

EVERYBODY gets angry-- or must have experienced anger. Even Jesus got angry. (Matthew 21:12-13)

(Matthew 21:12-13)
Anger has a purpose. Yet, know that there's *Good Anger* and *Bad Anger*.
Good Anger has a God-ordained role in our lives.
But *Bad Anger*-- with its two expressions of *Temper* and *Resentment*-- are inner poisons.
It will kill you.

That's why our Lord Jesus warned us:

"You have heard that it was said to the people long ago: 'You shall not murder, and anyone who murders will be subject to judgment.' But I tell you that anyone who is angry with a brother or sister, will be subject to judgment." (Matthew 5:21-22 NIV)

Bad Anger is its own punishment. It has already been linked to many diseases—while people who are more peaceful and forgiving are happier, healthier and live longer.

We'll learn more of this today in Talk 3: *Lord, Help Me Forgive* of our enlightening series, *The Good Life* -- our deeper dive into the Sermon on the Mount.

We'll realize that when we forgive, we're not only obeying God's New Commandment of Love. We're actually doing it for ourselves. Get ready for another life-changing Feast!

Mayroong Magandang Mangyayari sa 'Yo!

Alvin Barcelona



'Why do we go to The Feast?'

Rev. Fr. Rikki Miranda asked the question last Feast Sunday, August 3, 2025.

Fr. Rikki challenged us to reflect on that question in line with last Sunday's Gospel in Luke 12:13-21, about the *Parable of the Rich Fool*-- where after bountiful harvest, a wealthy farmer chooses to store the harvest rather than share it with others-- forgetting God's mandate not only to love Him but also our fellowmen, key step to gain a place with God in Heaven, *page 3*.

Loving others is also key to *The Good Life*, topic of our ongoing Feast Talk Series. This Sunday, August 10, 2025, we learn Talk 3, about *Forgiveness*—yes, crucial, yet quite difficult part of loving others. Bro. Alvin Barcelona introduces the Talk on *page 1*.





Actually, we learned two ways how God wants us to relate with those He wants us to care for: to be Light of the World and Salt of the Earth, Talk 2 of our series. *Flashback* by Bro. Audee Villaraza starts on *page 10*.

In Talk 2, Bro. Audee pointed

out one answer to Fr. Rikki's question about why we go to The Feast, recalling our beginnings when the young Bro. Bo Sanchez started The Feast at Camp Aguinaldo in Quezon City, page 20.



That simple, humble beginning has paved the way for us to spread God's mandate to various Feasts around the world. And we have walked our talk about love for others through

our Mercy Ministries, such as the Jesus Christ Cares For Cancer, *page 24*.

Yes, we have good, great reasons to go

to The Feast-- because we have a good, great God.







Holy Mass





Homily
REV. FR. RIKKI MIRANDA, SVD
on the Gospel Luke 12:13-21



Concelebrant: REV. FR. BOB McCONAGHY

Excerpts:

THE Gospel and the Readings of today remind us of who we are and what we are.

When I was in the seminary, my co-seminarian read this verse which truly struck me: "Vanity of vanities. Everything is vanity."

I asked myself then, "What is vanity?"

I remember my mother used to tell me, "Don't be vain."

I was talking to someone yesterday and he said, "You'll see the words, *I, me, mine,* and *myself* 12 times in our Gospel today-- in Luke 12:13-21:

13 Someone in the crowd said to Jesus, "Teacher, tell <u>my</u> brother to share the inheritance with <u>me</u>." 14 He replied to him, "Friend, who appointed <u>me</u> as your judge and arbitrator?" 15 Then he said to the crowd, "Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions." 16 Then he told them a parable. "There was a rich man whose land produced a bountiful harvest. 17 He asked himself, 'What shall <u>I</u> do, for <u>I</u> do not have space to store <u>my</u> harvest?' 18 And he said, 'This is what <u>I</u> shall do: <u>I</u> shall tear down <u>my</u> barns and build larger ones. There <u>I</u> shall store all <u>my</u> grain and other goods 19 and <u>I</u> shall say to myself, "Now as for you, you have so many good things stored up for many years, rest, eat, drink, be merry!" '20 But God said to him, 'You fool, this night your life will be demanded of you; and the things you have prepared, to whom will they belong?'21 Thus will it be for the one who stores up treasure for themselves but are not rich in what matters to God."

The FEAST FAMILY August 10, 2025 3

What Vanity Means

In my Reflection, I think this is what *vanity* means: *Vanity* is not just about the riches of the world because the riches of the world are out there-- but if it doesn't affect me, then it's just there. But if it helps me to thank the Lord, to help others, to make others happy, and to help others get closer to Jesus-- those are what we should be doing.

We cannot prevent the *I*, *me*, *myself*, and *mine* but we can limit them. Because there are *he*, *she*, *they*, and *we*.

This is what the Lord is telling us now in simple words. The Lord is not taking away wealth from us because He was the one who gave us material things but not to the point of destroying and making us be far from Him. He wants us to use our gifts, charism, and blessings, and share them to others.

This is what we are called for. This time that you're here means that you're already sharing your time with the Lord and with others. You're sharing your faith. You're sharing yourself for others -- the *he, she, they,* and *we--* to be able to praise God together with them.



ECCLESIASTES 1:2, 2:21-23

First Reading: Ecclesiastes 1:2; 2:21-23

² Vanity of vanities, says Qoheleth, vanity of vanities! All things are vanity! ^{2:21} Here is one who has labored with wisdom and knowledge and skill, and yet to another who has not labored over it, he must leave property. This also is vanity and a great misfortune. ²² For what profit comes to a man from all the toil and anxiety of heart with which he has labored under the sun?

²³ All his days, sorrow and grief are his occupation; even at night his mind is not at rest. This also is vanity.

Responsorial Psalm: Psalm 90:3-4, 5-6, 12-13, 14, 17 R: If today you hear his voice, harden not your hearts.

3 You turn man back to dust, saying, "Return, O children of men."

4 For a thousand years in your sight are as yesterday, now that it is past, or as a watch of the night. (R)

5 You make an end of them in their sleep; the next morning they are like the changing grass, 6 which at dawn springs up anew, but by evening wilts and fades. (R)

12 Teach us to number our days aright, that we may gain wisdom of heart. 13 Return, O Lord! How long? Have pity on your servants! (R)

14 Fill us at daybreak with your kindness, that we may shout for joy and gladness all our days.
17 And may the gracious care of the Lord our God be ours; prosper the work of our hands for us!
Prosper the work of our hands! (R)



Challenge to Us

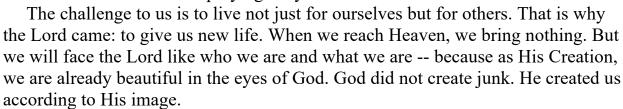
Why do we go to The Feast? As the Second Reading says, "to change ourselves to a new one."

Yesterday, I was at the wake of a friend.

Her mother is still alive, already 90 years old.

The mother said to me about her daughter, "Father, she is a good child. Why do God take good-hearted people?"

It was heartbreaking. I couldn't say anything except: "She is now near God. She will be praying for you."



So, we bring back everything to God by telling Him: "Lord, here I am."

My dear Friends, as we gather to receive Him, to feel Him, to praise Him, and to thank Him, let us ask God's mercy, love, guidance, and wisdom so we can stay close to Him.

The Lord here is not against wealth but He is against the wealth that will lead us away from God. When we suffer, it makes us closer to God because we seek His guidance, healing, and help. But if we think we have everything, we tend to be far from God. But the riches we enjoy now only come from God. He gave us wealth not for us to be far from Him but to be near Him so He can use us to share this wealth to the last, the least, and the lost.

My dear Brothers and Sisters, let us be an instrument of God to bring happiness, peace, and blessing to others. Let us be the way for the Lord to be felt, to be loved, and to be praised. Amen.



COLOSSIANS 3:1-5, 9-11



Second Reading: Colossians 3:1-5, 9-11

1 Brothers and sisters: If you were raised with Christ, seek what is above, where Christ is seated at the right hand of God. 2 Think of what is above, not of what is on earth. 3 For you have died, and your life is hidden with Christ in God. 4 When Christ your life appears, then you too will appear with him in glory. 5 Put to death, then, the parts of you that are

earthly: immorality, impurity, passion, evil desire, and the greed that is idolatry. 9 Stop lying to one another, since you have taken off the old self with its practices 10 and have put on the new self, which is being renewed, for knowledge, in the image of its creator. 11 Here there is not Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free; but Christ is all and in all.

Worship! EXHORTATION

BRO. RYAN NABUS:

Good Morning Feast!

Psalm 30 says, Sing the praises of the Lord, you, His faithful people, praise His Holy Name."

And so, today we're not just singing a bunch of songs. We're joining all of Creation, and all of the Heavens and lifting and praising the Mighty and Holy Name of Jesus.

I invite you to come, give Him praise today, worship Him, and just be in His Presence.

W. I. W. A. I.

Hallelujah! We lift Your Name, God! We praise You! We glorify You today!





BRO. AUDEE VILLARAZA:

Father, we speak life for every person here today in this room. We speak renewal of strength, renewal of purpose, renewal of calling.

Lord, we pray for those who haven't been in this place, in Your Presence, for a long time. We pray, Lord, for reawakening of their callingthat Your anointing is on them.

We pray, Lord, for each person who got tired this week for renewed body.

We pray, Lord, for those who struggle, carrying their crosses, that their strength be renewed in Your Presence.

And we pray this in the mighty Name of Jesus Christ, our Lord, and our Savior.



Welcome!



Let's give the Lord a big hand, Everybody.

Can you tap somebody next to you and say, "Thank God, you're here." We're going to have so much fun today.

This is the first week of the month of August. Who among you are celebrating your birthday this month?

We'd love to pray for you:



Lord, we pray for birthday celebrators. We do not know what You have in store for them but we're believing, in faith,that it's going to be good because You are a good God.

Whatever these plans are, Father, we trust in You, that Your favor, Your anointing, and Your calling is upon them.

So, Lord, unleash every favor in the right time, in the right moment. And bless them, use them, for Your greater glory. In Jesus' Name. Amen and Amen.

Everybody say, "Happy Birthday!"

8 The FEAST FAMILY August 10, 2025

NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Everybody, lift your hands...







TODAY, I PROCLAIM THAT I AM GOD'S BELOVED. I AM GOD'S SERVANT.
I AM GOD'S POWERFUL CHAMPION.
AND BECAUSE I AM BLESSED, I AM BLESSING THE WORLD. IN JESUS' NAME.

Join me in honoring, giving reverence to the Word of God:

Thy Word
is a Lamp
unto my feet
And a Light
unto my path.



The FEAST FAMILY August 10, 2025 9

Talk



BRO. AUDEE VILLARAZA:

TODAY we continue our Feast Talk series, The Good Life.

May I share with you something that I have learned over the course of many years of preparing, studying, and preaching the Word of God, not just at The Feast, but in different organizations. I've learned that there are three elements of a great sermon.

3 ELEMENTS OF A GREAT SERMON

- It should inspire people. Something is stirred within you to say: "I want to follow God more. I want to love God more."
- It shouldn't just stop in motivating you, but it should move you into action. Otherwise, nothing changes. It should move you to go to Confession. It should move you to join a Light Group. It should move you to forgive somebody. It should move you to love someone who is hard to love.
- This is the most important. It should transform you from brokenness into wholeness.

When we put all these three elements together, the question is: What is the greatest sermon of all time? It's the Sermon on the Mount given by none other than the GOAT (Greatest Of All Time) Himself, Jesus Christ.

The Message of the Sermon

Why is the Sermon on the Mount the Greatest Sermon of All Time?

Let me answer that in the context of the three great elements.

First, this Sermon alone motivated people. It disrupted the very fabric of their culture at that time. People back then were living at a time when they were praying for a Messiah that would come as a general to conquer the world. They were praying that they would be able to defeat Rome. But Jesus came



and he changed things. He didn't just defeat Rome, He changed hearts. Jesus likes to disrupt. He motivated people. But that's not just it.

Second, Jesus, through that Sermon, moved people. The Sermon moved people to follow Jesus. To want to hear more of that Sermon, people left their livelihood. People left their families to follow Jesus.

But the greatest that this Sermon did was it changed people, transformed them from strangers into friends, friends becoming followers, followers becoming disciples. Ultimately, disciples becoming disciple makers.

You see, that's what the Word of God should do for all of us through the work of the Holy Spirit: That the Lord would change you forever. That you're no longer the same person who walked in here. Ten years later, you're completely a different person. That's the Word of God affecting you.

Now, what is the core message of the Sermon of the Mount? Ancient authors use this style: They would put the most important part of their message right in the middle of the sermon.

The Sermon on the Mount can be divided into three sections. What is in the middle of these three sections? It's a prayer that you say every day. It's a prayer that we pray here every Mass. What is that prayer?

It's the Lord's Prayer in Matthew 6:9-10:



"OUR FATHER IN HEAVEN, HALLOWED BE YOUR NAME, MAY YOUR KINGDOM COME, MAY YOUR WILL BE DONE, ON EARTH AS IT IS IN HEAVEN."

Jesus Brings Heaven Down on Earth

Notice that in that prayer, Jesus says: "Thy will be done on earth as it is in heaven."

Jesus is focusing not just on bringing people to Heaven but on bringing Heaven down to the people. He's not just going to wait for you

to get to Heaven. He's going to bring down Heaven here-- where we live, where we breathe, and where we work.

How is He going to do that? He's going to do it through you and me. Jesus is going to use you. God is going to use every brokenness, every mess, and every mistake that you've made. He's going to use them for His greater glory.

How do I know that? Matthew quotes Jesus in this context:



"YOU ARE THE SALT OF THE EARTH. BUT IF SALT LOSES ITS TASTE, WITH WHAT CAN IT BE SEASONED? IT IS NO LONGER GOOD FOR ANYTHING BUT TO BE THROWN OUT AND TRAMPLED UNDERFOOT.

And Jesus also says>

YOU ARE THE LIGHT OF THE WORLD.
A CITY SET ON A MOUNTAIN CANNOT BE HIDDEN."

Tell somebody

beside you: "Friend, you are the Salt of the Earth."

Tell the other one you didn't talk to: "Friend, you are the Light of the World."

Let's give the Lord a big hand. Let's pray:

Father, Thank You for Your message today. May these words leap from out of the page and touch us within where it really matters the most. I pray that there would be no distractions here today. For those here who are coming for this message, that whatever noise, concern, issue, and situation that they're in, there would be complete silence and they would hear Your message loud and clear. This is our prayer. In Jesus' Name. Amen.

One more time, Everybody:



Thy Word is a Lamp unto my feet And a Light unto my path.





The Light Has Come

One more time, tell the person beside you: "You are the Light of the World." Light is very easy to understand because light is a concept that all of us are familiar with. It's something that's visible to the eye. You see its brightness. You also feel its warmth.

Light is a word that's used in books, in movies, in Scripture and even in songs. Some popular songs that we sing are about the light:

You Light Up My Life by Debbie Boone

Light My Fire by The Doors COME ON BABY,

COME ON BABY, LIGHT MY FIRE.

For the younger people: *Fix You* by Coldplay

LIGHTS WILL GUIDE YOU HOME
AND IGNITE YOUR BONES AND I WILL TRY TO FIX YOU.

YOU LIGHT UP MY LIFE. YOU GIVE ME HOPETO CARRY ON.
YOU LIGHT MY DAYSAND FILL MY NIGHTS WITH SONG

What I like most: *This Little Light of Mine* by Harry Dixon Loes

THIS LITTLE LIGHT OF MINE I'M GONNA LET IT SHINE LET IT SHINE, LET IT SHINE, LET IT SHINE.

Light is something that is easy to understand. But when Jesus said that You Are the Light of the World, He wasn't referencing The Doors, Coldplay, or Debbie Boon. Those songs weren't invented yet. Jesus was actually referencing the OG (Original) himself, the prophet Isaiah:



"ARISE! SHINE, FOR YOUR LIGHT HAS COME, THE GLORY OF THE LORD HAS DAWNED UPON YOU...

1 NATIONS SHALL
WALK BY YOUR LIGHT, KINGS
BY THE RADIANCE OF YOUR DAWNING...'"

Isaiah was prophesying of a time when people would no longer live in darkness. People would no longer be at the dark side but people would shine the light. The sad part was that it did not happen during his lifetime. People continued to live in darkness. And even until today, right? But I still believe that because Jesus has come, the Light has come. That's the prophecy.



Salty Spice

Salt is a little harder to understand. A lot of people don't get the idea of salt because it's a concept that's not always visible. When was the last time you were gifted salt on your birthday and you jumped for joy?

Salt is so common. Everybody can afford salt. How many of you like *adobo*? If you're Filipino, you're going to love *adobo*, right?

Some people believe that *adobo* was something that originated from the Spaniards when they came



and colonized our country because it comes from the word *adobar*. It means to marinate. That's what *adobo* is.

But food historians believe that before the Spaniards came, Filipinos -the locals or natives-- were already eating *adobo*. How were they preparing *adobo*?
They were using a lot of vinegar and a lot of salt. Back then, there were no
refrigerators, freezers, and coolers yet. The only way that people can preserve food
was by covering the food with salt.

During the time of Jesus, salt was so valuable. It was so precious. People would pay one another using salt. It would be their currency because it was a way to preserve life.

Jesus was saying that salt is precious. When He says, "You are the Salt of the Earth," it's symbolizing that you are the person that He will use

To corruption, injustice, and violence...

That's how important salt is.

The problem is that lately, people are saltier. People are more sinful. There's so much evil in the world.

I had to wrestle with this question this week. I had to log on to Google for the answer.

I googled: "What is the era that had the greatest evil in history?"

How many of you would agree with me if I say that *today* is the darkest time of life?

Actually, it's not true. Why? We don't have a Holocaust during our time. Holocaust was when 6 million Jews were exterminated by the Nazis. We don't have the African slave trade where 12 million Africans were shipped over to different parts of the world to be slaves. We don't have the bombing of Nagasaki and Hiroshima where 210, 000 persons died. We don't have these dark moments.

Darkest Moment

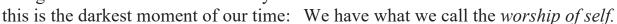
You know what the darkest moment of history is according to Google?

It was the time when people murdered the Savior of the world.

I do agree.

But do you know what our greatest evil is *today*? You will be shocked by this. Yes, we don't have the Holocaust. Yes, we don't have bombings. Yes, we don't have all of these great evils that happened.

But there is a great evil among us. The greatest evil that we have today--



In this day and age where there is social media, society and culture are teaching us to love ourselves so much that we lose the very identity of God within us.

It's like *make it all about you*. You are the light of the world.

Let the world shine on you so that you may glorify yourself.

That's the message of the world today.

That's why you see, a lot of people, we still sin. Even during the time of Jesus there was still sin.

Sin actually makes us like animals. It's no wonder there is this term: *beast mode--* when you turn into a beast. We use it as a compliment-- but it's not. We turn into animals.

Actually, we reference animals whenever we sin. For instance, we liken a greedy person to a *buwaya* or *crocodile*. We call a person who betrays us as *ahas*— a *snake*. We call married persons flirting with other women and other men as *mga aso--dogs*, since they cannot control their urges. We call gossipmongers as *langaw--flies* because they're noisy. We call a person boasting with plans that don't come true as *palaka-- frog*, just mouthing *kokak-kokak*. What do you call a person who likes to jump around to different areas looking for fun, looking for excitement, and looking for entertainment all the time? We liken the person to a *tipaklong* or *grasshopper*.

When we lose sight of who we are in God, sin makes us less human. The very definition of *sin* is to literally *miss the mark*.

What *mark* are you missing? To be *what it feels to be human*. You're no longer being human. You're becoming more of an animal.

You're sinning against the Lord.



LIKE ANIMALS.



HOW DO WE BECOME SALT OF THE EARTH & LIGHT OF THE WORLD?

How do we become the Salt of the Earth and the Light of the World?

Jesus said: "I am the Light of the World." Yes, He is the Light and He has come to the world. If He has, how come a lot of people still live in the darkness?

It's a hard-hitting question. But thank God that He is true to His Word.

This is the answer-- in John 3:19:



God's Light has already come. The problem is that people choose not to receive the Light. Sometimes, because of fear. Sometimes, because of ignorance.

Sometimes, because we love the darkness too much that we're afraid what the Light will expose in our life.

Maybe the Lord is telling you today that He's sending you to be His light in the world. How do you do that? You witness the Gospel to people. You testify about the goodness of God to the people in your life.

Jesus gave three messages in the Sermon on the Mount that completely turns everything around:



So, the answer to the question: How do you become the Salt of the Earth and the Light of the World? You love your neighbor.

LOVING YOUR NEIGHBOR
IS THE ULTIMATE ANTIDOTE FOR A DECAYING WORLD.

Three Practical Ways to Love People

Where do we start loving people? I'll give you three practical ways:

1

BE PRESENT IN SMALL WAYS



Christian and I and took random videos of people. We handed them a note that says:

"If you smile, you will be the one

to preach today."

I noted two ways Feasters responded.

First: Nervous laughter.

Second: They tend

to be shy.



NERVOUS LAUGHTER







IDAAN SA TAWA









I want to challenge you. If you want to really love people and be present for them in small ways, get to know people around you here. Don't just ask their name. Ask their stories, ask what you may pray for them. Those are just little ways of being present with one another because they unlock real joy in you.

When you're present in even the smallest little ways, it unleashes a lot of God's calling in you.

2 CHOOSE TO BE KIND

A few weeks ago, you probably heard this horrific news that exploded on the Internet. Two persons having an illicit affair watched a Coldplay concert. To their shock, they were featured on the big screen.

This happens in social media a lot of times. This is real. When somebody makes a mistake, there's a cameraman recording the whole thing. Everybody starts bashing, mocking, teasing, and tearing those people. I myself am guilty. I judged these partners. They had the nerve of showing up in a public event and then, complaining afterwards why they were on the main screen.



But the Lord spoke to me in this issue. I'm going to share it with you. While people were so busy mocking, tearing, and shunning away these two, we're missing the more important message that the Lord wants us to learn. What if during these moments, we actually prayed for them so that they can go back to the Light? What if in that moment, we prayed for the children of those people whose hearts are breaking behind the headlines? What if we actually took time to pray to the Holy Spirit to use that situation to change our lives and to look within? Choose to be kind not because the other person is kind but because you are kind and because you are Jesus to them.

PRAY FOR SOMEONE YOU DON'T LIKE

I found out that one of the greatest ways to heal yourself from hurt is if you

pray for that person who hurt you. It's hard to stay angry when you're lifting the person in prayer.

The next time somebody insults you, frustrates you, and cuts you off in line, pray for that person. Watch what the Lord will do in your heart.

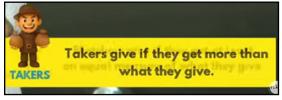


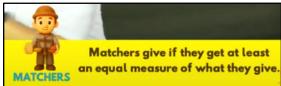
Adam Grant, best-selling author, wrote this amazing book titled *Give and Take*.

In his book, he said that there are three kinds of people: Takers, Matchers, and Givers. These are self-explanatory. But Takers and Matchers are the same. They will give only because they're getting something in return. On the other hand, Givers will give without expecting anything in return. Which of them should be the Light of the World and the Salt of the Earth? Absolutely, it's the Givers.

18 The FEAST FAMILY August 10, 2025

What Are You?









Ask yourself what are you in your own home.
Are you a taker?
Are you a matcher?
Are you a giver?

Picture this. If in your family, both parents are takers. It's all about taking. Imagine the frustration of that family. Is that a tough family? Yes, absolutely.

Imagine if both parents are both matchers. Matchers can mean that you give to the other person what that other person gave you but it doesn't always necessarily mean that. Matching can also mean: "I cooked today. Tomorrow, it's your turn to cook."

Imagine if one of the parents is a taker and the other parent is a matcher. Will that work? No. Because one is going to continue to take. One is just going to match. Eventually, the one who is trying to match will be frustrated and will get burned out.

Imagine if one is a taker and the other one is a giver. Does that work? No. The other one will keep on taking and the other one will keep on giving until the person runs out of something to give.

The best for every family is for both parents to be givers. Imagine if our family members give to each other 100% without asking anything in return.

There needs, however, to be a limit.

Jesus calls you to give and not self-destruct. There's a limit to what you can do. If it's already affecting your health, your peace, and your heart --that's a danger zone. Even Jesus did not give in to every demand that He was asked for. Sometimes, Jesus had to say *no*.

Give. But know when to give properly.

It's important that we come before the Lord every day because we receive from Him. We cannot give what we do not receive. People should not expect you to be a human ATM to keep on shelling out stuff while you yourself have not received.



We Are Givers

This is young Bo Sanchez leading the first Feast.

Today is a special day. On this exact day, August 3, 1997, yes, 28 years ago, we had our very first Feast ever at Camp Aguinaldo in Quezon City.

Life back then was simple. We didn't have a really great worship team.

We didn't have LEDs. We didn't even have a production team.

We were using acetate to project our illustrations. We didn't have two-way radios.

Eventually, that Feast that was attended by 800 to 1,000 people, it moved to another venue in San Juan Arena> The Feast got bigger.

We moved again-- to Valle Verde Country Club but eventually we could not fit there anymore.

We moved to PICC Plenary Hall where we had a maximum of 12,000, 15,000 people coming.



Suddenly, the Coronavirus Disease pandemic happened.

There was a shift and the Lord recalibrated everything.

PICC is under repair, so we hold the Feast either at Aliw Theater or Rizal Park Hotel.

We're claiming that we're going to go back to PICC when it's already repaired.

There are now around 500 different Feast locations around the world.

Why do you think The Feast keeps on growing?

Because there are more givers than takers and matchers in our Community. **20** The FEAST FAMILY August 10, 2025

We Need You, Lord Jesus

The world likes to define and tell you to take and get all that you can.

But Jesus says: "Give all that you can."

The world likes to say: "Shine yourself to the light. Shine for your success.

But Jesus says: "Shine your light before others so that others may glorify God."

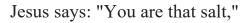
The world likes to say: "Look out for yourself."

But Jesus says: "No. Lose yourself so that you may gain life."

Jesus wants us to be the Salt of the Earth,

the very preservative that would preserve humanity from the decay of corruption, evil, violence,

greed, and lust.



But He also wants us to be the light-a Light to the World-- to shine in the brightest

moment so that when other people see you, they will glorify God Himself.

Is it easy to do that? Is it easy to be the Salt of the Earth and the Light of the World? Yes, or no?

Absolutely no. It's not easy.

You can be the Salt of the Earth today and suddenly become salty the next day.

You can be the Light this morning and then when you're in the parking area complaining, you can be the darkness in your family. It's so easy to shift.

But thank God that we don't have to do what's right alone.

Because Jesus says: "I am the Light of the World."

Whoever is in Jesus can show that Light. You can't be the Light on your own. You need the Savior of the world helping you overcome the darkness in your life.



Surrender

Jesus invites us today to simply partner with Him, acknowledge Him in His Presence:

Lord, unless you transform us, we cannot become the Light of the World and the Salt of the Earth. We want to do this with You.

Thank You, Jesus. Thank You for Your invitation. It's a hard thing to do. It's difficult, but we don't have to do it alone. We do it with You.



Everybody, lift your hands in the Presence of God right now:

Father, I pray for every person here today-- father, mother, sons, daughters, brothers, sisters, a friend to one another, an employee, a boss, an employer, or a business owner. I pray for each person here today. Lord, You know their struggles. You know their difficulties. You know the mess that they are in.

While we know that it's an impossible task to simply love people, especially with our limited capacities, Father, we also acknowledge that with You, nothing is impossible.

Lord, I prophesy that from this day on, this person will shine Your light and will preserve humanity from all the evilness and darkness in this world. You're going to use them for Your greater glory. They are Your Light. They are Your Salt.

Through us, we just proclaim, Lord, in faith, that Your glory will shine to the world. In Jesus' Name. Amen



I Speak Jesus by Charity Gayle Genius https://genius.com > Charity-gayle-i-speak-jesus-lyrics

Commitment

Let's all respond to the goodness of God by giving today our life. I'd like to invite everybody here, whether it's your first time, second time, or you've been attending here since Camp Aguinaldo, this the prayer that you need to pray for yourself, that you continue to commit your life to Jesus Christ.



Put your hand over your chest and say this with me:

Jesus, I believe that You are the Son of God. Right now, I am a sinner and I need a Savior. I believe that You came into this world to save me from my sins and You were reborn to recue me so that I may have the same life.

So, today, I come to You and I receive You as my Lord and my Savior. I give You all my sins, my hurts, my shame, and my traumas. And I ask You to make me new. Cleanse my heart and help me live a life that's according to Your ways. I give my life to You -- my past, my present, and my future. I am Your Light and I am Your Salt. In Jesus' Name. Amen.



Let Your Glory Come





God blesses those who are merciful, for they will be shown mercy.

--Matthew 5:7

JESUS CHRIST CARES FOR CANCER

Healing Hands, Compassionate Hearts

By LALA A. UY

"You are braver than you believe, stronger than you seem, smarter than you think, and twice as beautiful as you'd ever imagine. Don't let cancer cause you to sell yourself short or forget your worth."

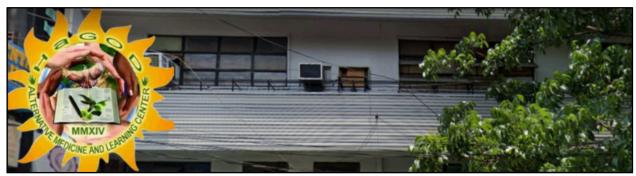
This inspiring reminder rang true during the General Assembly of Jesus Christ Cares for Cancer (JCCFC), one of the Mercy Ministries of our Light of Jesus Family sustained through the support of participants of The Feast, our faith gathering.

Held at The Feast Ortigas Center on July 16, 2025, the event was a day of joy, encouragement, and healing for the beneficiaries and their families courageously facing the challenges of cancer.

The Assembly was not just a gathering-but a celebration of resilience, faith, and community.

The highlight of the day was a special wellness treat by HaGod Alternative Medicine and Learning Center.





Relief and Comfort

Led by Ms. Omil Lameda of HaGod Alternative Medicine and Learning Center, seven professional massage therapists provided free massage to the beneficiaries. This thoughtful gesture was a source of much-needed relief and comfort, both physically and emotionally.





HaGod Alternative Medicine and Learning Center is no stranger to the Ministry of the Light of Jesus Family and The Feast. They have been a consistent partner in several of JCCFC's outreach initiatives.

Last year, they conducted a reflexology demonstration for relaxation and pain management—practical tools that offer comfort in the midst of illness.



No One Is Alone

Here, the blessed beneficiaries with the JCCFC General Assembly servants' team.

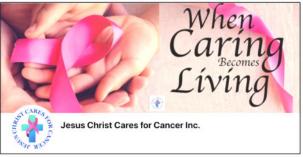
Events like this would not be possible without the dedication of JCCFC's tireless board members and coordinators.

Their efforts, often unseen, are vital to the Ministry's mission,



and thus deeply appreciated. They work behind the scenes to assure each beneficiary with a life of dignity, hope for healing, and above all, unconditional love just like the love of Jesus who, yes, truly cares for His People.





Leading the Assembly: JCCFC Chairman Alo Gelano with Board Secretary Maritess Cordero.

To cap off this happy day, Professor Marsha Nicolas, breast cancer survivor, treated beneficiaries to a savory meal to celebrate her birthday.

JCCFC continues to stand by its commitment to care for the indigent cancer patients and their families.

But we cannot do it alone.



We invite you to be part of this mission of love and hope. Your support—whether through time, prayer, or financial assistance—makes a difference in the life of each of our brother and sister battling cancer.

If you wish to help us reach more people in need, you may send donation to:

JESUS CHRIST CARES FOR CANCER BDO Account Number: 01109 8000 356

Together, let us be a channel of God's healing and compassion. No one should face cancer alone. Everyone deserves to be reminded of their worth.



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez.

Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmafamily.com

Website: https://kerygmafamily.com

Our Partner Beneficiaries

Jeremiah 33 Foundation

is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born

is a halfway home for pregnant women in crisis.



He Cares Mission

provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation

grants scholarships to indigent students.



S KOR C

Jesus Christ Cares for Cancer

provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center

ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra





within 8–10 years.

Cittle Acts of Love The Light of Jesus Disaster Recovery Ministry

provides evacuation assistance,

relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry

brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.





LIGHT OF JESUS FAMILY

Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

- 1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.
- 2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
- 3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.
- 4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
 Account name: Shepherd's Voice Radio and Television Foundation Inc. BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch
 Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch Banco de Oro Savings Account no. 000160506123 SM Cubao Branch PNB Current Account no. 108410089566 SSS branch
 Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmafamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



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Go and make disciples of all men.

— Matthew 28:19