

NEWSLETTER April 2, 2023



Wave, Wave!

YES, today, Palm Sunday, we wave, wave palms re-enacting what historical accounts describe as *Jesus Christ's triumphal entry into Jerusalem*. But we know that this day is also called *Passion Sunday* because, yes, it's the beginning of Jesus' agony and eventual crucifixion.

The Feast today goes through that sensational day and discerns the meaning of it all.

Today, our preacher is Dr. Ryan Capitulo, medical doctor specializing in obstetrics and gynecology, one of our greatest blessings as Feast builder and preacher.

Doc Ryan's title for our Palm Sunday Feast talk is *You're Welcome Here!* Yes, today, have a wave, wave Feast!

May your dreams come true

(So Sandy

Bo Sanchez

WELCOME to our PALM SUNDAY FEAST TALK:

You're Welcome Here!

You Are Welcome Here!



PALM SUNDAY ushers in the holiest week of the year. As we reflect on the triumphant entry of Jesus into Jerusalem, I'll preach the message: *You Are Welcome Here!*

The jubilation of the crowd who welcomed Jesus was in stark contrast to the disdain of the mob who demanded for His crucifixion a few days after.

While some people recognized Jesus as the much-awaited Messiah, many others were blinded by their misconceptions and hardened hearts.

They failed to see the many signs that accompanied Jesus' ministry. They missed the opportunity to welcome Jesus into their heart.

On this Palm Sunday, may we all overcome the barriers that prevent us from making Jesus as King of our life.

May our heart be prepared to commemorate Christ's passion, death, and Resurrection.

May our message today make us ready to "enter the garden" during our Holy Week Retreat on Holy Thursday and Good Friday.

A Blessed Palm Sunday and Holy Week to all of you!

Glory to God,

DR. RYAN B. CAPITULO



Wave, Wave!

LIKE our founder, Bro. Bo Sanchez, we wave, wave as we give you *The Feast Family* issue this Palm Sunday.

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In his homily last Feast Sunday, March 26, 2023, Fr. Albert Garong waved-- *away*-- what he said we might be keeping deep inside us, hiding what if people knew about it would start not liking us anymore, *page 4*.

Bro. Bo waves--in-- the Feast Talk today, introducing our Palm Sunday preacher, Dr. Ryan Capitulo, *page 1*.

Doc Ryan definitely waves today to welcome us-- where? Check out his introduction, *page 2*.



Bro. Didoy Lubaton waved, his son Hosea waved as they welcomed us to last Sunday's Feast, *pages 9-10*.

Bro. Audee Villaraza gestured the biggest wave because he preached last

Feast Sunday about two big celebrations in our Christian faith: the Sabbath Year and the Jubilee Year. *Flashback* starts on *page 16*.



And in our Mercy Ministries section, Dyan Sabalvaro waves joyfully the blessings she has received since she decided to serve in the Jesus Christ Cares for Cancer, our featured Mercy ministry this month of April, *page 35*.

Palm Sunday commemorates the day Jesus entered Jerusalem as Savior and King, the people waving palm branches to welcome Him, shouting *Hosanna!* A shout of praise, a plea for the Lord to save them.

They wave, He saves. *Hosanna!*And we know Palm Sunday leads
to Resurrection--Easter Sunday. Our Jubilee Day!
Wave, wave, *Hallelujah!*

All for God's Glory,

Randy Borromeo Media Ministry Executive Director



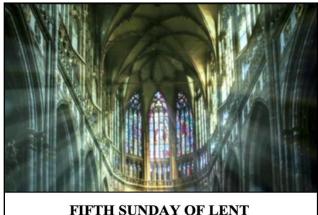






Holy Mass





FR. ALBERT GARONG

on the Gospel: John 9: 1, 6-9, 13-17, 34-38

Excerpts...

WE are already on the Fifth Sunday of Lent. Technically, it is the last Sunday because next week it will be Palm Sunday.

And you know, Lent is one continuous pilgrimage. It is one continuous journey and the message keeps on building up-- up until we go to Holy Week.

So, where are we now? What is the Lord revealing to us after five Sundays of Lent? I would like first to share a simple story.

I was invited to lead a Recollection for employees in a workplace...

I asked if there was a chance for us to include Confession—just see if some would come and lineup.

So, I was given one hour to hear Confession-- in a separate room. The line was long—people kept coming. After one and a half hours, we had to stop the session or the Recollection would not have pushed through. We just advised the people to go some other place for Confession.



Confession Concerns

What stood out for me in that encounter was that normally, when I hear Confession, people would say:

"Bless me, Father, for I have sinned. My last confession was..."

Usually, what I would hear is *a month*, *a few months*, *half a year*, or *a year*--and then every now and then,

a few would admit they had not confessed for a long time.

But for some reason, people in that workplace told me, "Father, my last confession was 10 years ago" or "...15 years ago."

And one said, "Father, I can't remember when was the last time I had my last Confession."

Whenever such is presented to me, I always ask, "Why? What changed? How come that after so long that you delayed receiving this Sacrament, why now? Why in this moment?"

And they would give various reasons:

"Father, gusto ko naman po talaga, kaso wala po akong kasama. Nahihiya po ako. --Father, I wanted to go but I had no companion. I was shy."

Or, "Father, I already forgot how to do it. Baka pagalitan ako ni Father. —The priest might reprimand me."

And so many other reasons.

But then I persist, "So, why now?"

And one day, one of them said something that has remained in my heart.

He said, "Father, kasi wala na kaming palusot. Kayo na ang lumapit sa amin.— Father, we have no more alibi. You yourself already came to us."

Because I went to their place of work. They were already there. They could no longer escape. The priest himself came to them.

And you know, in my mind I said, "No, it was not I. It was God who came you. I was just sent here."

I want to emphasize that because this Lent is all about God coming closer to us. And as He comes closer, the more blessings He is giving to us-- and also the more He is asking from us.

A Tomb in You

Do you remember the Gospel two Sundays ago? The Third Sunday of Lent.

Jesus went to the well and who did He meet? The Samaritan woman. That woman was ostracized and judged by her community because she was living an immoral life. She had five husbands-- plus the present man she was with. She was not even married to him.



So, people avoided her. They judged her and neglected her. Jesus chose to reach out to that woman and made her the one to tell Samaria the Good News. Her place of dignity was restored in her community. She was accepted again and was healed of her social affliction. The healing happened outside—the people changed their concept of her.

Last Sunday, what did we hear? A man born blind was healed by Jesus. This time, the healing was something inside-- not just inside. It was a defect that he was born with. It was not his fault. We can say that with the Samaritan woman, the fault was her own. For the blind man, he was born blind. It wasn't his fault and the healing was internal. It was his own body that got healed. So, from outside to inside.

Now, we hear Jesus opening a tomb and raising a man from death. It's also an encounter of healing and restoration. But what did Jesus bring back and how does that apply to you? Because in every single person here, you have a tomb. There's a space in your heart that is not touched by sunlight-- that is so dark and hidden that sometimes you pretend so well that it doesn't exist. You even forget that it's there. But it's there.



Reading I: Ezekiel 37:12-14

¹² So, prophesy. Say to them, "The Lord Yahweh says this: I am now going to open your graves; I shall raise you from your graves, my people, and lead you back to the soil of Israel. ¹³ And you will know that I am Yahweh, when I open your graves and raise you from your graves, my people,

and put my spirit in you, and you revive, and I resettle you on your own soil. Then you will know that I, Yahweh, have spoken and done this --declares the Lord Yahweh."

Who Must Open the Tomb?

It's different for each and every one of you-- but the Lord sees that too and He says, "I want that. That's the part I want. Yes, you've given me your career, your family life, you've surrendered to me everything else, but there's still that hidden place that you just won't open."

There's still a part of your heart that is decaying and dying-- that the Lord sees. Even if you don't want to look at it, the Lord still sees it.

And He is asking: "I've healed your relationships; I've healed parts of yourself. Now, let's finish the job and let's get *that* part healed.



It can be traumas from childhood, it can be experiences from abuse, it can be whatever it is that makes you feel that you are especially sinful. Yung mga bagay na feeling mo kapag nalaman ng ibang tao—those maladies that you think if people found out-- they will not look at you the same way. The sins you do when no one is looking, thoughts in your mind that are always there -- and you wonder, "Bakit ako ganito? —Why am I like this?"

These disturbing notions-- whatever they are-- we keep them in a tomb, we seal them off because we don't want to let them out.

But the Lord is telling us, "I also want those."



Reading II: Romans 8:8-11

⁸ and those who live by their natural inclinations can never be pleasing to God.

⁹ You, however, live not by your natural inclinations, but by the Spirit, since the Spirit of God has made a home in you. Indeed, anyone who does not have the Spirit of Christ does not belong to him. ¹⁰ But when Christ is in you, the body is dead because of sin but the spirit is alive because you have been justified; ¹¹ and if the Spirit of him who raised Jesus from the dead has

made his home in you, then he who raised Christ Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.



Time to Open the Tomb

But here's the thing: It has to be us who must roll away the stone.

Remember, in the Gospel, Jesus asked the Jews with Mary and Martha: "Take away the stone."

He could've done it Himself. He could have used His powers, His miracles to take away that stone. But the Lord asked the people to *take* away the stone-- because that's the one thing God cannot do for us.

You can't just ask God to take over everything in your life--

because you have to come with the decision to open everything.

It has to be us who must roll away the stone

Now, note that part when Martha said, "Lord, the body has been dead for four days-- it will be decaying and there will be a stench."

And that's what we're afraid of, right? The stench. We're afraid that the stench will turn people away and it will destroy us.

But Jesus persists and says, "Take away the stone."

He is telling us: "You know what? My love for you right now will be the same after you roll away the stone. How much I love you right now will be the same after you let me see that part of you."

And if you don't believe this, just jump to the climax of this journey.

Where does this Lent end?

On the Cross--that is, Jesus proving to us that He already loved us even when we were still sinners. He already died for us. That is the Lord assuring us: "I can take the stench. I can take whatever it is you're hiding there. My love for you will not move away-- even in a small amount. I will love you perfectly and constantly."



The Cross is but an appeal to our trust. Sinasabi ng Diyos sa atin: Ibigay ninyo na sa akin 'yan-- dahil kahit hindi ninyo pa ibinibigay—God is saying give to Me those that you are hiding-- because even as you had not yet given them to me, I already died for you. That is how much I love you."

So, my dear brothers and sisters, as we progress through Lent, as we move to the last two weeks, let us continue to examine ourselves. Give up as much as we can, and perhaps, those confessors who waited 10 years, 15, 20 years—those who were afraid to approach Father, anxious

that he would be offended by the stench of their sins... I hope Lent 2023 and Easter 2023 will finally be the time that the tomb of those hidden transgressions would be opened so that God can revive you fully and completely.

May God bless us all.



GOOD MORNING, Everybody!

Can you greet the people around you with a smile? And just, say,

"Good Morning!"

I want to welcome you home! This is the Feast Bay Area where you are home and you are loved.

Those people who are watching online, Good Morning! We love you and we thank you for being present with us.



May we also greet those who are attending for the first time?

If it is your first time to attend our family gathering, Welcome! Thank you for being part of us.

Welcome home, Everybody! This is our home, our Feast, and I hope that we are feasting on the Word of God. What a beautiful Mass celebration we had with Fr. Albert Garong, right?

Wait, there's so much more we can feast on!



Love Offering

DIDOY LUBATON: Guys, it's time for our giving. I encourage you to prepare your Love Offering prayer requests and thanksgiving prayers. We have been receiving your thanksgiving prayers. We have been praying for your requests, so keep on writing them on your Love Offering envelope.

And I encourage you to be generous to your Feast Family.

May I give you a Bible verse on generosity, from Proverbs 11:24:

"Give freely and become more wealthy. Be stingy and lose everything. The generous will prosper. Those who refresh others will themselves be refreshed."

I take this opportunity to thank you! Your giving, your constant presence in our Family and generosity allow a lot of people to be refreshed --every single Sunday, not counting those who are online.

We may be onstage-- we can be doing a lot of work. But we also have servants off stage. May we give a hand to all our servants, please.

Without you, dear servants-- giving your time, talent more than just your treasure--this Ministry will not be possible.

We want to say to everybody we are living a life of miracles. Yes, we do. My son, Hosea, is a miracle. My wife went through complicated pregnancy, threatened to be aborted. But Hosea is alive and kicking, and saying:



HOSEA: Hi!

DIDOY: And this is also

another miracle:

That we can bring our kids to church... since now, we are in a season again that we can go out and be together.

The Catholic Church reminds us to go to church,

attend Mass, receive the Presence of Jesus through the Holy Eucharist.

And we receive that now! Let us applaud this miracle!

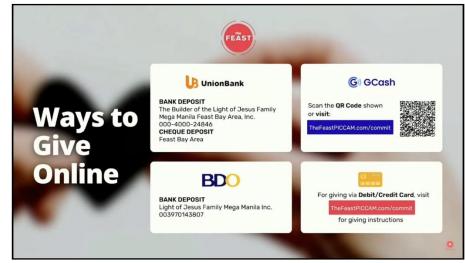
Garden Miracle

Another miracle is our upcoming Holy Week Retreat... If you haven't bought your tickets, please do so.





God prospers those who are generous. Those who refresh others will be refreshed. That is a guarantee from the Bible, from the Word of God. I've been believing in Him for more than half of my life and I've never stopped doing so. And today you have that choice to commit, to stay generous, as you already are.



Worship! EXHORTATION



Good Morning, Feast!

At this moment, we're inviting you not just to surrender -- but to *re-surrender*.

Re-surrender. Because life with Jesus and walking with God is a life of surrendering over and over again.

To the world, surrender means defeat. But in God's Kingdom, surrender means victory.

So, if you believe that, lift up your hands as we come into Worship.

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.





You Are God's Beloved

Give the Lord a big hand and love Him this day. Give a big hand to our Worship Team. Thank you so much, Guys. You're amazing.

We just prayed in our Novena to God's Love, right there in our Declaration of Abundance, we just said that we are God's Beloved. Did you hear that?

We are God's Beloved.

I meet so many people who have so much self-doubt. I mean that they do not need the Devil to criticize them – because every single day they criticize themselves. All they see in themselves is how weak they are – Oh, they made this mistake... Oh, they made that failure. ... And, "Oh, my gosh, what a terrible person I am..."



And every day, they replay these failures again and again.

My dear friends, you are in the Family of God. And you are in a group of people who celebrate that you are made in God's image and likeness. Before there was original sin, there was original innocence. You, from Day 1, you from the get-go, you're God's Beloved.

I love sharing about this: When I walk around the village where I live, there's this woman who greets me in such a wonderful way. She's an elderly lady.

Other people, they know me. You know, when they see me, they say, "Hi, Bro. Bo, magandang umaga po, good morning."

But there's one specific woman—when she sees me from afar, you know what she does? She says, "Bro. Bo-ooooo!"

I feel like a Superstar! And then she would hug me. And I love that.

Why? Because this is how God reacts when He sees you. He delights in you. He is sooo happy when He sees you. So, this is what I want you to do before I call on Audee Villaraza to give the last talk on *Leviticus*.

You Are Amazing!

I want you to greet as many people as you can—with a hug, or with that same gesture of that woman: "Hellooooo!"

And I want you to tell that person: "You are God's Beloved."

Before you do that, can you put your hand over your chest. Can you really say that with me: "I am God's Beloved."

Declare it: "I'm God's Beloved."

I want you to believe every word you say because that's the truth.

You are beautiful. You are amazing. You are phenomenal.

When God created you, He was smiling the entire time. You know, He really was!

All right, one more time: "I'm God's Beloved."

Tell somebody who does not think he is, he is God's Beloved.

God around, tell them, embrace them: "You are God's Beloved.

You are God's Beloved. You are God's Beloved."







Talk 10





AUDEE VILLARAZA:

We want to honor and give reverence to the holy, immutable, powerful Word of God.

May I invite you to lift your hands, altogether we sing:

Thy Word is a Lamp unto my feet And a Light unto my path.

We're going to break open the Word in a moment. I want you to place your hands over your chest and say this with me:

Father in Heaven, I need You.
I need You in my life. Speak over my situation, over my doubts, over my confusion, over my hopelessness. Speak, Your servant is listening. In Jesus' Name. Amen.

One more time, let's sing. Give honor to the Lord. Thy Word is a Lamp unto my fee And a Light unto my path.





Three Significant Events in a Christian's Life

We are in our final talk of *Leviticus*. To say that this book has been difficult to understand- and challenging-- is really an understatement. But you know that's really how the Holy Spirit works: that the Holy Spirit has the power to bring the message down to the level of our



understanding and make the lesson so practical. Isn't God amazing?

So, today, we are in the final stretch of studying the book of *Leviticus*-- and I've got a Word and a message for you. I want you to preach this to at least three persons beside you, and say the Good News today. Say to three persons beside you: *Jubilee is coming!*

Kids are excited: "Mama, Jollibee is coming!"

No, no. It's Jubilee. Okay.

How many of you are familiar with the word jubilee?

We had the Jubilee Year in year 2000. You remember that? The only thing I remember about the Year of the Jubilee is the Jamie Rivera. Remember that song? *It's the time of the great jubilee...*

But the Year of the Jubilee is Biblical. It's a very, very important celebration that God commands His people to do. But I know that this is probably one of the most misunderstood events. Because not many know about the Jubilee.

Let me tell you the three significant events that happen in a Christian's life:

- **1. Sabbath Day.** The Sabbath Day is the seventh day of the week. That's Sunday where you get to commune with God. You go to church. You get to receive the Holy Eucharist.
 - You go to The Feast.
- **2. Sabbath Year.** Sabbath Year refers to the seventh year. And that's also very interesting.
 - 3. Jubilee Year. It happens every seven cycles of seven years.

So, 7 x 7 is 49. But then you add one more year and we celebrate the Jubilee Year—it happens every 50 years.

But did you know this: The Catholic Church actually decreased it—made it lower. Instead of celebrating it every 50 years, we celebrate it every 25 years.

So, the next Jubilee Year will be in 2025.

Why is that? Because not everybody gets to be 100 years old. So, at least we get to celebrate the Jubilee Year every 25 years and that's amazing.

But it's Biblical. To find out about the Jubilee Year and the Sabbath Year-that's what we're going to study today.



The Sabbath Year

What God is saying is that for six years, you work. But on the seventh year, you stop from working.

Now, I'm going to show you how this applies to all of us today.



In Leviticus 25:8-11—this is now talking about **The Jubilee Year:**



Why God Called for a Sabbath Year





You know, there is this farming terminology: It's a concept where farmers would plow the land, the soil, but they would leave it



untouched. They would not plant seeds, they would not sow. They would just leave the soil untouched for a cycle. And you know, there is a scientific benefit when you do that.

When you allow the land to rest:

- **1. It increases soil fertility.** It brings the essential nutrients back to the soil—like the phosphorus, and potassium, and nitrogen. It's beautiful.
- **2.** It eradicates the buildup of pests. Usually, when the land is busy, when you've got all these crops, what happens? Pests come; insects come. So, when you allow the land to rest for a cycle, it removes the pests. They migrate to a different land.
- **3.** It increases the soil structure. To fight against wind erosion or water erosion. This is good for people who plan to start farming. And that's a good principle: letting the land rest.

But did you know you can practice the same principle when it comes to your body? They have this lab medical exam, or this test called *food sensitivity test*—where they draw your blood and they'll be able to tell what excess food you have been eating. They could find out you've been eating too much Sisig or too much chicharron. They'll just draw your blood.

Bro. Bo took the test himself and they found out he had an excess, a surplus, of peanuts in his body. He loves peanut butter. So, what did he do? For the next three months, he abstained from peanut butter.

You know it's good because when your body has too much of something, it becomes toxic. So, now your body is trying to achieve balance all over again.

Bro. Alvin also took the test. You know what he found out? He found out that he had an excess of egg in his body. So, for three months he stopped eating eggs.

Why God Called for a Sabbath Year

SECOND Debts are cancelled.

God commanded His people that on the seventh year—on the Sabbath Year—check it out: all debts must be cancelled.

This is good news for people like you and me-- you know-- who have mortgages, amortizations to pay for, we've got bills to pay, we've got credit card bills. It's good news for us.

But for people who lend money, not so very good news, right? But there is a spiritual significance and I'll tell you about it later.

THIRD Slaves are set free.

We're turning to Deuteronomy:



Leviticus 25 also says:



Friends, this is a reminder from the Lord that there is no human being who has absolute authority over another person. God designed all of us to be free. From the moment that God you and me, we are destined to be free. We're not meant to be subjugated. But there was such a thing called slavery. That's why God commanded His people to be free. On the Sabbath Year and the Jubilee Year.

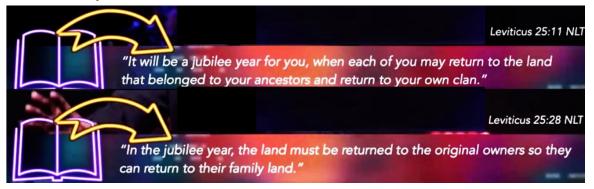
FOURTH Land is returned to the original owner.

Here is the fourth reason. This is the most radical demonstration that God wanted His people to do. God commanded that on the Jubilee Year, every 50 years, all the land must be returned to the original owner.



All the land. The land you're living in now. If we're going to apply this in modern context, God commands on the 50th year, you return that to the original owner.

Leviticus says this:



Isn't that incredible? I'll explain this...

During the time of the Israelites, when they entered into the Promised Land, Joshua, their leader at that time, he divided the land equally to the different tribes. So, imagine this: Everybody had land. Nobody was poor. Everybody had land. It was equal.

But over time, as what usually happens in society, some people managed their blessings well, some people didn't. So, eventually, some became rich but some became poor. And the poor eventually sold their land to the rich people. So now, it was no longer equal. It was not fair.

So, God commanded that every 50 years—this is crazy—when the trumpet would blow on the Day of Atonement, the original landowners could retake possession of the land they once owned.

So, the practical significance of this is that no family would forever be without land.

For instance, you became poor because you mismanaged your property. You sold it to somebody. After 50 years, you could own your land back.

That's the practical significance.



What It all Means

The spiritual significance—which is much more powerful— is that God was simply telling everybody: You don't focus on land. Because your real home is not here in this world. You're not just a citizen of the world. You're a citizen of Heaven. Your eternal home is with the Lord.

That's the spiritual significance.

But here's the question: How do I apply this in my life today?

Does it mean that when I turn 50 years old—I, personally, 15 years from now-- you can compute my age based on that—does it mean that I can call my bank and expect them to cancel all my debts? Is that it?

Does it mean that the land you're living in now, that you recently bought, that you're still paying for, at the end of 50 years, you give that back to the original owner? Is that what it means?

Trivia: There is no historical evidence in the Bible that even the Israelites practiced this. There was none. But actually, it was not just because of that—but there was a spiritual significance. Because there was a reason God even commanded that. There's a purpose.

Even if we cannot literally apply this in our modern society today, I mean this is what we dream of. We want our debts to be cancelled. How many of you want your debts to be cancelled? How many of you want poverty to be lifted? How many of you want bondages to be broken?

We want this.

So, now, how do we apply this in our life?

I believe that God wants us to wrestle with this text today.

This question: How can I experience, or how can I let others experience the Jubilee here and now?



"How can I help others experience the Jubilee here and now?"



That is the question that God wants us to ask today.

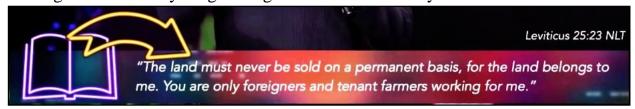


Three Ways to Experience Jubilee Now

I'll give you three ways -- three heart-wrenching ways —that if you do these, you'll be able to experience the Jubilee here and now:

DECLARE THAT EVERYTHING
BELONGS TO GOD

If you want to experience the Jubilee Year, you must declare that everything belongs to God. Everything belongs to the Lord. God says on the Sabbath Year:



Check this out: What is the most sought-after investment in our country today? Real Estate.

Why? Because land is limited. Did you know that in our country, Philippines--in Metro Manila alone—we are one of the most expensive cities to live in? The first one is Hong Kong. The second one is Singapore.

Why? Because land is limited.





What Do I Own?

You know how much it costs to live in a posh village in Makati called Forbes Park?

I'll tell you this—this is my industry that I work in. For you to be able to buy just one square meter in Forbes Park, it will cost you P650,000.00. Right?

I told my wife we can live in Forbes Park. We buy one square meter, plant a tree, put up a house on that tree. Live in a park right in the middle of Forbes Park, Makati. You get Grab to deliver food to your house. Address: Block 5, Lot .5.

Half a lot. Not even a lot—It's square meter. Land is the most desired value in our country today. That's why this-- God's mandate-- changes your perspective. Because God was simply telling the Israelites: After 50 years, return the land to the original owner.

Question: Who is the original owner?

Is it your parents? Your grandparents? Your ancestors—who got it from the Spanish, who got it from somebody else? No.

The original owner is who? God.

So, God was simply telling everybody: *I am the landowner*. *I'm the landlord*. *You're just foreigners and tenants*.

And at the end of your life, yes, you may have your name on that title. But make no mistake, that land belongs to God. It will return to God long after you're gone from this world.

So, declare that everything belongs to the Lord and you will experience abundance. You will experience Jubilee like no other.

On our own, my friends, we own nothing. Titles, names, positions—they are really nothing. Everything really belongs to the Lord.



Here's the second way for you to experience the Jubilee:

Trust that God will provide.

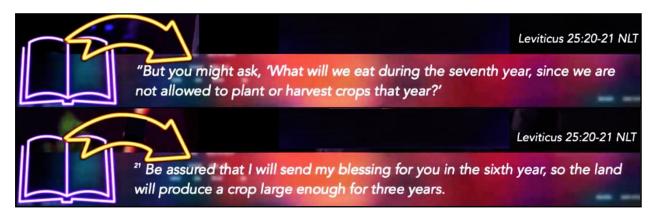
I want you to tell this to someone beside you who needs this message: God will provide. God will really provide.

Remember how God told the Israelites to stop planting crops on the seventh year?

So, quick practical question: What in the world will I feed my family if I stop planting crops? I mean, they didn't have KFC Delivery back then. They didn't have Food Panda back then. What am I going to feed my family?

That's a practical question. What am I going to do if I am not going to plant and harvest?

God answers here in Leviticus 20:



Did you know this, my friends, that when God blesses you with an abundance, when God gives you a bonus, when God gives you a little extra—God is not just providing for you in the present. God is actually providing for you in the future. God is preparing you. God's role is to bless you. Your role is to manage that blessing. That's why I really believe this: That God doesn't fail in blessing us. We're the ones failing in managing the blessing that God gives us.

Declare: 'I Lack Nothing!'

I mean God gave us all the same time in this world. How many hours do you have in a day? 24. How many days do you have in a week? 7.

You know what common thing that you have with people like: Jeff Bezos, American business magnate, founder of Amazon multinational technology company; Bill Gates, co-founder of Microsoft (largest vendor of computer software);



and Elon Musk, the richest man in the world, founder of SpaceX (rockets and spacecrafts), architect of Tesla (electric cars, solar and clean energy), and Twitter (online microblogging service).

You know the one thing we have in common with them?

Time. We all have the same time. But what's the difference? The management of time.

You watch overnight the entire season of *Glory* (historical war drama) and you're complaining in the morning you can't go to work...

It's the way that we manage the blessings that God gives to us that really dictates how successful we will be in Life.

God gave you the wisdom. Are you applying that wisdom? If you're not, hey, it's a lesson for us: You can get training. You can get mentors. You can get stronger. You can get wiser. It's really managing the blessings.

That's why we're failing—when we mismanage our blessings.

And for some of you who might be complaining, "But yes, Bro. Audee, I grew up poor. I didn't have the same opportunity as these other people had ..."

Here's what I want you to declare... And I do this every time I feel like there's a shortage in my life... I declare that my God will provide. In my shortage, my God will provide.

Can everybody shout: God will provide!

That's beautiful. You set gratitude in motion.

For instance, when my family and I have any meal, we come before the Lord and we say, "Lord, thank You for putting food on our table."

You set in motion that gratitude every time you feel you're unhealthy. You thank the Lord that you even have air in your lungs: "Lord, thank You for making me breathe in and out."

Even if you experience shortage, here's what you declare: "The Lord is shepherd, there is nothing shall I want. I lack nothing."

Trust that God will provide. He is a good God.



Here is the third way you can experience Jubilee. And this is actually the radical message of the Jubilee: *Care for the suffering*.

The crazy message of the Jubilee is that it's not a celebration just for you. It's not a celebration just for your loved ones. The Jubilee is meant to be celebrated by everybody.

But here's the thing: Not everybody is abundant. You look around and there are people suffering. You can look around and see there are people who are broken and people who are in poverty.

So, how do you let others experience the Jubilee?



"How can I help others experience the Jubilee?



Two ways:

1.You help eradicate poverty. And I'm not talking about just poverty in the pocket. But poverty in the mind. Poverty in the spirit. Poverty in relationships. You help eradicate those. That's why Jesus said in Matthew 25:

For when I was hungry you gave me something to eat. For when I was thirsty you gave me to drink. For when I was stranger you opened the door and you welcomed me in. For when I was sick, you took care of me. When I was in prison you visited me.



That's why here at The Feast, we have 10 Mercy Ministries for the poor and the broken of society.

To name a few:







Light of Jesus Prison Ministry



Grace To Be Born for unwed pregnant Women in crisis—to prevent abortion and, yes, give their baby the chance to be born



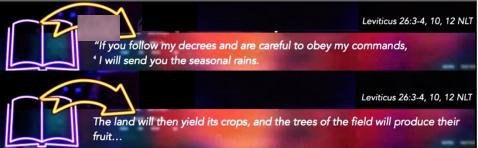
Light of Jesus Pastoral Care ministry for the emotionally and spiritually wounded



Anawim Home for Abandoned Elderly

We believe in this mission. We thank all those who support our Mercy Ministries.

2.You follow the law. The second way to help others experience the Jubilee is you follow the law. God says in Leviticus 26:





Nowadays, when you hear the word *decree*, let's be honest, when you hear the word *law*, sometimes, we tend to think that it's optional, it's negotiable—especially if you don't like the person giving the law, the decree. If I don't like this person, if it's not good for me, I'm not going to follow that decree. I'm not going to follow the law.

But here's one thing you need to understand: That following the law actually will lead you to something bigger, something better, Sometimes, because you don't see where the law leads you, you don't understand its importance. I'll give you a classic example:

If you pay your taxes, right, you know where your taxes will go. It will create more livelihood programs for the poor people--social justice. It will create more opportunities for the poor people and the economy will go up. We will have progress.

Now, I know what some of you are thinking: "Bro. Audee, what if there are people in government who steal our taxes?"

Have you ever asked that question? That's in your heart. You don't have to say that out loud. There are people who steal the very coffers of our taxes. We fight against it. But at the end of it all, there is a God who is *just*. That's between them and their God.

Our role, my dear friends, is that we do our part.

Some of you are thinking: "Well, you know what, I'm not in government.

I don't have influence. I don't have impact. I don't have power."

That's okay. Because you know where you need to start?

Start with yourself. Change starts with you, my friend.

That's why I really believe what Michael Jackson said: "I'm starting with the man in the mirror.

I'm asking him to change his ways."

It starts with you.

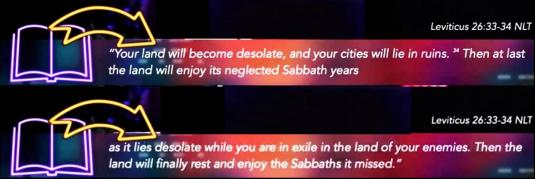
Change starts with you.



God's Warning

If you don't follow the law, here's God's warning... Something happens on the land. And this is what we're witnessing. There is an exile.

Leviticus 26: 33-34 says:

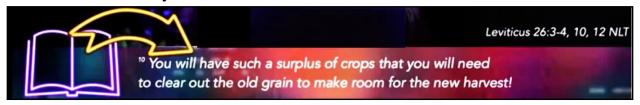


God forces us. You think about the ways we experienced the COVID Pandemic and I wonder if that was God's way of *letting the land rest*.

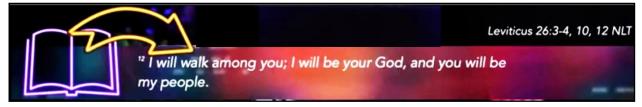
But you know, if you follow the Lord's law, if you follow the decree of God, it will set in motion abundance like no other.

Do you believe that? That actually obeying God's commands will set abundance in your life?

Leviticus 24:10 says:



How many of you want new harvest? New harvest in your life? New crops?



That's what God promises when you follow the law. It's hard to follow the law. Yes?



What Is Right?

You know, I was driving here to Aliw. I was late-- because of the Fun Run on Roxas Boulevard.

You know what? There was a chance for me to counterflow there. And I was almost tempted to go.

But you know what? I made the decision – because my son was sitting in front of me, he was asleep—to go the long way. You know, where it took me? All the way to Macapagal Boulevard, all through the Mall of Asia area.

I was complaining in my heart. But you know, my heart spoke to me: *When you follow the Lord, there's protection.*

Not only was I protected. Not only was my son protected. But the bikers as well who were on that lane. I could have run over them – if I counter flowed.

You don't know what following the law leads you to.

So, I hope you will always continue doing the right thing.

You always do the *just* thing. Because God sees what you do.

What's in Your Mind?

The questions in everybody's mind: Is the Jubilee possible? When will this come? Is this going to come in my lifetime? Is this something that I'm going to experience here and now?



"Is Jubilee really possible?" | "Will Jubilee really happen?"

"When will Jubilee come?"



And I'll tell you, from the book of Luke.

Jesus could have done this in different ways but

He chose to start His public ministry by reading a specific passage about the Jubilee, and Luke wrote about this in Luke 4:16-19.

One Sabbath Day when Jesus was in His hometown, in the synagogue in Nazareth...



Do you see what Jesus is trying to point out here? Let me say it again: The Spirit of the Lord is on me, because he has anointed me to proclaim the good news to the poor... to proclaim freedom for the prisoners... recovery of sight to the blind... to set the oppressed free... and to proclaim the year of the Lord's favor.

Jesus Is Saying: 'I Am the Jubilee'

Everything the Jubilee was pointing to was really about Jesus. It's really about Jesus—
to set the captives free.

I said it earlier: Why must we cancel all the debt? Isn't that what Jesus did? He cancelled the debt on the Cross—for you and me.

In His public ministry, He healed the sick. He restored the sight of the blind. He proclaimed freedom for the prisoners. He set those who were oppressed free.

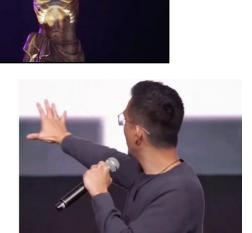
Jesus was already doing the Jubilee.

Now, here's something very, very interesting: When Jesus was up on that Cross, He cried in a loud voice and then something strange happened-- one kilometer away:

The veil of the inner sanctuary of the Temple was torn in half.

Jesus was up on the Cross and across, in a distance, the veil in the inner sanctuary of the Temple was turn in half. It broke.

Remember: We've been studying in *Leviticus* all this time that the inner sanctuary, the Holy of Holies, that Temple was a very sacred place –



The veil of the inner sanctuary of the Temple was torn in half.

that nobody except the high priest could enter into. Nobody else could go in there. When the veil of the inner sanctuary split in half, it was an announcement to the entire world—this is beautiful—it was a proclamation that now, the land is cleansed. Now, you get to enter into God's Presence every time you want to.

I don't know about you, but that excites me so much: To know that every time I want to have an encounter with my God, I can just be in His Presence—without being cleansed. I can be unclean and still be in the Presence of Jesus.

There was a separation between God and man. So, what Jesus did was that He not just bridged the gap—He *closed* the gap.

If that is something that you're blessed with, clap your hands. Because what that means is that God dwells in your midst right now. God is in your presence right now. You don't have to go to a special place to be cleansed, to sacrifice an animal. But you can just approach Jesus. He is the Way, the Truth, and the Life. And through Him, you can be in God's Presence.

'Lord, Help Us Experience the Jubilee'





So, if you're somebody right now who's got your heart broken and you're in a different place. and there's a mess in your life you're trying to get rid of, and you want God to enter into your home, into your life, and you feel like it's impossible because you're unclean, Jesus is the perfect sacrifice – the Lamb that was slain so that we can have life with the Father.

May I invite you to close your eyes at this moment.

Heavenly Father, while all of our eyes are shut right this moment, I pray that You open the eyes of our heart to see You for Who You are. To fall in love with You even more, to appreciate all that you've done—so that we can have life with You.

The length that You took to win us back is something that we will never even comprehend in our lifetime. But it's something that we just have to embrace and accept. And I pray for every person here today, Lord, who is longing, and seeking to have a life with you. I pray that You open their eyes, to remove the veil so that they can see You and understand that You love them so much, oh, God.

There is nothing that shall separate us from Your love. Nothing in this world, Lord—neither death, nor life, neither angels, nor principalities in this world ... will ever separate us from Your love, Lord.

And we receive Your love in this moment. Help us to experience the Jubilee. Help us to let others also experience this abundance that You want for us so that we can all in this Eden that you've called us to be in. In this Paradise where there is life with You, where there is abundance, where there is love, where there is healing, where there is compassion, where there is understanding. We want that Jesus.

Let that moment be set in motion right now. In Jesus' Name. Amen.



MERCY MINISTRIES

"By humility and the fear of the Lord are riches and honor and life."

-- Proverbs 22:4

JESUS CHRIST CARES FOR CANCER PART 1

By DR. DYAN SABALVARO

I AM a medical doctor, and by His Grace, God blessed me to use my profession to reach out to cancer patients.

I came to know about the Jesus Christ Cares for Cancer (JCCFC) through The Feast. My good friend, Dr. Adeline Gonzales, my dormmate during our college days, invited me to attend The Feast at the Philippine International Convention Center (PICC).



I attended, but busy with my studies, I could not attend regularly.

In 2019, I found The Feast near the area where my family and I live. So, we started attending.

In July 2019, we were able to join the outreach program of The Feast Ortigas District, through the invitation of Bing Francisco-Ericta, core group member of JEWELS (Jesus in Every Woman Empowered to Love and Serve). JEWELS initiated the outreach mission for the Jeremiah 33:6-7 Foundation, a ministry of the Light of Jesus Family providing shelter in Pasig City, with pastoral care for sexually abused minor girls.

During our conversation, Bro. Bobby Del Rosario (*right*), serving in Jesus Christ Cares for Cancer (JCCFC), happened to be with us. He briefly mentioned about their advocacies. Then, he told me they were looking for someone with capability to validate medical-related documents submitted by applicants, and he asked me for some of my time to help with the screening process.

I immediately said "Yes" -- without actually knowing what my contribution would be.



Called to Serve



Honestly, I really wanted to serve, but I was not sure back then where to start --given my busy schedule.

By His grace, God made clear my calling as the JCCFC was the one that reached out to me.

I thought to myself: "Maybe I can start here, serving the Lord through this Ministry."

Above, here I am with Sis. Maritess Cordero, JCCFC board

secretary, reviewing the medical abstracts and related documents of the beneficiaries of the Foundation.

I am grateful to JCCFC for this opportunity because even in little ways, I can help. And now, I know this is where the Lord is leading me through my profession.

Early on, I almost did not continue with serving patients in hospitals. This was during the Coronavirus Disease (COVID) Pandemic in 2020. Among the most vulnerable in catching the deadly virus are the frontliners—yes, doctors, nurses, and other healthcare workers. Admittedly, I had many doubts, fears, apprehensions, frustrations—and guilt. There were times I felt like giving up because I wanted to protect my family from infection.

But the Lord has never failed to send me people to remind me of why I am here. My good friend, Dr. Adel, once said: "If you are going to quit now, how would you look at yourself once the Pandemic is over? Then you would ask yourself, "Where was I during the Pandemic? What was I doing as a doctor back then?"

Her words struck me, and I realized she was right.

I thought then: "Would I feel embarrassed before my future self if I quit being a doctor because I was fearful?

So, I did not stop serving as a volunteer doctor for JCCFC, even at the height of the Pandemic. Still observing Quarantine protocols, I continued serving with JCCFC, assessing medical documents through online communication.

I may not be meeting the applicants face-to-face, but working with JCCFC behind the scenes, I already feel fulfilled in my mission.

So, to this day, I hold on to God's promise that He is protecting me.



Prior to the Pandemic, on August 19, 2019, I got to attend a JCCFC General Assembly with the patients and I witnessed their fun together. I remember I was with my son Tyler, then four years old, and his Ate Dina caregiver.

I spoke with the participants, heard their stories, and they all inspired me. Despite their battle with cancer, together with their families, they have remained positive, steadfast in their faith in God.

In August 2021, God gave me additional support — The Light Group of The Feast at PICC. Called *Light* because it's a mini version of our Light of Jesus Family.

Here's our Light Group, from left: Trina San Pascual,



Jenny Dela Cruz, Liezel Santiago, Debbie Ventura (LG head), Brenda Consul, Chay Robles, and yours truly.

Thank God for the gift of technology! Following Pandemic protocols, we meet online, and so, I have these friends who constantly remind me of God's love and that I've been called to serve Him.



New Normal

And now that we're going into the *New Normal*, I look back deeply grateful for how God never failed to surprise me with His blessings.

This is my fervent prayer: That God will always be the center of my family—the four of us, *above:* my husband Tim, our son Tyler, and I, together with our caring Ate Dina.

I see them participating in The Feast, especially during the Mass, and this really makes me feel good. I hope someday all of us will be able to serve too. Especially Tyler. I want him to grow up in a faith community like The Feast, knowing there is a God who loves and protects him.





Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

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Our Partner Beneficiaries

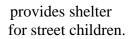
Jeremiah 33 Foundation

is a shelter for girls particularly victims of sexual abuse.

Grace To Be Born is a halfway home for pregnant women in crisis.



He Cares Mission



Pag-asa ng Pamilya **Foundation**

gives scholarships to poor students.



Jesus Christ Cares for Cancer

provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center ministers

to those who are emotionally and spiritually wounded.



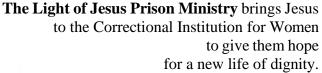
H.A.I.L. MARY INC

H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8–10 years.



The Light of Jesus Disaster Recovery Ministry

provides evacuation assistance, relief goods, financial aid, and other needs of calamity victims.





Anawim Lay Missions Foundation

provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.





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- 1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.
- 2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.
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Founder: Bo Sanchez

Mercy Ministries Chairman Editor-in-Chief Chief Photographer

Hermie Morelos Cynthia U. Santiago Edmundo L. Santiago

Feast International

Region Head Reporter-Writer Multimedia Staff

Vic Español Cybill P. Bayto Ronaldo Antonio U. Santiago Dylan Anthony A. Santiago

Media Ministries Head Contributors

Randy Borromeo The Feast Builders

Finance Officer Publication Consultant

Rowena Cequeña Chelle S. Crisanto

Human Resources Manager

Erika Ventura









For comments, article contributions, write or call us:

Email Address: lojlibrary2819@gmail.com

Landline phone numbers: 8725-9999, Fax 725-1230

Mobile phone: 0998-953-0657

Go and make disciples of all men.

— Matthew 28:19