



YOU'VE heard this classic song, right? "If there's one more gift I'd ask of you, Lord, it would be peace here on earth..."

It seems peace, especially in our country, has become so elusive. Just check out social media and you'll see that every day there would be an issue that fiercely divides us.

Yet, this may and should not be a surprise. The times when our Lord lived on Earth, they were tumultuous times too.

He even said: "In this world you will have trouble...

in Me you will have peace."-- John 16: 33

Jesus gave us a very powerful secret in pursuing peace. It may also be the hardest thing to do.

He said: "Love your enemies..." -- Matthew 5: 45

He then goes on, in His Sermon on the Mount, to give concrete action plans on how to deal with persecution, abuse, coercion that requires much humility and courage-- and still retain your dignity as a most valued and precious child of God.

And Jesus asked us to do something that He Himself first did.

On the Cross, while He was being tortured, insulted, humiliated and killed, He forgave His enemies, praying to the Father for them: "Father, forgive them for they do not know what they do." --Luke 23:34

He modeled to us so that we can do it too.

In Talk 5 of our amazing series, *The Good Life*, our deep dive into the Sermon On the Mount, we'll learn more about what could truly be a main secret for having *The Good Life*: PURSUE PEACE.

Get ready for another powerful Feast!

Mayroong Magandang Mangyayari sa 'Yo!

Alvin Barcelona



Do I Have Peace?

"I HAVE COME not to bring peace. Rather, I have come to bring division. From now on, a house of five will be divided --three against two, and two against three. Family members would fight with each other."

Such is the disturbing if not shocking declaration of our Lord Jesus in last Sunday's Gospel (August 17, 2025).

Why did Jesus say there would be a division?

In his Homily during Mass last Feast Sunday, Rev. Fr.

Joel Jason pointed out: "Jesus was giving us a stern warning. He will separate the

good from the bad."

Fr. Joel added: "Remember, the ultimate division will happen when He comes again at the end of time, where He will say: 'Those who are saved will be on the right and those who will be damned will be on the left.' " page 3.

Before that time comes, what can we do to have peace today among us? Bro. Alvin Barcelona said the Lord Jesus Himself gave us a powerful secret in pursuing peace. That's part of Talk 5 today of our ongoing Feast series, *The Good Life*, which Bro. Alvin introduces

on page 1.

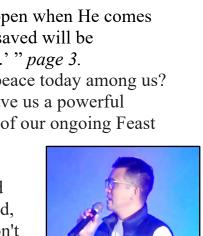
Major reason we have no peace is sin. We learned about accumulated sins that go unresolved, untouched, and unbothered. We don't have peace because we don't

sacrifice enough to remove those sins. Bro. Audee Villaraza pointed out our struggles, our difficulties in Talk 4 of our series. *Flashback* starts on *page 12*.



Speaking of The Good Life, the way to enjoy it is to say *Yes!* Say *Yes* to God's call to serve His people in need. Learn how to do that from YES Land Realty and its YES iCare program, our feature in our Mercy Ministries section, *page 23*.

Do I have peace? Do you? Let's pray!



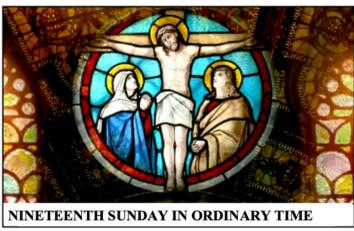






Holy Mass





Homily REV. FR. JOEL JASONon the Gospel Luke 12:49-53

Excerpts:

GOOD morning to Everyone!

If you listened well to our Gospel, you might have noticed it doesn't sound like the message was from the Gospel.

Was it really Jesus who was speaking in today's Gospel?

Jesus said: "I have come to set the earth on fire."

Brothers and Sisters, Jesus is not talking about a campfire where we can all gather around, warm our hands, and sing campfire songs.

The word that Jesus used in the Gospel is *ballein*, which is a Greek word that means "*I will throw fire on the earth*." It is something like a Sodom and Gomorrah. * Figure: Jesus will set the world on a conflagration-- not simply a campfire or a barbecue moment.

Jesus added: "I have come not to bring peace. Rather, I have come to bring division. From now on, a house of five will be divided --three against two, and two against three. Family members would fight with each other."

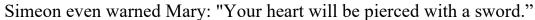
Sodom and Gomorrah were two cities destroyed by God with "sulfur and fire" for their wickedness (pride, gluttony, indecency, lust, did not care for the poor) -- Genesis 19:24

Jesus' Stern Warning

What kind of division was Jesus talking about here in the Gospel?

Remember: When the child Jesus was first brought to the Temple (in Jerusalem), there was an old man named Simeon who took the baby from Mary's arms and said: "This child will be a sign of contradiction."

What does it mean? Once Jesus grows up, many will denounce Him.



Brothers and Sisters, if this is the first time this message has sunk in, it serves as a good reminder for us. In our religion, the Jesus that we worship is not simply a nice man who is friendly to everyone.

He is not simply a moral teacher who will say: "Ah, everyone is okay. Everybody is welcome."

Why did Jesus say there would be a division? He was giving us a stern warning. He will separate the good from the bad.

Remember, the ultimate division will happen when He comes again at the end of time, where He will say: "Those who are saved will be on the right and those who will be damned will be on the left."

May we be afraid of that-- because not everyone will be saved. Jesus' words -- "I have come to bring division" -- reminds us to pray:

"Lord, I hope to be on that side who will be saved."

Our Gospel today is actually a wake-up call-- because we think that all of us will automatically go to Heaven. No. There is something that we need to do, and it is something that we have to be committed to if we want to belong in the Kingdom of Heaven.



First Reading: Jeremiah 38:4-6, 8-10

4 In those days, the princes said to the king: "Jeremiah ought to be put to death, he is demoralizing the soldiers who are left in this city, and all the people, by speaking such things to them; he is not interested in the welfare of our people, but in their ruin." 5 King Zedekiah answered: "He is in your power"; for the king could do nothing with them. 6 And so they took Jeremiah and threw him into the cistern of Prince Malchiah, which was in the quarters of the guard, letting him down with ropes. There was no water in the

cistern, only mud, and Jeremiah sank into the mud. 8 Ebed-melech, a court official, went there from the palace and said to him: 9 "My lord king, these men have been at fault in all they have done to the prophet Jeremiah, casting him into the cistern. He will die of famine on the spot, for there is no more food in the city." 10 Then the king ordered Ebed-melech the Cushite to take three men along with him, and draw the prophet Jeremiah out of the cistern before he should die.

Significant Messages

Brothers and Sisters, there are three messages in the Gospel that I would like us to remember:

1. Say Yes to God, but don't be a Yes-man.

A *Yes man* is someone who says *Yes* to everybody because he doesn't want conflict.

But Jesus was nailed on the cross because He was not a *Yes-man*. He was not saying *Yes* to everyone. He made comments that disturbed and angered people.

Remember that in the Gospel of Luke, there

was even an instance when people wanted to throw Him down the hill.

If you are a Yes-man, you put flattery over integrity.

Brothers and Sisters, if you have not made an enemy, then you have not made a stand. If you are a true Christian, there will come a time when you will have enemies.

A few days ago, a young actor and a young actress got married. They had a very interesting story. For 12 years, they were together, and they vowed to live a celibate life while they were not yet married. No sexual encounter. But when they told the public about it, they were bashed.

Some would say: "You're a prude! You're naive! You are out of touch!"

That is what will happen when you make a stand. Some people will not understand you.

What is Jesus telling us? Say *Yes* to the Lord, but be careful—be ready to be contradicted.

Responsorial Psalm: Psalm 40:2, 3, 4, 18 R: Lord, come to my aid!

2 I have waited, waited for the Lord, and he stooped toward me. (R)

3 The Lord heard my cry. He drew me out of the pit of destruction, out of the mud of the swamp; he set my feet upon a crag; he made firm my steps. (R)

4 And he put a new song into my mouth, a hymn to our God. Many shall look on in awe and trust in the Lord. (R)

18 Though I am afflicted and poor, yet the Lord thinks of me. You are my help and my deliverer; O my God, hold not back! (R)



2. Jesus came not to make us feel good. Jesus came to make us good.

Our religion is not just a feel-good religion. There are times when we must be bothered by our conscience. When you come to Mass, what do you expect? When you hear a preacher or a priest explain the Word of God, what do you expect to hear? Do you always expect to feel good, or just be entertained?

Sometimes, I hear people encouraging others to hear Mass presided by certain priests because their homilies aren't boring. But as I've said, the Word of God is not only meant to entertain



us. The Word of God is not meant to make us feel good. It is meant to make us good. Sometimes, to make us good, we should feel bad.

It should humble you to realize that you are not treading the right direction in life. But the paradox is that when you become good, only then will you really feel good.

Our First Reading speaks about the prophet Jeremiah being put in a cistern because the people did not feel good about what he said. What Jeremiah said bothered the conscience of those who heard it.

In our Second Reading, the author of the Letter to the Hebrews said: "In your attempt to resist against sin, you have not resisted to the point of shedding blood."

It means that you must be ready to shed your blood if you want to live a holy life-- and it will not feel good.

Every time we come to the Lord, let each of us tell Him: "Lord, I know that you will bring me peace, but that peace will only come after I have been troubled and disturbed in my conscience."

Let us be ready to be disturbed from within. Only then will we really be good, and only after will we begin feeling good.



Second Reading: Hebrews 12:1-4

1 Brothers and sisters: Since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us 2 while keeping our eyes fixed on Jesus, the leader and perfecter of faith. For the sake of the joy that lay before him he endured the cross, despising its shame, and has taken his seat at the right of the throne of God. 3 Consider how he endured such opposition from sinners, in order that you

may not grow weary and lose heart. 4 In your struggle against sin you have not yet resisted to the point of shedding blood.

3. Be a passionist, not an arsonist.

Jesus said, "I have come to set the world on fire."

He sounded like an arsonist. But some of us are like arsonists in a way that they disturb other people because of their evil ways.

Jesus is the kind of person who sets the world on fire because of the Word of God. That is how a passionist is.



So, let us not be arsonists -- always angry and always causing division because of their evil ways.

On the other hand, a passionist is someone passionate about the Word of God. In Tagalog, we call this, "Alab ng Puso."

Those are passionate men and women who are the saints and heroes.

The Second Reading today says: "We have a cloud of witnesses."

Who are those witnesses? Those are the company of the saints—all the saints throughout our salvation history. They are the men and women who had fire and passion in their hearts. But many of us don't have burning hearts to serve—rather, a burning desire to divide.

Be passionate about the Word of God. Make a stand. Be committed. Follow the Lord not only when it is convenient. Follow the Lord when it is also inconvenient.

Only then can we say: "Ah, I belong to the cloud of witnesses."

Only then can we say: "I have resisted sin to the point of shedding blood."

Let us not be afraid of God's fire. It will purify us. It will take away all our impurities, but it will not destroy us.

Remember that the first time God revealed Himself to Moses was through a burning bush. That is the fire of God.

When God comes into each of us,

He will set us on fire. He will take away our impurities, but he will not consume us.

On the contrary, we will be more radiant. We will glow-- our real beauty will come out because we have been set ablaze by the fire of the Lord.

Brothers and Sisters, let this be the grace that we will ask from the Lord:

"Lord, You are the fire of the Gospel. Set our world-- and my life-- on fire. Amen."

Worship!



SIS. TL SAN JUAN:

The Word in Revelation declares that the angels day and night never stop singing, "Holy, Holy is the Lord God Almighty, who was, and is, and is to come."

And how lovely that is-- that we gain, that we get to join that beautiful song today.

From the highest heavens, to the ends of the earth, right here, right now, His Name is lifted.

So, I invite you, whether you're online, a regular, or a first-timer, to come and worship God who is Holy, who is good, and is worthy to be praised. So, we come together as one Community. And we sing praises to Him.







BRO. JHONN JAVIER:

Yes, God, we praise You. We bless You, God. We honor You, Jesus.

So, Brothers and Sisters, let's continue to gaze upon Jesus today.

Because He is right here. This is a Holy Ground. And He is holy forever.

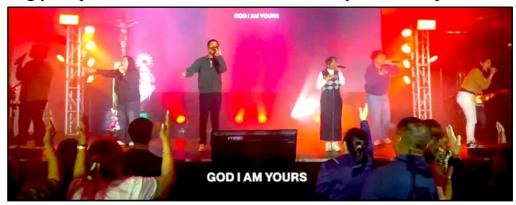
Let's come together. I don't know what

you're bringing here today. But we encourage you to lift the Name of Jesus regardless of what you're feeling. Regardless of where you're from.

Let's lift the Name of Jesus because He is worthy. He is worthy, He is holy, he is greater than anything else in this world. He remains sovereign above all.

So, come on, lift your voice.

Sing your praise to our God. He loves to hear your worship.











BRO. AUDEE VILLARAZA:

I love that line in the song that says: "Even in my weakness, God still calls me His. God, I am still yours."

You want to know what that means? It means that even in your weakness, even when you feel down and out, even when things are not going right in your life, even when you don't feel that you are attractive enough, God says you are still His.

Bro. Jhonn said it a while ago: We don't know the kind of burdens that you are bringing. Some of you here, you might have a reason to rejoice this morning: "Bro. Audee, I've got so many problems in my life right now, I don't have a reason to rejoice."

But you see, I need to tell you something right now. The Devil, he doesn't want you to be here in this place. All he wants is that you stay down in the pit. He wants you to stay out of the Presence of God. But if there's one thing that you need to celebrate this morning, it is this: That you could have been anywhere else today. But you brought yourself to Jesus this morning.

Come on, clap your hands in the Presence of God! Because in the Presence of God, He's going to replace every tiredness, every brokenness, and every heartache in your life with joy, with His Presence, His Love.

So, one more time, Everybody, raise your hands and give praise to Jesus in this place. Come on, let's sing that again to the God who is sovereign, to the God who is mighty, to the God who is powerful!



10 The FEAST FAMILY August 24, 2025

NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

I am excited to overflow the wisdom that I've learned this week. I hope that you're also hungry for God's Word.

Raise both hands, say our favorite prayer here at The Feast:







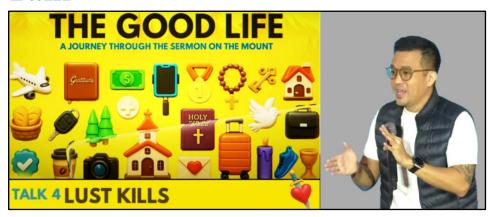
If you need God's Word in your life, this is the time that we all lean in, because this is sacred Scripture, this is the moment when God unleashes a Word over your life and over your situation that will bless you, inspire you, and more so, it will change you.

So, lift your hands and give honor and praise to the Lord:



Thy Word is a Lamp unto my feet And a Light unto my path.

Talk



We are still in our series, *The Good Life*.

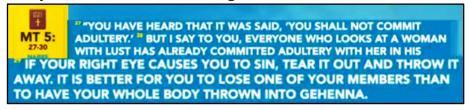
Before we dive into our topic today, know that what we're about to discuss is a very sensitive issue because we're going to talk about *adultery* and *lust*. These two words alone can conjure a mix of emotions with people who have been victims of these sins. But this is not going to be a message of condemnation -- but an invitation to heal and rebuild.

We hope, by God's Grace, it will be an invitation to receive the kind of freedom that only Jesus can give you. We're not going to be casting stones in this place. As a Family, we're going to receive the light and the truth that can only come from Jesus.

The single people might be saying: "I'm single. What does adultery have to do with my life?"

Nothing. But lust does. Lust is not a matter of status. It's a matter of the heart. I want to also talk to the parents, especially those with young kids. There will come a time when this topic will be appropriate to discuss with your child. But I want you to lean in on God right now even before you have kids because the Lord will give you the grace to guide them and get into a discussion that will help them navigate their life.

Adultery and lust are such heavy topics that many people run away from. But I want you to receive this message as wisdom and a Word from God:



The Lord's Message

We accumulate sins, many go unresolved, untouched, and unbothered. Why? Because we don't sacrifice enough to remove those sins. Because we think that it's not worth it.



So, my message today for you is that Jesus came down into our world. He could have stayed up there. He could have stayed in His throne. Instead, He chose to come down into our world, into our level, and into our situation.

For you. For one simple reason: Jesus believes that you are worth it.

Whoever you are, whatever your background is, the Lord's message for you, for all of us today is:

"I am worth it."

Put your hand over your chest and say:
"Lord, Thank You for this message. I need this.
Continue to speak to me. I am listening.
In Jesus' Name. Amen."



Thy Word is a Lamp unto my feet And a Light unto my path.

Adultery Is Adultery

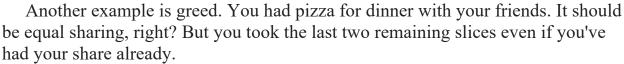
Adultery is not like any of the other sins. Adultery is a little different when you compare it with other sins.

For instance, let's talk about pride. It's also a sin. When you brag to your friends about your new shoes, new watch, new car, or new bag, your friends might easily tell you, "Wow, you're bragging!"

It can easily be said as such, right?

But you can say, "I'm just bragging for the Lord. I'm just telling people about how He's blessing my life."

Is that pride? Maybe yes. Maybe no.



Your friends can easily tell you, "Wow, you're selfish!"

But then, you easily tell them, "I'm just helping you out with the carbs and the calories."

Is that greed? Maybe yes. Maybe no.

When it comes to adultery, it's very different. You cannot get caught in an illicit relationship with somebody else's spouse and then give an excuse.

You cannot say, "We're just practicing the laying of hands."

Because adultery is adultery. Period. End of discussion. The thing with adultery is that it's physical. When you see adultery happening, you know that it's adultery. There's just no way to get an excuse around it.

Until I read the Word for this week, I realized that adultery is not only physical.



""YOU HAVE HEARD THAT IT WAS SAID, YOU SHALL NOT COMMIT ADULTERY." "BUT I SAY TO YOU, EVERYONE WHO LOOKS AT A WOMAN WITH LUST HAS ALREADY COMMITTED ADULTERY WITH HER IN HIS HEART

To Jesus, sex is not just physical but also, spiritual.

BE SEXUALLY, SPIRITUALLY, EMOTIONALLY, AND MENTALLY FAITHFUL TO YOUR SPOUSE.

14 The FEAST FAMILY August 24, 2025



Look!

Imagine that you are in the beautiful island of Amanpulo. Feel its pristine waters and powder-soft sand. Suddenly, you see a young and beautiful Caucasian woman wearing a three-piece attire -- straw hat, sunglasses, and slippers. Nothing else.

Will you look? Of course! You don't see that every day in your office in Makati. You don't see that every day in Quezon City. I'll look. Am I already guilty of lust just by looking? No.

To understand that, we need to go to the context of the verse that Jesus shared:





""YOU HAVE HEARD THAT IT WAS SAID, 'YOU SHALL NOT COMMIT ADULTERY." BUT I SAY TO YOU, EVERYONE WHO LOOKS AT A WOMAN WITH LUST HAS ALREADY COMMITTED ADULTERY WITH HER IN HIS HEART



In the original Greek language, the word *look* is almost equivalent to the word *stare*.

By accident, *looking* is safe-- but *staring* is different. You can stare at a person for five seconds and you can start undressing that person, entertaining illicit thoughts-- causing you to sin.

That's why this message is for everybody. I don't want you sitting there and saying, "Oh, I don't struggle with pornography. I don't watch pornography that often."

Be careful... You might be thinking like a Pharisee.

The Pharisees often thought, "Ah, that's not for us. We're righteous by God. We do right by God."

Jesus said this message is for everybody who struggles. If there is anything in your life that's causing you to sin, whether it's small or big, you've got to give it to Jesus.

Single people, listen to this: One day, you might be dreaming of marriage. Be very careful... You might be thinking that marriage kills lust. That's not true.

Marriage is not magic that erases all your sins. If you bring lust into the marriage and the lust goes unresolved and unchecked, that lust can turn into an addiction. Eventually, it can lead to adultery and it can break your entire marriage.



Before the Sun Sets...

I want to talk to the married people.

Before Jesus talked about adultery,
He talked about anger. Is there a reason

Jesus talked about anger and then,
He talked about adultery next? Absolutely.
In the Kingdom of God, there is no such thing as an accident.

Everything is a divine invitation.

Why does Jesus talk about anger and then talk about adultery? The simple reason is this: Married people, please know that adultery doesn't happen overnight. Usually, adultery comes slow. Sure and steady little incidents happen in your life, and then blow up. By the time they blow up, they're already leading to small steps.

Usually, one of the core reasons adultery happens is unresolved anger.

For instance, now and then, your spouse offends you-- just little hurts that make you angry but you don't tell your spouse, because you think that one day, those hurts will go away, and you'll be okay. But because of that unresolved anger you detest your spouse, and eventually, you begin to be attracted to other people.

That's why the apostle Paul gives us wonderful advice:



"IN YOUR ANGER DO NOT SIN. DO NOT LET THE SUN GO DOWN WHILE YOU ARE STILL ANGRY."

Paul is saying: "Don't sleep on your anger."

The letter of the Law says to not let the sun go down while you're angry. But the spirit of the Law says that if you want to have peace and you want to have joy in your life, resolve your anger right away before the sun even goes down. This message is not about chasing sunsets with apologies from your spouse. It's actually a refusal to go into your tomorrow carrying all of these grudges in your heart. You deserve your peace. You deserve your joy. You deserve your rest.

Hello!

Let's talk about lust again. In reality, we don't really need to go to beaches in Amanpulo, Boracay, and El Nido to see a woman in a three-piece suit.

Today, all you need is your phone. For 24 hours a day and 7 days a week, you've got access to that kind of material. Did you know that today what the Bible refers to as lust as evil, is actually a 97.1 billion industry?

Pornography is being watched by more people who watch Netflix, Amazon, and YouTube combined. It's staggering. Why? Because lust is a drug. Like any other drug, it gets you addicted. The more you watch it, the more you want it.



LUST IS A DRUG

Here is medical evidence of what lust does in your head>
The first picture is that of a normal, healthy,



and a functioning brain. The second image is the brain of a person who takes heroin. There's a little of ruin and damage. The third image is the brain of a person who watches pornography on a regular basis.

You're rotting your brain from the inside. The most frightening thing is you don't see it happening. You don't sense it.

The way that lust destroys your mind is you're looking at people that could be your friend, somebody that you just met, an associate, or even a Feast attendee. Instead of seeing them as a child of God, you see them as a body part that you discard and throw away after you're done playing with them in your mind.

That's how lust destroys us. Pornography destroys the very core.

Catholic preacher Jason Evert said:

JASON EVERT, CATHOLIC PREACHER

"LUST REDUCES
A PERSON TO HIS OR HER SEXUAL VALUE."



HOW TO FIGHT LUST

It's not because Jesus is asking you to get rid of your sin. Jesus is not a killjoy. What Jesus wants is to give you real joy that can only come from having a relationship with the Lord.

How can we conquer lust? If it's so hard, how can we defeat this?

The way that you can fight even the greatest sins is you defeat them while they're till small. They're manageable, doable, and workable.

The moment a sin grows bigger and takes root in your life, it's much harder to fight.

Lust often starts in the most harmless way.

This is the way lust operates: Look, but don't stare. Stare, but don't touch. Touch, but don't taste. Taste, but don't tell. Little by little, you're not noticing it. Now, you're in that cycle of sin and you're unable to break it.

Jesus gives us the ultimate solution:



""IF YOUR RIGHT EYE CAUSES YOU TO SIN, TEAR IT OUT AND THROW IT AWAY. IT IS BETTER FOR YOU TO LOSE ONE OF YOUR MEMBERS THAN TO HAVE YOUR WHOLE BODY THROWN INTO GEHENNA.

The Lord is not telling us to gouge out our eyes-- or self-mutilate myself. He is exaggerating. He's emphasizing the gravity of the sin.

If you're held captive by lust and adultery, Jesus says you need a drastic measure. Do whatever it takes to get rid of that sin. Go to Confession. Go seek some help. Go to counseling. Go and seek somebody's prayer for your life. Whatever it is that needs to be done, go to rehab. Just don't leave that sin in your heart because the sin will kill you from within.

Sadly, many of us live with the sin. Many of us suffer from lust.





A True Story

I want to share with you a true story of a man named Aron Ralston, 27 years old. Many of you probably know him.

In 2003, he was canyoneering alone in the mountains of Utah.
All of a sudden, he slipped and an 800-pound boulder fell on him, pinning his right arm. For five days, he was trapped there. He couldn't move.





He cried out for help, but no one heard him.

He tried to wiggle himself out of that little hole but to no avail. He was so desperate to live that on the fifth day, he took a dull knife from his pocket and started sewing off his right arm. When he finally saw off his arm, he was able to squeeze himself out and he lived.

This gruesome story became a movie titled *127 Hours*.

Aron sacrificed his arm because he valued his life more than his arm. Question: Why do we stay trapped in our sin?

Many of us live with sin simply because we don't see that getting rid of it is worth it. We're afraid to tell people. We're afraid to confess it to the priest. We're afraid to tell it to the Lord. Simply because we don't feel that it's worth it.

If you want to live a great life, sometimes you really need to cut off a limb. You need to cut off an arm. You need to gouge out your eyes and do whatever is necessary to get yourself out of this vicious cycle of brokenness.

You might be a victim of adultery. You might a victim of a generational sin. God wants me to tell you that this cycle that has been affecting your family for generations ends with you.

Put your hand over your chest and say: "This stops with me. Whatever that cycle of brokenness is, especially if it's adultery, it ends with me."

You are the person that the Lord is going to use to liberate generations who will come after you, to change the very trajectory of your family life because you're here today.



6 STAGES OF LUST

Since lust is an ugly sin, we don't post it. We don't tell it to people. It never sees the light of day because it's there festering in the darkest corners of your heart.

Let me teach you six stages how lust operates:

1. LOOK	3. LOOP	5. LEAP
2. LINGER	4. LIE	6. LOCK

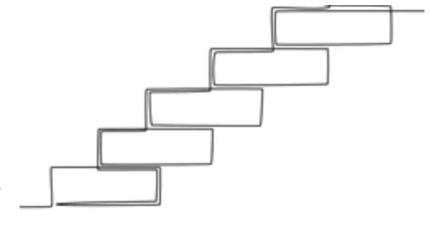
1.LOOK Looking is admiring but staring is desiring. Can you look at the person beside you? That's not a sin. It's not a sin to appreciate the person for the beauty of God's creation.

- **2. LINGER** You're taking extra looks and checking out the person. You're observing them. By this time, lust is starting to come alive.
- **3. LOOP** You're imagining and fantasizing. "What if this person and I get together?"

You're imagining doing things that you're not supposed to be doing.

- **4. LIE** By this time, you say to yourself: "I'll try it just for once."

 The Devil is also telling you lies: "Did God really say that this is evil? Did God really say that masturbation is bad? Did God really say that adultery is bad?"
- **5. LEAP** When you dive in and you cross that line... When you taste and experience that lust growing ...
- **6. LOCK** You're trapped in that vicious cycle where you don't know how to get out-- how to get out of that brokenness because it's been part of your life, and it has become normal.



Surrender

I learned something so powerful this week through the life of a former priest. His name is Fr. Gabriele Amorth. He was the official exorcist of the Diocese of Rome. He was the Vatican exorcist.

Other people even referred to him as the Pope's exorcist. There was a movie about him portrayed by Russell Crowe. If you're into that genre, watch it but pray before you do.





Fr. Amorth shared something powerful. He said that the Devil will see you not as a person but he will see you for your sins. He will use that sin against you. He will shame you, ridicule you, and hurt you.

But Fr. Gabrielle said that the moment you confess your sin with a repentant, contrite heart. to the Lord through the sacrament of penance, through a priest, you receive what is called an absolution.

The moment that you are receiving that absolution, it's like God is washing away all your sins and making you white as snow, cleansing you so much so that the Devil can no longer see your sin. It's like there's a blanket now. The Devil cannot use what he cannot see. If the Devil cannot see your sin, he can't use it against you.

So, what do you do? You go to God and you confess your sin so that the power that's been holding you can no longer be used against you. Because now, you're giving it to God and letting His light shine upon your life for you to receive His healing and His grace so that you can walk away from sin and live a brand-new life.

I don't know who this message is for, but I believe in faith that you're receiving this anointing from God. You cannot run away from your sin. The only thing that you can do is to run to Jesus and let Him overcome your sin with His grace

and His power. Allow Him to go to your life and tell him, "Lord, I can't do it on my own, but with you, nothing is impossible."

Thank You, Lord, for Your Word that has been unleashed. Thank You for seeing us for who we truly are. Not a sinner, but a child, somebody who is loved and is made to be loved by You.

I pray, Lord, for every person here who struggles with adultery and lust that you can give them the courage and the strength to finally acknowledge that they are broken but that they need You more.

Fill the empty space in our hearts so we can stop replacing it with cheap imitations, we can stop replacing it with lies that the enemy will feed us. Fill our hearts with Your love and change us today. In Jesus' Name. Amen.

Commitment

We are in the Presence of our God. His Name is Jesus and He walks with us right now. I know if you don't feel His Presence, maybe you're just struggling with your sight. But we all believe that faith is not about seeing. It's about believing. I want you to believe that Jesus is with you, carrying you. And He's able to overcome your sin by His love and by His power. Jesus wants to give all of us today a brand-new life, a brand-new beginning. This is a restart for all of us



here and I know that you're struggling. God knows you're struggling. But the only way that we can overcome the struggle is that if we give it to Him.

So, I invite everyone here, whether you're young, you're old, you're male, you're female, you are broken, you're whole, to give your life to the Lord and offer it as a living sacrifice, as your worship to Him.

Put your hand over your chest to say this simple but life-changing prayer. Say this with me:

Dear Jesus, You know I am a sinner. You know everything that I have done in my past, in my present, and even in my future. But even with all of those, I Thank You that You still call me Yours. I believe You are the Son of God and only You can save me. So, this moment, will define my life forever. I receive your love. I receive Your mercy. I receive Your grace. And as I work in my garden, I also surrender all my dreams, all of my plans and all of my goals this year.

Thank You, Jesus. Walk with me. Love me. Forgive me. Be with me.

In Jesus' Name. Amen.

Thank You, Jesus. Embrace a loved one beside you and say: You are worth it. Not because of what you do but because of who He calls you to be. That is your identity.

You are rooted in Christ.





YES! Says YES Land Realty!



THIS August 2025, YES Land Realty proudly celebrates its 9th year in the real estate industry — a journey built on trust, service, and community.

With a big *Yes!* to the call to share blessings, YES Land Realty made possible a day overflowing with joy on August 11, 2025, for our Anawim lolos and lolas and the brave young girls of the Jeremiah Foundation.

Exchanging hugs, sharing stories, laughter echoing through the halls, and most of all, joyful, uplifting worship... *Yes*, beautiful memories now etched in the hearts of our elderly and Jeremiah.





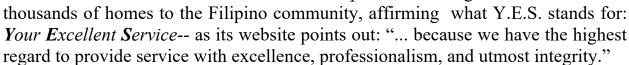
Heartwarming Groupies:

The YES Team with happy Anawim elderly (*above*); and striking *eyyyy* pose with amazing Jeremiah girls.

Excellent Service

Yes, it's a milestone for this company which started in Santa Rosa, Laguna, in August 2016, to offer project selling and general brokerage by specializing in marketing, listing, and selling of residential communities, undeveloped land, condominiums, and other real estate investment opportunities.

Starting with 10 real estate salespersons, YES Land Realty now counts hundreds of leaders and salespersons serving



The company attests: "The company takes the high road in achieving the overall wellness of all its partners by engaging in various socio-civic activities, spiritual nourishment, and constant personal development."

And part of this mission is the YES iCare Program that has blessed our Mercy Ministries.

On its 9th Anniversary, YES Land Realty, expressed deep gratitude to its supporters:

A heartfelt thank you goes out to our passionate volunteers and generous donors. Your kindness and support brought light to this celebration. You are the soul of this mission, and we are deeply grateful for you.

by sharing essential goods Through our 'YES iCare' program, we are continually reminded of what truly matters compassion, community, gratitude, and the power of giving back. It's about honoring the elderly, empowering the vulnerable, uplifting others, and recognizing the abundance we all have to share.

'YES iCare' is not just a program — it's a way of life. It is pure love in action and a true reflection of who we are.

Here's to many more years of caring, growing, and serving together.

THANK YOU!

Our deepest gratitude to YES Land Realty. God return your generosity as He promised faithful and cheerful givers.



Spreading care and compassion with our beloved lolos and lolas.



Anawim receives in-kind donations. For visits and donations drop-off, please write or call: Jinky Villarama alms.montalban@yahoo.com | 09393174297 Anawim Lay Missions Foundation Brgy. San Isidro, Sitio Tanag, Rodriguez, Rizal 1860 Philippines



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez.

Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmafamily.com

Website: https://kerygmafamily.com

Our Partner Beneficiaries

Jeremiah 33 Foundation

is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born

is a halfway home for pregnant women in crisis.



He Cares Mission

provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation

grants scholarships to indigent students.



S KOR C

Jesus Christ Cares for Cancer

provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center

ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra





within 8–10 years.

Cittle Acts of Love The Light of Jesus Disaster Recovery Ministry

provides evacuation assistance,

relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry

brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.





LIGHT OF JESUS FAMILY

Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

- 1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.
- 2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
- 3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.
- 4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
 Account name: Shepherd's Voice Radio and Television Foundation Inc. BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch
 Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch Banco de Oro Savings Account no. 000160506123 SM Cubao Branch PNB Current Account no. 108410089566 SSS branch
 Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch
 Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch
 Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmafamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



The Feast Family online newsmagazine is produced by the Shepherd's Voice Radio and Television Foundation, which is also our partner beneficiary, with support services by the Light of Jesus Media Assistance Ministry.

Founder: Bo Sanchez

Mercy Ministries Chairman Editor-in-Chief Hermie Morelos

Cynthia U. Santiago

Chief Photographer Edmundo L. Santiago

Feast International Region Head Vic Español

Editorial Assistant Laarni A. Uy

Multimedia Staff Ronaldo Antonio U. Santiago Dylan Anthony A. Santiago

Media Ministries Head Randy Borromeo

Contributors The Feast Builders

Finance Officer Rowena Cequeña **Publication Consultant** Chelle S. Crisanto

Human Resources Manager Erika Ventura







Multimedia Assistance Ministry



For comments, article contributions, write or call us:

Email Address: cusantiago@gmail.com

Landline phone numbers: 8725-9999, Fax 725-1230

Mobile phone: 0998-953-0657

Go and make disciples of all men.

— Matthew 28:19