



WE'RE halfway through the Sermon on the Mount, key story in our ongoing Feast Talk series, *The Good Life*.

We're immersing ourselves in what the world says and what our Lord Jesus tells us. We're understanding more the spirit of the Law over the letter of the Law.

In Talk 6, we'll learn about the Three Pillars of our Spirituality. They are called by many terms. We shall simply call them *Habits of Love*, the title of our talk.

They are: Giving, Prayer, and Fasting.

Caution: These *Habits of Love c*an turn into *Habits of Pride* – if and when we do them for reasons other than love. Giving can be done for Grandstanding, Piety for Performance or Show, and Fasting can be for Legalism or even for Self-Righteousness.

It all boils down to your intention -- which should be based on your genuine relationship with God and with others.

Problem is only God can see and judge the heart.

So, in the end, your main purpose and drive for doing these, actually, for your entire life, is: *The Father Sees You* – our one big message.

We'll also have a special Joint AM/PM Session for this Talk.

Get ready to be immensely blessed!

Mayroong Magandang Mangyayari sa 'Yo!

Alvin Barcelona



'DO I know Jesus?' 'Does Jesus know me?'

IN his Homily, Rev. Fr. Alex Mijangos asked these questions during Holy Mass last Feast Sunday, August 24, 2025, *page 3*.

Fr. Alex was reflecting on last Sunday's Gospel in Luke 13:22-23, about Jesus teaching in a town on His way to Jerusalem, when someone asks, "Lord, will only a few people be saved?"

Jesus then talked about the "narrow door" to the Kingdom of God where you can enter only if you truly know Jesus and Jesus truly knows you.

How's that? Bro. Bo Sanchez presented the Lord's Way in Talk 5 of our ongoing Feast Talk series, *The Good Life, page 10.*



We will learn more about this in Talk 6 which Bro. Alvin Barcelona introduces on *page 1*.

You will learn more about Jesus and Jesus will learn more about you if you learn more about our *Mercy Ministries* feature on Euro Chemical, Inc., consistent supporter of Jesus Christ Cares for Cancer, *page 24*.



Yes, let's learn more, be inspired, as we seek the answers to these questions that may enable us to negotiate the narrow door.

All for God's Glory,

Randy Borromeo

Media Ministry

Executive Director

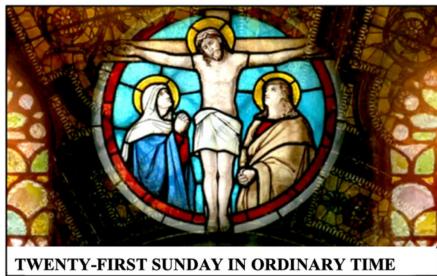






Holy Mass





Homily

REV. FR. ALEX MIJANGOS, LC on the Gospel Luke 13: 22-23

Excerpts:

GOOD MORNING!

The Gospel today is very strong.

Jesus says: "Depart from me, all you evildoers, because I do not know where you are from."

Two questions came to my mind. First question was, "Do I know Jesus?" Second question was, "Does Jesus know me?"

I am with a seminarian who is just getting to know the Philippines.

He's from Mexico, but he arrived here from Italy. I was telling him a lot about the Philippines. I was also introducing him to a lot of people here, and he is receiving a lot of generosity.

There are differences between meeting people, greeting people, and knowing people. When I come to worship, do I just greet or meet our Lord Jesus Christ, or do I know Christ? Even more, do I let myself be known by Jesus Christ?

Who Knows Who?

It's very easy to put a mask on when I come to worship. But for God to know me, I need to reveal who I am.

I need to open my heart and tell Jesus, "This is me-- vulnerable and wide open. This is me with the ugliness of my heart, with the joys of my heart, with the desires of my heart, and with the things that are not that great. This is me, Jesus. I want You to know me."

But we also need to know Jesus Christ. For that to happen, we need to be very close to Him.

One example is St. John The Evangelist. Back in the day, when they would go to a feast to have dinner, they would not sit. They would recline or lie down.

It says in the Gospel that during the Last Supper, St. John The Evangelist was reclining next to Jesus. It meant that he was close to Jesus' heart. When Jesus rose from the dead, He appeared to St. John the Evangelist and to other disciples.



They did not recognize Jesus, but St. John The Evangelist said to Peter, "It is the Lord."

The reason He said that, He was familiar with the Lord.



First Reading: Isaiah 66:18-21

18 Thus says the Lord: I know the

18 Thus says the Lord: I know their works and their thoughts, and I come to gather nations of every language; they shall come and see my glory. 19 I will set a sign among them; from them I will send fugitives to the nations to Tarshish, Put and Lud, Mosoch, Tubal and Javan, to the distant coastlands that have never heard of my fame, or seen my glory; and they shall proclaim my glory among the nations. 20 They shall bring all your brothers and sisters from all the nations as an offering to the Lord, on horses and in chariots, in carts, upon mules and dromedaries, to

Jerusalem, my holy mountain, says the Lord, just as the Israelites bring their offering to the house of the Lord in clean vessels. 21 Some of these I will take as priests and Levites, says the Lord.

Who I Am... Who Jesus Is

I believe that one of the greatest experiences for us human beings is to know Jesus Christ. To know what's going on in His heart. To know His thoughts, dreams, desires, and His will.

One concrete act that you can do today when you receive Jesus Christ in Communion is to ask Him, "Lord, grant that I may know You and Your desires."

Second, tell Him who you truly are. Tell Him your temptations. Tell Him the great events in your life. Tell Him what made you joyful this morning as you woke up. Tell Him about your troubles. Tell Him about your successes. Tell him everything.

So, when the time comes that you are in Heaven, Jesus will say, "Oh, I know who you are. Come and enjoy the Kingdom of Heaven prepared for those close to me."

Brothers and Sisters, as we worship our Lord Jesus Christ, may He also know who we are because we have revealed our true selves to Him to declare that we are truly His and He's truly ours.

Responsorial Psalm: Psalm 117:1, 2 R: Go out to all the world and tell the Good News.

1 Praise the Lord, all you nations; glorify him, all you peoples! (R) 2 For steadfast is his kindness toward us, and the fidelity of the Lord endures forever. (R)





Second Reading: 12:5-7, 11-13

5 Brothers and sisters, you have also forgotten the exhortation addressed to you as children: "My son, do not disdain the discipline of the Lord or lose heart when reproved by him; 6 for whom the Lord loves, he disciplines; he scourges every son he acknowledges." 7 Endure your trials as discipline; God treats you as sons. For what son is there whom his father does not discipline? 11 At the time, all discipline seems a cause not for joy but for pain, yet later it brings the

peaceful fruit of righteousness to those who are trained by it. 12 So strengthen your drooping hands and your weak knees. 13 Make straight paths for your feet, that what is lame may not be dislocated but healed.

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Worship!

BRO. AMARO ESTONANTO:

A Blessed Sunday Morning, Church!

Who here believes that Jesus is the Only Way?

And if you do, tell the person beside you to sing for Jesus.

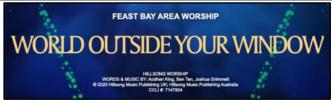
I believe that faith is not meant to be kept for oneself-but to be shared and to be lived out to the world.

That's why this morning, let's encourage one another to be a Light for each other.









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SIS. MHADZ PAMAONG:

Father, we come before Your Presence today. We believe that Your Presence is everywhere, taking care of all Your creations.

You know and you provide our needs even before we ask-- sometimes not how we expect it, sometimes not how we plan it, but always in ways that remind us that You are faithful.

We believe, Father, that You are our sustenance. And so we worship You, the God who provides.







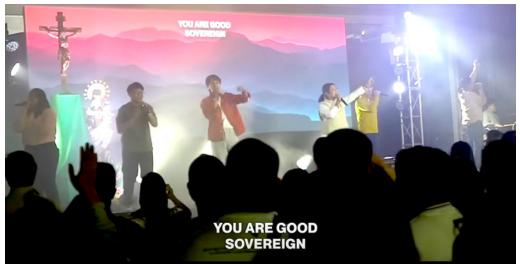
BRO. BO SANCHEZ:



What beauty, what wonder, what joy there is to be in Your Presence on this sacred place where we stand.

And we say Thank You, Lord God, what a privilege to be here. There is no other place we would rather be than here at Your right hand, O my God, to just bask in Your love and to drink in this beautiful love, this infinite, unconditional, eternal love that You have for us. We're just receiving it right now.

Everyone in this place, in the house of God, just say this after me: Jesus, I'm here. I'm opening myself to receive all of You. Your peace. Your love. Your joy. Your healing. Your blessing. Your touch. In Jesus' Name. Amen.





NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Lift your hands and let's declare together:







Talk



BRO. BO SANCHEZ:

How many of you want the good life?

Yesterday, I was in Feast Tuguegarao. I was talking with one of our Feast Builders. He was telling me that our *Good Life* Feast Talk series sounded like a scam to him.

He said: "This series says, 'Blessed are the poor in spirit. Blessed are those who are persecuted. Blessed are those who mourn...' Why?..."

Jesus, however, has a different definition of what a Good Life is.

I checked on Instagram the definition of *good life*. The good life is: Having a selfie with Mount Fuji behind you. Having a selfie behind Eiffel Tower in Paris. Having a selfie with the Disneyland behind me. Having a selfie with a member of the BTS boy band, jumping up and down at a concert. That's the *good life*.

But if you check Jesus, you'll note He disagrees. There's nothing wrong with Mount Fuji, Eiffel Tower, Disneyland, BTS, or even the Bini girl group...

Except that if after all those selfies, you go home and you find your relationships broken and strained.

Is that the good life?

For Jesus, one of the very important elements of the Good Life is peace.

Ask yourself: "Are you at peace?"

Peace is Good Life.

Married people, single people, parents, and children: Is there peace in your relationships? If there is, then that is the Good Life.

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Time for The Good Life

My Friend, it's time to get The Good Life. At the Sermon on the Mount, Jesus talked of two ways to pursue peace in your relationships. We're going to talk about that.

Extend your hand towards the Word:



Thy Word is a Lamp unto my feet And a Light unto my path.

In verse 45 of Matthew 5, Jesus said:



** "YOU HAVE HEARD THAT IT WAS SAID, 'YOU SHALL LOVE YOUR NEIGHBOR AND HATE YOUR ENEMY. BUT I SAY TO YOU, LOVE YOUR ENEMIES AND PRAY FOR THOSE WHO PERSECUTE YOU,

SO THAT YOU MAY PROVE YOURSELVES TO BE SONS OF YOUR FATHER WHO IS IN HEAVEN;

FOR HE CAUSES HIS SUN TO RISE ON THE EVIL AND THE GOOD, AND SENDS RAIN ON THE RIGHTEOUS AND THE UNRIGHTEOUS."

Put your hand over your chest.

Say this after me:

"Jesus, let this be a special day where my relationships will have more peace. Help me. Teach me. Guide me."

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Key Message

My Friend, is there a relationship in your life that lacks peace? Maybe your relationship with your mother, with your father, with your sibling, with your spouse, or with your child. Whatever it is, ask God to give you peace in that relationship today.

Starting today, claim it:

"Jesus, help me to have more peace in this relationship...." Name the person.

In Jesus' Name. Amen."

Today, I'm going to preach the message: *Love your enemies*.





CONFLICTSWILL HAPPEN.

If you put a bunch of people in a room, conflicts will happen. With your favorite people, conflicts will happen. Even in church-- especially in church. I don't care how

good, I don't care how kind, I don't care how religious, I don't care how decent, I don't care how noble they are-- people will have conflicts.

In one special monastery, there was a perpetual vow of silence. You cannot talk. There were only three monks in this monastery, and they were allowed to speak only once every seven years-- one monk every time.

The monks were eating oatmeal almost every day.

In the first year, the first monk said, "I hate oatmeal."

Seven years later, it was the second monk's turn to speak.

He said, "I like oatmeal."

Seven years later, it was the third monk's turn to speak.

He said, "Hey, stop it! I'm tired of you debating about oatmeal!"

If you didn't get that joke, can you pretend that you got it? It's only for high-IQ people. What I shared with you was a fictional story.

May I share with you a real one?

I was a teenage missionary, usually visiting a convent. I love going there because it is so peaceful. I like going to that convent because I would write a little note to the nuns asking them to pray for me.

I remember talking with the Mother Superior, and she told me, "Bro. Bo, pray for us. Three of our nuns are not talking to each other."

I was shocked. I told her, "Sister, I'm shocked. When I look at you, it seems as though you're all angels."

She laughed and said, "No, Bro. Bo. We are nuns. We are humans fighting our inner demons. We do have conflicts. That's why we're desperate for God."

OUR CONFLICTS CAN DRIVE US CLOSER TO GOD.

Two Ways to Pursue Peace

My Friends, let your conflicts bring you closer to God. How do you pursue peace in a place of conflicts?

Jesus talks about two ways:





The reason conflicts happen is that people don't keep promises. Yes, or no? Husbands and wives don't keep promises to each other. Parents don't keep their promises to their children. Businesses don't keep promises that they made to their customers. Politicians don't keep the promises they made to their constituents. If people don't make and keep their promises, conflicts take place.

We read about this in Matthew 5:33-36:

MT 5: 33-36 NASB

"AGAIN, YOU HAVE HEARD THAT THE ANCIENTS WERE TOLD, YOU SHALL NOT MAKE FALSE VOWS, BUT SHALL FULFILL YOUR VOWS TO THE LORD.

NOR BY THE EARTH, FOR IT IS THE FOOTSTOOL OF HIS FEET, NOR BY JERUSALEM, FOR IT IS THE CITY OF THE GREAT KING.

NOR SHALL YOU TAKE AN OATH BY YOUR HEAD, FOR YOU CANNOT MAKE A SINGLE HAIR WHITE OR BLACK."

Here's the context:

In ancient times, if a person made a deal with you, he would say, "I swear by God's Name, I will pay you next week."

They held God's Name in such a high regard that they could not even mention His Name--*Yahweh*--because they were afraid God might strike them and they might die on the spot. That's their belief. But they knew that if they mentioned the Name *Yahweh*, people would believe them.

But some people saw a loophole. Some people would not swear by the Name of God. Instead, they would say, "I swear by Heaven" or "I swear by the Temple of Jerusalem."

That sounded religious enough. So, if a guy borrowed money from you, and swore by Heaven that he would pay you next week, you would believe himprecisely because he swore by Heaven.

In that person's mind, however, since he didn't swear by God's Name, it was okay not to fulfill his promise.

It sounds funny, hilarious. But at that time, it made sense to some crooked people.

Be Practical

We do this all the time today:

The person borrowing money from you would say, "Peks man, mamatay man ang Nanay ko... I will pay you next week."

So, you believe him. What you don't know is his mother already died-- seven years ago.

Jesus is saying: Let your Yes be Yes, your *No* be *No*.

Two weeks ago, I bought a house from a friend. I borrowed money from the bank to buy that house. I like



the property because there are two apartments at the back.

Some tenants are already there, paying rent-- a total of P30,000. Since the property is already mine, I was eyeing to receive the monthly rental.

The owner, my friend, told me: "Bro. Bo, can you pay me 50% of the cost of the property now? Let me keep my house for three months -- because I still have to go to the province to build my little house there. That's where I'll live. Pay me the other 50% when I finally leave the house after three months."

I said, "Sure."

So, I had a lawyer make a contract of our agreement, and we signed it.

After the contract was signed, she said, "Bro. Bo, may we extend the three months to six months?"

I was laughing because we had already signed the contract for three months.

Anyway, I said *yes*. She was happy.

Then, she said, "Bro. Bo, what will we do with the P30,000 monthly rental?"

I knew she would use the 50%ndownpayment for building her house, so she needed the P30,000 rental for food and her other needs.

So, I said, "You may have the rental until you can already leave, after three months."

Friends, I'm going to give you some very practical advice. Even if you deal with friends, please have a contract. It's not because you don't trust the other person-- but because you don't trust human memory.

Yes, we forget. We're a forgetful bunch. Everything has to be in black and white. Everything has to be written down. Everything has to be signed-- even among friends.

But... but...

Secret to Happiness

Do you know what makes relationships strong? It's not the contracts-- although they help. Here's the truth: What makes relationships strong is trust. And generosity. Generosity makes life easier, better, and happier.

TRUTH

CONTRACTS HELP, BUT TRUST

AND GENEROSITY MAKE LIFE SO MUCH EASIER

RETTER AND HAPPIER.

When I dealt with the owner, I was at a loss. What happened was not fair for me.

But I have a secret. Do you know why I'm a happy person? When I deal with people, I don't want it to be fair. I am not looking for fairness when I do contracts. I'm not looking for fairness. I am looking for *kindness*. I want to be on the losing end in a transaction.

People don't understand that. People are always looking for win-win. I don't. I look for win-loss. I postpone my win. It will become win-win. But I postpone my win. I want the other person to win first.

When that happens, do you think that person will trust me? Do you think in future deals, that person will look for me?

I don't look for customers. Customers look for me.

Why?

I'm trustworthy.

Do you want that kind of life?

You don't look for people-people look for you.

Because of who you are: a person of your word, because you're generous.



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LOVE YOUR ENEMIES

What does it mean to love your enemies? Let's read Matthew 5:38:



"YOU HAVE HEARD THAT IT WAS SAID, 'EYE FOR EYE, AND TOOTH FOR

This means if I pluck your eye, then the punishment for me is you pluck my eye. If I hit your face with my fist and then two teeth fell off, the punishment is you punch me also so that two teeth will fall off.

So, Jesus said:

"Eye for an eye and tooth for a tooth." But...>>>>>>



"BUT I SAY TO YOU, DO NOT SHOW OPPOSITION AGAINST AN EVIL PERSON; BUT WHOEVER SLAPS YOU ON YOUR RIGHT CHEEK, TURN THE OTHER TOWARD HIM ALSO.

AND IF ANYONE WANTS TO SUE YOU AND TAKE YOUR TUNIC, LET HIM **HAVE YOUR CLOAK ALSO."**

It sounds cruel. It comes from Exodus 21:



BUT IF THERE IS ANY FURTHER INJURY, THEN YOU SHALL APPOINT AS A PENALTY LIFE FOR LIFE,

EYE FOR EYE, TOOTH FOR TOOTH, HAND FOR HAND, FOOT FOR FOOT,

This means that if you kill somebody, the punishment is somebody has to kill you.

Life for life, eye for an eye, tooth for a tooth, hand for hand, foot for foot, burn for burn, wound for wound, bruise for bruise.

It sounds cruel. It sounds barbaric.

Here's the truth: It's neither cruel nor barbaric. In the context of the ancient world, it was compassionate.

Its purpose was to limit revenge.

I'll give you an example. Imagine that in ancient times, you were living in a tribe. You were awakened one morning because you heard the sound of loud wailing in the village. You went out of the tent. You heard your neighbor was killed. They found his body floating in the river.

Not only that. What was worse was that a witness saw somebody-- from the other tribe across the mountain-- kill this man, slit the victim's throat, and threw his body in the river. The elders of the tribe now debated, arguing what they were supposed to do. Many of them cried out for blood.

What happened was this: That very night, a contingent of men from your tribe attacked the other tribe and killed 10 people.

In the ancient world, it was not an eye for an eye. It's not a life for a life. It's 10 lives for one.

Steps to Peace: Three Cases

So, this Law in the book of *Exodus* was to limit revenge.

Eye-for-an-eye is what you call proportionate justice-so that the crime will not spiral downward to a cycle of evil.

AN EYE FOR AN EYE PROPORTIONAL JUSTICE

Jesus, however, was not

just interested in limiting violence—He wanted peace.

So, He raised the bar. He took this Law to an entirely new level, and He gave three practical cases...



1

TURN YOUR OTHER CHEEK

...WHOEVER SLAPS YOU ON YOUR RIGHT CHEEK, TURN THE OTHER TOWARD HIM ALSO.

MATTHEW 5:39-40 NASB

In ancient times, if I slapped someone using the back of my hand, it had great symbolism. Back then, it was not to hurt physically--it was to hurt socially. It's a symbol of control. Here's a demo with Bro. Audee Villaraza>>>> It's a symbol, saying: "I'm better than you. I'm higher than you. I'm more powerful than you."

But Jesus said: "Turn the other cheek."
The left side.

Can I slap him with the back of my hand?
No. Unless I'm Mr. Elastic in *Fantastic 4*.*
So, what do I do? I use the open palm>>>
In biblical times, an open palm slap was done between equals.

So, what Jesus was asking was deep.
Turning the other cheek is a brilliant move. Why?
It was a non-violent, humble yet assertive,
an invitation for the aggressor to see

your value as a human.

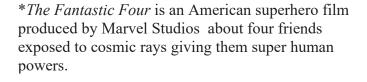




TURNING THE OTHER CHEEK IS A BRILLIANT MOVE

IT WAS A NON-VIOLENT, HUMBLE, YET ASSERTIVE INVITATION FOR THE

AGGRESSOR TO SEE YOUR VALUE AS A FELLOW-HUMAN.





Bless the Bashers

I get bashed every day. There was this one blogger who wrote around 27 pages of his criticisms of me. He called me anti-Christ, false prophet, and demon. It's crazy.

I remember this one critic who said: "Poor Bo. He will go to hell, and worst, he'll bring his audience with him."

So, my Friends, I'm sorry that this might happen to you... ⊗ ☺

People ask me: "Bro. Bo, does it affect you? Some criticize you as a prosperity teacher and that you worship idols because you're a Catholic?"

Honestly, it hurts. I'm still a human being. But do you know what I do when I read a basher saying these things to me?

I pray: "Lord, bless this person. This person is broken. Bashing takes time and energy. Heal this person's hurts. This person is angry at the world. Be Present to this person."

My Friends, why do I do that? Because that's who I am. I'm a THIS IS WHO I AM.
I'M GOD'S BELOVED, AND IT'S MY NATURE

blesser. That's who I am. I cannot curse anyone. I will bless.



But there's a second reason: Whatever I give returns to me.

If I bless people, the blessings come back a thousandfold-- pressed

WHATEVER I GIVE RETURNS TO ME —PRESSED DOWN, SHAKEN TOGETHER, AND RUNNING OVER.

down, shaken together, and running over.



GIVE YOUR CLOAK TOO

AND IF ANYONE WANTS TO SUE YOU AND TAKE YOUR TUNIC, LET HIM HAVE YOUR CLOAK ALSO MATTHEW 5:40 NASB

In the time of Jesus, creditors could get your cloak as collateral.

If you seized your neighbor's cloak as a pledge, you were to return it to him before the sun sets-- because that cloak was his only covering for his body. What else was he to sleep in? At that time, your collateral was not your phone or ring-- but your cloak.

Let's read Exodus 22:





"IF YOU EVER SEIZE YOUR NEIGHBOR'S CLOAK AS A PLEDGE, YOU ARE TO RETURN IT TO HIM BEFORE THE SUN SETS, "FOR THAT IS HIS ONLY COVERING; IT IS HIS CLOAK FOR HIS BODY. WHAT ELSE IS HE TO SLEEP IN

Jesus said: "If somebody gets your shirt, give him your cloak."

The crooked people who were looking for loopholes still wanted the collateral.

This is hilarious: They don't get your cloak. Why?

Their Torah says: "Do not get the cloak after sunset."

So, what they did was they got the shirt.

That's what we do today. We look for loopholes.

What does Jesus say?

If they got your shirt, give your cloak too. So, without shirt, without cloak, you're now wearing just your shorts. You're practically naked.

Everyone knows the creditors are cruel. You've just exposed their cruelty.

YOU'VE JUST EXPOSED THEIR CRUELTY.

JESUS WANTS US TO EXPOSE INJUSTICE NOT THROUGH VIOLENCE, BUT THROUGH COSTLY GENEROSITY.

This what Jesus is saying. It's incredibly how deep Scripture is-and how beautiful.



By Roman decree, a Roman soldier may compel any citizen living in the Roman Empire to carry the soldier's bag or load.

For example, you're walking on the street when a Roman soldier comes and tells you, "Carry this for me."

The main roads of the Roman Empire had mile markers already, which meant that you're compelled to carry that load for one mile. Everybody hated it. It was humiliating to carry something for a soldier-- particularly if he is from a foreign country -- your conqueror.

But Jesus said: "Go the extra mile."

Instead of complaining and telling the soldier, *No*," Jesus told man on the street: "Walk a second mile."

The first mile is an obligation. You're compelled to do that. The second mile, let it be a gift.

THE FIRST MILE

IS AN OBLIGATION

THE SECOND MILE

IS A GIFT

My Story

I want to summarize this Talk with my story that you may have heard before-- but not all of it.

When I was 13 years old, I joined a youth group which mounted prayer meetings and recollections for other young people in different cities.

The religious leader of our group molested me. Never in my wildest



dream did I imagine that my youth leader would abuse me. He was 10 years older than I was. Every day, he would wear a white Barong Tagalog, a huge crucifix around his neck, and he would carry a black leather Bible.

That fateful day, our group went to Laguna to hold a recollection for young people. That night, in one bedroom, he molested me. I suddenly woke up. My shorts were down, and there was this naked man on top of me. I froze. I could not move. I wanted to shout, but nothing was coming out. I hated myself after that. I so hated myself because I didn't fight or push him away.

I want you to know that the leader was ousted from leadership. He could not preach nor become a religious leader in the different circles.

But I had to go through self-hatred, shame, and porn addiction for years, battling my wounds.

In time, by His grace, God healed me.

People are shocked when I tell them I hold no hatred for the man who abused me. I learned that my past was very different from his past.

I talked with his mom, who told me: "Bro. Bo, forgive my son. My husband was a cruel man. When my son made a mistake, my husband would punish him by throwing him in a sack, tie the sack, hang it in a tree. And beat him with a stick. Other times, he would put our son in a dark closet. He would lock the closet for hours."

I was listening to that, and you know what came to my mind? If I were in the son's shoes, and if I experienced that, would I have ended up like him? I don't know. But for sure, I wouldn't be who I am right now.



From Pain...

One reason I don't hate my abuser-- and pity him instead-- is that God has transformed my pain into my platform.

When I started sharing my story of abuse, thousands upon thousands of people have been healed because of my message. They write to me. They tell me with tears. They got healed because they read my story.

My Friends, I have loved my enemy.

A few days before that man passed away, we actually met. I was on a plane travelling. And he happened to be a passenger too. When I saw him, I stood up. I was the first one who approached him. When he saw me, he stood up.

In the aisle of that plane, I put my arms around him, and he said,

"Bro. Bo, please forgive me."
I said, "I've forgiven you a long time ago."

A few days later, he died.



... to Platform

I want you to know that the Good Life is loving your enemy. Better than a selfie with a Mount Fuji behind me. Better than a selfie with the Eiffel Tower. Better than a Disneyland. Better than jumping up and down in a BTS concert.

The Good Life is when you keep your promises. When you love your neighbor, including your enemies.





WORLD: "GET EVEN!"

JESUS: "GET EVEN BETTER. GET EVEN KINDER!"

The world says: "Get even!" That's how you take revenge.

Jesus says: "Get even better. Get even kinder."

People are shocked when they hear the story that I just shared -- about how I was abused by a religious leader.

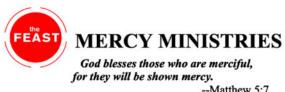
They ask me: "Why did you become a religious leader too? You should have just rejected it and not become one."

I am a better religious leader than my abuser. I'm a better preacher than my abuser. He was a founder of a small group. I became a founder of The Light of Jesus. I'm better because I love my enemies.

The world says: "Get even!"

But the best revenge is: Get better. Just get better.

"Heavenly Father, we pray that you would come and you would heal everything that needs to be healed. Lord God, we realize that "loving your enemy" is not human. It's divine. Because once upon a time, we were the enemies. We rejected You and we rebelled against You, and we disobeyed You. But You loved us back and on the cross, You showed us: You wanted to embrace us while we were still Your enemies. And so, today, help us, love us, forgive us. Amen.



--Matthew 5:7

JESUS CHRIST CARES FOR CANCER Blessings, Blessings, More Blessings!



YES, our Lord Jesus Christ cares for cancer! Again, He manifested His love for those afflicted with this dreaded disease at the JCCFC General Assembly at Feast Ortigas Center, Robinsons Galleria, Mandaluyong, on August 20, 2025.

Once a month, JCCFC gathers donors, supporters, medical experts, caregivers, volunteer servants, along with our JCCFC officers and personnel, to meet with our beneficiaries and their families -- in one General Assembly for thanksgiving, sharing service knowledge and skills, and yes, for camaraderie lifting everyone to bright hopes for a great future.

And yes, God just poured blessings upon blessings making our General Assembly nothing but pure joy.



First, no less than former Department of Health Secretary Dr. Jaime Galvez Tan graced our Assembly assuring his support for our mission.

JCCFC Chairman Bro. Alo Gelano happily welcomed Dr. Tan and the rest of the



guests, under the loving watch of the Blessed Virgin Mary.





A pleasant surprise was the visit of officers and personnel of the Euro Chemicals, Inc., a new yet consistently generous donor.

Ann Aguilar, manager, Euro Human Resources and Administration, led the group who brought thoughtful gifts not only for our beneficiaries and their families but also, for our tireless volunteer coordinators and daily operations team.



Amazingly, they also presented cash and check donations — on top of their regular monthly contribution. Part of this came as a special "birthday gift" from their owner, Ms. Jessica Plana, who recently celebrated her natal day.

As if the Euro support was not enough, JCCFC received an unexpected cash donation from Charity Philippines.org!

The General Assembly was a celebration of generosity and love, an outpouring of blessings, blessings, and more blessings, manifesting that indeed, Jesus Cares.

--With reporting by Lala Uy

Help us help our less fortunate cancer-stricken brothers and sisters.
You may donate to:
JESUS CHRIST CARES FOR CANCER
BDO Account # 01109 8000 356



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez.

Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmafamily.com

Website: https://kerygmafamily.com

Our Partner Beneficiaries

Jeremiah 33 Foundation

is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born

is a halfway home for pregnant women in crisis.



He Cares Mission

provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation

grants scholarships to indigent students.



S KOR C

Jesus Christ Cares for Cancer

provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center

ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra





within 8–10 years.

Cittle Acts of Love The Light of Jesus Disaster Recovery Ministry

provides evacuation assistance,

relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry

brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.





LIGHT OF JESUS FAMILY

Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

- 1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.
- 2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
- 3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.
- 4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
 Account name: Shepherd's Voice Radio and Television Foundation Inc. BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch
 Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch Banco de Oro Savings Account no. 000160506123 SM Cubao Branch PNB Current Account no. 108410089566 SSS branch
 Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmafamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



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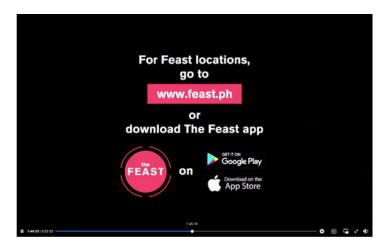
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Go and make disciples of all men.

— Matthew 28:19