



FAMILY

MAY 12, 2024



Fear Fails!

I THANK GOD for fear.

When I'm in front of a snake, a scorpion, a swindler, or a scammer, hooray for fear—because it protects me. I run away!

But fear is not perfect. It's fallible. It makes mistakes. Sometimes, when it gives us instructions to be in the mode of fight, flight, or freeze, it can be totally wrong.

That's why you see people make horrible mistakes because of fear.

Fear makes people run away from their responsibilities.

Fear makes people lash out at others, even hurting them.

Fear makes people, instead of facing their problem head-on, escape to various addictions like drugs, or alcohol, or over-shopping, or overeating, or scrolling on social media for hours.

Today, we will explore fear and share six steps on how to deal with it wisely. I know you will be blessed by this message.

Have a powerful Feast today!

May your dreams come true,

Bo Sanchez

WELCOME
to our brand-new
Feast Talk Series:
FEEL:
Why Your Emotions Matter
Talk 2: *Fear*

Are You Afraid?

WE'RE afraid this issue of *The Feast Family* will be kind of scary.

We start with the Homily of Fr. Joel Jason who points out that the Mass Readings in last Sunday's Feast were about how to make us better lovers. That's scary? Well, read on... *page 3*.

But before you tremble, Bro. Bo Sanchez is saying there's nothing to be afraid of because... *page 1*.



Yep, nothing to be afraid of, says Bro. Audee Villaraza because as you Worship, even before God Himself, you can be yourself-- no masks, *page 12*.

Nothing to be afraid of, Bro. Nico Narvaez agrees-- especially if you know how to pray even for such ordinary wish as having donuts, *page 8*.

Nothing to be afraid of, not even the highest heat index, or the coming typhoons, or even rumors of, or actual wars.

We have the assurance that we'll be safe... says the Light of Jesus Family

Disaster Recovery Ministry and its Feast Little Acts of Love, *page 23*.

So, what are you afraid of?
Or, what *should* you be afraid of?



All for God's Glory,

Randy Borromeo
Media Ministry
Executive Director





FLASHBACK!
MAY 5, 2024

Holy Mass



Homily

REV. FR. JOEL JASON

on the Gospel John 15:9-17

Excerpts:

If you listened to the Readings this Sunday, you might have guessed that the theme of the Readings is how to make us better lovers. Why is that?

Our Second Reading from the First Letter of John and our Gospel from the Gospel of John repeats the constant theme: "This is my commandment, love one another."

To love one another seems easy since we are all loving. But remember what Jesus said: "Love one another as I have loved you."

It means that the pattern, measure, and standard of our love are in one sense: the way Jesus loved us-- which is not easy.

What kind of love is Jesus referring to? In the English and Filipino versions of the said verse, it's not easy to see the difference. But if you look at the original Greek of the Gospel text, you'll see the distinction is clear.

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Three Words for Love

In Greek, there are three words used for love:

1. *Eros*

This is considered the entry-level. It is an erotic attraction based on the physical level. If you see someone beautiful or handsome, that is regarded as an erotic attraction. That may be the beginning of love but that is not yet love.

Eros is good but it cannot be left alone-- because it may lead you somewhere else. The sex offenders started with *eros*. One is erotically attracted to the other person.

The *eros*, however, became isolated.

2. *Philia*

Love is not just based on physical level but also involves emotional dimension. The joy of companionship and friendship can be classified as *philia*.

There is a city in America called Philadelphia. It's called as such because it combines the words *Philia* and *Adelfos* which means *brotherly love*.

Philadelphia means *brotherly love*. It is good but if left alone, it can also lead you somewhere else. People who are obsessive to the point of being a stalker are brought about by *philia*.

3. *Agape*

This is the highest level of love.

Jesus said, "No greater love a man can have than to lay down his life for his friends."

That is *agape* which means *self-sacrificial love*. It is *agape* that purifies *eros* and *philia*.

In the Gospel, Jesus didn't say, "*Eros* one another as I *eros* you."

He didn't say, "*Philia* one another as I *philia* you."

Jesus said, "*Agape* one another as I *agape* you."

The love mentioned in the Gospel is a radical kind of love.



What Makes the Love of Jesus Radical?

1. It is radical in origin.

Agape does not come from emotions.

It comes from a decision. It can be scary if love is only based on emotions. For it is here today but gone tomorrow.

But if your love is based on *decision*, even in the absence of good feelings, you can continue to love the other person.

I know of a husband whose love language is preparing coffee for his wife in the morning.

One time, they had a big fight in the evening. The wife expected that there would be no coffee for her in the morning. But lo and behold, when she woke up, she saw her husband preparing her coffee. While it was obvious that the husband was still in a bad mood, the husband even handed the coffee to her.

When I spoke to the husband about it, he said, "Father, making coffee for her in the morning is my commitment."

That is radical love. It does not originate from the emotion but from the decision that even in the absence of good feelings, she will still be the object of his devotion.



First Reading: Acts 10:25-26, 34-35, 44-48

²⁵ When Peter entered, Cornelius met him and, falling at his feet, paid him homage.

²⁶ Peter, however, raised him up, saying, "Get up. I myself am also a human being."

³⁴ While Peter proceeded to speak and said, "In truth, I see that God shows no partiality. ³⁵ Rather, in every nation whoever fears him and acts uprightly is acceptable to him." ⁴⁴ While Peter was still speaking these things,

the Holy Spirit fell upon all who were listening to the word. ⁴⁵ The circumcised believers who had accompanied Peter were astounded that the gift of the Holy Spirit should have been poured out on the Gentiles also, ⁴⁶ for they could hear them speaking in tongues and glorifying God. Then Peter responded, ⁴⁷ "Can anyone withhold the water for baptizing these people, who have received the Holy Spirit even as we have?" ⁴⁸ He ordered them to be baptized in the name of Jesus Christ.

2. It is radical in its destination.

Understandably, we love those who are lovable. But the love of Jesus challenges us to love not only the lovable but even the unlovable. The destination of God's love is universal.

In the Gospel, Jesus said, "God the Father makes His sun shine both on the good and those who are evil."

God is inviting us to widen the scope of the recipients of our love.

One time, I was driving, and somebody cut me. So, I honked at him. When our cars got beside each other, he rolled his window down and he gave me a dirty finger. At that moment, I wanted to do the same.

But I decided to just let go and uttered a prayer for him instead: "Lord, please take him now." ☺

Seriously, I prayed, "Lord, take care of him. He may be having a bad day." At that moment, I loved the unlovable.



Second Reading: 1 John 4:7-10

7 Beloved, let us love one another, because love is of God; everyone who loves is begotten by God and knows God. 8 Whoever is without love does not know God, for God is love. 9 In this way the love of God was revealed to us: God sent his only Son into the world so that we might have life through him. 10 In this is love: not that we have loved God, but that he loved us and sent his Son as expiation for our sins.



Responsorial Psalm: Psalm 98:1, 2-3, 3-

1 Sing to the Lord a new song, for he has done wondrous deeds; his right hand has won victory for him, his holy arm.

R: The Lord has revealed to the nations his saving power.



3. It is radical in its motivation.

Agape love is not for self-preservation.
It is for self-donation.

That is the reason you love. You don't love someone because you can get something from him or her-- which can be the problem with *eros* and *philia*. You are erotically and emotionally attracted to that person because you can get something from that person.

Agape is loving someone even without getting benefits. It's simply loving the person. That is the love of Jesus. That is the kind of love by which Christians will be known in the world.

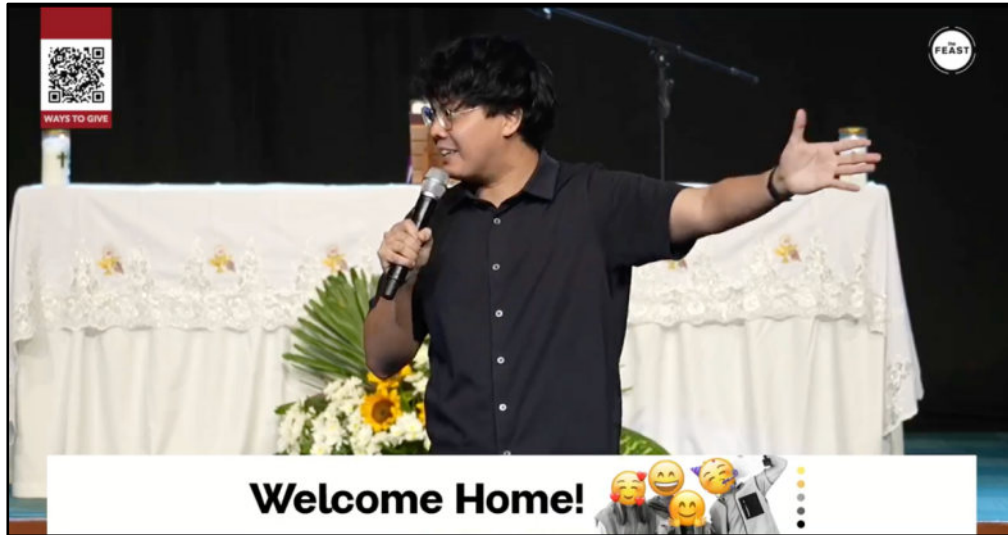
What is the greatest symbol of *Agape*? The Man on the Cross.

Jesus did not benefit from us when He suffered on the Cross. It was purely an act of self-donation.

As we continue in our Holy Mass, we pray that we may become a lover like Jesus. Let's say sorry to the Lord for the many times we have confused genuine love from counterfeit love. We pray that we may be courageous to embrace the glory, the dignity, and the beauty of genuine Christian love. Amen.



Welcome!



BRO. NICO NARVAEZ:

Good Morning, FEAST! Welcome to the happiest place on Earth!

First-timers, Welcome! This your home now, too.

Today is the first Sunday of May. So, I want to greet all of our May Birthday celebrators. My mother is one of them. Happy Birthday! Beautiful day!

So, I just want to share a quick and fun story ... Disclaimer: I didn't ask permission to share the story, so I'm going to hide the person's identity. Let's just call the person Diwata.

One day, Diwata and his friend were in a mall in Makati, they were walking inside the mall, they were talking, and then they decided to have some donuts. So, they googled the best donut place in the mall and they went to the shop.

Before they ordered, Diwata said something that surprised and shocked his friend: "Before we buy these donuts, I need to ask the Holy Spirit first.

His friend laughed, "Ha-ha. Legit? We're going to pray first before we buy the donuts? It's crazy."

Diwata nodded, "Legit. I need to ask God first before we buy this glazed Krispy Kreme donut-- not sponsored by the way. Because I need to ask God if this donut will nourish the body that God gave me."

That guy is so "spiritual". Do you know someone in your life who's just like a living saint? Maybe the person is like a living saint?

That story might sound a bit funny, overacting, right? But maybe we need to learn a little something about Diwata-- how he asks God, how he asks the Holy Spirit first before he does anything, even the smallest activity.

Love Offering



Maybe this is your first time or the tenth time that you're giving. But this might be the first when you are actually asking the Holy Spirit to guide you into our giving.

And so, we're going to pray a simple, short prayer. Repeat after me...

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Jesus, Holy Spirit, Father God, what do You want me to give today? In Jesus' mighty Name. Amen.

So, let's give to God today...

Help the Feast Mercy Ministries. Help them all.

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Worship!

SIS. LUAN FEDERIGAN:

Good Morning, FEAST!

We're going to worship our Lord today.

Whatever reason you have for coming here, for whatever situation you are in right now, even if you are in despair, even if you are in sadness, or even if you are in gladness, we will shout all our praises to the Lord.

And we will fix our eyes to the real meaning of Worship. Amen. Hallelujah!

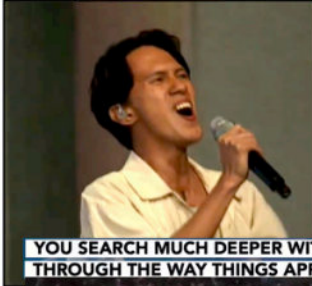
Every week we come here. And we sing songs of praise, we raise our hands, we close our eyes. We just open our heart. But do we really know the meaning of Worship?

So, right now, Brothers and Sisters, I want to invite you to just surrender and open your heart and be in a position of receiving Him, receiving God's Presence, and let's all come back to the real meaning of Worship.

Lift your hands. We're going to sing this song as a sign of surrender.

Let's all come back to the heart of Worship ...





BRO. AUDEE VILLARAZA:

You know, the thing that I love the most about Worship -- it's many things actually-- but when I think about worshipping the Lord in this place this morning, I just want to say this to somebody that the reason I love Worship so much is that you can come before the Lord as you are.

You don't have to pretend to be somebody that you're not in His Presence. You don't have to pretend like you're okay in the Presence of Jesus. You don't have to hide what you're feeling. Because you may come before the Lord and then you may bring what it is that's in your heart.

You may bring your pain to Jesus. You may bring your hurts to Jesus. You may bring your complains to Him. You may bring your agony to Him. You may bring your confusion to Him.

And when you don't even know the words on how to express how you feel, don't worry. Because God will hear the language of you heart. And that's more than enough.

What do you want to bring to Jesus right now?

That you're feeling in here... in your heart.>

Right now, this is the moment that you bring it to Him and you tell Him.

Put your hand over your heart right now and say:

“Jesus, here I am. I come as I am-- no masks, no pretensions. I am vulnerable. I am transparent. And I am completely open. Hear my heart, be with me in this moment.

I worship You and You alone.

Let's sing that again... We're coming back to the heart of Worship. And we're making this not about us. We're making it all about Jesus, about Him. Everybody, let's sing...



NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Lift your hands. We're going to declare God's abundance and blessing and healing over our life. Here we go... Everybody, say this with me...



Today, I receive all of God's love for me.
Today, I open myself to the unbounded, limitless,
overflowing abundance of God's universe.



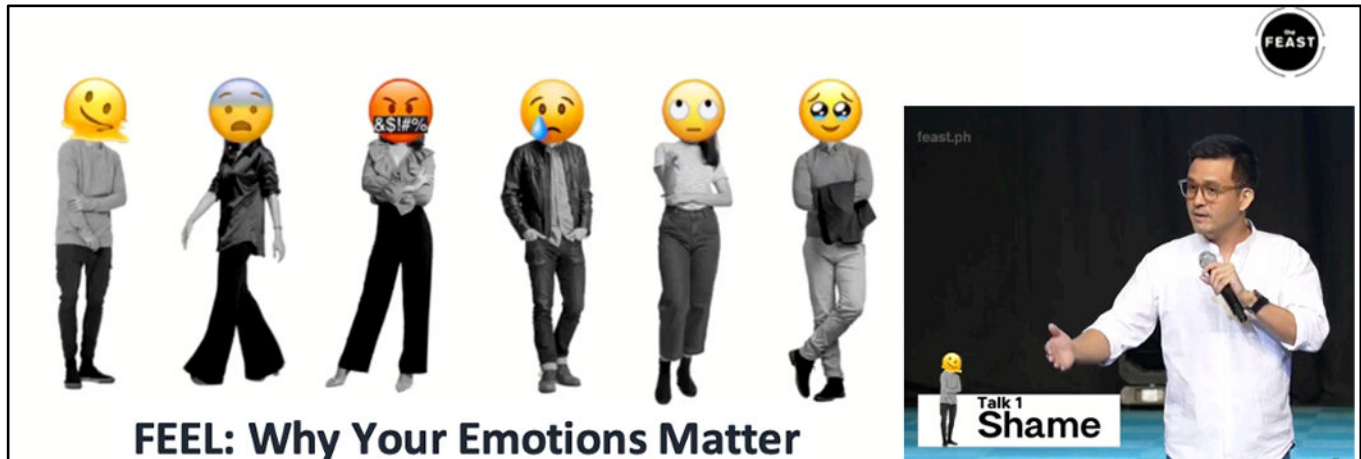
Today, I open myself to God's blessings, healing, and miracles.
Today, I open myself to God's Word so that
I become more like Jesus every day.



Today, I proclaim that I'm God's beloved. I'm God's servant.
I'm God's powerful champion.

And because I am blessed, I am blessing the world.
In Jesus' Name. Amen.

Talk



INTRODUCTION

BRO. AUDEE VILLARAZA:

I want to introduce our complicated and technical series called *FEEL: Why Your Emotions Matter*.

While there are some people who are good at managing their emotions, some of us are not very good at that. Why? We have two reasons:

1. We have trouble labelling our emotions.
2. We have trouble leading our emotions.

Those two problems go hand-in-hand. You cannot lead something that you're unable to label. If you cannot label it, you cannot lead it. What you cannot name, you cannot tame. Our goal in the next five Sundays is to learn how to navigate our emotions-- not just to label and lead them, but so we can love God, others, and ourselves better.

Our goal at the end of our series is that when you feel like praising God, then you praise Him. When you feel like saying "Amen," then you shout it.

We Filipinos are so shy about our emotions. We learned from our parents that whenever we expect guests at home, we need to dress up the place because it's nakakahiya-- shameful-- when we're not properly dressed.

We are afraid of what might people say. It's our culture. But we want to stray away from that. We want to get in touch with how we feel.

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Jesus Grappled with Emotions

Emotions have been there since time immemorial. It started even before the Creation of the world. It's not a 15th century invention.

In the Old Testament, in the *Book of Psalms*, David had so many extreme emotions.

One time, he was joyful. The next time, he was praising the Lord. The next minute, he was lamenting.

That's why *lament* is a word that means *prayer through intense pain*. That's why you see David grappling through his emotions.

But so did Jesus. The Bible says that Jesus grieved over the death of His friend, Lazarus. The Bible says that Jesus was enraged (when he saw people turning the Temple grounds into a marketplace). So, He turned over the tables at the Temple.

Jesus felt emotions.

But so does God. The Bible says that the Lord felt anguished when the Israelites turned away from him.

People have two extreme spectrums when it comes to emotions.

1. Logical

These are for people who feel through their mind. They always have a rational explanation to what they feel.

2. Emotional

These are for people who basically feel everything. They are those who like to speak out what's in their mind. They wear their heart on their sleeves.

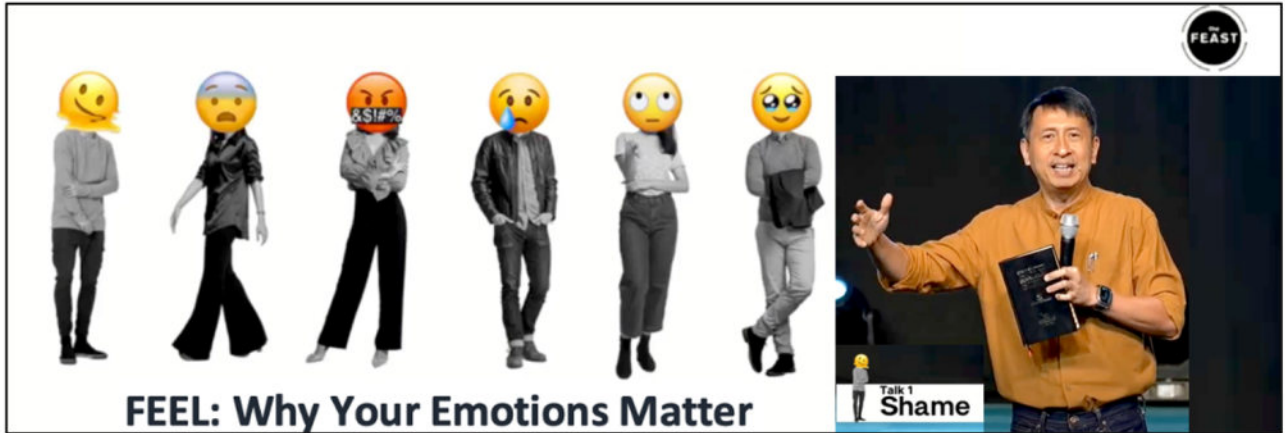
Two Kinds of Emotions:

- a. Cry like a waterfall
- b. Erupt like a volcano

There is nothing wrong with both emotions. There are those who don't belong to any of those two-- people who have mixed emotions. Sometimes, they're logical. Sometimes, they're emotional.

We want to know how to sort our feelings so we will know how to communicate them, how to embrace them, and how to learn from them so we can bring even the most difficult pains to the Lord.





BRO. BO SANCHEZ:

We're going to talk about *shame* today.

My one big message is:

You are already loved.

Where did *shame* start? It's in the first two pages of the Bible.

We know

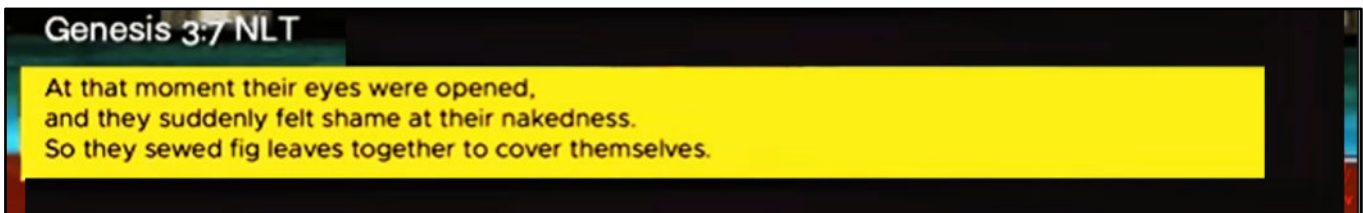
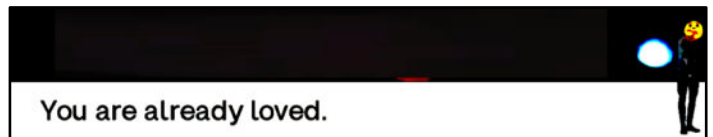
the story of the *Genesis* where God creates man and woman. He loves them and wants them to rule with Him. He makes them in His image and likeness. But they listen to a serpent who plants the seed of distrust in them.

(God forbids them to eat the fruit from the Tree of Knowledge of Good and Evil in the garden of Eden-- *Genesis*. They disobey Him. Prompted by the serpent, they eat the fruit and gained knowledge-- like, they were naked.)

The serpent says, "Your God is not for you. Your God is against you. Your God is keeping stuff from you."

And they believe the serpent.

Let's read that in *Genesis 3:7*:



This is the first time in the Bible where *shame* appears. This is right after the man and the woman disobeyed God because they did not trust Him.

They suddenly felt ashamed of their nakedness. So, they sewed fig leaves together to cover themselves. They hid themselves.

Shame Threatens Your Identity

So, why do you hide? Why during the Coronavirus Disease (COVID) Pandemic you hid-- using your mask. And then you isolated yourself. Why? Because there was a virus that was going to harm you.

When people feel shame, they want to hide. And why do they hide? Because there is something out there that will attack them.

Shame signals that your identity is being threatened.

But in our story, who were they trying to hide from?

When I was a kid, when I read this story, I imagined God with a ruler...

That was what my Math teacher held in her hand when I made mistakes in Math. She'd be angry and brandish the stick...

I imagined God holding a ruler, shouting, "Where are you? Aha! You ate the fruit!"

I imagined God like that..

But if you read the original Hebrew of the text, you'll note there was no such inflection-- there was no tone in God's voice in that regard. No.

It was a father looking for his child. "Son, let's play..." That kind of tone.



Genesis 3:8-9 NLT

When the cool evening breezes were blowing, the man and his wife heard the Lord God walking about in the garden. So they hid from the Lord God among the trees. Then the Lord God called to the man, "Where are you?"

And this is how the man answered:

Genesis 3:10 NLT

I heard you walking in the garden, so I hid. I was afraid because I was naked.

What Is Shame?

My Friends, shame will always be based on a lie.

Imagine, you are hiding from a God who loves you.

And you think, "He might harm me... so, I'm going to hide.

Friends, it is so difficult if someone comes up to you and says, "You're a failure." If your teacher tells you, "You're good for nothing." If your mother tells you, "You're stupid."

But because it was spoken to you by another person, you have the urge to debate with that person. Even if you don't debate face-to-face with that person, in your mind, you will say, "What does he know? I'm better than this. Yes, I failed in the exam, Teacher, but don't call me a failure. I just failed. But I am not a failure. "

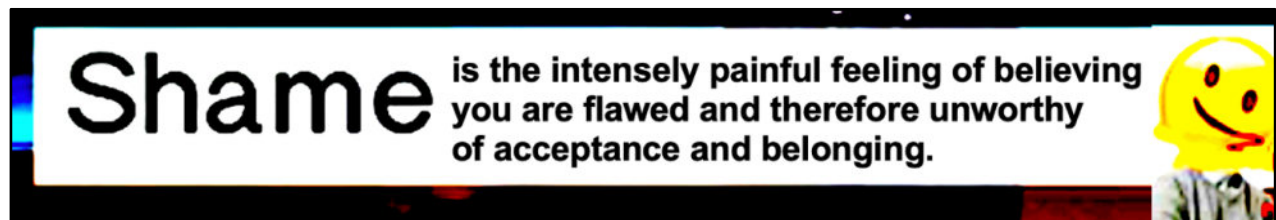
You can debate with the person.

But this is the problem: If you tell yourself, "You're a failure, you're stupid..." it's 10x harder to remove self-labels than to remove the labels of other people give to you.

The problem is this: You begin to feel ashamed of who you are -- because shame is based on the *lie*.

What is shame? Yes, shame is threatening your identity... But shame is also questioning, doubting your worth.

Let's read this definition:



Extend your hands towards the Word:



*Thy Word is a Lamp unto my feet
and a Light unto my path.*

There's one thing that you will learn in the next six talks of this series. God created us with emotions. He could have created us as robots. If He made us as robots, we would have been more efficient. But why did God give us emotions?

I have a hunch. Every emotion has a purpose-- even the darkest ones.

For many people, emotions like happiness, gratitude, and peace are all good emotions. But emotions like anger, fear, and worry are all bad emotions.

We need to re-program our mind and say, "No, there are no such things as bad emotions."

There are only bad ways of leading them. Each emotion carries a gift.

What is the gift that shame wants to give to you?

What is the gift of shame? To tell you that something is threatening your identity and needs your attention.

When you feel shame, run to God and explore if it's a real threat-- based on truth or based on lie.

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4 Prisons of Shame

The problem with shame, the more you believe in the lie, this is what happens: 4 Prisons of Shame.

1. Obsessive Perfectionism

Not always, but many times, a person is a perfectionist because of shame.

When you feel you're not worthy, you strive hard to become better and better -- to be perfect.

When you're perfect, you can give a sigh of relief: "I'm now worthy."



2. Shame-Based Identity

When shame becomes a fixed mindset, this is bad.

This was my life for 20 years. When I was younger, I woke up one day with this dreaded feeling of utter sadness. I couldn't point a finger on what I was feeling. So, I would dive into work and I would be very busy with serving God. At the end of the day, I would feel exhausted. I would go home and I would go to sleep.

When I wake up the next day, it would be there again-- sitting at the bottom of my gut.

As time went on, I realized what it was. It was shame. I realized that I actually felt ashamed that I was alive. I was ashamed of who I was.

I researched and I found out that most victims of molestation have a shame-based identity.

I was molested when I was eight years old. Irrationally, I was blaming myself for why it happened. A kid is not very logical. As a child, I thought that I must have done something bad. That's why I deserved to have been abused.

But thanks be to God, in the process of God loving me, God corrected the lie. God healed me.

You don't have to be molested as a child to feel shame.

I see it everywhere. I see it in that little girl who comes from a broken home. I see it in that little boy who grew up with absentee parents. I see it in that young woman who had an alcoholic father and a narcissistic mother...

Feel your pain but don't wallow in it. Go to God and be naked before Him with your emotions. By wrestling with God, you begin to label your emotions. Some people tell me that they have an anger problem -- but their real problem is that they have a fear of problem and they're afraid of admitting it.

3. Blaming

When you are ashamed, you will start to blame.
Eve did that with the serpent. Adam did that with Eve.
We all do that when we're ashamed. At the end
of blaming others, you begin to blame yourself.
There's a big difference between
taking responsibility
and self-blame.

**Self-blame is repeating in our head:
"I shouldn't have done this!"
(Repeat 1,000 x)**



Guilt is good. It's knowing that you've done something wrong. The worst thing that can happen to you is when you have no guilt. When your conscience doesn't bother you. Hitler did not feel guilty for killing six million Jews. Corrupt politicians do not feel guilty.

**Guilt is good.
It makes us run to God so He can repair us.**

4. The Poison of Isolation.

When you feel shame, you want to isolate. You want to cut off yourself from other people and from God. But when you do that, you're cutting off yourself from the sources that can heal you. What you need to do is to do the opposite thing.

**Let shame be your signal
to go back to God and your safe friends.**

**TRUTH
Only empathy can heal shame.**

**When we expose our shame to God and others, and receive
empathy from God, others, and even ourselves, we start healing** ❤️

The truth is that you are already loved, accepted, celebrated, and blessed.
You are worthy.

The Truth

A friend of mine gave me this pen with my name engraved on it. It's P2,000.00. It's expensive!

Of course, I was grateful.



A few months later, I gave a talk in a company. This company gave me another pen.

They said, "Bro. Bo, thank you for giving the talk. This pen is a Montblanc pen."

They said it with a heavy emphasis on "Montblanc."

I googled it and I found out that the pen was worth P20,000.00-- which happened to be their cheapest one.

I studied the technology of both pens and they're almost the same technology. But why is the other one way more expensive than the other?

The answer is because of the manufacturer. The maker of Montblanc decided that they would not make pens lower than P20,000.00.

Why? Because they want to.

I have an announcement to make. Your Manufacturer said that you are a person of worth.

You may be flawed but He says, "I'm going to repair you."

You may be dirty now but He says, "I'm going to cleanse you. Do you know how valuable you are? My Son Jesus left Heaven for you-- for you are more precious than all of Heaven. Jesus left His throne for you. My Son Jesus, He died on a cross for you. Why? Your price tag is so much higher than His own life."

This is the truth. The Devil is lying to you by saying you're not worthy, you're stupid, you're a failure, and you're a nobody.

You have a God who is saying, "You are already loved, accepted, celebrated, and blessed."

In Isaiah 49:16, God says:

Isaiah 49:16 NLT

**I have written your name
on the palms of my hands.**

"Father in Heaven, Thank You that we can just not wallow in shame and in the lie. But we can be immersed and marinated in the truth that You made me beautiful and amazing. You made me celebrated and accepted and blessed. Thank You, Father, that I can love you today. Amen."





MERCY MINISTRIES

*God blesses those who are merciful,
for they will be shown mercy.*

--Matthew 5:7

The FEAST LITTLE ACTS of LOVE

Welcome to Our Table!

MISSION ACCOMPLISHED!

Street dwellers received food packs on April 28, 2024, big thanks to The FEAST Little Acts of Love of the Light of Jesus Disaster Recovery Ministry.

The Ministry holds the Street Feeding Program monthly, dubbed *Isama Natin Sila sa Mesa*-- yes, in English, *Let's Include Them at the Table*.

The project is a partnership between the LOJFDRM's Feast Little Acts of Love Foundation and The Feast Meycauayan.

Volunteer members prepared 200 food packs and helped distribute them to street dwellers in Caloocan, Manila, and Quezon City.



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The Mission Continues

The Ministry deeply thanked the volunteers. It posted on its Facebook page: “With our partnership, we can now surely continue this monthly Street Feeding Program.”

The program also assures the continuation of the Ministry which was established at the onslaught of Typhoon Ondoy on September 26, 2009.

We remember Typhoon Ondoy very well as it was during the calamity that our Light of Jesus Family established the Light of Jesus Family Disaster Recovery Ministry.

Our founder, Bro. Bo Sanchez, encouraged our Community leaders to form the group to help members in times of calamities.



At left, Bro. Bo with Bro. Marvin Tan, Ministry executive director, with supportive wife Sis. Liza Tan.

Early on, Bro. Bo assigned Bro. Roy Pasimio (*below, extreme left*) as the first head of the Ministry.

Bro. Roy formed its organization, objectives, and policies.

In time, Bro. Roy handled the LOJ International branches of The Feast, our faith gathering.

So, Bro. Jorge Diomampo next handled

the Ministry.

Soon, Bro. Jorge retired, and so, Bro. Marvin took over what is now called The Feast Little Acts of Love.



The Light of Jesus Feast is a loving community where all members can feel safe, experience support, love, and care especially in times of crises and calamities.

With an unending cycle of generosity-- giving, sharing, saving lives—we have called our Ministry The Feast Little Acts of Love, aptly as part of the Light of Jesus Mercy Ministries led by Bro. Hermie Morelos, *above*, with Bro. Marvin.

Reaching Out to More in Need

Yes, with little acts of love, the Ministry has promptly provided relief for villagers affected by calamities-- typhoons, volcanic eruptions, earthquakes, fires, armed conflicts. From the time of Bro. Roy and Bro. Jorge, and up to the present time, the Ministry has given millions of financial assistance and relief goods to countless members of our Light of Jesus Family, The Feasts, and even non-Feasters affected by the calamities.

Anyone, individual or group organizations are welcome to support *Isama Natin Sila sa Mesa* by giving whatever amount you can share for the next month's mission.

To extend help, here are the bank details:

- BDO account #: 003978016595

Account Name: Light of Jesus Community Foundation Inc.

Branch: Araneta Center-Ali Mall II

SWIFTCODE: BNORPHMM

- Metrobank Account Number: 265-726-551-395-2

Account Name: Light of Jesus Community Foundation Inc.

Branch: E. Rodriguez Sr. Ave.

SWIFT CODE: MBTCPHMM

You may also want to donate via credit card at www.feast.ph/giving and select Give: LOJF Disaster Recovery Ministry.

Kindly send us a screenshot or photo of your bank transfer.

Thank you very much for your generosity.

To those affected by recent calamities, we echo the message of Bro. Bo we earlier put out in *The Feast Family*: “We reach out to all those affected by the recent calamities. From my family to yours, our entire Light of Jesus Feast Community, we want you to know that we are fervently praying for you. We embrace you with God's comforting healing and love.”



The FEAST FAMILY May 12, 2024 25



Thank You!

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

FOR EXISTING DONORS:

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: jocelyn@kerygmfamily.com

Website: <https://kerygmfamily.com>

Our Partner Beneficiaries

Jeremiah 33 Foundation
is a shelter for minor girls particularly victims of sexual abuse.



Grace To Be Born
is a halfway home for pregnant women in crisis.



He Cares Mission
provides shelter and pastoral care for street children.

Pag-asa ng Pamilya Foundation
grants scholarships to indigent students.



Jesus Christ Cares for Cancer
provides financial assistance and pastoral care for indigent cancer patients.

The Light of Jesus Pastoral Care Center
ministers to those who are emotionally and spiritually wounded.



H.A.I.L. MARY is acronym for Healthcare Assistance for Indigents and Lepers of Mary, adopting the Blessed Mother as the patroness of its mission to eradicate leprosy in Abra within 8–10 years.



The Light of Jesus Disaster Recovery Ministry
provides evacuation assistance, relief goods, financial aid, and other needs of calamity victims.

The Light of Jesus Prison Ministry
brings Jesus to the Correctional Institution for Women to give them hope for a new life of dignity.



Anawim Lay Missions Foundation provides a home for poor elderly who have been abandoned by their family and have nowhere else to go.

CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to www.kerygmfamily.com and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:
Account name: Shepherd's Voice Radio and Television Foundation Inc.
BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch
Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch
Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch
PNB - Current Account no. 108410089566 SSS branch
Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch
Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch
Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at support@kerygmfamily.com or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230



FAMILY ONLINE NEWSMAGAZINE

***The Feast Family* online newsmagazine is produced by the Shepherd's Voice Radio and Television Foundation, which is also our partner beneficiary, with support services from the Light of Jesus Editorial and Multimedia Assistance Ministry.**

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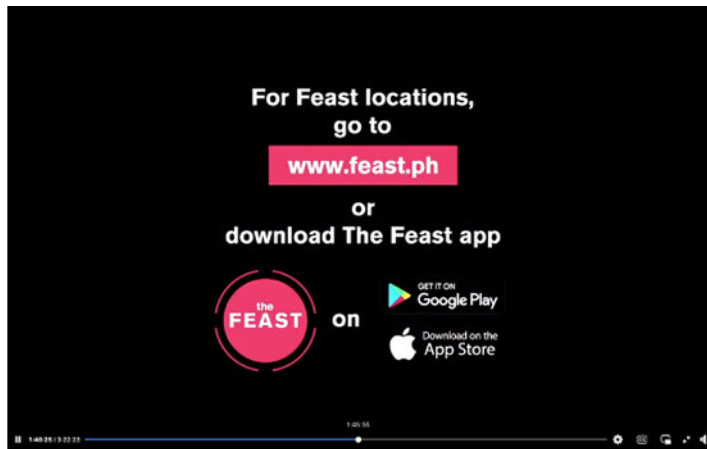
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Go and make disciples of all men.

— Matthew 28:19

