



## SPECIAL REPORT December 4, 2022



ON the third day after His death on the Cross, as He promised, our Lord Jesus rose from the dead. Matthew 28:1-20 recounts:  
*<sup>m</sup>Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and <sup>n</sup>the other Mary went to see the tomb. <sup>2</sup> And behold, there was a great earthquake, for <sup>o</sup>an angel of the Lord descended from heaven and came and rolled back the stone and sat on it...*

*Then Jesus said to them, “Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.”*

On a mountain in Galilee, Jesus came and said to the apostles:  
*“All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations...”*

Our Light of Jesus Family, led by Bro. Bo Sanchez, has embraced this Great Commission as our core mission and we endeavor to fulfill this calling mainly by establishing prayer meetings called The Feast, and Media ministries, starting with the inspirational magazine, called *Kerygma*, a Greek word meaning to *proclaim*, the term eventually meaning the Church’s teaching about Jesus.

To further fulfill our mission, Bro. Bo held the annual Kerygma Conference, an inspirational learning event with plenary sessions and classes teaching practical ways of living our Christian faith.

With the widespread Feast gatherings, Kerygma Conference is now known as the FEAST CONFERENCE.

## DAY 1 NOVEMBER 18, 2022

FEASTCON 2022 centers on the theme *Greater Than*, based on John 1:45-50:

Philip, one of the apostles, saw Jesus. And he told another apostle, Nathanael: *“45 We have found the very person Moses[a] and the prophets wrote about! His name is Jesus, the son of Joseph from Nazareth.”*

*46 “Nazareth!” exclaimed Nathanael. “Can anything good come from Nazareth?” “Come and see for yourself,” Philip replied. 47 As they approached, Jesus said, “Now here is a genuine son of Israel—a man of complete integrity.” 48 “How do you know about me?” Nathanael asked.*

*Jesus replied, “I could see you under the fig tree before Philip found you.” 49 Then Nathanael exclaimed, “Rabbi, you are the Son of God—the King of Israel!” 50 Jesus asked him, “Do you believe this just because I told you I had seen you under the fig tree?*

***You will see greater things than this.”***

— John 1:45-50

**BO SANCHEZ:** My friend, in this year’s Feast Conference, God is telling you this message: Greater things are coming into your life because the Greatest— God himself— is already in your life.



# HOLY MASS

Fr. BOB McConaghy, presiding



**WORSHIP!**



# The Fun Begins



Hosts Velden Lim, Marianne Mencias, and Jan Silan begin the fun with Word game.

And the winners are...





## PLENARY TALK

### REX MENDOZA

Chief Executive Officer,  
Entrepreneur, Independent  
Director, Investment Advisor,  
and Best-Selling Author:

*You can make many plans, but  
the Lord's purpose will prevail.*  
—Proverbs 19:21

I have accepted Jesus'  
purpose for me: I empower  
people in business leadership  
and entrepreneurship...

Do you know your purpose?  
What you are meant to do?

Goals are short-term. Purpose  
gives a better meaning to goals...

I'm in my element because I'm in my purpose...

Purpose is a cross between the science of achievement merged with the art  
of fulfillment... Find the overlap... Find your purpose...

We will always behave according to our purpose...

*2 Consider it pure joy, my brothers and sisters, whenever you face trials of many  
kinds, 3 because you know that the testing of your faith produces perseverance  
4 Let perseverance finish its work so that you may be mature. And complete,  
not lacking anything.*—James 1: 2-4

Purpose leads to experiences that will light up your soul.





## CLASSES

### *How To Go Spiritually Deeper*

**FR. DAVE CONCEPCION**

Parish Priest, Sto, Niño de Paz Mission Station, Greenbelt



You discipline yourself for a higher purpose... If you want to grow spiritually, you need to embrace discipline. You need to say no to sin.

Good health is not something that happens to you. You make it a commitment for it to happen... Commitment is becoming what you ought to be, not what you want to be.

You must be humble enough to ask yourself what have you become, and what others have become because of you.

### *Second Chance in Love: A Catholic Discussion on Annulment*

**FR. BOB McCONAGHY**

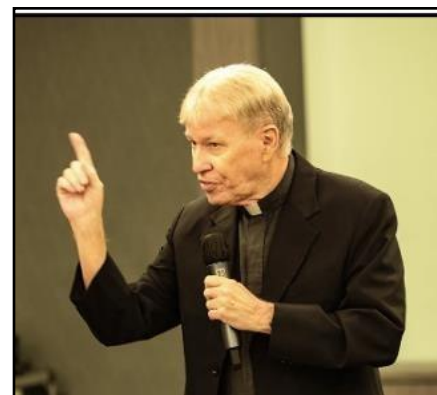
Spiritual Director, Feast Bay Area

How does Jesus show his love? Sacrificially.

An intention of not having children (in marriage) invalidated the Sacrament.

No one has to get married because they are being forced.

*Maybe he/she will change.* No. The person that you're with, he/she will be going to be like that in marriage.



### *How To Boost Your Financial Confidence*

**EDWARD LEE**

Founder, COL Financial



Financially, you need to manage your risk—how much money you're allocating to your investment. You need to know the numbers. 10-20% is only encouraged in investing... It's all about execution. Thinking without action is useless. Invest in companies you understand

“We believe that all Filipinos could be rich. Let money work for you. Continue saving and helping.

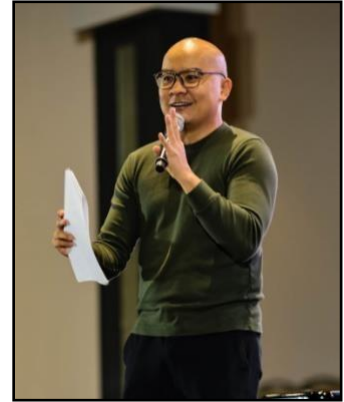
## ***Making Sure Your Children Know Good Moral Values*** **RICA and JOSEPH BONIFACIO**

Content Creators

As parents, we need to be students of our children.

Find more ways to be together as a family... *May mga moments na no device, pero dapat pati parents, no device.*

—Joseph



There are a lot of ways to discipline your child—a gentler method.

If you really want the relationship (with your children) to stay, we need to research the things they're interested in.

The more responsible you are; the more freedom you have.

*Isa sa nakakasecure sa anak natin is (them) seeing their parents happy with each other.* —Rica

## ***Real Talk: The Challenge of Discipleship and How To Overcome It***

**NIKO CAPUCION**

Youth Director, Light of Jesus Mega Manila

Discipleship is a reckless kind of love. *Mukha kang tanga kapag tinitingnan ka ng mga tao pero kayo lang ni Lord and nagkakaintindihan diyan.*

We're trying to do a Christian relationship, not personal development.

Is the healing coming from the love of God or is it self-approach?

Basic discipleship is helping someone come close to Jesus.

The goal is wholeness, communion, healing, through the love of the Lord. God loves indiscriminately. Mindset is different from spiritual warfare.





## *Navigating Your Way Through Workplace Politics*

### **JON ESCOTO**

District Builder of Feast Laguna, CEO of LeadLife Inc.

Never fight with your boss. Be patient... Don't strike back unless you're ready for the consequence. Hold your emotions in check.

Be assertive but not aggressive... Self-awareness is important. Be humble.

Organizations are dynamic... Always study people.

Integrity is your shield. Don't lose it.

You don't have to protect your reputation.

Just guard your identity.

Be kind. Be wise. Be clean.



## *Raising Children in a Post-Pandemic World*

### **BO SANCHEZ**

Founder, Light of Jesus Family, The Feast  
Catholic Filipino Academy



Anak, listen to the Lord.

The children are not opening up to the parents because the parents don't open up.

You need to be present in their life not just physically but also emotionally.

Every meal must be a celebration.

I need to talk about what he's interested in... Get into their world, learn, and appreciate.

Big message to your children: I value what you value.

Raise your kids in a village--don't do it alone.

Values are not taught; they are caught... Be patient.

## *Help! My Job Is Driving Me Crazy: Eliminating Stress and Anxiety Caused by Your Work*

### **DIDOY LUBATON**

Feast Builder, Medical Doctor

In God's plan, we are co-laborers.

You can do good work. Go out there!

God is still good, and I'm still good.



***Different Strokes, Different Folks: Leading and Motivating People with Varying Personalities***

**AUDEE VILLARAZA and MIKE YBIERNAS**

Feast Builders

Supervision is very important in a diverse work culture.

It's difficult to love people-- pray for love. We pray that you pour down your love on your sons and daughters.

Before you give the message, give them a meal—you build a relationship first... Get to know them the way Jesus walked with the disciples.—Audee



To motivate yourself, ask what you are really good at... Acknowledge that you are gifted, you are skilled—so you can bless others. Accept who God made you to be.

Either in corporate or in ministry, ang panghuhugutan nating lahat is always to love.

There's always goodness in everyone, just like Judas.” —Mike

***How To Serve the Least, the Last, and the Lost***

**RISSA SINGSON-KAWPENG, FR. WILFREDO SAMSON, SJ, CHRISTIAN and MAVES ANGELES, JAYSON VERGARA**

Ministry Leaders



God made this-- I'm just a vessel. —Jason  
What makes me rich is not money. What makes me rich is I'm doing the will of God and God is with me.

Real connection will always allow you to embrace the mission... We are supposed to be love-oriented and not result-oriented...

Love, love, love even without a result.  
There are no miracles in your comfort zone.

—Fr. Willie



I believe in God's divine appointment. –Rissa



In whatever circumstances, we serve. There should be no boundaries in whatever our hearts want to give to others.



In any situation where you are right now, *kung anuman pinagdadaanan mo*, we believe there's something you can give." –Christian

### ***When Sin Seems Greater Than Faith***

**FR. FRANCIS ALVAREZ, SJ**

Chair, ADMU Department of Catholic Education  
Philosophy and Practice

I know something that can separate us from the love of God. We can separate ourselves from God's love.

God makes Himself powerless in the face of our freedom.

God needs you to cooperate with Him.



### ***Lead Like Jesus: How To Lead the Christian Way in a Success-Driven World***

**ALVIN BARCELONA**

District Builder, Feast Bay Area



Leaders like Jesus are caring servants.

Show them (your people) a bigger vision so that they can go to a bigger mission.

Learn how to train and trust and then learn how to turn over.

Miracles will happen, but you have to act. Leaders act more because leaders care more.



## ***How Investments Can Make You Win Markets and in Life***

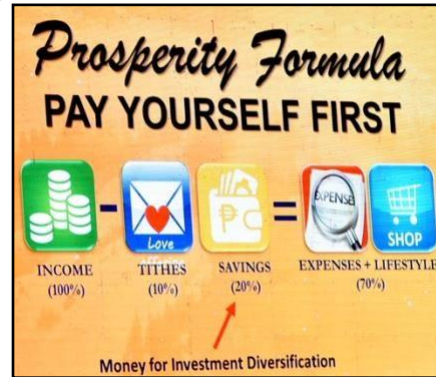
**NOEL ARONDILLA and JOEN DE LOS PEÑAS**

Founders, International Marketing Group

*Kung ang income mo ay kasya kasya lang, hindi yun kasya* because emergencies are unpredictable. –Noel



The biggest enemy of investment is risk. –Joel



### **DIVERSIFICATION**

Risk is spread out over a large number of industries and asset categories to help minimize loss.

A diversified investment portfolio that contains a number of different types of investments tends to have a lower level of risk than a portfolio with more similar types of investments.

## ***How Contentment Builds Lasting Happiness***

**FR. JBOY GONZALES, SJ**

Director, Ignatian Spirituality Formation

Faith life has to be experienced and palpable... Contentment is the peaceful acceptance of the present.

By being contented you suddenly feel inner peace. Contentment is a return to the embrace of God. Being contented means this God alone suffices.



## *Tools To Help Deal with Relationship Burnout*

**DR. MICHELE ALIGNAY, Ph.D.**

Medical Doctor, Director of Light of Jesus Pastoral Care Center



*Kaya minsan*, you have to check: “Am I helping because I want them to grow and I really want to help? Or am I helping because it becomes my self-esteem—that my sense of self-worth is connected to this?”

We do what we do for our loved ones even though our loved ones can do it for themselves.

Parents tend to be over-functioning to the point that they’re not giving their children, even adult children, the backbone to live through... Sometimes it’s not serving, but disabling the other person.

That’s why we burn because we give a lot-- but do you give something for yourself?

Focus on the progress, not the perfection.

Ask yourself, “How am I feeling?” What you are feeling can actually point you to what you need, not what the other one needs... *So yung feeling mo na galit, yung feeling mo ng annoyance*, it’s actually pointing you to your inner need.

Set better boundaries. Say no.

Many of the workplace issues are actually because of family, because of your dynamics with the people that you love, with the people that you live with.

Say, “Slow down... What can I do to support myself?”

# ADORATION





# GREATEST THANK YOU TO OUR PARTNERS!



## GREATEST THANK YOU TO OUR MINISTRY SERVANTS!



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**MORE NEXT WEEK!**



## Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez, Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

### **FOR EXISTING DONORS:**

Thank you for the Love. Your monthly donation helps us continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

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Website: <https://kerygmfamily.com> Telephone Numbers: 8725-9999/

Fax 725-1230



## Our Partner Beneficiaries

**Jeremiah 33 Foundation**  
is a shelter for girls particularly victims of sexual abuse.



**Grace To Be Born** is a halfway home for pregnant women in crisis.



**He Cares Mission** provides shelter for street children.

**Pag-asa ng Pamilya Foundation** gives scholarships to poor students.



**Jesus Christ Cares for Cancer** provides financial assistance and pastoral care for indigent cancer patients.

**The Light of Jesus Pastoral Care Center** ministers to those who are emotionally and spiritually wounded.

**H.A.I.L. MARY** is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8-10 years.



**The Light of Jesus Disaster Recovery Ministry** provides evacuation assistance, relief goods, financial aid, and other needs of calamity victims.

**The Light of Jesus Prison Ministry** brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.



**Anawim Lay Missions Foundation** provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

## CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to [www.kerygmfamily.com](http://www.kerygmfamily.com) and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks  
Address Checks to Shepherds  
Voice Radio and Television Foundation and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office For US and CANADA: Address  
Checks to Kerygma Family, 848  
Rainbow Blvd # 1937, Las Vegas, NV 89107 For Other Countries/Philippines:  
Address Check to Shepherd's Voice Radio and Television Foundation and mail  
(registered mail) to Shepherds Voice, 60 Chicago St., Cubao, Quezon City,  
Philippines 1109

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherds Voice Account  
in any branch of these banks:

Account name: Shepherd's Voice Radio and Television Foundation

BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch

Banco de Qrp. Savings Account no: 3970019804 General Araneta, Cubao Branch

Banco de Qrp. - Savings Account no. 160506123 SM Cubao Branch

PNB - Current Account no. 371157500015 SSS branch

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Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch

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# **FAMILY ONLINE NEWSMAGAZINE**

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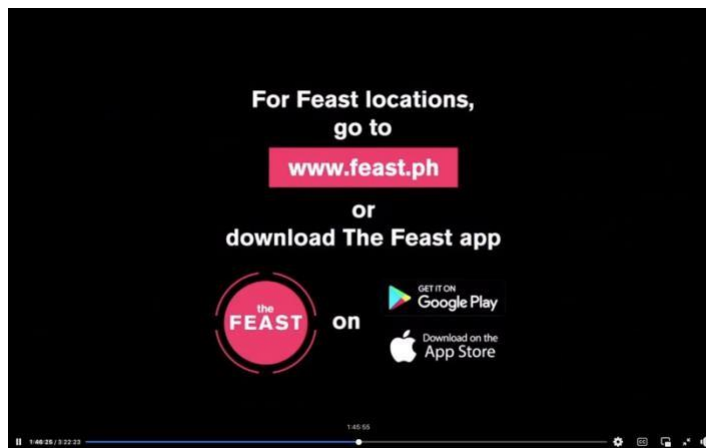
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***Go and make disciples of all men.***

— Matthew 28:19