead in transgressions and the uncircumcision of your flesh, he brought you to life along with him, having forgiven us all our transgressions;

14 obliterating the bond against us, with its legal claims, which was opposed to us, he also removed it from our midst, nailing it to the cross.

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4 Ps of Prayer

Finally, our Gospel Reading today teaches us that in prayer, we have to be childlike and not childish. Prayer is finding balance between seeking and surrender.

Seeking without surrender would lead to control and manipulation.

Surrender without seeking would lead to passivity and inactivity. We just leave it to God. But if things didn't happen according to how we want it, we blame God.

My dear Friends in Christ, the Four **P**s of Prayer:

When God says “Yes,” it reveals His **P**rovidence.

When God says “No,” does He really say “No”? Perhaps it is for our **P**rotection. It is a redirection.

When God says, “Not yet,” it's **P**reparation and Purification.

Finally, it's **P**erspective. It's possible to not always find the answers through our prayers. Solutions to our problems may not be there yet.

Perspective means outlook, a new mindset, a new way of understanding people, things, and circumstances.

My dear Friends, the most important phrase in *The Lord's Prayer* is "Father, thy will be done." Not "Thy will be changed." Amen.

The Lord's Prayer

*Our Father, who art in Heaven,
hallowed be Thy Name. Thy Kingdom come,
Thy Will be done on Earth
as it is in Heaven.*

*Give us this day, our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us.*

*And lead us not into temptation,
but deliver us from evil.*



Worship!

SIS. PAULINE GUEVARRA:

Good Morning, FEAST!

I know it's been a gloomy week for everyone, but nothing is ever going to stop us from praising the Lord. Amen.

Our God is a God of Light, and our prayer today is that His light will shine throughout this place.

Let's make the greatest sign of His love. In the Name of the Father, of the Son, and of the Holy Spirit. Amen...,

In the Garden of Gethsemane, Jesus prayed: *"Father, if You're willing, take this cup away from me. Be not my will but Yours be done."*

Even Jesus, the Son of God, humbly came and called on His Father. And even if God's response wasn't the way we expected it to be, Jesus was met not with relief, not with freedom, but with Resurrection.

So, church, maybe today you find yourself in the same place. Maybe you're waiting for a prayer to be answered, a dream to be fulfilled, a breakthrough, to come... Maybe you're wondering if God really hears your prayers... As we continue to worship, I want to invite you to humbly come, humbly surrender... for our God hears... He hears your heart. He knows your prayers.

So, if it's a comfortable position, why don't we open up as a sign of surrender? Let's stretch our arms to the heavens and let's sing this together:



BRO. ALVIN BARCELONA:

Father in Heaven, we lift Your Name into the highest of praise. We give You all the glory and honor as we offer our thanksgiving. Because we believe, in faith, that no matter the situation, no matter the condition, we can live the Good Life. We are living the Good Life and we shall continue living the Good Life because You, O God, are good. You, O God, are faithful. You, O God, are sovereign over all. You are in control of what we cannot and we do not.

And so, today, we come before You, receiving Your outpouring blessings so that we can continue to be a blessing to others especially in these trying times when we need You the most. We need You more, O God. And we open ourselves to the Holy Spirit, to Your power and Your protection, to Your grace and mercy, to Your healing, and restoration especially for those heavily affected by the typhoons, and for our beloved country.

This, we proclaim in Jesus' Name. Amen.



Welcome!



Hallelujah! Applaud for the King of Kings and the Lord of Lords. Hallelujah! Thank You, Jesus. And Everybody in the house, shout: "Amen!"

Everybody, say this: "I'm happy to be here. I'm blessed to be here. I'm grateful to be here."

Tell the person beside you: "I'm happy you're here."

Welcome to The Feast, where you are loved.

But I feel I need to say this, to share this with you-- because we went through a tough week. Actually, 30 dead, 8 missing, 5.2 million individuals or around 1.4 million families are affected by these past four weather disturbances all in a week's time.

We pray for those affected as we thank the Lord that we are here today.

But we at the Light of Jesus Family, at The Feast, are called not just to pray-- although we need to do that. We're also invited to put our prayers, our faith, into action.

That's why we have what we call The Feast Little Acts of Love.



We need to respond to the Feasts in North Luzon. There is an ongoing fund drive in Pangasinan and in Baguio. Relief operations are now happening. I'm sure there should be a way on how we can give more so we can respond to those in need.

Believe it or not, I was in meetings almost every night (on the impact of the typhoons and relief operations for the victims).

For example, 25 out of 26 barangays in Hagonoy, Bulacan, are still flooded -- neck and roof level. Three residents there died while they were sleeping. They were awakened when flood reached their bed. Sadly, they got electrocuted and died.

We thank God for we are safe and dry but we must be aware to pray for others. It is also a grace to be able to respond.

Faith in Action



Last Thursday, someone donated around 300 loaves of bread through Bro. Audee. I requested him to donate them in the Bulacan area since many were affected by typhoons there. Things happened fast.

Together with other volunteers from The Feast, Bro Audee and I went to the flooded areas in Bulacan. We donated food packs to 200 families.

As Mother Teresa would say: “We cannot really do great things, but we can do small things with great love.”

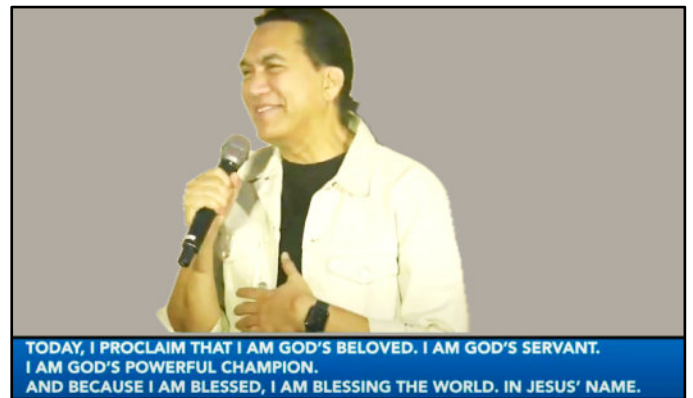
I’m sure many more of these are happening. Again, if you can actually do this, you can probably donate or pray for our brothers and sisters recovering from the typhoons.

NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Let's thank the Lord for the Good Life.
Life is still good.

Actually, that's the title of our brand-new
Feast Talk series-- a 10-Sunday journey through
the Sermon on the Mount. The best preaching
ever told by the Best Preacher of all time.

We are going to learn more about it. Let's pray:



Let's sing to the Lord:

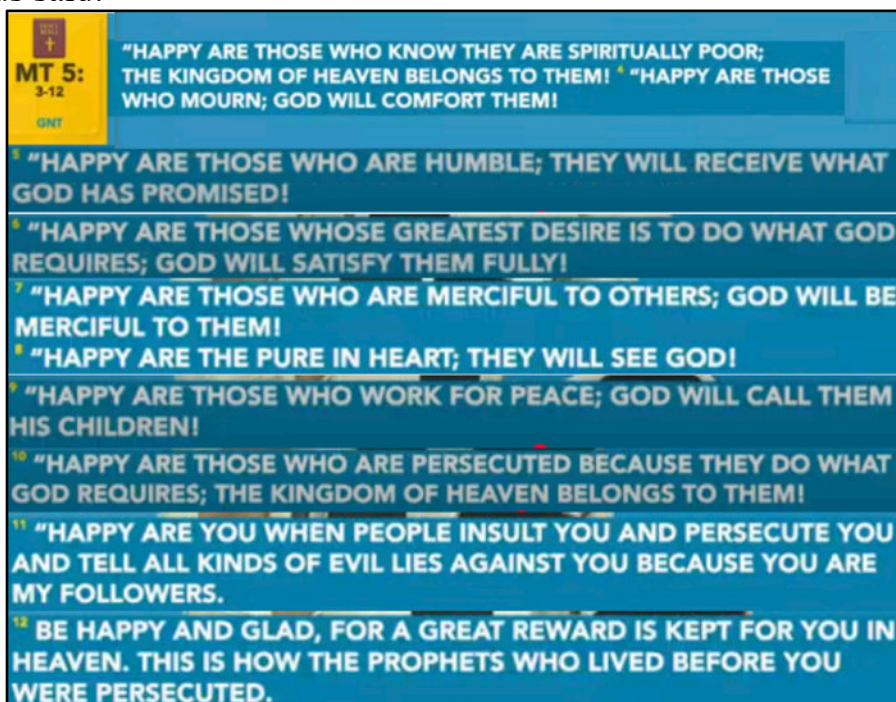


*Thy Word is a Lamp unto my feet
And a Light unto my path.*

Talk



Do you want to live a Good Life? Who doesn't, right? But what is a Good Life? To learn what Good Life is, we have to listen to the One who taught what Good Life is. We'll learn that in the introduction of Jesus on the Sermon on the Mount. Jesus said:



Those are the Beatitudes.

Dr. Tim Mackie, a Bible scholar and the creative director for the famous Bible Project, says that in the original Greek, those words can be translated into *The Good Life is...*

Good Life? But how come there are words like *poor*, *mourning*, *insults*, and *persecution*?

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BRO. NELSON DE LA CRUZ (*right*): The good life means having good manners and right conduct. You don't step on other people. You're not at odds with anyone.



BRO. CHRISTIAN AROZA (*left*): I don't agree. Life is short. So, make the most of it. Eat, drink, and be merry.

BRO. NELSON: Is that it? Shouldn't it be that a good life is having a great outlook in life whatever the circumstances are?

BRO CHRISTIAN: I disagree. The good life is about having money, having a great position at work, having the means to travel, having a car, having a house, and having a great love life.



BRO. ALVIN: You both have a point. But if you want to know what the Good Life is, hear it straight from the One who gives the Good Life, from God's Word.



This will be explained by someone who's an expert in the Good Life.

Let's call him: Bro. Bo Sanchez!

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Talk



BRO. BO SANCHEZ:

For thousands of years, people have been asking that question: What is the Good Life? Philosophers, thinkers, priests, and people have been mulling on the answer. But even the ordinary persons on the street have been asking that question.

Today, I'm going to share with you four answers. From centuries past, they have been grappling with this question and they have been able to come up with a few answers.

1 THE CLASSICAL ANSWER

The Classical Answer comes from the great philosopher, Aristotle. He said that the Good Life is living a virtuous life. He would say that happiness is not a feeling. It is a way of being. It comes from cultivating virtue -- cultivating and living in accordance with our highest human capacities. I would agree. The Good Life is living a virtuous life.

Actually, when I listen and hear these words, I'm reminded of my Dad and my Mom. They lived a good life and they were living a life of virtue.

This photo was taken at a time when my Dad was 59 years old which is my age now. He looks like me. I'm just a little more handsome. Before my father passed away, they were married for 62 years. They were in love.

I'll share their love story...



A Good Life

My Mom was applying for work and she was 19 years old. My father was the one in charge of giving the exam for the applicants. My father gave the test. While my Mom was answering, my father gave her the answers. I'm not kidding. So, she got accepted.

On the day that she applied, my father invited her for their first date. Do you know where the date was?

He told her, "Let's go to Mass tomorrow morning."

My Mom said *Yes*. She was her boss, anyway.

So, they went to Mass the next day. The following day, they went to Mass again. For 11 straight days, they went to Mass every day. On the 12th day, they got married. Why? Bombs were falling. It was World War II. They had no choice.

They were married for 62 years. They had six gorgeous children, especially, the youngest.



Our family, *from left*: Chelle, Bubu, Tina, Mommy Pilar, Daddy Gene, yours truly, Becky, Pinky.

In this family photo, Dad was already sick. But otherwise, we lived the Good Life. We did not live in a sprawling mansion. We did not ride in limousines. But it was a beautiful life.



The highlight of our family life was when my parents opened their garage to the very first Feast in 1980.

This is that garage. That's my nephew, Paolo (son of Bubu). He has two children now.

He's our LOJ Creative Director.

That for them is the Good Life. It is serving. It is what Bro. Alvin was talking about a while ago.



2

THE STOIC ANSWER

The Stoic Answer comes from Epictetus. He said: "The Good Life is letting go of what you cannot control and taking responsibility for what you can."

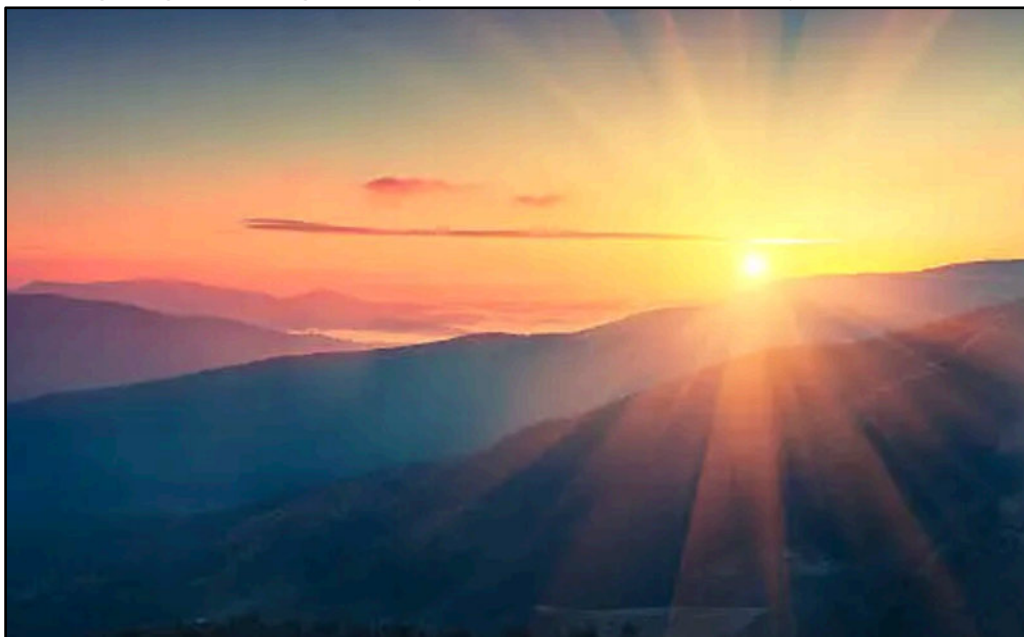
THE GOOD LIFE IS **LETTING GO** WHAT YOU CANNOT CONTROL
AND **TAKING RESPONSIBILITY** FOR WHAT YOU CAN.

It is right. Epictetus was born in the year 55 AD which was 300 years after Aristotle. Epictetus said that it's not what happens to you but how you react to it that matters.

Every morning when I wake up, I say to myself and to the world:
"This is going to be a great day. This is a wonderful day."



**IT'S NOT WHAT HAPPENS
TO YOU, BUT HOW YOU REACT TO IT THAT MATTERS**



Creator: vovik_mar |
Credit: Getty Images/iSto...

We live the Good Life if we believe that we have this decision, this attitude: whether it rains, whether the sun shines, whether I have problems, whether I don't have problems, whether I wake up on the right side of bed or wrong side, it's going to be a good day. It's going to be a wonderful day because God is with me.

If God is with me, we're going to have a great day because we're going to make it a great day.

**IF GOD IS WITH ME,
WE'LL MAKE IT A BEAUTIFUL DAY.**

3

THE HEDONISTIC ANSWER

Hedonism comes from: *seeking pleasure and avoiding pain.*

The guy who said this was Epicurus. He was born somewhere around Aristotle's time. He said the highest pleasures come not from indulgence but from simple living, friendship, and philosophical reflection.



THE HIGHEST PLEASURES COME NOT FROM INDULGENCE BUT FROM SIMPLE LIVING, FRIENDSHIP, AND PHILOSOPHICAL REFLECTION.

Hedonism isn't about being in wild parties, with drugs and with prostitutes.

The original definition of *hedonism* is living a simple life because that's where the highest pleasure comes from. It's not taking shabu. It's about having coffee while meditating about life. Of course, other people have taken this philosophy on the other route-- such as seeking pleasure by drinking and by being merry for tomorrow we die.

I remember lines from a song, "In heaven there is no beer. That's why we drink it here."

I read also this other quote: "Money cannot buy happiness but it can buy a Ferrari -- so, I'll just cry in my Ferrari."

**MONEY CAN'T BUY HAPPINESS,
BUT IT CAN BUY A FERRARI—SO I WILL CRY IN MY FERRARI.**

It's a concept of "why not do what you can?"

I was talking to a young guy. He said, "Bro. Bo, I have one life principle. I don't follow anything else except this one principle: "If it feels good, do it. I have only one condition. I will not hurt anybody in the process."

Somehow, it makes sense, right? For example, he can be in a relationship but still be in a relationship with someone else. Nowadays, they call that type of person as *polyamorous*.

I asked him, "What if it hurts and harms your highest self?"

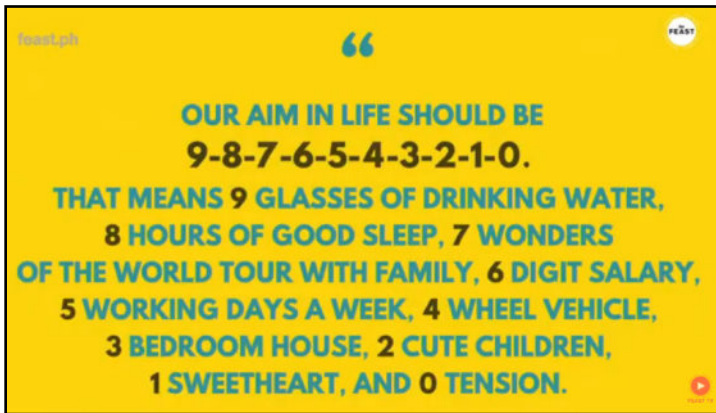
He looked at me, shrugged his shoulders, and did not give an answer.

That is what some people define as the good life.

4

THE PRAGMATIST ANSWER

I've picked a sample of the Pragmatist Answer from the more positive messages in social media:



I like that. That's not bad. Actually, if you summarize the pragmatist approach, the Good Life is made up of four benefits.> We pray for these. They are in your *Novena to God's Love*. The world will tell you if you have these, you lack nothing.

That's the message of the world.

Do you know that Jesus will disagree?

One day, there was this young man who was not only rich but he was religious. And he was obeying the Ten Commandments.

Single ladies in the house, oh, what a great catch!

Jesus smiled at this young man and He said: "You lack one thing."

What is that? Everything that Bro. Alvin read to us was the definition of Jesus about the Good Life.

This definition gives 8 pictures, 8 sketches of the Good Life.

We're going to read them and I'll paraphrase each one, and I pray they will bless you.

THE GOOD LIFE
GOOD HEALTH
GOOD INCOME
GOOD FAMILY
GOOD MINDSET

8 Images of The Good Life

1 TRUST

JESUS SAYS,
"THE GOOD LIFE IS BEING POOR IN SPIRIT,
FOR THEIRS IS THE KINGDOM."

The Good Life is not the absence of despair.
The Good Life is even if you're in a desperate
situation, you trust in Him. He is in charge.
He will take care of you.

**THE GOOD LIFE IS WHEN YOU'RE IN A DESPERATE SITUATION,
YET YOU STILL TRUST THAT GOD IS IN CHARGE,
AND HE WILL TAKE CARE OF YOU.**



**THE GOOD LIFE IS GRIEVING IN GOD'S PRESENCE, GIVING ALL
YOUR HEARTACHE TO HIM,
AND IN HIS TIME, HE WILL TURN YOUR SORROW INTO JOY.**

2 MOURNING

JESUS SAYS,
"THE GOOD LIFE IS MOURNING
AND RECEIVING COMFORT."

Every morning, whether it's raining, whether I have problems,
whether I have struggles, I jump up and down. I just started doing this
about three weeks ago.

The second heart of your body are your calves -- lymphatic drainage.
I'm building my core. Sometimes you wake up and you don't feel good.
I feel good every morning because I choose to feel good, for God is with me.

3 MEEKNESS

JESUS SAYS,
"THE GOOD LIFE IS BEING MEEK,
FOR THEY WILL INHERIT THE LAND."

My translation is this:
The Good Life is not needing
to prove yourself to anyone. Because you found your identity in God's Love.

**THE GOOD LIFE IS NOT NEEDING
TO PROVE YOURSELF TO ANYONE BECAUSE YOU FOUND YOUR IDENTITY IN THE FATHER'S LOVE.**

4 HUNGER

JESUS SAYS,
"THE GOOD LIFE IS BEING HUNGRY AND THIRSTY FOR
RIGHTEOUSNESS, FOR THEY WILL BE SATISFIED."

My translation:
The Good Life is not hunger
for pleasure, or power,
or prestige-- but hunger to serve, a desire to bless, a longing to love.

**THE GOOD LIFE IS NOT A HUNGER FOR PLEASURE OR POWER OR PRESTIGE,
BUT A HUNGER TO SERVE, A DESIRE TO BLESS, A LONGING TO LOVE.**

5

MERCY

JESUS SAYS,
"THE GOOD LIFE IS BEING MERCIFUL,
FOR THEY WILL BE SHOWN MERCY."

My paraphrase:

The New Testament was written in Greek, but Jesus was quoting Psalms 37 which was written in Hebrew. In Hebrew, Jesus was quoting that *the anawim will inherit the earth*. The word *anawim* means "the poor of the Lord -- those who are totally dependent on Him."

So, the poorest of the poor, even as they flourish, will remain *anawim* in their hearts.

Money can make you proud, power can make you arrogant and selfish.

In his book *El Filibusterismo*, Jose Rizal

said: "The slaves of today will be the tyrants of tomorrow."

But Jesus gives another possibility: The slaves and those who are poor, if they follow Jesus, even if they prosper, they will remain *anawim* in their hearts and they will continue to love the Lord, and they will remain humble before God.



THE GOOD LIFE IS WHEN THE ANAWIM, EVEN AS THEY FLOURISH,
WILL REMAIN ANAWIM IN THEIR HEARTS—AND GIVE MERCY TO OTHERS.

6

PURITY

JESUS SAYS,
"THE GOOD LIFE IS BEING PURE IN HEART,
FOR THEY WILL SEE GOD."

Anytime you see the phrase *pure in heart* in the Old Testament,

it was against idolatry. And so, we know what Jesus was saying.



My paraphrase is:
The Good Life is worshipping God alone and enjoying His Presence forever.

THE GOOD LIFE IS WORSHIPPING GOD ALONE
AND ENJOYING HIS PRESENCE FOREVER.

7**PEACE**

JESUS SAYS,
 "THE GOOD LIFE IS BEING A PEACEMAKER;
 THEY WILL BE CALLED CHILDREN OF GOD."

What does that mean?

The Good Life is when you enter into conflicts with others-- even if it is dangerous-- and channel God's peace.

THE GOOD LIFE IS WHEN YOU ENTER INTO THE CONFLICTS OF OTHERS, EVEN IF IT'S DANGEROUS, AND CHANNEL GOD'S PEACE.

**8****PERSECUTE**

JESUS SAYS,
 "THE GOOD LIFE IS WHEN PEOPLE REVILE YOU, PERSECUTE YOU,
 AND UTTER ALL KINDS OF EVIL AGAINST YOU FALSELY ON MY ACCOUNT.
 BE HAPPY AND GLAD, FOR A GREAT REWARD IS KEPT FOR YOU IN HEAVEN."

My paraphrase: The Good Life is following God's Will even if it comes with pain and loss-- because in the end, God will vindicate you.

If the great Aristotle were alive right now and he were in front of me, I will tell the philosopher, "I'm your fan. What you said was right. The Good Life is living a virtuous life. But you lack one thing."

If I were in front of the Stoics, Epictetus and his other followers, I will tell them, "I admire your philosophy of letting go of what you cannot control and taking responsibility of what you can. Spot on. But you lack one thing."

THE GOOD LIFE IS FOLLOWING GOD'S WILL, EVEN IF IT COMES WITH PAIN AND LOSS—BECAUSE IN THE END, GOD WILL VINDICATE YOU.

If I were in front of the Hedonists, I will tell them that seeking pleasure will give you temporary good life. But you lack one thing."

If I were in front of the pragmatists-- good health, good income, good family, and good mindset-- I will tell them, I pray for those benefits. I'm a financial teacher, I'm a family advocate, I love health, I'm working on my health... But I'm telling you lack one thing."



That one thing is Jesus. Amen.

Because for me, Jesus is the Good Life. Even

when I go through trouble, even when I go through pain, even when I'm beset by problems, even if my prayers are not answered at times, if I have Jesus in my life, I'm living the Good Life.

Right now, you ask me, "Bro. Bo do you have problems?"

I eat problems for breakfast every day. I have so many problems in my ministries, businesses, and family. But I have Jesus. That's why I live the Good Life.

Pray with me. Put your hands over your heart. Everybody, say:

"Jesus, you are my good life. Help me to be Anawim to be like You. You were Anawim. You were poor in spirit. You were mourning. You were a peacemaker. You were persecuted. Help me as I worship You today to be an Anawim, to humble myself and tell You that I lack one thing, the most important thing, Jesus. You are all I need. In Jesus' Name. Amen."

I invite you now to pray for your needs. If you have your copy of *Novena to God's Love*, lift it and just give to the Lord, surrender to Him all your needs and dreams.

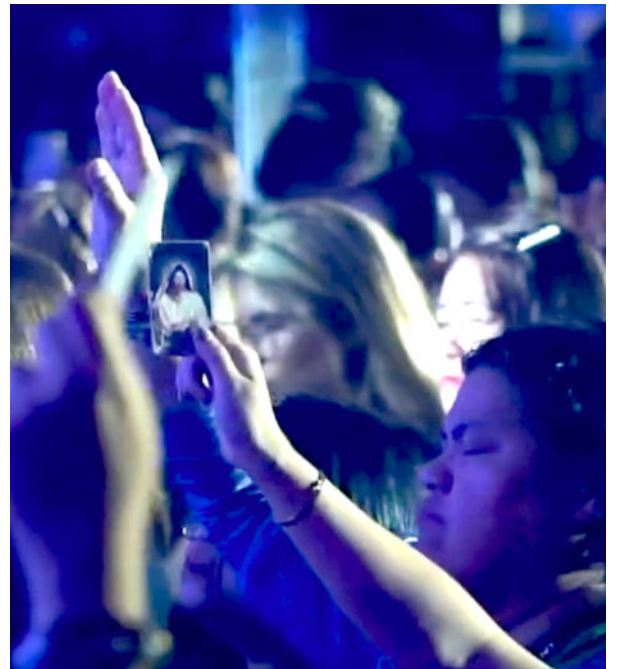
But I want you to put in front of all those dreams your deepest greatest need: Jesus. Lift your dreams. Tell Him what you need.

"Lord, I need You most of all. Be the Lord of my life. Be the Savior. Forgive all my sins. Save me. Make me yours. I want my whole life to belong to You starting now, until my last breath. I am Yours. I surrender to You all the dreams that You have planted in my heart, all my struggles, and all my goals I pray for Your Will. I pray for Your miracles."

In Jesus' Name. Amen."

THAT ONE THING IS JESUS

JESUS IS THE GOOD LIFE.





MERCY MINISTRIES

*God blesses those who are merciful,
for they will be shown mercy.*

--Matthew 5:7

ANAWIM Year 30 PART 3

Inspiration



It's our great joy to welcome a special guest — a talented artist, singer, and a friend of Anawim, **Bro. Adrian Panganiban**, blessing us with happy, inspiring songs, loving our lolas.

What a wonderful performance! Thank you, Bro. Adrian, for sharing your gift with us today.

By popular demand by the audience, **Bro. Obet Cabrillas** obliged with a vintage, crowd favorite of his action song, *Granada!* a bombshell so inspiringly explosive!

We just watched, listened, applauded-- mesmerized!

Thank You, God, for Bro. Adrian and Bro. Obet, truly Your gifted artists.

And love from our founder, Bro. Bo Sanchez, through lovely and loving Sis. Marowe:

He was to be our main speaker, but before leaving for Anawim, at the last minute, Bro. Bo suffered stomach pain.

So, with his blessing, by God's Grace, his wife, Sis. Marowe Sanchez, here speaks for him. With mixed tears and joy, Sis. Marowe recalls the beginnings-- some difficulties, many blessings-- of building Anawim, and expressing unconditional love for our Lolos and Lolas, and grand gratitude for supporters, donors, servants of Anawim.



The FEAST FAMILY August 3, 2025 **23**

Now, We Begin ANAWIM YEAR 31...



I have the privilege to officially close our Anawim Year 30 program.

Not really to close the program, but actually to begin Anawim Year 31!

We start with what we need: of course, funds we will use for the many mercy projects we have in mind for our Lolos and Lolas.

So, we launch the Anawim 30th Anniversary Fundraiser.

Lolos, Lolas, you are the heart and soul of Anawim. Thank you very much.

Happy 30th Anniversary!

You know, the number 30 has a Biblical significance. King David became king at age 30. Joseph the Dreamer became an officer at age 30.

And, of course, our Lord Jesus, He started His public ministry at age 30.

How is this related to our celebration? Our theme is *We've only just begun*.

We're just beginning. After 30 years, there's more compassion, there's more love, there's more service.

I love the homily of Fr. Ivan. He applauded "Selfless service from the heart."

Aptly, that's my wife Reng and I have for our Anawim elderly...

I am studying in the School of Technology -- I have an oral comprehensive exam on June 11. In the School of Theology, my subject now is *Service*.

I've learned the Greek word for service is *diakoneo*-- *to be a servant*.

You know, here in Anawim, everyone is serving from the heart, not just from the mouth. There is love.

Even the Lolas serve by praying for us-- all the intercessory requests from the different Feasts all over the world, we send to Anawim and the elderly pray for each petition.

Love from the heart. And that's what will prevail in the next 30 years. Our God the Holy Spirit will give the love from the heart. Pure. That's all we will give. It is said God is Love.. If God is with you, you already have everything-- complete. God's Presence is enough for all of us. And that's what our Lolos and Lolas as well as our donors, benefactors, supporters are giving to us.



The Future of our Lolos and Lolas

I see here Jan-B Banson, the president of Monarch Equipment Corp. We are discussing how to help Anawim and the rest of our Feast Mercy Ministries -- not only through prayers. We must have strategy. We've got to convert our prayers into action. We need to pray as well as to act to fill the needs of our Anawim elderly.

Bro. Arun Gogna is here. We're talking about putting up a Dialysis Center and all it is going to earn we will give to Anawim and our other Mercy Ministries.

Again, prayer and action. We can't just depend on our donors. We are grateful for your support in the last 30 years. Your donations have kept our elderly alive. Yet, we need other sources of income to be able to sustain our service for our Lolos and Lolas and other Mercy ministries beneficiaries.

Here, at the upper section of this property, we have our Jeremiah 33 Foundation shelter for abused minor girls. We serve more beneficiaries. And we hope through our united efforts, they will feel secure, they will be strong, and receive the love they so need.

Again, we thank our donors, our personnel, volunteer servants. God knows who you are and He will continue to bless you more and more.

Lolos and Lolas, we love you. God bless you.

The FEAST FAMILY August 3, 2025 **25**

Party Time!

And now we party!
Let's welcome DJ David
Morelos and DI Debbie
Mendoza. We especially invited
them because our Lolos
and Lolas really love to dance.

And we dance, *from right*:
That's me with our team;
Bro. Gil Ramiscal, guided
by dance expert; and graceful
Sis. Lita Ramiscal and Bro. Adrian really have fun!



And Thank You, Lord,
for Spark Events for this overflowing,
yummy, buffet!

Bountiful More Years, Anawim!



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez.

Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmfamily.com

Website: <https://kerygmfamily.com>

Our Partner Beneficiaries

Jeremiah 33 Foundation
is a shelter for minor girls
particularly victims
of sexual abuse.



Grace To Be Born
is a halfway home
for pregnant women
in crisis.



He Cares Mission
provides shelter
and pastoral care
for street children.

Pag-asa ng Pamilya Foundation
grants scholarships
to indigent students.



Jesus Christ Cares for Cancer
provides financial assistance and pastoral care
for indigent cancer patients.

The Light of Jesus Pastoral Care Center
ministers to those who are emotionally
and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for
Indigents and Lepers of Mary, adopting the Blessed Mother
as the patroness of its mission to eradicate leprosy in Abra
within 8–10 years.



The Light of Jesus Disaster Recovery Ministry
provides evacuation assistance,
relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry
brings Jesus to the Correctional Institution for Women
to give them hope for a new life of dignity.



Anawim Lay Missions Foundation provides a home for poor elderly
who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to www.kerygmfamily.com and click 'DONATE' box Paypal I US Donations.
2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks
Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.
4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
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Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch
Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch
PNB - Current Account no. 108410089566 SSS branch
Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch
Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch
Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmfamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



FAMILY ONLINE NEWSMAGAZINE

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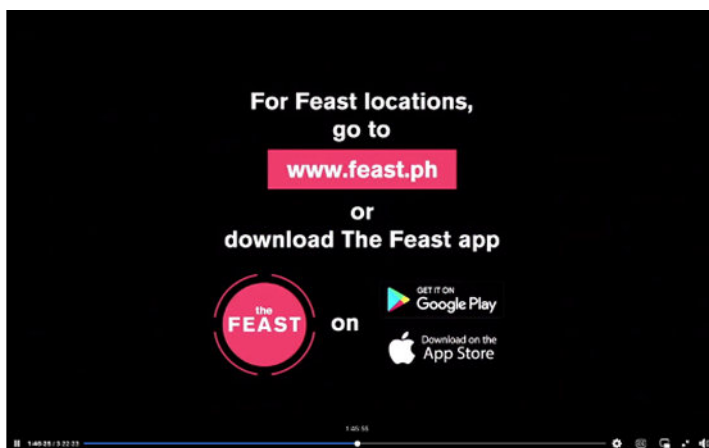
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Go and make disciples of all men.
— Matthew 28:19

