

WELCOME to our exciting teaching series, *TABLE TALKS: Community Recipes of Love*. For the next few weeks, we'll re-embrace our family identity, family vision, and our common strategy for fulfilling this high vision.

If you're new to The Feast, the messages you will hear will be surprising to you. Shocking, even. Warning: You'll find out that the community you've joined is insane. Radical. Yes, we're a wild bunch.



FAMILY

Sit Around God's Table

But if you've been with The Feast for some years now, you'll hear stuff you've heard before. But you must hear it again. Because like everything else in life, repetition is the mother of all skills.

Business author Jeffrey J. Fox talks about the Marketing Rule of Seven. He says people need to hear a message at least seven times before taking action. Note that he's talking about advertising. He's talking about selling soap or shampoo—that we need to hear the sales message at least seven times before we buy it.

But today, we're not talking about soap or shampoo. We're talking about the eternal reality of God's Love for us. Heck. We should not hear this only seven times-- but seven million times.

Have a powerful Feast today

May your dreams come true,

Bo Sanchy Bo Sanchez

WELCOME to our new Feast Talk Series: *TABLE TALKS: Community Recipes of Love Talk 1: Lost Sheep*





2024: A Trip or a Quest?

LAST Sunday's Gospel was about the Magi, or the Three Kings, who set out to see the Child whom they heard would be King.

In his homily during Mass at The Feast last Sunday, Fr. Joel Jason pointed out the Magi did not simply go on a trip but a quest. And he said so should your life be: not simply a trip but a quest, page 3.

Today, we are also going on a quest-- for The Lost Sheep. That's the topic of Talk 1 of our brand-new Feast series which Bro. Bo Sanchez introduces on page 1.

Yes, New Year, New Feast. Last Sunday, Bro. Didoy Lubaton invited us to our newest Feast, Feast Aseana, which he will lead. You don't go on a long trip to get there because Aseana is just across the Mall of Asia Arena. But if your quest is a joyful life, Feast Aseana is, like our other Feasts, the happiest place to be, page 9.

Why? Because at The Feast, our faithful God continues the work He has begun for us, His masterpiece creation. That's the message of Bro. Audee

Villaraza, main preacher at The Feast Bay Area, last Feast Sunday. Flashback starts on page, 19.



Happiness happens when you fulfill your quest for significance. That's what Sis. Jing Apuhin says in her inspiring story about her quest for a missionary life that she enjoys as she now serves as executive director of our Jeremiah Foundation, taking care of abused girls, page 35.

> That's what we also learn from the 4th Impact, the happy singing group composed of sisters

> > All for God's Glory,

Almira, Irene, Mylene,

and Celina Cercado, whose quest for fame and fortune has brought them

to the twelfth season of the British singing contest, The X Factor -- and The Feast last Sunday as guest performers. Happy Trip or Happy Quest in 2024, Everyone!









FLASHBACK! JANUARY 7, 2024

Holy Mass

Homily





THE EPIPHANY OF THE LORD

REV. FR. JOEL JASON on the Gospel Matthew 2:1-12 GOOD MORNING AND HAPPY NEW YEAR!

Today is the Feast of the Epiphany. *Epiphany* comes from the Greek word *epifania*. It means literally *the revelation, the manifestation, the presentation*. It's like celebrating your debut. You are presented to the world.

Our Responsorial Psalm says, "Lord, every knee shall on earth will adore You." That is the goal of the Epiphany. The Child is being presented to us not only as the Savior of Israel but of all the world.

In our First Reading, we heard that. In the Second Reading, the letter of Paul to the Ephesians says the Gentiles will become co-heirs of the Kingdom. Who are the Gentiles? The non-believers.

So, even the non-believers are being called to the Feast to participate in the banquet of the heavenly Kingdom.

The FEAST FAMILY January 14, 2024 3

Three Lessons from the Magi

We also call this the Feast of the Three Kings. Well, we don't know if they were true kings. Perhaps we got the term *king* from the First Reading. Because the letter of Isaiah says kings will visit the Child, the Messiah. The Responsorial Psalm says the same: Kings from Sheba will adore Him.

But were they really kings? We don't know. But it is clear in the Gospel that



they were Wise Men, the Magi. And they are the protagonists in our Gospel today. There are **Three Lessons** that I would like to share with you that we can learn from the Magi.

First Lesson: Go on a Quest--not a Trip.

The Magi went on a *quest--* not a trip. Sometimes, that's what we forget when we hear the Magi set out to look For the Child. We think they just went on a trip. Especially when we hear the song that goes: *We Three Kings of Orient are...* The image we see is they seem to be walking leisurely on their way to Bethlehem. They did not do that. What they did was buwis-buhay-- risk their life.

Remember there was no public transportation there. No Grab service. No air-con bus. There were no lights on the streets. There were no hotels along the road. If you did not have enough food or drink, where would you get some? There were no policemen along the road so you were open to violent attacks from bad people.

First Reading: Isaiah 60-1-6 NLT



Arise, Jerusalem! Let your light shine for all to see. For the glory of the LORD rises to shine on you. Darkness as black as night covers all the nations of the earth, but the glory of the LORD rises and appears over you. All nations will come to your light; mighty kings will come to see your radiance. 'Look and see, for everyone is coming home! Your sons are coming from distant lands; your little daughters will be carried home. Your eyes will shine, and your heart will thrill with joy, for merchants from around the world will come to you. They will bring you the wealth of many lands. Vast caravans of camels will converge

on you, the camels of Midian and Ephah. The people of Sheba will bring gold and frankincense and will come worshiping the LORD

Dream the Impossible Dream

So, people of Biblical times, when they go out on a journey, they risk their life. And historians say when Biblical people went on a journey, they already said farewell to their loved ones because they were not sure if they would be able to come back.

I think that is one thing that we should appreciate: The Magi went on a quest-- not a trip.

You ask: "Father, what is a quest?"

When you say you're going on a quest, no one can prevent you from doing it. You are on a very important journey and you want to see something or someone and nothing and no one will stop you.

That's what Don Quixote in the Broadway play *Man from La Mancha* sings: *To dream the impossible dream, to fight the unbeatable foe...*

And what does the refrain say? This is my quest to follow the star...

That refers to what the Magi did... You should go on a quest-- not only a trip. That's why my question here is: Your search for the Child, your search for God: is it a trip or is it a quest?

You know, during Christmas all the churches are filled with devotees, they filled even the streets. They attended the 9-day Simbang Gabi, the Night Mass, extended to 18 days even-- because it started with the anticipated Mass. They seemed to have become addicted to the Simbang Gabi. The churches were full. But after Christmas, where are the people now? They are gone.

Some said, "Father, napagtrip-pan lang naming mga magkaibigan --It was just a trip for us friends."

Don't go on a trip. Go on a quest. Because a trip is seasonal, temporal. But when you go on a quest, it is something that you will do with determination.



Second Reading: Ephesians 3:2-6

²assuming, by the way, that you know God gave me the special responsibility of extending his grace to you Gentiles. ³As I briefly wrote earlier, God himself revealed his mysterious plan to me. ⁴As you read what I have written, you will understand my insight into this plan regarding Christ. ⁵God did not reveal it to previous generations, but now by his Spirit he has revealed it to his holy apostles and prophets.⁶And this is God's plan: Both Gentiles and Jews who believe the Good News share

equally in the riches inherited by God's children. Both are part of the same body, and both enjoy the promise of blessings because they belong to Christ Jesus.



The Lesson in Everything Important

You know Jeremiah 29: 11 very well: "For I know the plans I have for you... They are plans to give you a future and a hope..."

But how can we have God's plan for us? Jeremiah 29:13 gives us the answer.

God says, "You will search for me and you will find me."

Ah, that's Epiphany. God will not play hard to get. He wants to reveal Himself to us. But the verse has an additional message.

It goes, "You will search for me and you will find me -- if you search for me with all of your heart."



Ah, the trip does not mean you search with all your heart. It's just trip-trip. When you're too lazy to do it, you simply quit. But if you are on a quest, nothing and no one can stop you.

So, again, my question: Your search for God: is it a trip or is it a quest? And not only our search for God. You can apply the lesson to everything important in life. Do you want a good marriage? Go on a quest, not only a trip. Do you want prosperity in your finances? Do not go on a trip. Go on a quest. Do you want to search for knowledge, for wisdom? Go on a quest, not only a trip. Do you want to take care of your health, your body? Go on a quest, not only a trip.

I'm sure all of you here, what's your goal in the New Year? Beauty. Ha-ha.

You're like, "Because I ate a lot during the holidays..."

Go on a quest, not only a trip.

Because that is what the Magi are telling us.



Responsorial Psalm: Psalms 72 Song of Solomon

18 Praise the Lord God, the God of Israel, who alone does such wonderful things.
19 Praise his glorious name forever!
Let the whole earth be filled with his glory.
Amen and Amen.

6 The FEAST FAMILY January 14, 2024

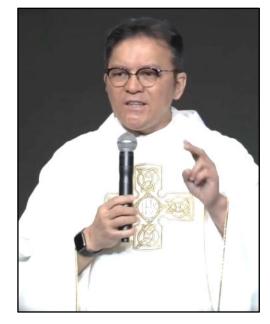
Second Lesson: Look for Your Gift

The Second Lesson we can learn from the Magi: If you are going on a quest, look for your gift. Know your gift.

That's what the Magi did. They knew their gifts and they knew they had unique, individual gifts. What were their gifts? Gold, frankincense, and myrrh. They are not alike. And why are they different from each other? Because each gift has a specific purpose:

Gold: Because it symbolizes the Divinity of the Child.

Frankincense (hardened gum from the Boswellia tree, its oil used as perfume and spiritual incense). You use this



in Worship. Because the Child is the High Priest.

Myrrh (fragrant resin from the bark of the Commiphora myrrham tree, used in consecrating priests and also for embalming). That's used during a wake for the dead. Because the Child will be offering His life as a ransom for many.

So, the Magi knew their gifts. They were unique. They had individual gifts. We should also know our gifts. Know your gift.

Why don't we know our gift? Why don't we discover our core gift?

Because we always compare, or we always complain: "Why is he like that? Why am I not like him? Why is handsome, and I am not? Why is he a good singer, and I am not?"

We always compare. And when you compare, you feel only two ways: either you become arrogant or you become insecure. But either way, you will not know your gift.

Or, when you complain: "Oh, my gift, I don't like this. Lord, why did you make me handsome? It's so hard to be handsome. "

We complain about our gifts. But no. Know your gift.

Because when we know our gift, ah, that will bring us to our third and important point.

The FEAST FAMILY January 14, 2024 7



Third Lesson: Lay Down Your Gift

That is also what the Magi did. They did not only know and bring their gifts. The Gospel says that when they saw the Child with Mary, His Mother, they laid down their gifts.

That is important. Because a gift is not a gift unless it is given. A gift is not a gift unless it is laid down.

And your life is not a *find*. Your life is a *gift*. Your life may be yours but it is not about you. You will see the meaning of your life only when you discover that your life should be a *gift*. It should become a gift.

I remember the story of a mother and a daughter. They were walking in a mall. They saw a big Christmas tree, and at the foot of the tree, there were many gifts. Of course, they were not real gifts-- just for display.

The daughter said, "Mommy, Mommy, look at those gifts under the tree. They're such a waste."

The mother asked, "Why?"

The girl replied, "Because they are still under the tree-- they were not given." The mother said, "You silly girl. Those are only for display."

The mother was right. The "gifts" were only for display. But the daughter was also correct. She had good instincts. A gift is not a gift unless it is given away. If it remains under the tree, it will not be a gift.

Now, your life. Is your life still under the tree? Is your life still hidden-still there under the Christmas tree?

Maybe, as we begin the New Year, let us allow the Magi to inspire usthat we may discover that our life is meant to be a gift.

And every time, every morning you wake up, imagine yourself with a ribbon on top of your head, and ask yourself: "Who am I going to bless this day by offering my life as a gift for others?"

Epiphany. The Magi went on a quest. Let's do the same.

First, don't make your life simply a trip. Make it a quest.

Second, know your gift, know your uniqueness.

And Third, more important, offer your gift for the greater glory of God and for the service of our fellowmen. Amen.

Happy New Year to you all!

8 The FEAST FAMILY January 14, 2024



EVERYBODY give praise and thanks to the Lord. Come on. Happy New Year, Feast Bay Area! Welcome, welcome to a beautiful, powerful 2024!

I honor you because you decided that on the first instance of The Feast gathering, you show up today. You went out of your way, you are trying to restart a good cycle for the year. And I want to honor that. And I want to celebrate that.. so that it keeps on happening, and happening, and happening.

Congratulations everybody for making this decision to follow God, to be present in The Feast. And I hope that this becomes your home.

I want to inform everybody that the Philippine International Convention Center (PICC) is going to be our home for 2024. God is good...



Thank you also for those watching online. You're part of the Feast. All across the world, people are watching *live* or even the replay. So, we honor you and thank you also for being one with us.

The FEAST FAMILY January 14, 2024 9

Love Offering

Hey, it's time for our giving. Fr. Joel said a gift is not a gift until it is given. A gift not laid down, a gift that is still under the Christmas tree is still not a gift. It's just on display. Powerful.

And I think that relates to our giving. I was listening intently to his story, absorbing what Fr. Joel was saying.

It reminded me of our neighbor. We moved to a



new house. And we got acquainted with a neighbor. His name is John Paul. He is the watcher of a house for sale. We became friends...

Wait, how's your ref today? The Christmas season just passed and there's so much leftover food... If we don't share them, the dishes will just turn stale. We experienced it. We had a leftover dish-- it was so delicious, that I happily expected that I could recycle it. But we kept a dish so long, that it became stale.

But the bigger joy was because of this experience, I got to learn how to share with the people around me like John Paul. The magic was we've been giving extra food, not leftovers, but extra food to John Paul. Imagine he is the caretaker of the house, his family is far away, he wasn't able to celebrate Christmas or New Year's Eve with them. So, we became his family. Last New Year's Eve, we invited him to our house and we had so much fun.

You know, I get to spend 10, 15 minutes with him daily because we bring food to him... I got to know more about him in the months we've connected... He comes from a poor family. He stopped schooling so that he could work. He has plans to become an IT (Information Technology) specialist. And I only got to know that because we were sharing. I am sharing food but he is sharing his life with me. And it humbles me, it grounds me, it makes me grateful that he gives me, our family, the opportunity to be generous.

Last Friday, we gave him food and you know what? He said something to me that I will never forget.

He said, bowing, "Doc, salamat po sa pagkain at salamat po sa presensya ninyo.-- Doc, thank you for the food and thank you for your *presence*."

So, I walked away from his house teary-eyed.

When you practice generosity, you give-- not just because it's your extra-- you give because you really, intently give. What matters, more than just the food is your *attitude*.



And we are giving this to the household of the Lord, to this Feast. We're going to feed many this year.

We will expand this Feast.

Last year, we rebuilt Feast Manila and we now have a new Feast-- Feast Aseana. We are now having a Feast inside a chapel. It's in Aseana City, across Mall of Asia Arena. We are

doing it once a month. The next gathering will be on January 21, 2024, 4 p.m. I'm leading that Feast. Visit us.

And more people can be fed by the Word of God, by building a community with a family we have in faith because of your joyful and generous giving.

Don't let your blessing turn stale by keeping it to yourself. Express it, share the joy, share the generosity. It's going to be a beautiful, powerful 2024. You can start here through this simple, powerful house-building Feast-giving envelope.



Let's pray. Say this prayer with me: Dear God, Thank You for Your generosity to me. And we Thank You for this opportunity to give. We pray that You bless this offering. Use it mightily. Use it powerfully. And I pray, Lord, that You bless our Family. Bless us more, because we want to give more. We are claiming a bountiful, beautiful, and powerful 2024. In Jesus' Name. Amen.



The FEAST FAMILY January 14, 2024 11

Worship! EXHORTATIONS

BRO. JHON JAVIER

Hey, Good Morning, Everybody! Happy New Year! Give praise and honor to our God!

MADZ PAMAONG

May the God of Hope bring you joy and peace, In the name of God, Jesus Christ, by the power of the Holy Spirit. Amen.

Our church, let us tap into the joy of the Lord. And I invite you to celebrate because the God who caused us to see this New Year will still be there to help us take greater steps this time. Amen!

So, it's time to lift your hands to worship and praise our faithful God. Let's look up and receive the coming King, as we sing...









The FEAST FAMILY January 14, 2024 13



BRO. BO SANCHEZ:

You and I will enter 2024 with courage, with boldness. We will walk into 2024 with joy, with hope, with love.

I'll tell you why. Because we do not enter this New Year alone. We will be with the Father, the Son, and the Holy Spirit.

We will enter 2024 with the whole Kingdom of God with us. With angels praying and saints praying. And we will be with one another as a spiritual Family.

I want you to say this prayer with me, loud, with conviction, with boldness. Everybody say, "I am not alone. In 2024, God is with me. God is with me. God is with me. God the Father, God the Son, and God the Holy Spirit."



Everybody say, "Amen!"

14 The FEAST FAMILY January 14, 2024

NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE



Today, I proclaim that I'm God's beloved, I'm God's servant, I'm God's powerful champion. And because I am blessed, I am blessing the world. In Jesus' Name. Amen.

The FEAST FAMILY January 14, 2024 15



2024: Year of Blessings

Give the Lord a big hand. God is here. Let's give a big hand to our Worship Team. Thank you, Guys. That's so beautiful. Amazing.

I want you to hug somebody and tell that person, "Happy New Year!" So good.

I have questions for you: How many

of you believe that 2024 will be a year of blessings? How many of you believe

that 2024 will be a year of abundance? You believe in that?

How many of you believe that some of your dreams will actually come true in 2024? Amen.

I want you to give a High-5 to seven persons around you and tell them, "2024 is blessed."

It is. This year is blessed.

16 The FEAST FAMILY January 14, 2024





2024: Year of Good Burdens

I've got another question for you: How many of you believe-- I hope you're listening-- that in 2024, you're going to have good burdens? That's a bit difficult to say "Amen" to, right? But I'm inserting this, and in your vocabulary, that there is such a thing as *good burdens*.

Romans 8:28 says All things will work for your good...

Now, those *all things* will include problems, difficulties, trials. And I am telling you, God's business is not to remove your burdens.



Now, if you have burdens right now-- it's just seven days from the start of the year, and you already have burdens-- I want you to understand something: Jesus said, *Come to me all of you who are burdened and I will give you rest*...

Now some people, they hear that line and they think, "Okay, Jesus is going to remove my burden."

No. Because the next line says, take my yoke upon you, for my burden is light...

So, God is not in the business of removing your burdens. He's in the business of replacing your burdens with something *light*.

Do you know why the burden that Jesus will give you is light?

Because it is the *right* burden.

Bro. Bo, why would my burden be light?

No. 1, please understand this: You will not carry that burden alone.

Jesus carries that burden with you. And so, when you enter 2024, and you know that some burdens will be coming your way, know, understand, you will not be alone.

Oh please, slap somebody on the back and tell that person, "You will not carry this burden alone."

No. 2: That burden that you will carry is temporary.

Why? Tell the person beside you, "Mamatay ka rin. -- You will also die."

Your burden is temporary because you're going to die one day. I mean,

yes, I know, you know what I mean. But still... And here's the third reason:

No. 3: You see, all things will work for your good.

The reason your burden is light is if you respond in the right way, that burden will become your biggest blessing.



2024: Year of Burdens Turning into Blessings

There will be burdens in 2024 that will be waiting for you. Do not be surprised. Do not be shocked. Expect them. There will be problems along the way. But if you respond in the right way-- with faith, with trust, with obedience-- you will be seeing in front of your eyes, the blessing transforming--

I met somebody-- her name is Jen. I'll not give you her full name. I will not point her to you... Ten years ago, she was working in a fast food joint as a service crew, earning minimum wage. And she was a diligent worker. But then, she experienced a burden, a trial. You see, what happened was

there was a customer. And maybe the customer was having a bad day, and that customer accused Jen of being rude-- very rude.

Jen was not being rude. It was something like this... Jen told me she was cleaning something in the store. And to clean it, she had to bang on something.

The customer interpreted it as nagdadabog siya-- Jen was

And so the customer accused Jen of being rude, reported her to the manager-- she almost lost her job. And she felt so bad.

Jen said, "I was working hard. I've been working so hard. I get falsely accused..." But it was a wake-up call.

Jen said, "I can't stay here. I need to do something. I need to reach for my dreams. I need to move higher."

And you know what? After some time, she left her job, started a business. Ten years later, she's running a business that sells P200 million-- a month. Huge business. She's an entrepreneur, she's successful.

And Jen told me this: "Bro. Bo, I want to look for that woman, that customer who accused me of being rude. I'm going to look for her, and I'm going to tell her, 'Thank you. Because of you, I woke up. Because of you, I was pushed out of my comfort zone. Because of you, I am where I am now. If you did not come, I would probably still be there, in that fast food joint, working as a service crew, earning minimum wage."

You know, Jen is a Feaster. And I'm telling you her story because this could be your story. That you, you could be facing irritations and annoyances, and trials, and problems, and burdens in your life... My word for you is this: Respond with faith, with trust, with trust, with obedience-- and your burdens will become your biggest blessings. Amen.

And so, we receive God's Word from this anointed man of God, Audee Villaraza

Talk



BRO. AUDEE VILLARAZA:

Happy New Year, Feast!

I want to lay down the foundation of my talk first.

Quick question: How many of you are ready and fired up for this year? I'm sure you are. And you know, a lot of us, whenever we enter into a new year, we're ready to leave behind everything else last year. And I'm sure you're ready to leave behind, you know, moments of failure, moments of mistakes, stuff that you want to leave in 2023.

But may I negotiate with you just a bit? You know, sometimes, I feel like in our excitement, we miss an important step that God wants us to take

-- before we leave the previous year. Because He transforms us in that process. What do I mean by that?

Let me just share something very personal and private. This message I'm bringing this to you is somewhat of a struggle because, during our break in the last two weeks, I was praying whether I would share this or not. And God compelled me to do it.

Were you here during our Feast on December 17, 2023, where I announced that I'm going through a personal crisis, a midlife crisis? You remember that?

Oftentimes, you will never hear people announce that, much less even acknowledge it before a thousand people. And that's what I did.

But there's a reason I needed to do that. What is funny is that whenever I would prepare a talk, I would gravitate toward a topic that already happened. I would talk about challenges that I already defeated, trials that I already overcome, battles already beaten. But in this case, this trial is something that's happening in my life.

Midlife Crisis

The reason I'm sharing this is I believe that we bond in weakness, never in strength.

Let me say that again: we bond in weakness, never in strength. We connect all the more when we know that we're not the only ones struggling in this life. When you know that the person sitting next to you is going through the same storm and the same problem as you are, it kind of makes you feel that God also loves you. And God is fair. Am I correct in that? It makes you connect to know that hey, we're the same. If the preacher in front of you whom God loves has some struggles that God is helping him to overcome, then maybe, just maybe, you will think, "God also loves me and God is also doing something about my trials."



So, that's the reason I'm sharing this.

You know, my good friend Mike Viñas, during our Christmas Light Group (Caring Group) meeting last December, asked me this question: "Bro, how did you know that you're through a mid-life crisis?"

That's a good question. Because how in the world would you know that you're in a midlife crisis? Is there like a rapid test kit that you buy from the drugstore? That will indicate whether you'll test positive or negative. There's none, right?

So, how in the world do you know what you're going through in a midlife crisis? There are indicators and usually, the greatest indicator is your age. They say that it happens between 40 to 60 years old. So those of you who are in that range, you are at prime target for a midlife crisis. And just in case you're over 60, you say you haven't gone through it, that indicates only one thing: you're in denial.

It's a midlife crisis and I answered Mike this way: Because there are indicators. The indicators are you go through depression. You go through an identity crisis. You go through struggles with your significant purpose.

And you know with me, here is my take. I'll share with you and be a bit vulnerable-- if that's okay.

Root Cause of the Crisis

I noticed that there was a big change in my life in the last few months. During our last family vacation, we went to Singapore. My family-- my wife Kristel and our two kids--Ethan and Ellie. For some reason, I was always mad during the trip. And I am not talking about, you know, just quick anger. I'm talking about the *Incredible Hulk* kind of temper.

Yung sabog ka. -- You're explosive. Have you experienced that? You just explode-- like an atomic bomb. That happened to me.

And then when we came home, for some reason, there was another incident that also triggered my anger. I was so angry that I did not talk to anybody. I did not talk to my



wife. I did not even talk to the kids. My anger lasted overnight. I kind of disobeyed the command of the apostle Paul who said *don't let the sun go down on your anger*. That's good advice, by the way.

So, the next day, I woke up at 5 a.m. and I felt that there was something wrong. Because, I mean, I'm not like this. For those of you who know me, you know I'm not like this. My family knows me and they know I'm not like this.

So, I was thinking, "Lord, what's happening to me?"

And so, in my quiet time, while everybody was still asleep, I started reflecting on my life. And the more I reflected on my life, you know, the more I took a peek into my past, I realized that I've got a long history of anger management issues.

May I give you the context of why that even happened? Maybe some of you can relate to this...

I grew up in a loving home-- but a very strict one. My dad was old-fashioned when it came to disciplining children. You know, he was old-school, the militarystyle discipline. In our household, my dad was the lord of all. His opinion was the only opinion that ever mattered. So, some of you are nodding, you're relating to this. So, my dad was a good dad but he brought us up that way. And I know that was probably the way that he was also brought up.

But you know, over time, I realized that because his opinion was only the one that mattered, I did not have a voice. My siblings and I grew up not being able to express how we felt and what we thought of because everything we would say he would contradict. We were always wrong.



Anger Management

That's how I lived. When I became an adult, I did not know that's how I became-- I did not know how to channel my anger. I did not know how to express it in the right way.

Some of you probably say, "That's why Bro. Audee is always shouting when he's preaching. Because he's angry©"

No, that's not like it. It's because I don't know how to channel it. Whenever I feel something,

I don't know how to tell people how I feel -- especially to my loved ones.

And you know, I don't know who this message is for today. But if there's somebody here who can relate with me, and you are unable to express yourself, I want you to know this: God wants to heal you as well. Because the most dangerous -- and I'm speaking this to myself-- that can even happen is you give somebody who's got issues, authority. That's dangerous. Because he's going to use that authority to abuse other people.

You don't have to have a top position in leadership to make damage. All you've got to be is a parent. And you can still do damage to your children.

And so, that's what we're going to talk about today. It's going to be a personal talk and I hope that you're ready.

We're going to break open God's Word and I pray that this ministers to you the way that God has been using it to minister to me.

Everybody, lift your hands and sing with me:

Thy Word is a lamp unto my feet and a Light unto my path.



22 The FEAST FAMILY January 14, 2024

Lessons from St. Paul

I am going to open the book of Philippians where Paul is speaking to the people of Philippi.



A beautiful message of encouragement as he is building his church.

AND I AM CERTAIN THAT GOD, WHO BEGAN THE GOOD WORK WITHIN YOU,

WILL CONTINUE HIS WORK UNTIL IT IS FINALLY FINISHED ON THE DAY WHEN CHRIST JESUS RETURNS

Two lessons we can learn from this piece of Scripture:

GOD IS FAITHFUL

Do you believe that God is faithful? Yes, He is.

GOD IS A FINISHER

Everybody say, "God is a finisher." That's right. Everything that God starts, He finishes. Everything that God creates, He completes.

Think about it: Everything that God created in this universe, He completed, right? He created from Day 1 to Day 6. He completed it and then He took a nap.

So, everything that God creates, He completes. You want evidence of that? Take a good look at the person beside you. Look at the person's face: 2 eyes, 2 eyebrows, 2 ears, 1 nose, 1 mouth. What does that mean?

Balance. The Lord took His time to craft how you look. Imagine if the Lord suddenly became lazy... and He says, "Let's not put 2 eyebrows anymore... Just 1."

Wouldn't that be ugly? When one of your eyebrows is thinning, you go and have a tattoo to balance your brows.

What if the Lord decides to play with His creation and says, "Let's put the hole of the nose not inside but on top of the nose. That would be difficult. When you're taking a bath, you'll drown[©]...

Everything that God creates, He completes.



Why We Don't Feel Complete

You might say, "Bro. Audee, you say God completes everything He creates-but why is it that I'm created but I do not feel complete?"

I'll give you two reasons.



God is unable to continue His work just like Paul promised because you're too busy. Busyness is the reason God's work discontinues.

I'll give you one example: My own life. I joined the Light of Jesus Family in 2008, and everything went so fast, everything went quickly. Within two months, I joined the Music Ministry. Within three months, I was part of a Light Group. Within four months, I was part of all those pastoral programs. It was so amazing. God changed my schedule. I went through a complete overhaul. Everything was revolving around ministry and it was so wonderful.

But here's the downside: I became too busy, and I was so focused on the ministry that all my unresolved issues had to be parked somewhere. And it's only now that I'm realizing that I've got unresolved issues about my anger and that God is only starting His work again.

So, busyness-- productivity-- isn't always progress.

Think about it:

YOU CANNOT EQUATE BUSYNESS WITH PROGRESS.

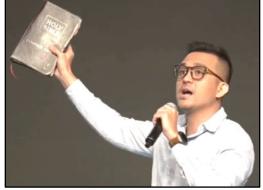
REASON #2: BLOCKAGES

Doctors will tell you when you have blockages in your artery, that's bad. Why? Because the blood is not flowing. You can die. It's scary. Spiritual leaders will tell

you the same thing. That if you've got blockages in your heart and in your spirit,

that's also dangerous. Because then the blessing and the grace of God will not flow into your life. So, I pray that we learn to be busy for the right reasons this year. But we also look within our life to see what blockages are still there -- that we need to surrender to God today.

I want you to bow as I pray: *Heavenly Father Thank You* for this time that You have gathered all of us today in this brandnew year. We pray for a brand-new start. But more than that, *Lords, we pray that this would be a fresh anointing. That all these* issues that we have left behind untreated You will uncover and



You will finally heal. We acknowledge Your Presence, Lord. You are our great healer and our great physician. This is our prayer in Jesus' Name. Amen.

One more time, Everybody, let's sing to the Lord:

Thy Word is a Lamp unto my feet, and a Light unto my path.

Tell to the person beside you

LET GOD CONTINUE

Whatever God creates, He completes. But take note: Before you arrive at completion, there are different levels that you have to go through. And I've come up with three levels that



I believe some of you already experienced. Levels that you go through before you are completed by God.

No. 1: Demolition. How many of you last year you felt like last year was very hard on your life? You know, you felt like there were things in your life that didn't fall into place, and you felt like life was falling apart -- you broke up with your partner, you lost the business... You ever felt like that last year?

That might be the Demolition stage. Where God allowed you to go through certain trials-- not to hurt you but to refine you so that He could remove the things that are not of Him.

Or maybe for some of you, last year wasn't so bad. Last year was great. Year 2023 was a blessed year for you. Yeah, you went through breakthroughs, business was good for some of you, maybe you opened a new business and now it's succeeding. Maybe some of you went through a great relationship and things are going great.

That's **No. 2: Construction** stage. Where God is constructing new levels in your life -- new levels of growth. And praise God for that.

But maybe for some, the year 2023 was just okay. You stagnated; you plateaued in your spiritual life. Maybe you felt a bit of dryness. But maybe after a few months, you felt like there was a sudden surge of passion-- a revival of sorts. Maybe it's even going to come today for you.

That's **No. 3: Renovation** stage. Where God is fixing you up and setting you up for a win.

Or maybe for some of you, this was the best stage. You felt happier last year than you ever were. Why? Because you started more and more like Jesus. You started loving like Jesus. You started giving like Jesus. You started forgiving like Jesus.

That's **No. 4: Completion** stage. Where God's Word is taking root in your life and you're feeling the Word move you

You see, in every stage of our life, we go through various stages:



But here's the thing: Why is it that we, as God's creation, we're not completed yet. I mean if God created the universe-- He completed everything-- why is it that all of us here are not fully completed?

Because think about this: When God created the world, from Day 1, He finished

until Day 5. Who did he create last? On Day 6, God created Man.

What does that tell us? That when it comes to you and me, God is taking His sweet time.

So, what's the message? Don't rush. You don't have to rush your progress. You don't have everything completed right away. Because God is taking His sweet time with you.

What does that mean? It means that you are His greatest masterpiece.



HIS GREATEST MASTERPIECE IS YOU

Tell the person on your right, "You are a masterpiece in the making."

Tell the other person on your left, "You are a work in progress."

That's why when it comes to you and me, God is taking His sweet, sweet, Sweet time.

But how do we achieve, you know, this level of consciousness-- that we have this life that we're living and that we are connected with the Lord?

26 The FEAST FAMILY January 14, 2024



3 Reflection Questions

Here's the answer: You need to start living a reflective life.

I will give you Three Reflection Questions that will help you start the year 2024.

Just like me-- I had to ask myself these questions.

No. 1 Ask yourself:

WHERE HAVE I BEEN?

When I say reflective life, I'm not saying that you need to join seminary school, you need to be a monk, you need to pray every day for two hours to live a reflective life. No. Because all of us are busy-- and that's the truth.

You know how I do it? To live a reflective life? I have fewer distractions.

We have so many noises and distractions in this world. So, what I do, whenever I have free time, I don't always have to watch the latest dance craze on TikTok. I don't always have to catch that viral video of that guy fighting in traffic. I live a reflective life. I start thinking where have I been.

Especially this year, it is going to be very good for you to start asking, "Where have I been?"

Because I believe we all have past inner wounds. Am I correct?

But did you know that who you are today is only a by-product of all the things that happened in your life? And you know, some of these wounds that accumulated in the past, some of them got healed. But most of them, a lot of them, are often untreated. And you learn how to sweep them under the rug. By living a reflective life and asking "Where have I been?" you start looking back at your life, and looking at the wounds that you have not yet owned. Wounds that you have not acknowledged.

Here's the key: Perhaps the greatest gift that you can give yourself this year is to work on yourself.

The best gift you can give yourself is to work on your 'self'

Because if you can win from within, you can win all the battles in your life. So, ask yourself that question again and again: "Where have I been?"

The FEAST FAMILY January 14, 2024 27

No. 2: Put your hand over your chest and say, "Where am I?"

Have you ever experienced driving along the freeway and you miss your exit? The worst that can happen is you miss your exit five meters away from it. So, you have no choice but to drive to the next exit -- which is 15 kilometers away-- for you to get back to where you started.

Did you know the journey in your life without asking "Where I am?" is the most reckless mistake that you can make? It's reckless. Why? Because you can be moving forward but you don't know that you're moving toward the wrong destination.

I'll give you a little principle that I learned and this is powerful. It's called the *1/8 Quarter of an Inch Principle*. In rocket science, everything is supposed to be precise. Measurement is supposed to be precise.

For instance, what if one day the rocket scientists make a trip to, for instance, the sun-- and they miscalculated their route by only 1/8 quarter of an inch...

How big is 1/8 quarter of an inch? It's from the tip of your index finger up to the first of the lines on your finger. So, if they miscalculate the route toward the sun, they will be 40 million kilometers off course. Crazy, right?

If you apply that in your life, one day, you suddenly neglect taking care of your health. You eat and eat, you don't exercise. Or maybe you forget to say "I love you" to your spouse. And you don't say it anymore. You're like, "Anyway, I already said it when we got married." Or maybe you did not meet with your team anymore. You know if you keep doing that-- again and again-- one day will come when you will be completely off course from your destination.

But there is good news. The good news is it's not too late to make a U-turn. It's not too late to eat healthy again. It's not too late to exercise again. It's not too late to make amends again.

Justin Bieber asks that question. He sings: Is it too late to say sorry?

It's not too late. Because you're still breathing. Because you're still alive. As long as you've got breath, you can still say "Sorry".







Now, on the other hand, if you are buried six feet underground, you know what the theme song will be? *It's too late to apologize*.

So, as long as you are still breathing, my friend, it's never too late to make a U-turn. It's never too late to be a better husband. It's never too late to be a better spouse. It's never too late to become a good friend because there's still a chance. And it starts by asking, "Where am I?".

If I'm not where I'm supposed to be, it's too late to realign myself to my God-given dreams.

No. 3: Where am I going?

You know if I relate this to what's happening to my life today with my crisis, I can honestly say that it's been a roller-coaster ride of up and down emotions and I'm glad that my wife journeys with me.

But in hindsight, this crisis is something that I'm grateful for. I mean, that sounds kind of weird, but if it were not for this crisis, God would not reveal my unresolved issues and my issues would still fester in my life.

Now, may I ask you that question: What is your crisis?

Maybe some of you, you've got a health crisis. Or maybe some of you, you've got a financial crisis. Or a relationship crisis, or a marital crisis. Or a career crisis. What is your crisis?

Here is my advice... This is going to sound weird but it's theologically sound-- and this is going to bless you: Stay close to the crisis

What? Didn't he just say *stay to the crisis*?

That's right. Stay close to the crisis. What do I .mean by that?

Isn't it true that when you're in crisis mode, your focus is so good? You're fighting for something. You're so passionate. You're so committed. A lot of us will often say-- I don't know if you've ever heard this-- someone complained to you: "Sawang-sawa na ako sa ganito.-- I'm so tired of this. Puro na lang ganito. -- It's always like this."

And then they have solutions to that problem. They're able to solve the problem. But then things get a bit better, and then they go back to their self.

The FEAST FAMILY January 14, 2024 29

STAY CLOSE TO THE CRISIS.

Your Choice: Crisis Can Be Your Calling

When you've got a crisis, my friend, you know that you've got to fight your way through that crisis. But when you stay close to your crisis, you're going to dream big, you're going to run as fast as you can.

So, that's my advice. Don't ever lose sight of your crisis: Your life turned beautiful, you were able to pay your

debts, but then you used your credit card again. Right?

You exercised, you lost 10 pounds. What did you do to celebrate? You ate a box of donuts.

Tell the person beside you, "That's wrong."

Stay close to your crisis-- whatever that crisis is. Because that crisis will keep on pushing you forward, my friend.

Maybe your crisis can also be your calling, I don't know. Because if your crisis becomes your calling, you stay so close to it that you can feel it every day. Because you want to change something. You want to change your life and you want to change the world. Amen.

Ethan's Choice

We just recently had Christmas. Did you have a good Christmas? I want to take you back to 2020 with a little video about my son Ethan who was three yours old at that time.

And I asked him: "Son, what are you going to give Papa Jesus for His birthday?"

My son was three years old when I filmed that. He was so into construction vehicles. If you have children you know what it feels like when your kids are fixated on something -- and usually, they go through a period when they're into cars, into games.

Ethan was so much into construction vehicles. He knew all the vehicles. I had to learn about them so that I could align with his interests at that time. And you know, that's a cute video, don't you agree?

I mean as a parent, I really appreciated that I was able to take that video.

But you know, I had no idea that when I would watch that again and again, that God would speak to me through it. Because Ethan mentioned that what he wanted to give Jesus as gifts were a road roller, an excavator, a dump truck. What do they have in common? They're all construction vehicles.





Jesus' Choice

When you think about it, Jesus could have chosen any occupation in the world. He's the Son of God. He could have been the greatest conqueror ever in this world. He could have been the richest ruler in this world Yet He chose the lowliest, humblest, simplest occupation. He became a carpenter.

When you think about carpentry, you might compare it with other professions-lawyer, doctor, pilot, all these hard courses that you need to take to have that kind of job.

Carpentry is such a very humble



profession, right? But carpentry requires special skills. Because if you've got a bad carpenter, what will happen? You've got a bad foundation for your house. Have you ever seen a carpenter create a table with one leg just half of the other legs? That's a bad table. So, for you

to create a great house, you will need what you call a master carpenter.

Same thing in your life. Some of you, whenever you see that your house is getting dilapidated-- the walls are falling apart, the paint is chipping away, the foundation is so bad-- you look for a master carpenter.

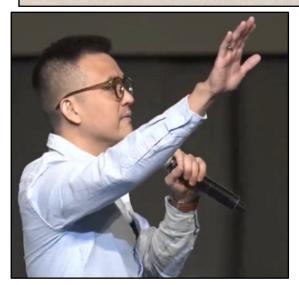
But today, when you see that your life is falling apart-- sin has overcome you, addictions are taking over in your life-- you know what you need? You need a Master Carpenter. I've got good news for you, my friend: Jesus is a Master Carpenter. He *is*.

Make this year a chance for God to continue the work He began in you.

I know you're excited to start 2024. But what if there are stuff in your life in 2023-- or even all the way back to when you were a child-- that have not yet been resolved? What if this year is the year that you finally resolve all of these issues that you've been through? Because until you allow the work of the Lord to start in you again, it will never continue.

Paul says that *God is faithful to continue His work*. My prayer for all of you today is that you would allow God to continue the work that He started in you on Day 1. And to allow Him to not just continue this year but to complete you this year.

LET GOD CONTINUE THE GOOD WORK HE BEGAN IN YOU



Are you ready to lay down the foundation in your life and to allow King Jesus to be the Master Carpenter over your life?

Lift both hands and let's pray:

Father, You are here. And in Your Presence, we surrender our whole life to You-- our past, our present. And ultimately, our future-- Hold it with Your mighty hands. We surrender all our issues, all our hurts, all our traumas,

and all our pains into Your loving hands. Come, heal us. Come, transform us. Come, change us. In Jesus' Name. Amen.



32 The FEAST FAMILY January 14, 2024



'It Is Finished!'

Everybody not moving, keep still. This is your moment with God. Jesus is here. Whether or not you acknowledge it-- that you have pains and traumas, and issues, and brokenness in your life--I want you to know that God sees them. He sees your sin. And I want you to know that you don't have to carry that burden all by yourself-- just like Bro. Bo said.

The truth of the matter is when Jesus came into life, He carried that sin for us and He nailed it to a Cross

So, when Jesus said on that Cross, "It is finished," it simply means He has overcome sin. He has overcome the difficulties

you're carrying. He has overcome the burdens that you're carrying.

Because Jesus already said, "It is finished," it simply means He has prepared the way. He has prepared the path and all He's doing right now, He is preparing you-- Jesus is preparing you so that you walk that path with strength and with grace, and with courage.





The FEAST FAMILY January 14, 2024 33

Commitment

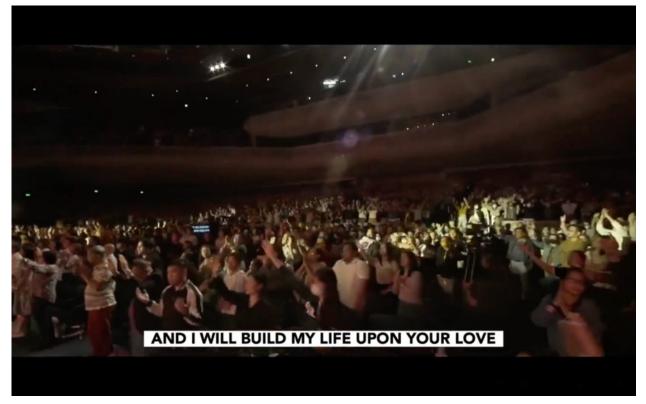
Everybody, lift your hands. I want you to say this prayer with me. This is going to be your anthem for 2024-to lay down your life to Jesus.

Everybody say:

Jesus, here I am. I am Your Child. And today, I declare that You are my God. I look at my past. I look at my present. And I look at my future. And I



know that You're there as You've always been. And I trust that You've got plans for me-- plans of Hope, plans of Goodness, plans of Peace, plans of Joy. And today, I declare that only You I will follow. Only You I will worship. Only You I will love. Be my foundation. I build my life upon Your love. In Jesus' Name, I pray. Amen.





MERCY MINISTRIES

God blesses those who are merciful, for they will be shown mercy. --Matthew 5:7

JEREMIAH 33: 6-7 FOUNDATION PART 2 Fulfilling the Prophecy

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By JUNE MIRTH 'Jing' S. APUHIN

EVERY time I am asked to share about my life, I honestly say that I used to dream of becoming a nun.

Throughout the years that I was single, I was doing search-ins about convent life, even applying to be admitted to some convents.





Today, I am far from being a mother in a convent. Instead, I am a mother to abused girls, beneficiaries of our Jeremiah Foundation where I now serve as executive director.

That's because along the way I realized that God had another plan for me-- His way of giving me three precious blessings: Family; Two Careers; and Missionary Life-- branching out to more blessings!

The FEAST FAMILY January 14, 2024 35

First Blessing: Family

I was born June 9, 1977, in San Carlos City, Negros Occidental-where in His perfect tine, God connected me to a man who showed me the way and helped me say "I love You" to Him.

The signs were too clear when I met Mar Apuhin.

Our families were common



acquaintances in the city of San Carlos, Negros. Since we were of the same high school batch, we somehow knew each other's shadows and faces. Fast track to post-college bachelor life in the big city of Manila. It wasn't until a mutual friend reintroduced us at a party that we truly connected and our love story began in early 2000. Eventually, we started talking and getting to know each other better, leading to a deep and lasting bond that would shape both of our lives forever.

In 2005, we migrated to Hong Kong for a career opportunity. There, we were blessed with three daughters. In 2011, we came back here in the Philippines for good. In addition to our three girls, we prayed for two boys, and God granted our wish.

So, we now have five, all still students: Mary Mirth, 20 years old, studying at the University of the People in Pasadena, California; Aya Martha,18, Ateneo University; Kaitlin Maria, 16, St. Paul College; Martino Loreto, 10, Dunwoody Academy; and Marius Aquilo, 5, also in Dunwoody Academy.

Second Blessing: Two Careers

I went to schools in our hometown, in San Carlos City. I first went to the Vicente Gustilo Sr. Memorial School in San Carlos, graduating in 1989. For high school, at the Colegio de Sto. Tomas Recoletos also in San Carlos, 1993. And for college, University of Negros Occidental Recoletos in Bacolod City, thinking of studying Mass Communication.

But throughout the years that I was single, I was also doing search-ins about convent life, even applying to be admitted to some convents.

I was so determined to become a nun that I decided to forget about Mass Communication in favor of courses where I would be able to help bring about positive change, especially for those in need.

Social Work and Nursing

Even though I wanted to go into Mass Communication, I didn't push through with it. I worked for my Bachelor of Science degree in Social Work. I graduated in 1997 and got my license in 1998.



I started working on my Master's degree in Social Work at the University of the Philippines in Diliman, Quezon City, but I was unable to complete it because my family moved to Hong Kong in 2005.

I worked as an assistant teacher at Carmel School in Hong Kong (a Jewish school) for about three years.

When we came back here in the Philippines, I pursued my Social Work career. My life as a social worker has been fulfilling, and I attribute significance to my profession since it is in line with my ideals and values. I had several jobs when I was a social worker: As a child advocate for the children on the streets of Quiapo, Recto, and Avenida; a community social worker for the informal settlers in Pandacan, Manila, areas; case manager serving sexually abused and exploited girls in Ermita and Pasay City; women's project coordinator organizing the women in some parts of Quezon City for the Gender and Ecology Program.

I also served as a social worker Disaster Risk Reduction (DRR) program coordinator at the Socio-Pastoral Institute in 2011 under the leadership of Bishop Julio Xavier Labayen and Bishop Broderick Pabillo.

In 2016, I started a career in Nursing. I worked for a Bachelor of Science degree in Nursing. At the time, we didn't have a driver. So, I drove my kids to school, and while they were in their classes, I also attended my Nursing school and then picked them up after my classes.

And since this was my second course, most of my minor subjects were credited. Hence, I had to take only major courses. Before I knew it, I'd finished my second degree in 2019 and got my license that same year.

I've been serving as Operating Room Nurse reliever at the Salve Regina General Hospital, since January 2021.

38 The FEAST FAMILY January 14, 2024

Third Blessing: Missionary Life

My husband is a God-loving person. The one endearing quality that I like most about him is his sense of humor and how it brought joy to our relationship, as well as the way he showed genuine interest in my passions and dreams, fostering a strong sense of partnership.

Mar introduced me to several spiritual renewal movements during the early 2000s. Our first community as a couple was the Couple's for Christ (CFC) based in Resurrection Parish in Quezon City, together with the Loved Flock Charismatic led by Bro. Bingbong Crisologo. But since we had to move to Hong Kong, it did not take long for us to find a new community to join.

We were active members of CFC Hong Kong up until 2011. We were actively involved in various church and community activities and events organized by CFC Hong Kong.

Seeing The Light

At the time we were in Hong Kong, the popularity of Bro. Bo Sanchez's preaching and teachings started to grow rapidly and piqued Mar's attention. He started following Bro. Bo's events frequently, absorbing his messages in his podcast, *Preacher in Blue Jeans*.

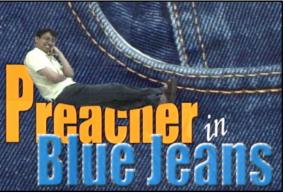
Bro. Bo's teachings on the practical application

of the Bible to daily life inspired Mar. His understanding of the Word of God and how to apply it to daily life deepened. I remember those days when Mar would show the episodes of *Preacher in Blue Jeans* on TV and we watched them with our friends. It became a way for Mar to share the valuable insights and lessons he gained with those around him, fostering a sense of community and connection.

This spiritual formation exposure has introduced me to various practices such as community praying, Life in the Spirit, and the Catholic Mass. These experiences led us to explore different aspects of his faith and find a deeper connection with God.

As we continued to journey together within the spiritual renewal movement, he also discovered the importance of community in his spiritual growth.

When we got back to the Philippines for good, Mar promptly looked for Bro. Bo and learned about the Light of Jesus Family and The Feast where eventually, we have become members.



Precious Gifts

I count two precious gifts we've received since we joined LOJ.

1. Spiritual Nourishment at The Feast

The best blessing: the spiritual nourishment my husband and I receive at The Feast.

Since we joined LOJ, we just took a few more steps to be at The Feast starting in September 2011. We live in Pasig, so, we joined Feast Valle Verde held at the Valle Verde Country Club, Pasig City, led by Bro. Obet Cabrillas.



We've been blessed to attend The Feast regularly joining the throng filling the Club's ballroom every Sunday, both the morning and afternoon sessions.

And with time, we became fully immersed in the movement's teachings and practices. We've attended LOJ gatherings regularly and found friends who shared our beliefs and values. Together, we served as the Couples mission head of Bro. Obet's Feast Valle Verde from 2012 to 2014.

The mentorship that senior LOJ members offered was a crucial factor in my husband's spiritual transformation, such as sending him to the LOJ's school of leadership in 2015 as sponsored and recommended by Bro. Obet, his coach and spiritual mentor. He guided Mar through difficult times, offered wise counsel, and helped him navigate the complexities of his faith.

In addition to personal growth, my husband's involvement in LOJ also extended to acts of service. He actively participated in various initiatives organized by the movement, including couples' seminars, charity events, outreach programs, and volunteering opportunities aimed at helping those less fortunate.

Over time, being part of LOJ not only transformed me and my husband spiritually but it also had a profound impact on other areas of our lives. It influenced our relationships with family and friends positively as we learned how to approach them with compassion, forgiveness, and understanding rooted in our newfound spirituality.

By God's grace, even as we took care of our children, we have been able to live a Missionary life, serving the Lord through a couple of ministries.

As a married couple, we've served the Catholic Church and joined various church-led organizations. Today, my husband serves as a lay minister in the Christ the King parish together with our 10-year-old son as altar server.

We are also active as a couple in the Worldwide Marriage Encounter Movement in the Diocese of Pasig.

2. Fulfilling the Jeremiah Prophecy

I joined the Light of Jesus Family in 2011, and I've been so blessed joyfully serving the Community with co-servants (*right*).

And then, eventually, I got to know about the



Jeremiah Foundation, our Mercy Ministry taking care of abused minor girls.



In 2012, our mentors in the Feast Valle Verde Couples Ministry, Tita Glo and Tito Del Viola learned that I am a social worker with experience working with sexually abused girls. It happened



that the Jeremiah Foundation needed a licensed social worker, so they introduced me to Bro. Rey Ortega *(left)*, founder of the Foundation.



Bro. Rey persuaded me to join Jeremiah's team. Because my heart belongs to children, I did not hesitate a bit and started working for the Foundation as its first social worker.

I joined the Jeremiah Foundation, then led by Sis. Rissa Kawpeng (*left*), in 2013, serving through various designations: November 2013-October 2014 – as Center Social Worker; November 2014-January 2021--Volunteer Social Work Consultant; February 2021 to present – as Executive Director.

And as we have experienced in our Community, even as we give our all to Him, God will not be out-given. I've received more blessings-much more than what I've given to Jeremiah. Jeremiah Foundation has allowed me to express God's love and make a difference in the life of each of those we serve in the Foundation, one girl at a time.

Jeremiah is an amazing grace to me because humbly, even in a little way, I've become part of fulfilling God's promise of healing for His people as expressed in the Bible verse where we got the Foundation's name:

"I will heal them and reveal to them abundance of prosperity and security." —Jeremiah 33:6-7



All Glory to God!



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now. Email Address: jocelyn@kerygmafamily.com Website: https://kerygmafamily.com

Our Partner Beneficiaries

Jeremiah 33 Foundation is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born is a halfway home for pregnant women in crisis.





He Cares Mission provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation grants scholarships to indigent students.





Jesus Christ Cares for Cancer provides financial assistance and pastoral care for indigent cancer patients.

> The Light of Jesus Pastoral Care Center ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra

within 8-10 years.







The Light of Jesus Disaster Recovery Ministry provides evacuation assistance,

relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry

brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.





Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to www. kerygmafamily.com and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks: Account name: Shepherd's Voice Radio and Television Foundation Inc. BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch PNB - Current Account no. 108410089566 SSS branch Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmafamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230



FAMILY ONLINE NEWSMAGAZINE

The Feast Family online newsmagazine is produced by the Shepherd's Voice Radio and Television Foundation, which is also our partner beneficiary, with support services from the Light of Jesus Editorial and Multimedia Assistance Ministry.

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Go and make disciples of all men. — Matthew 28:19