



NEWSLETTER  
FEBRUARY 27, 2022

## *I'm So Happy **The Feast** Is a Thinking Community*

WITH your permission, I want to do some Theology with you.

And my heart is burning inside.

I must do this. Because what is at stake here is your picture of God.

I love saying this: *You become who you worship.*

Have you noticed? There are some who've been religious for years, yet they are the most judgmental. They look down on others. They condemn others. They actually hate a lot of people in God's name.

Many times, the root cause is their picture of God. It's distorted.

*And when you have a distorted image of God, you live a distorted life.*

Another reason I'm doing Theology with you? Because you can handle this. The Feast is a thinking community.

Today, we'll answer these hard questions:

- *"I don't understand how Jesus died for my sins."*
- *"Can't God just forgive me without Jesus dying on the Cross?"*
- *"How can you follow a God who kills his own Son?"*

Have a mind-nourishing and life-changing Feast today!



May your dreams come true,

**Bo Sanchez**



# LETTERS



YES, it's already the last week of February, the Love Month! And so, we cap this month's issue with more Love stories, specifically on *Love Gifts!*

As we said earlier, Valentine Love connotes romantic love. But as our title suggests, what we focus in this issue is much deeper than romantic love. It's all about Jesus' Divine Romance with us.



Fr. Bob McConaghy talks about Love—the kind so difficult to give: Loving your enemies. What gift to give someone you find so hard to love? Read on, *page 3*.

Our founder, Bro. Bo Sanchez, and Feast builder and preacher Bro. Audee Villaraza



also talk about Love: Loving yourself. Easy?

But how well can you love yourself filled with guilt? Know the gift you can give to yourself, *pages 7-18*.

Now, how do you go out and give gifts amid the Coronavirus Disease Pandemic? Supporters of our Anawim

Home for the Abandoned Elderly found ways to give Mercy Love for our lolos and lolas, *page 19*.



And so does Rogem Lagunsad whose Tabang Outreach has braved all odds to reach out to those in need. He shares his story—which he says is really God's story, starting on *page 25*.

Okay, we're just about done with the Love Month. But as our stories prove, God is not yet done with giving His love, much deeper than Valentine Love.

Happy Loving, Everyone, Forever! 

All for God's Glory,  
**Randy Borromeo**  
Media Ministry  
Executive Director





## **FLASHBACK!**

**FEBRUARY 20, 2022**

### **Holy Mass**

**FR. BOB McCONAGHY**

on the Gospel: Luke 6:27-38

*Love Your Enemies*

Excerpts...

THIS is the sort of Gospel that I would like to give an entire weekend retreat on. There's so much here. But I have 15 minutes so I'm going to zero in on just one aspect of this Gospel and it is really at the heart of the Gospel too. It is an idea that had never even been hinted at in the Old Testament. Let alone said, nor has any philosopher really had ever said it since. And that is simply and powerfully this:

“Love your enemies. Do good to those who persecute you.”

Do you have enemies? If you're a good Feaster and a good Catholic, you should have at least 10 enemies. People who don't love you. People who think you're a phony. People who would say, “Oh, you're so religious.”

People who'd say, “I don't want to be around somebody who's holy.”

Who is your enemy? An enemy is someone who seeks to harm you. An enemy is someone who talks behind your back. An enemy is someone who doesn't include you in the group, and exclude you because you go to The Feast. An enemy is someone who harms you by sharing *chismis* all of which are not true.

And what are you left with? You're left with a need. It's a very natural need, and that's a need to get revenge. Did you ever fantasize about getting revenge? We all do-- because the psychology of revenge is this: “You hurt me. I'm angry and upset, and I'm going to hurt you because when I hurt you then I'll feel better and I know that revenge is a dish best served cold. I'm going to get you when you least expect it.”



Holy Sacrifice of the Eucharist | 7<sup>th</sup> Sunday in Ordinary Time





Do you ever find yourself fantasizing about ways to get back at people who've talked about you, who've harmed you, who've ignored you, who never affirmed you, who leave you out of the group? Yes. It's part of human experience. Jesus said, "Love your enemies. Do good to those who persecute you."

Notice He said first: If you really want to be my follower, there's going to be a new standard and that standard is going to seem impossible.

Love your enemies. That's the new standard among all the other standards in this Gospel. But He didn't just talk the talk. He walked the walk.

When He was on that Cross, we must remember that Paul said that Jesus was human in every way-- that we are tempted in every way, that we are therefore tempted to get revenge against those who were mocking Him, those who were spitting at Him, those who thought He was a false Messiah, not a king. And when you're feeling all of that hatred coming at you, the temptation is to get revenge. He could've done that. But what did He do? He decided to forgive them. He didn't allow his feelings to make a decision for Him.

Rather, He said, "Father, forgive them for they know not what they do." Mercy is the key here and mercy is always given when not deserved.



First Reading: First Samuel 26:23

**23** *And the Lord will reward every one according to his justice, and his faithfulness: for the Lord hath delivered thee this day into my hand, and I would not put forth my hand against the Lord's anointed.*





When you have a grudge, the only one that the grudge hurts is you. And what happens is, you put yourself into what Fr. Michael La Guardia expressed-- “into a prison of your own making.”

And then what happens is when we seek to get revenge, when we hold on to the grudge, we build a prison we cannot get out of-- until we are merciful. The key to getting out is

mercy and mercy is always given, you know, when it’s not deserved.

Are you going through anything like that in your life? I know many of you are, especially during these past two years when all sorts of tensions can build up in your household-- when you can’t go out. But always remember that you are called to do precisely what Jesus did.

That no matter the temptation and the hurt, just say, “Father, I forgive him... I forgive her...”

You know what, at that very moment, they are forgiven.

The reconciliation might be a long way off, or it might be frightening to go to the person who’s very toxic.

Our Lord didn’t say to like your enemies and take them out to dinner. He said love your enemies. Do some kind of good to those who persecute you. That’s why praying for your enemies at least 10 of them—by name—is most important. Because they might not change when you pray for them-- but you will. You will.



Responsorial Psalm: Psalms 103: 1-2, 3-4, 8, 10, 12-13

**R. (8a) The Lord is kind and merciful.**

*1 Bless the Lord, O my soul: and let all that is within me bless his holy name.*

*2 Bless the Lord, O my soul, and never forget all he hath done for thee.*

**R. The Lord is kind and merciful.**

*3 Who forgiveth all thy iniquities: who healeth all thy diseases.*

*4 Who redeemeth thy life from destruction: who crowneth thee with mercy and compassion.*

**R. The Lord is kind and merciful.**

## Worship! EXHORTATION



**TRISHA CARO:** Wow! We're here again. Can you believe it? Look at the people around you. Wow! It's so good we get together again and worship.

God is faithful, and we have evidence right now. God said to Israel, be free from Egypt so that they can worship God. And we get to experience the same faithfulness today -- as God has set us free so we can worship Him today.

So, let's claim our freedom today as we worship together. Wherever you are, whether you are in this room or in your room. Wherever you are, anybody who has voice, now is the time to use it.

He was faithful then. He is faithful now. And we have the promise--that faithful is who you always will be.

Come on, let's take hold of His truth together.





# FLASHBACK!

FEBRUARY 20, 2022

## Talk



WE'RE in the climax in the Book of Matthew.

Today, I want to preach the simple message, *Get up*.

Let me start with a very big question:

When you sin,  
what do you do?

Your answer to this question is crucial. Mark this on stone: How you deal with guilt will determine your destiny.

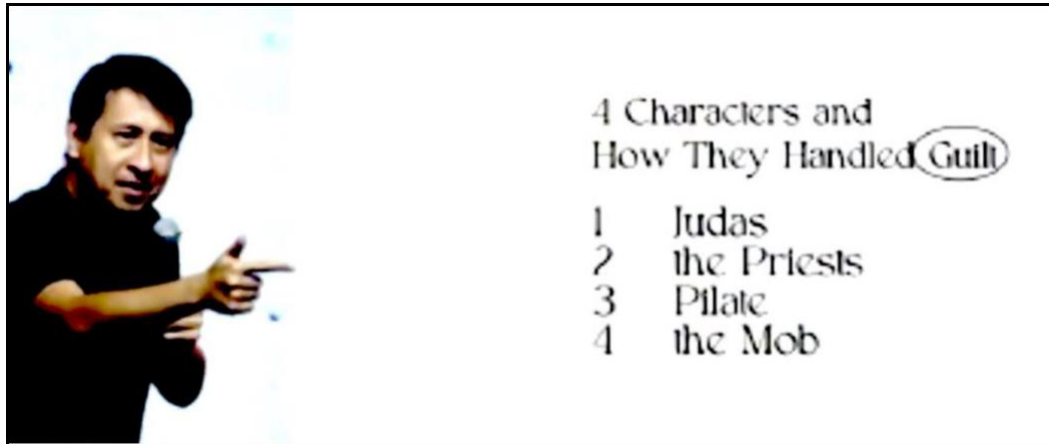
Hey. As long as we're breathing, we'll still sin. The Bible says, "*the godly may trip seven times, but they will get up again. But one disaster is enough to overthrow the wicked.*" (Proverbs 24:16 NIV, emphasis mine).

Sadly, some fall and don't get up.

Alas, they don't even admit they'd fallen.

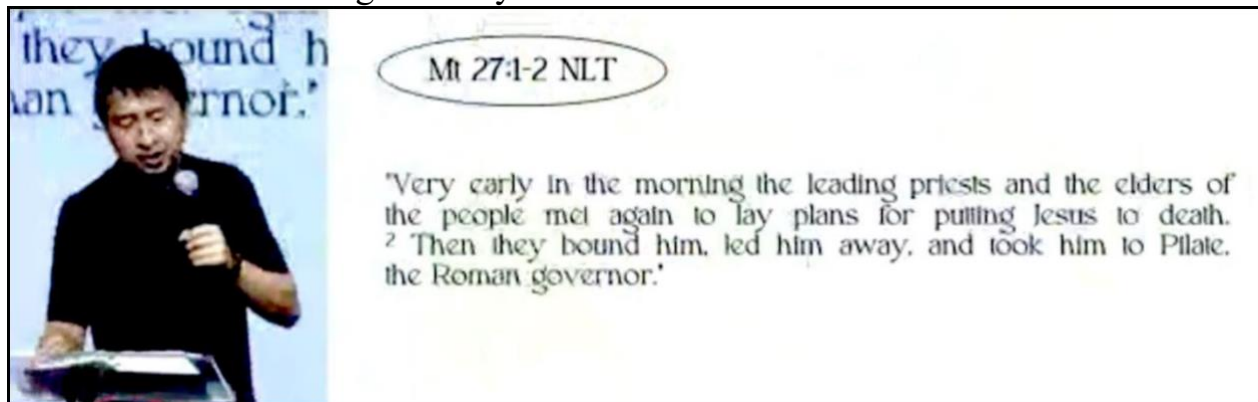
People have different ways to deal with guilt.

## 4 Wrong Ways To Handle Guilt



Tim Mackie, co-founder of the BibleProject (a nonprofit animation studio helping people experience the Bible as a unified story that leads to Jesus), says that the four characters in our Bible story today dealt with guilt in different ways. They are (1) Judas, (2) the Priests, (3) Pilate, and (4) the Mob...

Let's start reading the story:




Last week, we read how Jesus was condemned by the Jewish Priests and Elders in a sham trial. But because the Jews had no power to impute the death penalty, they had to bring Him to the Romans for another trial...

But in between, Matthew talks about Judas who does the first wrong way to handle guilt.



# 1. Judas Judges Himself

Judas became his own Judge and Executioner. Matthew said:



have sinned  
innocent man.  
your problem  
Temple and w

Mt 27:3-5 NLT

"When Judas, who had betrayed him, realized that Jesus had been condemned to die, he was filled with remorse. So he took the thirty pieces of silver back to the leading priests and the elders. <sup>4</sup> 'I have sinned,' he declared. 'for I have betrayed an innocent man.' 'What do we care?' they retorted. 'That's your problem.' <sup>5</sup> Then Judas threw the silver coins down in the Temple and went out and hanged himself.

Repentance consists of two steps: remorse and return.

Judas did Step One; He didn't do Step Two.

He had remorse but he didn't return to the Lord. Instead of getting up, he wallowed in the mud of his guilt.

Let me clarify this: Guilt feeling isn't repentance.

There are two kinds of guilt—holy and unholy. Holy guilt pushes you towards God, unholy guilt pulls you away from God.

Let God be your Judge.  
He is more merciful  
than you are.

Dear friend, don't follow Judas. Don't become your own Judge and Executioner.



Two Kinds of Guilt

- 1 Holy
- 2 Unholy

Let God be your Judge; He is more merciful than you are. Some of those who become their own Judge don't kill themselves physically. They kill themselves psychologically. They punish themselves by sabotaging their relationships, saying no to growth, accepting mediocrity-- because they believe they deserve to be cursed.

May I share more personally?

I get this comment a lot: "Brother Bo, after 40+ years of following Jesus, you must be so holy."

Here's how I answer: "It's actually the opposite. In the early years, I felt I was so holy. But today, I see my sins more. But instead of being discouraged, I feel encouraged. Why? It's like my joke: If you see me 20 meters away with no other light source but the moonlight above us, you'll say, "Gosh Bo, you look so young and Gwapo. Are you 42?"

But if you're 2 inches away from my face and we're both under the blinding noonday sun, you'll say, "OMG, Bo, you're 55 going 68!"

I repeat: After 40+ years of following Jesus, I see my sins more today than ever before. Perhaps it means I'm getting closer to the Light. The more I see my sins, the more I see His forgiveness.

The more I see my sins,  
the more I see  
His forgiveness.

Declare:  
"God is my  
Judge."

Declare this with me: "**God is my Judge.**" Oh, what good news!

## We Don't Know How Deep Is the Ocean of God's Mercy

In contrast to Judas, Peter, who also betrayed Jesus, had holy guilt.

He got up and returned to Jesus.

I've always wondered: What if Judas returned to Jesus? There would be a 9-Day Novena to St. Judas right now.

What I love about the Catholic Church is that she confidently names who is in Heaven, but she never says who is in Hell. We have a list of canonized Saints, we don't have a list of condemned Sinners. Because we don't know how deep is the ocean of God's Mercy.

For example, when I was growing up as a kid, many, especially the religious, presumed that Judas was in Hell. But in truth, we don't know. We should surrender Judas unto God's Mercy. When we go to Heaven, we may be surprised Judas is right beside Peter. Because, we don't know, if before his last breath, Judas asked for Mercy.

Friend, have you failed God? We all have.

Judas and Peter—the two betrayers in our story. Don't follow Judas. Follow Peter. Get up. Return to Jesus. Throw yourself to His Mercy.

Next are the Religious Leaders...



## 2. Priests Cover Up Their Sin

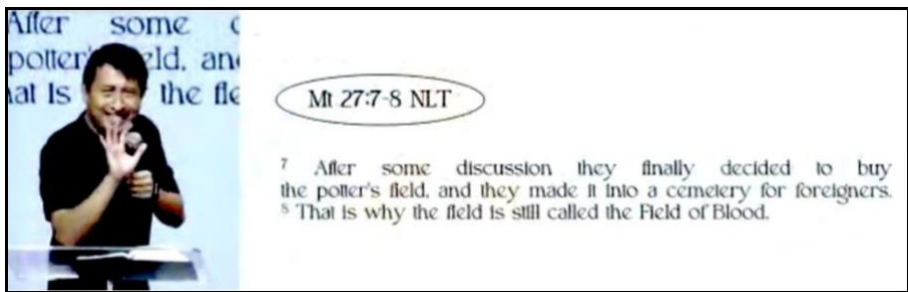
Let's keep reading:

A man in a black shirt is speaking into a microphone on a stage. To his right, there is a text overlay. The text reads: "Mt 27:6 NLT" in a circle, followed by "The leading priests picked up the coins. 'It wouldn't be right to put this money in the Temple treasury,' they said, 'since it was payment for murder.'" The background of the stage has some text, including "leading priests" and "at this mo... in... ent for murder...".

Mt 27:6 NLT

The leading priests picked up the coins. 'It wouldn't be right to put this money in the Temple treasury,' they said, 'since it was payment for murder.'

These priests knew they killed an innocent man. That's why they couldn't accept the silver coins from Judas. So they devised a plan...



Why was a cemetery for foreigners important? Ancient Jews never cremated their dead. Nor did they embalm them. So you're supposed to bury

the dead right away. If a foreigner died, you couldn't transport the ashes back to his home country in a jar—or in a coffin—or it will smell really bad along the way.

So, the priests did a public service. With the money used to kill Jesus, they bought land where foreigners can be buried.

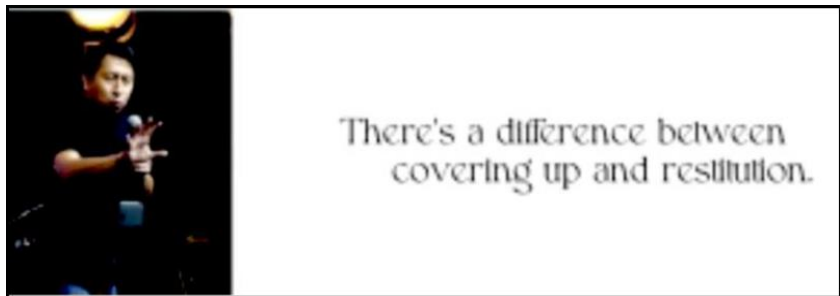
Could it have been for PR? Reputation management?

So people might say, "Aw, the Priests are so kind..."

Or did they do a good deed to assuage their guilt?

They were covering up their sin.

But this never works. We may fool people, but we'll never fool God.



By the way, there's a difference between covering up and restitution.

They look the same. But restitution is a part of repentance. You admit to God and others you've sinned—and you're paying for the damages of your

sin as an expression of your repentance.

But the Priests were not repenting; They were rebranding.

My friend, are you covering up your sin with good deeds?

Don't. First things first. Come before God. Cry out to Him. Lay bare your soul. Confess your sin. Repent. And then do good deeds as restitution.

Get up. Say this with me:

***I'm getting up!  
I'm returning to the Lord!***



This is the third way people deal with guilt...

Pilate was the Roman Governor of Judea.

A pretty important fellow. Now notice how this big shot handles guilt.

*“Now Jesus was standing before Pilate, the Roman governor. ‘Are you the king of the Jews?’ the governor asked him. Jesus replied, ‘You have said it.’”*<sup>12</sup> But when

*the leading priests and the elders made their accusations against him, Jesus remained silent.*<sup>13</sup> *‘Don’t you hear all these charges they are bringing against you?’ Pilate demanded.*<sup>14</sup> *But Jesus made no response to any of the charges, much to the governor’s surprise.* (v.11-13)

And then something unexpected happens:

*“Just then, as Pilate was sitting on the judgment seat, his wife sent him this message: ‘Leave that innocent man alone. I suffered through a terrible nightmare about him last night.’”* (v.19)

In the entire Gospel, the only other time God spoke through dreams was through Joseph, the foster father of Jesus. So this was huge.

<sup>20</sup>*Meanwhile, the leading priests and the elders persuaded the crowd to ask for Barabbas to be released and for Jesus to be put to death.*<sup>21</sup> *So, the governor asked again, “Which of these two do you want me to release to you?”*

*The crowd shouted back, “Barabbas!”*

<sup>22</sup>*Pilate responded, “Then what should I do with Jesus who is called the Messiah?” They shouted back, “Crucify him!”*

<sup>23</sup>*“Why?” Pilate demanded. “What crime has he committed?” But the mob roared even louder, “Crucify him!”*

<sup>24</sup>*Pilate saw that he wasn’t getting anywhere and that a riot was developing.*

*So, he sent for a bowl of water and washed his hands before the crowd, saying,*

***“I am innocent of this man’s blood. The responsibility is yours!”*** (v.20-24, emphasis mine). Pilate knew he was condemning an innocent man to die.

His wife knew it too. But he went ahead anyway. How? By playing the blame game. He blamed the priests and the mob around him.

You know history will judge Pilate as this man who lacked the backbone to stand up for what was right. He knew in his heart that this Jesus guy, the guy that everybody was saying was a menace to society. He knew that Jesus was no harm. You want proof? Verse 13: *Jesus made no reply. Not even a single charge to the amazement of the governor.*

My goodness. Pilate was amazed at this guy Jesus – that He wasn’t responding.







And you know, if anything, what we are going to learn from this is that everybody was judging Jesus. But Jesus was silent. He was patient. Jesus was not responding. Pilate knew exactly that Jesus was harmless. But how come Pilate still didn't do the right thing? He still did the wrong thing.

You know why?

Here's my very humble theory: It's because he listened to the wrong voice. He started listening to the crowd, and I'm telling you this, my friend: When you listen to the wrong voices you make up the wrong choices. If you listen to the crowd more than you

listen to your conscience, you hear the crowd speaking and sometimes, when your conviction is still very shallow, you know what's going to happen? You'll be bullied by the opinion of others and eventually you'll take their own conviction into your heart.

And that's exactly what happened to Pilate.

### **What Is Integrity?**



This is where integrity really matters. Everybody say, *Integrity*. You want to know what integrity is? This is my simple definition: Integrity is being able to stand in a crowd screaming for brutality, screaming for blood, and you're the only one being for mercy. That's integrity. Integrity is being able to say no to what everybody else is doing that you know deep in your heart is not a good thing even if it means that you're standing alone. Even if it means that you're part of the minority. Even if it means that you will be persecuted. Even if it means that you get singled out.

That's what integrity is.

Somebody say this with me: *We need integrity*.

But instead of showing integrity, what did Pilate do?

The Bible says that *Pilate started to wash his hands*. And by washing his hands, he was preaching a message, saying: "Anything that you do from this moment on, it's not on me. Guess what: It's on you."

Pilate was putting the blame on everybody. And I am telling you, the moment you do something wrong, when you sin, and when you start washing your hands, that's the message that you preach: You start putting the blame on everybody else -- except yourself.


I remember a friend of mine came up to me years ago and shocked me with the truth that he was going to separate from his wife of 15 years-- and they have a couple of kids. And I thought they had a great marriage... And what shocked me was that, he revealed to me that the reason they were separating was there was infidelity in the relationship. And what shocked me the most was the one who committed the infidelity was my friend. For some reason, he found many excuses to blame his infidelity on the wife, on the other party.

He said, "You know, she doesn't talk to me anymore. She nags me every day. We don't connect like we used to. That's why I became attracted to other women."

Married people, listen to me. That is the worst excuse you can give if you're in a marriage. Because, you see, when you know you've done something bad, when you've sinned, guess what: It's not on anybody else. It's on you. There comes a point in your life where you need to stop washing your hands, like Pilate did, and start to owning up to your sins. You humble yourself before your God, and then you receive His mercy. You receive His forgiveness. And if need be, you give that forgiveness to others. Stop blaming people. That's the third way...

#### 4. Mob Justify Themselves

Here's the fourth way of how we respond to guilt -- and it's good. When we feel guilty, you know what we do? We justify ourselves. We justify the sin. That's what the Mob did. I'm going to read it to you in Verse 25. It says:



Mt 27:25-26 NLT

\*And all the people yelled back, 'We will take responsibility for his death—we and our children!' So Pilate released Barabbas to them. He ordered Jesus flogged with a lead-tipped whip, then turned him over to the Roman soldiers to be crucified.

I want to give you a little interesting trivia that I learned from Bro. Bo a few days ago. Many think that the people who welcomed Jesus that day were the same people who crucified Him the next day. But actually, they were two different sets of people.

Bible scholars and experts believe that the first crowd who welcomed Jesus with the palm leaves were Galilean pilgrims visiting Jerusalem that day. But the people who persecuted Jesus in the courtyard and crucified Him on Mount Calvary-- you know who they were?

Check this out: They were hired by the religious leaders. They were recruited. They were the “trolls” of the religious leaders.

You know what Matthew called them? He called them a mob. M-O-B. Because by nature, a mob will never think for themselves. A mob will only follow what the majority is doing. If you're part of the Mob, you know what you're doing? You're only following, and mimicking, copying what the rest are doing.

And this is how they justified it. In Verse 25, it says:

*And all the people yelled back, “We will take responsibility for his death— we and our children.—Matthew 27:25 NL*

It's one thing to own up to the death of somebody. But to actually involve your children in the process? That's a whole different level of evil, right? To say that this thing that I'm doing -- persecuting this guy—it's for me and my children. That means they were doing it for the common good. Have you ever heard that term they used when they say, *It's for the common good?* Usually, here's the irony: it's usually for the majority-- but not for the minority. Whenever you say it's for the common good, it's usually for the majority.



History has known this too well. This is the reason 6 million Jews were exterminated—because one man said it was for the common good of NAZI Germany. This is the reason 40 to 70 million farmers were massacred one day. Why? Because one man said it was for the common good of China. It's for the common good of many-- then it's not for the common good of the few. It excludes the minority in the process.

And that's exactly what they were doing here. They were excluding everybody for the common good.

But how did they justify it? Because they said this is for the children: “We will take responsibility-- we and our children.”

## Who Crucified Jesus?

We're going to close. I just want to say something-- to part with this thought:

That life is life.

None of us has the power, the authority, to say who gets to live, who gets to die. That belongs to God. God is our Judge. None of us has that power.

But you know, in the end, what happened? They still crucified Jesus.

Who crucified Jesus? The priests? Yes? The religious leaders? Yes? The Romans. Yes?

Actually, we all did.


You and I included.


And you say, "But Bro. Audie, I wasn't born 2,000 years ago. I was born in 1984.

Yes, you weren't born in 2000, but hey, sometimes, you know, your attitude in life, it's still stuck in the past.

Let me preach this to you: You and I still crucify Jesus. In Verse 40, it says:



	<p>Mt 25:42-43 NLT</p> <p>For I was hungry and you didn't feed me. I was thirsty, and you didn't give me a drink. <sup>43</sup> I was a stranger, and you didn't invite me into your home. I was naked, and you didn't give me clothing. I was sick and in prison, and you didn't visit me.'</p>
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	<p>Mt 25:45 NLT</p> <p>I tell you the truth, when you refused to help the least of these my brothers and sisters, you were refusing to help me.'</p>
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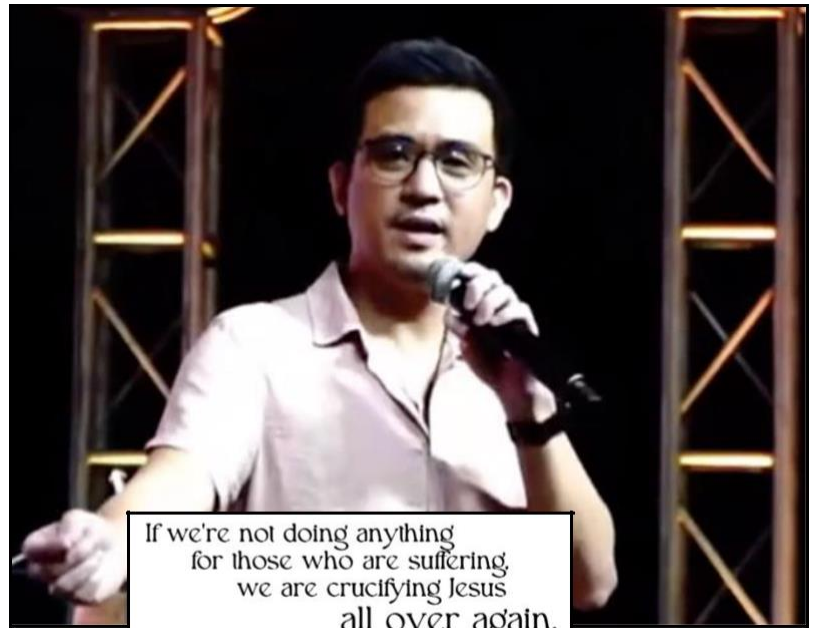


Jesus now gives us this new definition of what it means to be good for all of us. You know, being good means you don't cheat, you don't lie, you don't covet, you don't murder, you don't steal, you obey your parents. That's what it means to be good, right? But now, Jesus is introducing this new idea of what it means to be good. To be good also means to serve those who are suffering.

So, here's the truth: If I am not doing anything to serve the needy, to serve the hungry, to serve the home for the abandoned, to serve those who are persecuted and who are hopeless-- you know what I am doing?

I am crucifying Jesus again and again. It's hard to always do the right thing. It's hard to say the right words. It's hard to act right.

Sometimes, it feels impossible to do that, right? But it only feels impossible if we're not operating in Grace. See, Grace enables you to do things that you normally would not do, those not humanly possible to do. Grace will give you the strength, the energy, the hope, the faith for you to do the thing that God asks you to do.



### Grace Makes Ways

And I want to preach this to you loud and clear: That guilt that you're carrying right now, that's the enemy of Grace.

Remember Adam and Eve who bit the forbidden fruit? The moment they bit that fruit, what happened? They started hiding from God, running from God. Why? Because of their guilt, their shame that made them to run away from that Grace. But this is what the enemy wants you to believe: That you always you'll always be broken. That you'll always be against. That you'll always be forsaken The enemy wants you to believe that.



But what the enemy doesn't know is that God's Grace is greater than your guilt. What the enemy doesn't know is that you are broken-- but you are not beyond repair. You might be bruised right now-- but you are not beaten. You might be a wreck in your heart and in your soul but you have been redeemed by the Blood of the Lamb that was slain to raise you up to life. You are what I call a broken vessel. Say that loud: "*I'm a broken vessel. I might be broken but I am a vessel. I am a container. I am a jar. I'm an instrument of God.*"

So, let me wrap this up.

Because we know we have sinned, let me give you four Don'ts:

- Don't be your own Judge and Executioner;
- Don't cover up;
- Don't blame;
- Don't justify.

In the end, there is only one effective way to deal with guilt.

Get up and return to the Lord.

Jesus is waiting for you.

He is ready to change your life.



You're a wounded healer. In the presence of Jesus right now, I want you to bow as we worship the Lord. I want you to think of that guilt you're carrying...just lay your guilt at the foot of Jesus and just say it in your heart: "Lord, my guilt is in Your hands... I don't need it anymore. You died on the Cross to redeem me and to save me so that I can surrender my life to you. And so, I give you my guilt right now. The bag that I'm carrying, it's yours. You're strong enough to hold it. You're mighty enough to handle it. So, it's yours, Jesus. Jesus, I'm wounded, but I am saved. I'm broken but I'm completely and perfectly loved. In Jesus' Name. Amen.



# MERCY MINISTRY

## HIS MERCY NEVER CEASES!

*The steadfast love of the Lord never ceases  
his mercies never come to an end; they  
are new every morning;  
great is your faithfulness, Oh Lord!*

--Lamentations 3:22-23

English Standard Version (ESV)

THE Coronavirus Disease Pandemic might have put on hold just about every event or activity worldwide. But not Mercy.

Our Anawim Home for Abandoned Elderly can well prove this. To protect our lolos and lolas, Anawim has limited if not totally prevented visitors to come to the Anawim complex in Montalban, Rizal

But still, generous supporters have found ways to bring their donations to Anawim. Observing Quarantine protocols like wearing masks, here are some of the recent visitors with their gifts for our lolos and lolas.



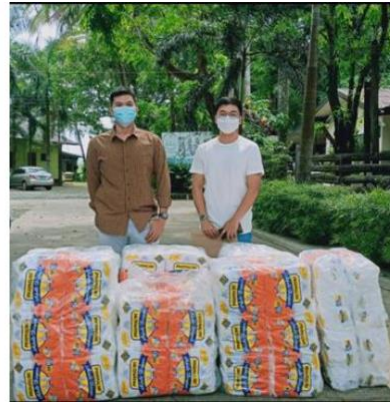
Thank you,  
Del Monte Philippines!



Thank you,  
Marian  
Loreyn J.  
Belino!

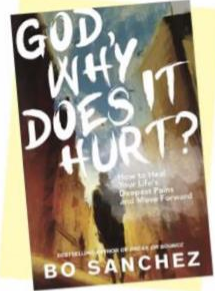


Thank you,  
Mayeth  
Pangan!



Thank you, Jurgen Vega!

A promotional graphic for a book sale. At the top, it says "GIVE BACK BIRTHDAY TREAT!" in large white letters on a red background. In the center is a portrait of a smiling man, Bo Sanchez. To his left is the book cover for "GOD, WHY DOES IT HURT?" and to his right is the book cover for "YOUR PAST DOES NOT DEFINE YOUR FUTURE". Below the portrait is a yellow banner that reads: "Your purchase of Bo Sanchez books will go a long way in supporting the 70 lolos and lolas of Anawim Foundation." Below that is a smaller banner: "Promo Period: July 10-16". At the bottom, there is a birthday cake with candles and a "HAPPY BDAY" sign. The text "HOW TO FIND YOUR One True Love" is also visible.



Thank you, all those who celebrated with us the birthday of Bro. Bo Sanchez on July 11, 2021, by supporting the *Give-Back Birthday*

*Sale* of his best-selling books from July 10-16, 2021.

A portion of the profit he donated to Anawim: --1 book = P20-donation.

Thank you, Bro. Bo! Happy Birthday!



Thank you,  
SM Store San Mateo!

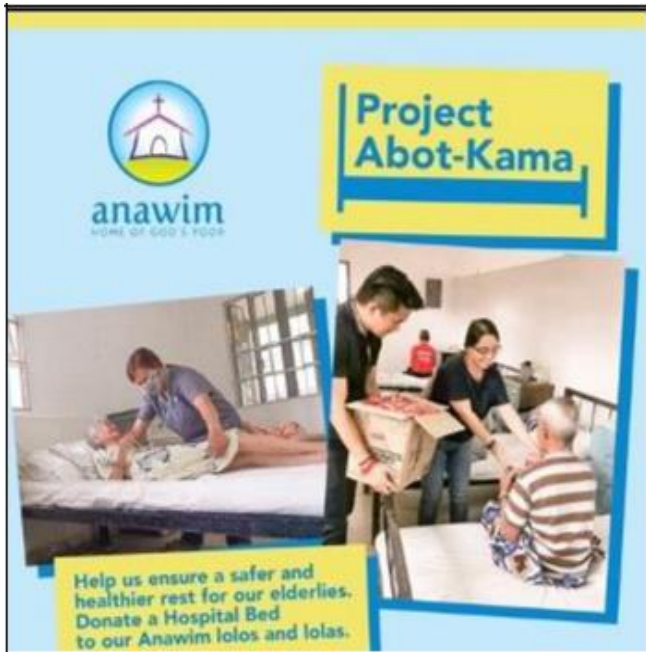




Thank you, Corazon  
Tierro Javier Foundation  
c/o Andok’s Litson Corp.  
for your monthly  
donation of a sack of rice.



Thank you, Gemma N. Tolentino!



Thank you, all our  
Project Abot-Kama donors!  
During our Feast Mercy Ministries  
Thanksgiving Gathering online,  
Bro. Hermie Morelos, chairman  
of our Mercy Ministries, gave an  
update on the Project About-Kama  
which Anawim mounted to meet the  
requirement of the Department  
of Social Welfare and Development  
(DSWD) to provide not just ordinary beds  
but the more comfortable  
and medically functional hospital beds.

“So, we launched Project Abot-Kama. And we now have 90  
hospital beds for our lolos and lolas,” Bro. Hermie announced.





Thank you, Maymay Entrata for celebrating your 5<sup>th</sup> Year Anniversary with gifts to our lolos and lolas. Happy Anniversary!



Thank you, Narciso Cuevas and family!



Thank you, Hortaleza Foundation!



Thank you, Ribbonettes PH, c/o Mae Flores!



Thank you, Sir Gerald Mata and family!



Thank you, Image Solution!



Thank you, Cha Lopez!





Thank you, Reckitt Benckiser Healthcare (Philippines), Inc.



Thank you, all those who supported our Diaper Drive!

Anawim spends most on food, medical expenses, and diapers for our lolos and lolas. For diapers alone, we spend an average P120,700 per month.

So, during the Feast Mercy Ministries Thanksgiving Gathering online, Bro. Hermie also appealed for support for our recently-launched Diaper Drive.

If you feel the Lord is touching you

to support this campaign, kindly go to <https://bit.ly/FMMDiaperDriveCampaign>. Or to donate actual diapers, please send a message to the Feast Mercy Ministries Facebook page.



Thank you, Angel Y. Tan Foundation Thank you, Kenneth Baluyot c/o Vilma Aranza!



Thank you, *Battle of Champions*, the first ever singing contest for a cause featuring Jan Silan (*extreme left*) who chose Anawim as his beneficiary, and Velden Lim who chose Jeremiah 33 Foundation for abused girls as his beneficiary during the *Battle* show.



Thank you, Makati Medical Center for conducting online healthcare outreach video —connected to the television— for better viewing by our lolos and lolas. Plus, yummy food for them!

Thank you, Angelica Borilla of Holy Cross Parish and company!



For details: Email [mercyministries@feast.ph](mailto:mercyministries@feast.ph)  
 Website: [www.feastmercyministries.com](http://www.feastmercyministries.com)





## BLESSINGS

### *This Is God's Story*



HONEST, to say it mildly, I was like an introvert. I didn't want talking to people, much less sharing details about my personal life.

Like discussing my ministry.

But now, I am sharing details about my service as a volunteer in Anawim.

Why?

**By ROGEM M. LAGUSAN**

Here is my story... Oops, correction: This is, in truth, God's story. My ministry has been a blessing that has multiplied into blessings after blessings—only God can give.

So, I write not about me, but about God's amazing ways to reach out to those who need Him most.

#### **A Blessing**

I come from Sitio Manolita, Barangay Payao, Binalbagan, Negros Occidental where I was born on May 28, 1985—yes, 36 summers ago.

I studied at the elementary school of Buenavista West Central, high school at St. James/ Guinabsan National, and college at the University of Rizal, earning two degrees-- Diploma of Agricultural Technology/Bachelor of Agricultural Technology and Master of Business Administration degrees On January 5, 2015, I happily got married, to Mary Joy Federezo.

I am a Born-Again Christian, blessed to be the founder of the Tabang Outreach.

I started the ministry in May 2008, named it *Tabang*, which is Cebuano word for *help*. My goal is simply to help, provide for those in need, make them joyful, happy, smile.

*At right*, here I am with a team on our way to serve Dumagats in San Raphael, Rodriguez, Rizal.



## On to Anawim

After graduation, I started working as a regional senior sales staff at Bridge Distribution Inc.

Although busy with my job, I felt something missing in my life. I prayed that God would give me the right direction. And He brought me to Anawim.

For my Agriculture course in college, a requirement before graduation was to make a feasibility study. I made a study on rice, our staple food, in Rodriguez (formerly Montalban) where my school, the University of Rizal, is located.

After graduation, curious about the community, I went back to the place and there I saw a classmate, Tere. We chatted and I found out she serves as cook in Anawim.

And I also found out that Anawim was just right next to the place where we were.

My friend talked about her ministry. Impressed and inspired, I eventually volunteered to serve in Anawim through the Tabang Outreach.

## Fulfilled Promises

There are two major projects that I cherish most as they impressed upon me that God truly fulfills His promises.

**First**, our #MonthlyFruitFeeding.

Early on, we asked what's the elderly's special request. They said fruits! So, we mounted

#MonthlyFruitFeeding for our lolos and lolas. And to this day, I will never forget how they brightened up with smiles when they saw the fruits-- sliced apples, oranges, bananas, grapes—and chuckled as they munched them with gusto.

What's heartwarming is they even share the fruits with us. They suffer lack, yet they are quick to love.

So, look: the happiest is our Tabang team as we prepare the fruits for our lolos and lolas!





**Second**, our #AnawimDrinkingWaterProject. Anawim, located far from the urban area, doesn't have a regular supply of safe drinking water. So, we supply our lolos and lolas mineral water which we buy from a convenience store downtown.

*At left*, that's my eldest son Carl Matthew who saved his school allowances to buy his own contribution of purified water for our lolos and lolas.

After a year or so, the store owner, Ate Jasmin, finding out that we donate the water to Anawim, told me we don't have to pay for the water anymore.

Yes, by God's grace, we already get the water for free! We just pay a fee directly to the delivery man for his service.

Ate Jasmin said she and her husband had been inspired by our ministry.

She explained, "We're so impressed by what you do. You come from Blumentrit (in Manila) and you go all the way to Anawim (in Montalban) to give the lolos and lolas clean, safe water."

But you know, God cannot be out-given, right?

Ate Jasmin shared that early on, her husband applied for a job abroad. And he got the job-- six months after they started giving free water to our elderly!

And for good measure, God added more blessings to them. Their convenience store now has three more branches!

So, I told Ate Jasmin, "We just have to share our blessings so that more and more of God's blessings will continue to pour on us."

For indeed, He is God who fulfills His promises such as this one: *Give, and you will receive. Your gift will return to you in full.*-- Luke 6:38 NLT

### **Blessings Multiplied**

And God would fulfill His promise again and again.

**First**, healing for my family.

1. Our second child suffered abnormal blood cells. We prayed for her healing, and just like that, her blood cells are now back to normal.

2. Doctors diagnosed that my wife Mary Joy had a tumor in her uterus, and it was not possible for her to have a baby girl.

But on September 25, 2020, she gave birth to our daughter!



**Second**, a house!

A friend found out we still didn't have a house of our own. And, seeing that we serve in Tabang Outreach, he blessed us with a sort of "payback" for our ministry. He had a concrete house built for us!

**Third**, this one is not for me, but for a couple serving with us in Anawim. The couple prayed for a child, and we asked our elderly such as Lola Kathy and Lola Lourdes to pray for the couple as well. The couple now has a baby!

**Fourth**, blessings for our Tabang Outreach:

1. A member, who had cancer, now no longer has cancerous cells;
2. We don't run out of volunteers for our projects. Always, the Lord sends us the co-servants we so need in our mission;
3. The volunteers not only serve. They donate cash to fund our operations;
4. God inspires donors to help us with our mission expenses.

**Fifth**, and priceless: Simply the joy of being with the lolos and lolas. For instance, fun moments in the kitchen, where we receive free food!



### **According to His Purpose**

As I said at the start of this article, I really am not up to be talking about my life.

Confession: I actually shied away from giving to charity, much less serving in a Mercy ministry.

But, as I said, this is not my story. It is, clearly, about God's amazing ways—how He changed my life, how He changed me so He could use me as an instrument to reach out to His *anawim*.

And humbly, I am beyond grateful to this calling which fulfills another of God's promise in Romans 8:28: *And we know that all things work together for good to those who love God, to those who are the called according to His purpose.*

Not to us, but to God alone be the glory!

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*It's your turn! Share your blessings and be a blessing to others to glorify God.  
Email now your story to [library2819@gmail.com](mailto:library2819@gmail.com).*





## Thank You!

**The Feast Family**, now organized as the **Feast Mercy Ministries**, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez, earlier named as Kerygma Family, a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Family. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

### **FOR EXISTING DONORS:**

Thank you for the Love. Your monthly donation helps us continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: [jocelyn@kerygmfamily.com](mailto:jocelyn@kerygmfamily.com)

Website: <https://kerygmfamily.com>

Telephone Numbers: 8725-9999/ Fax 725-1230

# Our Partner Beneficiaries

Email Address: [mercyministries@feast.ph](mailto:mercyministries@feast.ph) Website: [www.feastmercyministries.com](http://www.feastmercyministries.com)

Jeremiah 33 Foundation is a shelter for girls particularly victims of sexual abuse.



Grace To Be Born is a halfway home for pregnant women in crisis.



He Cares Mission provides shelter for street children.

Pag-asa ng Pamilya Foundation gives scholarships to poor students.



Jesus Christ Cares for Cancer provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8–10 years.



The Light of Jesus Disaster Recovery Ministry provides evacuation assistance, relief goods, financial aid, and other needs of calamity victims.

LIGHT OF JESUS FAMILY  
DISASTER RECOVERY MINISTRY

The Light of Jesus Prison Ministry brings Jesus to the Correctional Institution for Women to give the women hope for a new life of dignity.



Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

# CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to [www.kerygmfamily.com](http://www.kerygmfamily.com) and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office  
(Metro Manila Only) Cash or Checks Address Checks to Shepherds Voice Radio and Television Foundation and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office  
For US and CANADA: Address Checks to Kerygma Family,  
848 Rainbow Blvd # 1937, Las Vegas, NV 89107  
For Other Countries/Philippines: Address Check to Shepherd's  
Voice Radio and Television Foundation and mail (registered mail) to Shepherds  
Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherds Voice Account in any branch of these banks:  
Account name: Shepherd's Voice Radio and Television Foundation  
BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch  
Banco de Oro Savings Account no: 3970019804 General Araneta, Cubao Branch  
Banco de Oro - Savings Account no. 160506123 SM Cubao Branch  
PNB - Current Account no. 371157500015 SSS branch Metrobank-  
Savings Account no. 265-3-26509112-2 e Rodriguez Branch Allied  
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Note: Text, Fax or email to us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at [support@kerygmfamily.com](mailto:support@kerygmfamily.com) or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.



**FAMILY  
ONLINE  
NEWSMAGAZINE**

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***Go and make disciples of all men.***

— Matthew 28:19