



## *Sorry, I Don't See Them as Ghosts*

HERE's a tiny story.

One day, to promote one of our financial seminars, I posted the story of Gina and Weng, our house managers. They're from very poor families from Dumaguete and Romblon.

One day, I taught them how to invest a small part of their salaries every month. And 13 years later, Weng had P1.5 million while Gina had P2 million.

Most comments were positive. Some applied to become my house managers. 😊 But I was saddened by a comment left by one woman who asked, "Bo, why? Why do you do this? You should work for the salvation of their souls!"

I wanted to answer her (but didn't): "Sorry, I don't see souls. Gina and Weng are not ghosts. And did I say I'm not introducing them to Jesus? And after that, do I leave them in poverty? May I not help them experience abundance in their earthly life as well?"

Today, we preach the message, *Your Jubilee Has Begun!*  
Have a liberating Feast today!

May your dreams come true,

**Bo Sanchez**



**WELCOME**  
**to our ongoing**  
**Feast Series:**  
**RESTED**  
**Talk 5: Jesus**



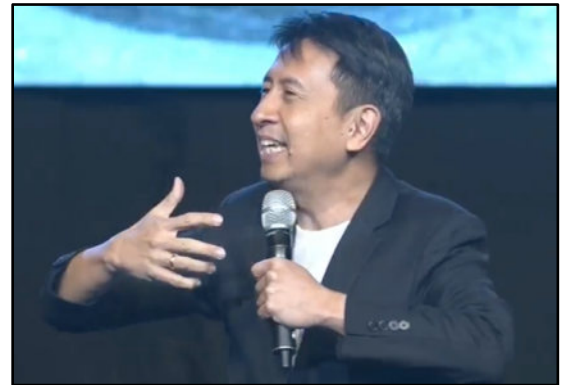
## Who Am I?



THIS issue of *The FEAST FAMILY* eggs on each one of us to ask that question: *Who Am I?*

Fr. Bob McConaghy started the inquiry as he tackled last Sunday's Gospel about Jesus not being recognized in His hometown-- people asking "Isn't this the carpenter?" *page 3.*

Our founder, Bro. Bo Sanchez, somehow makes us ask the question as he introduces Jesus in a different light-- as our Jubilee, *page 1.*



The more you get to ask the question as Bro. Didoy Lubaton discusses Talk 4 of our Feast series *RESTED*, with the key message *Remember Who You Are*, *page 17.*

You will ask the question as Bro. Nico Narvaez introduces a former street child, now a farmer, *page 9.*

And the question nags the mind again if you read the article of Bro. Alo Gelano, chairman of our Jesus Christ Cares for Cancer Foundation-- about Ministry servants really going out of their way to attend to the sick, *page 29.*



Carpenter, street child, farmer, Mercy servant, Jubilee.

This issue will tell you who you are.  
And most important:  
You must remember.

All for God's Glory,

**Randy Borromeo**  
Media Ministry  
Executive Director



## Holy Mass



**FOURTEENTH SUNDAY IN ORDINARY TIME**

## Homily

**REV. FR. BOB McCONAGHY**

on the Gospel Mark 6:1-6

Excerpts:

"ISN'T this the carpenter?"

They didn't even call Him by name. By this time, Jesus had performed miracles, said parables, and touched the lives of many people. I'm sure He felt good. He was fully human. Often, He was affirmed, recognized, and thanked.

Now, He goes home to Nazareth. There's only one well in Nazareth-- even until this day. So, everybody knew everybody else. They thought they knew Jesus.

What does that tell us? We know that Jesus had the ability to do all these miracles because He spoke in the temple teaching the teachers. So, He had the wisdom already. But when He was at home in Nazareth, He never performed a miracle. He never did any teaching in the synagogue. He was just a carpenter with a nice family. So, people recognized His goodness. He was a fair businessman. He was always delighted when people went to His shop. He socialized with everyone-- but He never allowed Himself to stand out.

The FEAST FAMILY July 14, 2024 **3**





## Jesus Experienced Rejection

Have you ever wondered what it was like for Jesus when He was 23? He still had to wait seven more years until the Holy Spirit would descend upon Him and the Heavenly Father would say, "This is my beloved Son in whom I am well pleased."

When He went back home, He expected affirmation, hugs, and people to tell Him, "You represented our town so well."

But they took offense at Him. They dragged Him down when they asked, "Isn't this the carpenter?"

Being fully human, Jesus must have felt very hurt.

He must have wanted to get out of that town quickly. He didn't perform many miracles there except for a few people who were sick. But the last place He expected rejection was in His own hometown. He would experience that rejection the whole way, the next three years, from Scribes, Pharisees, and people who mocked Him, who didn't believe in Him. Yes, He got the affirmation from those that He cured and from those He preached to. But His whole life was one of obedience.

He could have said to the Heavenly Father, "Come on, I'm 23!"

But He obeyed until the end: "Not my will, but yours be done."

That was one of the characteristics of Jesus-- His chief virtue: the virtue of obedience. This shows that if we follow Him closely, we're going to experience rejection. People will criticize us.

They will call you a hypocrite for coming to The Feast.

They will tell you, "We know your skeletons in the closet. We know you're not a holy person."

So, we experience suffering and pain.

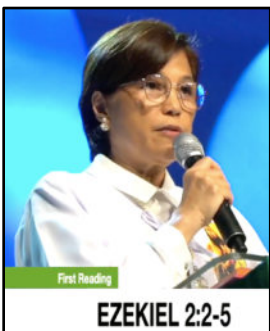
But Jesus says, "Come out of your comfort zone. Follow me. I'll give you the grace to do it."

But the truth is that sometimes, we feel like we have a thorn in our flesh like what Paul had. That thorn can be your weaknesses, or habits, or loneliness. The call to follow Jesus is a call to follow His path which is always outside our comfort zone. You will experience failure.

### First Reading: Ezekiel 2:2-5

<sup>2</sup> As the Lord spoke to me, spirit entered into me and set me on my feet, and I heard the one who was speaking <sup>3</sup> say to me: Son of man, I am sending you to the Israelites, rebels who have rebelled against me; they and their ancestors have revolted against me to this very day.

<sup>4</sup> Hard of face and obstinate of heart are they to whom I am sending you. But you shall say to them: Thus says the Lord God! <sup>5</sup> And whether they heed or resist—for they are a rebellious house—they shall know that a prophet has been among them.



## A True Story

Let me tell you a true story.

Way back in 1992, I became a parish priest at St. Peter and Paul (in the United States). I won't tell you the town. The priest who had served there said that it wasn't the friendliest parish in the diocese. There were a lot of factions, disrespect for the priest, and rumors spread about the priest assigned. Most priests assigned there would ask to leave after two to three years.

I went into this environment with the idea that I would help bring peace-- to bring these factions together. The first few months were okay. Ah, but then the criticisms started. Soon, the factions of the parish started arguing with one another. They were all prominent families. This was their parish, and I was just visiting for a while-- as far as they were concerned.

It was a stressful experience. I was living alone at the convent. I felt like such a failure. Everything I tried seemed to be rejected. I almost asked to be transferred. But I said, "No. I'm going to keep at this."

I didn't take the time to recreate. I felt that I needed to be there all the time in case somebody called. Because if I wasn't there, they would say, "Where is he?"

The stress built up so much that in 1998, I had a heart attack.

I had been here (in the Philippines) studying for three months at San Jose Seminary with Fr. Thomas Green. I always loved to do retreat work. I always felt called to do that.

The people said, "If you come back here, you'll be able to do a lot of retreat work. You can work in Greenbelt Chapel and do counseling."

That sounded good but I knew that my Bishop wouldn't let me go. But then I had a heart attack. And he came to visit.

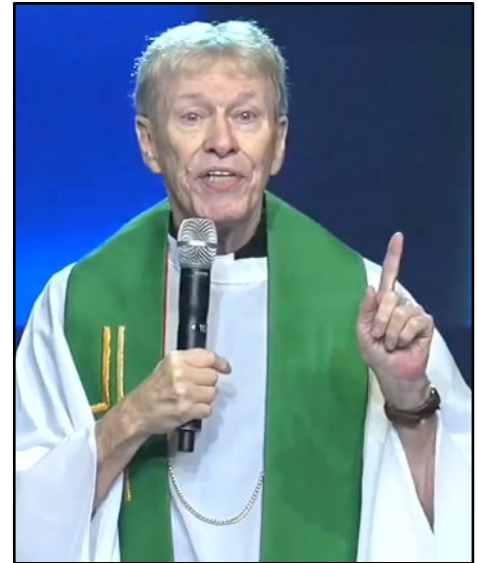
I said, "Bishop, I feel like I want to go to the Philippines. Would you ever think of letting me go?"

He shocked me. He said, "Sure. For how long?"

I said, "How about five years?"

He said, "Okay, go."

I felt relieved. There was never peace in the parish. They gave me a nice despedida (send-off party) but they were looking forward to my leaving and the incoming parish priest. I remember when I drove away from the church that day, I felt free at last.



## Something Good

Then, I had to go back home. I had constant pain in my lower back which was a result of a bad fall. I went to a pain clinic recommended by my doctor-- in that town where I served. The deacon, Deacon Joe, was in the clinic.

I said, "Let's visit the parish."

So, we went up. I knew the parish priest there at that time. When I rang the doorbell, a big woman opened the door. As soon as she saw me, she wrapped me in a hug -- so tight, that my sunglasses then hanging on my chest broke!

I didn't know her. I was like, "Who is this person?"

She said, "A month and a half before you left the parish, I was a Born-again Christian. My husband and I were looking around for a church to attend, and we came here. I sat in the front row. You gave a sermon on *sin*."

To this day, I cannot remember what the sermon was about.

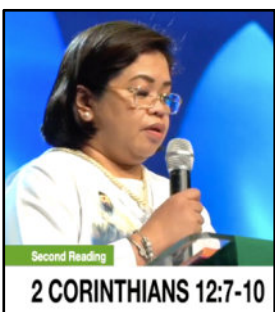
And she said, "When I heard that sermon, I knew I had to become a Catholic."

But understand what really happened. All the preachers here will tell you the same thing: It's not our ability to speak -- that's a natural talent-- rather, it was the Holy Spirit in me speaking to the Holy Spirit in her that moved to a grace of repentance and conversion.

So, from what I always thought was a complete failure, something good did come out. Looking back, I think the Lord wanted me to know that.

Now, I am at peace with that parish. I would go back there to help out, maybe at Christmas time.

I told you that story to make a point. When I came here, I did a lot of counseling over at the Greenbelt Chapel-- more than I had ever done in my life. And I saw how lonely, broken, frightened, disappointed, and rejected some people were. If I didn't have that experience at St. Peter and Paul Parish, I wouldn't have been an effective counselor.



### Second Reading: 2 Corinthians 12:7-10

*7 Brothers and sisters: That I, Paul, might not become too elated, because of the abundance of the revelations, a thorn in the flesh was given to me, an angel of Satan, to beat me, to keep me from being too elated. 8 Three times I begged the Lord about this, that it might leave me, 9 but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." I will rather boast most gladly of my weaknesses, in order that the power of Christ may dwell with me. 10 Therefore, I am content with weaknesses, insults, hardships, persecutions, and constraints, for the sake of Christ; for when I am weak, then I am strong.*



## Wounded Healer

So, I always say, that whatever I do, whether it be counseling, confession, or preaching, is not my responsibility-- but my response to God's ability to be a wounded healer. That's what you and I are. We're wounded. We have that thorn in the flesh. When we ask the Lord to take the pain out, He says, "My grace is enough for you. In your weakness, that's when I'm most powerful."

It gives me great consolation that as old as I am, I'm still in need of a conversion-- very much so.

But the Lord says to us, says to me, "When you get rejected, I will bring good something out of that."

It's possible that the people who see you as a hypocrite will remember what you said and years later, they may come back to the church. You won't always see that. You won't always get the hug that breaks sunglasses. But our Lord will show you the reward in Heaven.

We are all wounded-- but we are called to be wounded healers. It is said that He cannot heal who has not suffered much. Only sorrow understands. They would not come to us for healing who had not seen the scars on our hands. When we follow Jesus, we get on a different path which might be a lonely and hurting one. It might be a path where people reject us.

But the Lord tells us, "Be glad and rejoice."

It's hard to rejoice and be glad when there is sorrow but in retrospect, we will see that Jesus was with us all the time.

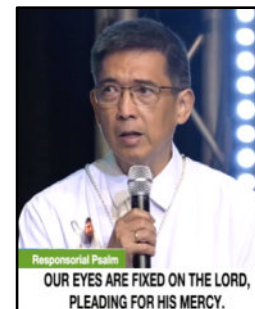
The thorns of the wounded healers will not be taken away. He will use those thorns to spread His Good News. From preface of the Apostles, it says this: Jesus takes the weak-- all of us in need conversion-- and makes them strong in bearing witness to Him. No matter what your sins or weaknesses are, as Bro. Bo says in his book, your past does not define your future.

Be at peace. You are loved. Have a good week.

## Responsorial Psalm: Psalm 123:1-2, 2, 3-4

R: Our eyes are fixed on the Lord, pleading for his mercy.

*1 To you I lift up my eyes who are enthroned in heaven, 2 as the eyes of servants are on the hands of their masters. (R)*





# Welcome!



## **BRO. NICO NARVAEZ:**

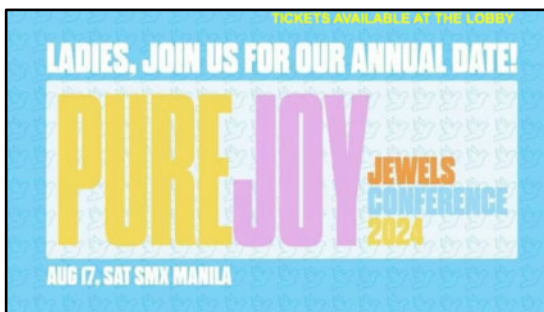
Good Morning, Feast! Tell the person beside you, “I’m so happy you’re here with me today!” I want to welcome everyone who came for the first time. If you’re near a first-timer, welcome that first timer with a hug, or a handshake or a Hi-5 and on a count of 3, let’s welcome them. Okay, 1-2-3: “Welcome Home!”

Welcome to the Family!

A couple of announcements:



Feast ASEANA is now rebranded as The Feast Bay City.



8 The FEAST FAMILY July 14, 2024



## Love Offering

We're going into our giving.

Six years ago, I visited Anawim, one of our Feast Mercy Ministries, the Home for Abandoned Elderly. It was an amazing experience. We danced with the lolos and lolas, we hang out with them, we sang with them, we ate with them. Some of them shared stories about their life before Anawim and their life now in Anawim.

It was a really great experience. But here's what really shifted my perspective... It was when we went to the Anawim farm. One of the farmers there, named Joel, gave us a tour of the farm.

And he was telling us, really joyfully, "Oh, this is the vegetable that I planted... this is the kind of water that I use... this plant takes nine months to grow..."

What gravitated me towards Farmer Joel was that he was saying everything with so much joy and excitement and it was so genuine. Because even before we went to him, he was already singing, you know, dancing, bobbing his head while watering the plants there.

So, I interviewed him a little. I asked him, "How did you become a farmer in Anawim?"

And he shared with me that actually, he was from a different Feast Mercy Ministry before-- He Cares Foundation. He used to be one of the street children that He Cares takes care of. I believe he took a short course on Agriculture and Farming. And now he is doing what he loves doing for a living. He's serving the elderly. And also that's his full-time job. He's now a full-time farmer in Anawim.



I shared that story with you because I just want to remind you that whenever we give here at The Feast, whatever we offer, yes, it goes here to our Feast event, but also goes to our Feast Mercy Ministries. And it goes to people like Farmer Joel-- formerly batang palaboy, a street child, now he's taken care of, nurtured, educated, and now he's living his dream job as a farmer.

The FEAST FAMILY July 14, 2024 9



So, you want also to be part of changing someone's life? Yes?  
So, let's lift our Love Offering to God...



And let's pray:

*In the Name of the Father, and of the Son,  
and of the Holy Spirit.*

*Father, this giving, may it be out of love. May it be  
out of pure generosity, Lord. Give me the pure  
intentions in my heart to give, to become generous like  
You.*

*And to love like You. In Jesus' Mighty Name. Amen.  
With smiles, let's give to God...*



**FEAST** Help the Feast Mercy Ministries. Help them all.

 Anselm Lay Ministries Foundation, Inc.	 Grace to be Born Maternity Home and Nursery	 Ho Care Foundation Street Children Caring Center	 Jeremiah 33:6-7 Foundation	 Pagasa ng Pamilya Scholarship Foundation
 LOJ Prison Ministry	 LOJ Pastoral Care Center	 HAIL Mary of Alora	 Jesus Christ Cares for Cancer	 Shepherd's Voice Radio and Television Foundation, Inc.

Receive Feast Magazine e-copy when you subscribe to monthly giving of Php 500.00. Visit us at the lobby!



**FEAST**

**UB** THE BUILDER OF THE LIGHT OF JESUS FAMILY  
MEGA MANILA FEAST BAY AREA, INC.  
000 - 4000 - 24846


FOR ONLINE AND CHECK GIVING.  
TYPE: THE FEAST BAY AREA

**BDO** LIGHT OF JESUS FAMILY MEGA MANILA, INC.  
0039 - 7014 - 3807

**Ways To Give Online**  
Help us continue this ministry



GCash





# Worship!

## EXHORTATIONS:

### BRO. JHONN JAVIER:

Good Morning Everybody! Welcome to The Feast where you are loved.

We are going to worship God. We're going to sing a new song today. It's called *POV*. And what does it mean? It stands for *Point of View*.



We believe that God's Point of View is always good-- and for all.

You know, God's goodness is always running after us. For it says in Romans 8:28:

*We know that in all things, God works for the good of those who love Him.*

So, if you believe that, why don't we just be joyful in the Presence of God? And enjoy His POV, His Point of View, that is always good -- and for our good.



### SIS. TISHA CARO:

God cares about you. He cares about the things you care about. So, today, we can bring them all to Him and trust that

He will take care of them.

With faith, let's sing this together:





*MADE TO BE YOURS*

FEAST Worship

Words and Music by Zachary Yokingco,  
Marie Elisha Rodriguez, Ralph Kim Paguio  
Feast Music and Resources Inc.

CCLI# 721035





**BRO. BO SANCHEZ:**

*Father in Heaven, we let go of all the mess and the heaviness and the things that weigh down our hearts right now. We let go. We surrender. All of it -- Yours.*

*Both our joys and our sorrows. And our worries and our fears and our excitement and our wonder and our awe.*

*We bring before You and let go of our sins and our failures.*

*But we also give to You, Lord, our successes and the times we won.*

*Father, we let go of all that is in our heart that's weighing us down but also all the things in our lives are drawing us closer to You.*

Everybody, from the top of this room to those who are in the front row, from the right and to the left, from the people who are on the balcony and all those who are downstairs, I want you to say this with me with all your heart and with full conviction, "I let go."

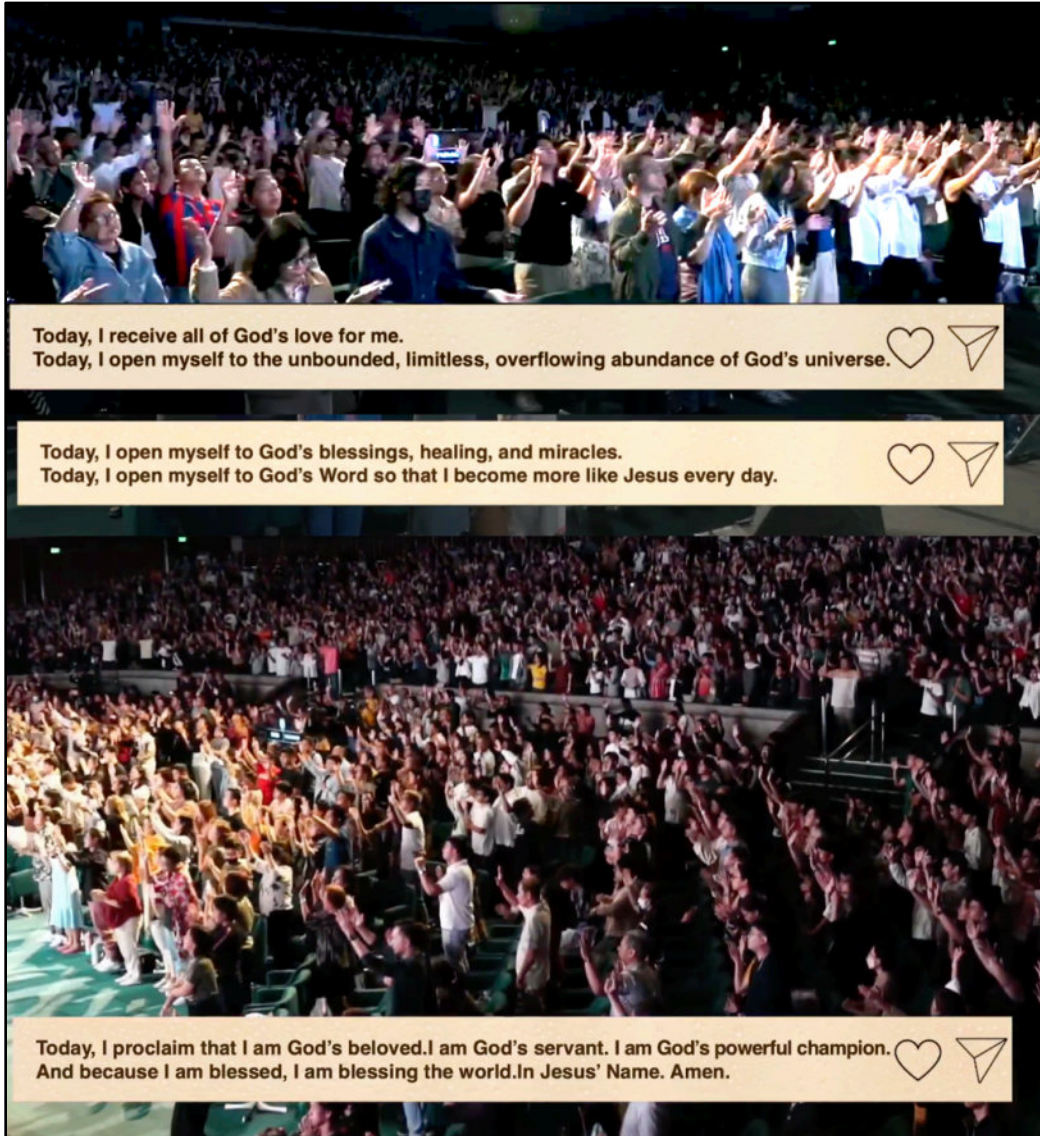
And I want you to believe that Jesus is just taking all and taking your life, taking you, taking your heart, your soul, your mind, taking what is weighing down your heart right now, just taking it.

Let go. Surrender.

In Jesus' Name.

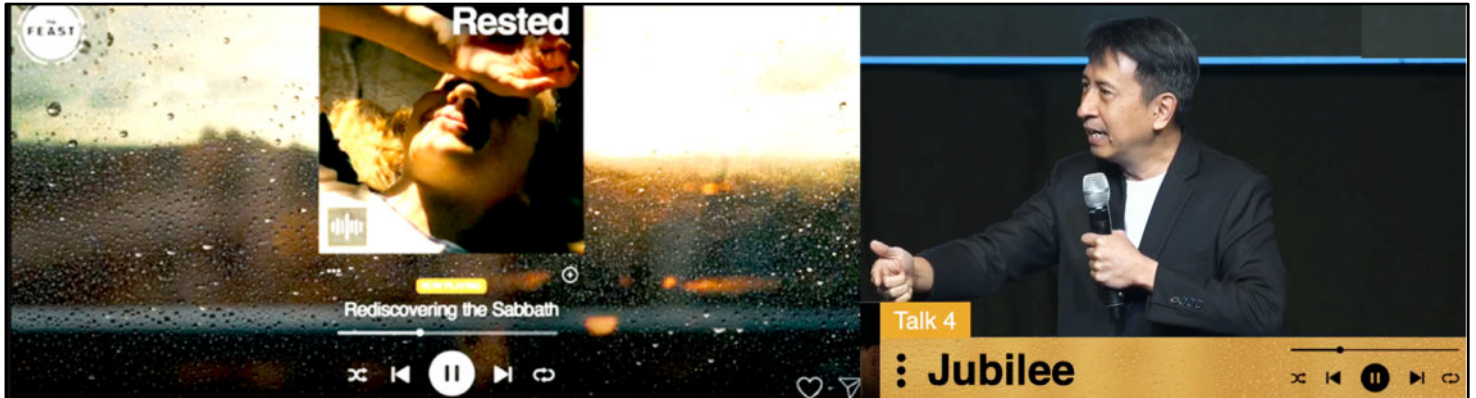
# NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Lift your hands and say:





# Talk



## INTRODUCTION

### BRO. BO SANCHEZ:

WHEN I go *live* on Facebook for *Prayer Room* (podcast) every 7:00 a.m., you know, I invite people to pray with me and some viewers would ask me, "Bro. Bo, will you be at The Feast this Sunday?"

I would laugh. I would say, "Of course! But I don't know which Feast I would be because I'm traveling."

The past two Sundays, I was at The Feasts in Australia, specifically in four cities -- Sydney, Brisbane, Melbourne, and Perth. Beautiful people with amazing hearts. I just love being with them...



## **‘That’s The Feast!’**

May I share a story? It's the best story that I picked from Australia.

The Feasts in Australia and different parts of the world-- there are Feasts in 30 countries now-- are different from each other. But there are many similarities like Worship, praying, reading, and listening to God's Word. But if there is one thing that brings us together: it's really our love for one another.

I was in Sydney, and I was being brought to the airport by a couple.

They said, "Bro. Bo, we love The Feast. We love, love, love The Feast."

I said, "Hey, I love The Feast too." 😊

And the wife said why she loves The Feast: "The worship, preaching, the Word of God, and the programs-- they're great. But that's not why I love The Feast."

Then, she told me her story... "One day, our doctor tells us that my daughter has cancer. It destroyed my world. The first person I called was Heidi, my Light Group Head at The Feast. It was in the evening."

And Heidi says, "I'll go to your house tomorrow at 6 a.m. Don't prepare food. I just want to pray with you."

Six o'clock in the morning, Heidi knocks on the door and they embrace each other. They pray and cry together.

For the next few weeks, Heidi and her children would visit this family with food every day because they would go to the hospital, and didn't have time to cook.

Before I left, she told me: "Bro. Bo, that's The Feast."

My Friends, it's not the Worship-- though I love Worship. Not the music-- though I love the Music Ministry. Not the preaching-- though I love to preach.

The Feast is about loving people. I really want to bring you in, even more at The Feast. Don't stop with the Sunday experience. Be involved. Serve. Join Light Groups.

Are you happy to be part of The Feast? It *is* a beautiful community-- imperfect, filled with imperfect people, but I love The Feast. I hope you do too.

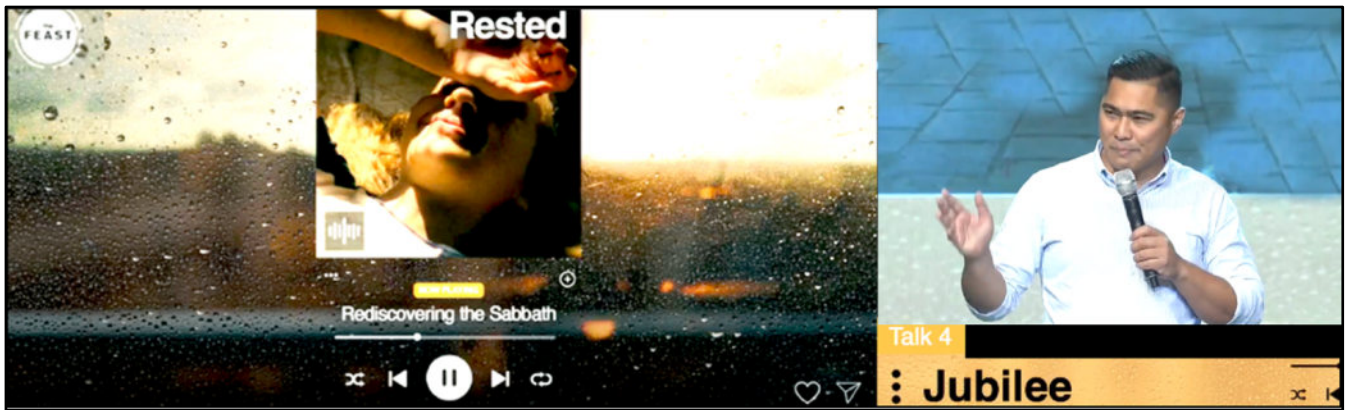
Are you ready to receive the Word of God today? Yes! It's going to be a powerful Word. Remember that and just open your heart.

Bro. Didoy Lubaton!





# Talk



## BRO. DIDOY LUBATON:

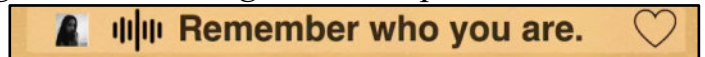
LET us give reverence to the Word of God:

*Thy Word is a Lamp unto my feet  
and a Light unto my path.*

Speak to us, Lord.  
We're listening.

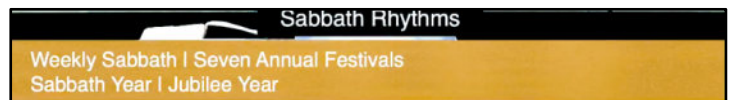


Welcome to our fourth talk of the series, *RESTED*. We're trying to solve the puzzle, the pandemic of *Overworking but Underliving*. I want to preach the message: *Remember Who You Are*.



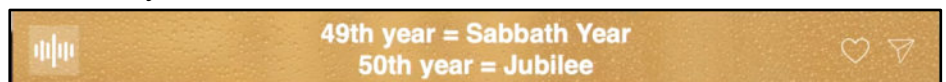
The Sabbath gives us time and energy to stay still and remember our core identity: "We--you and I--are God's beloved."

Through the Sabbath time-- the pause-- we remember that we are the beloved of God. You and the people around you are beautiful, amazing, loving, and phenomenal. We are family in the Light of Jesus in The Feast-- that is one of the gifts of the Sabbath.



In this series, we talked about the weekly pause on the seventh day, and we've seen the seven major festivals each year with all the rhythms of rest.

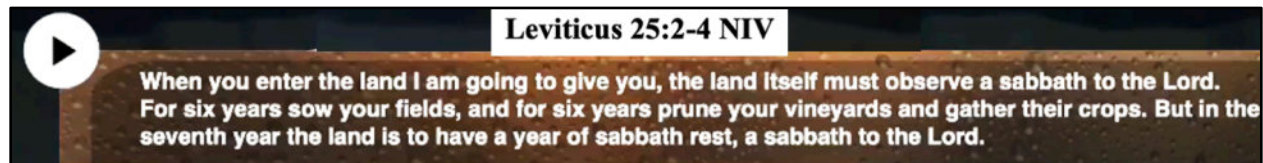
Today, I'm going to give two more. In Talk 4, I'm going to give you the Sabbath Year which is in the 7<sup>th</sup> year;  $7 \times 7 = 49$ , and the Jubilee Year which is in the 50th year.



## What Is a Sabbath Year?

If we recall, the word *Shabbat* means *to stop*. Having a day off once a week is reasonable. But how does it feel to have a Sabbath Year-- or one year of rest?

This is very interesting... from Leviticus 25:2-4:



After six years of planting and pruning, that land needs a year of rest to recover. The farmer has a scientific basis for this, and it's called "fallowing."

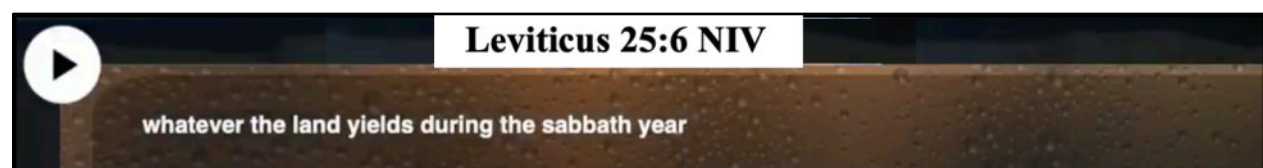
But the Bible is reminding us not just of the scientific but also of the practical and spiritual aspects of resting the land.

Imagine: Picture yourself having a one-year vacation. You'd be anxious: "How will I eat? Who's going to pay my bills? Who's going to send my kids to school? Who's going to pay for my Lazada orders?"

But it can also get you excited especially if you know that God provides. God will ensure that you will be given what you need.

The Israelites, coming from the ancient law code, were asking what they would eat during that one-year vacation.

Leviticus says: "*Whatever the land yields during the Sabbath year.*"



This makes us remember the ancient Israelites' time when they were *saved* from slavery in Egypt. They were trying to go to the Promised Land and they didn't have any to farm, or to eat. But what did God do? He sent manna.



## Moment with the Lord

What I'm trying to say is that we forget that everything is manna. We forget that the fruits of our labor, even those we did not labor for-- everything is manna.

You can take a rest because God ensures that you will have everything that you need. When He commands us to rest, we will be given what we need.

He says, "I will do something. I will take care of you."

All we need to do is trust that the Lord will provide-- whatever the land yields and gives to you and me.

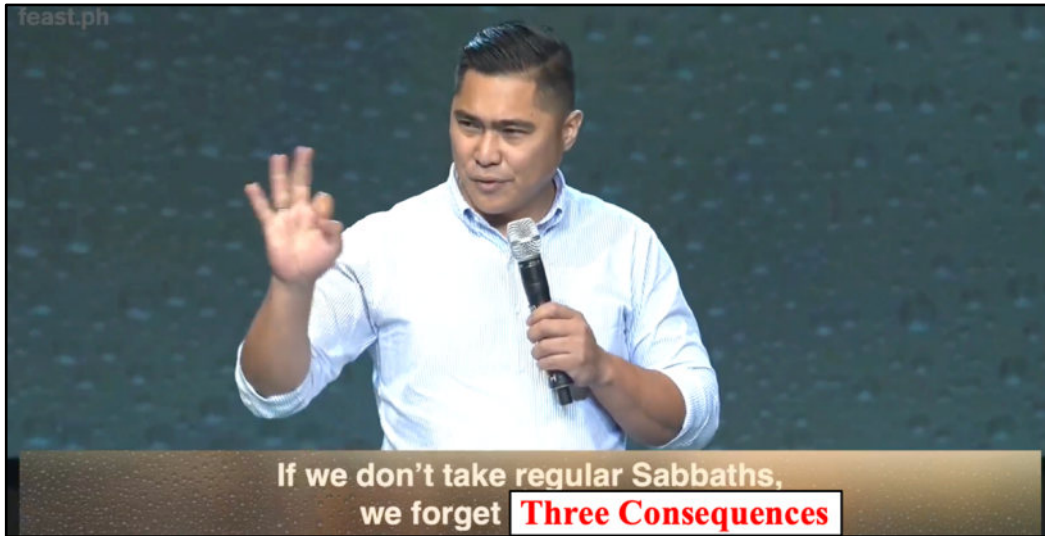
Put your hands on your heart and just have this moment with the Lord-- just really have that rest with Him. He's really our resting place.



*Dear God, speak to us throughout this talk. Let our hearts melt through Your Words. Transform us. Renew us. We rest in You. We trust in You. We thank You for Your Word. We thank You that we can take a pause and trust You. We trust in whatever you would lead, especially when we're taking a rest. Amen.*

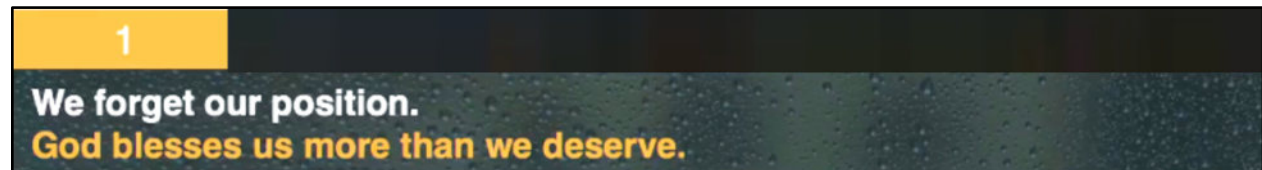
*Thy Word is a Lamp unto my feet  
and a Light unto my path*





As a doctor, I would say this joke to my patients whom I'm friends with, "If you don't take a rest, get ready for a cardiac arrest."

But there is a level of truth in that. If we don't take regular Sabbaths, we forget three consequences.



First, we forget our position.

God blesses us more than we deserve.

We are already blessed. Why are we so stressed? We are in a set-up that we are the apple of God's eye.



How many of you have taken a vacation to Coron, Palawan?

Years ago, I went there with my ex-girlfriend and now my wife and a few of our friends. We took a Sabbath vacation there.

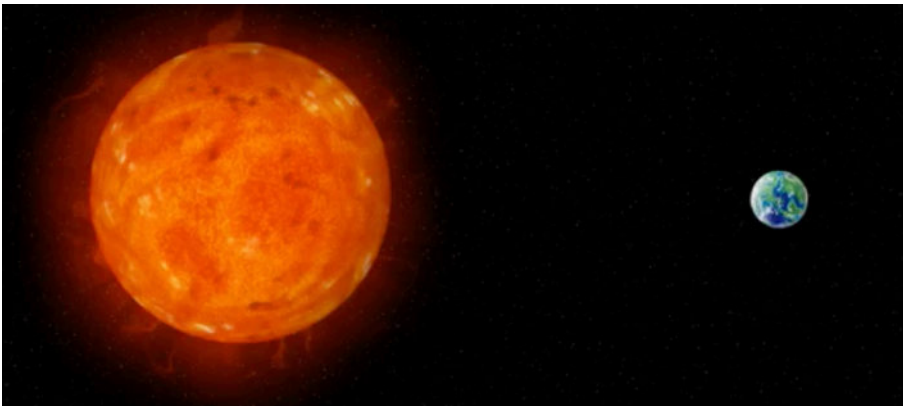
Picture this: We were on our way home from a whole day of island-hopping. The sunset was behind me. On the other side, I could see the moon and stars rising. To my left and right, I could see lagoons. I was in the middle of all that with my beautiful girlfriend, with my beautiful friends, doing *nothing*.

I felt God spoke to my heart: "My Son, these are all for you."



## Positioned To Be Blessed

In that melodramatic moment, I tried to hide how touched I was. I began to be so grateful. I seemed to forget how we were so positioned to be so blessed.



Imagine, if the Earth's position is a little farther from the sun. We're all going to be in a frozen wasteland. If we're near the sun, we'll burn.

If gravity was a little stronger, we're going to be planted and we cannot move. We cannot enjoy the locomotion.

If gravity was a little loose, we would be bouncing around.

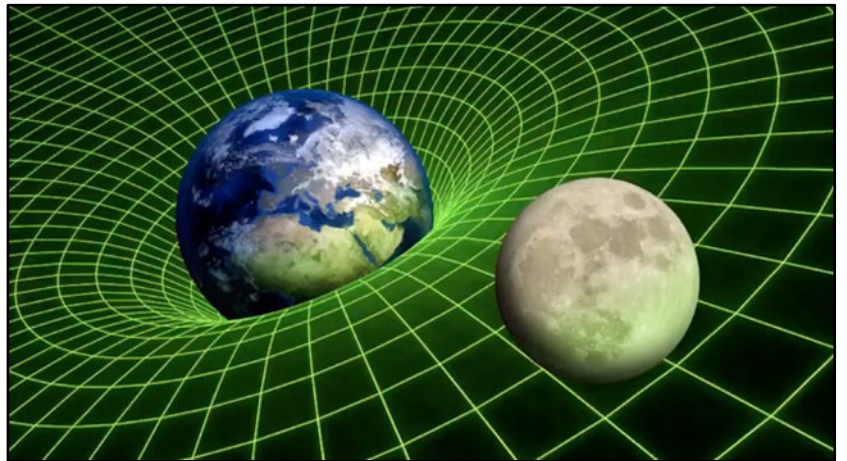
We will not be enjoying life as it is. You are in a position to be so blessed.

Can you imagine if Creation has a toll fee? Can you imagine paying P25.00 to inhale oxygen or to hold the hand of your wife? Can you imagine if there is a fee to come to The Feast?

But no. We trust that you will give to your spiritual family.

As you rest, reflect and truly see how blessed you are and how God made our lives beautiful despite our failures and hardships.

Tomorrow, you will go back to work but that's part of the process.



2

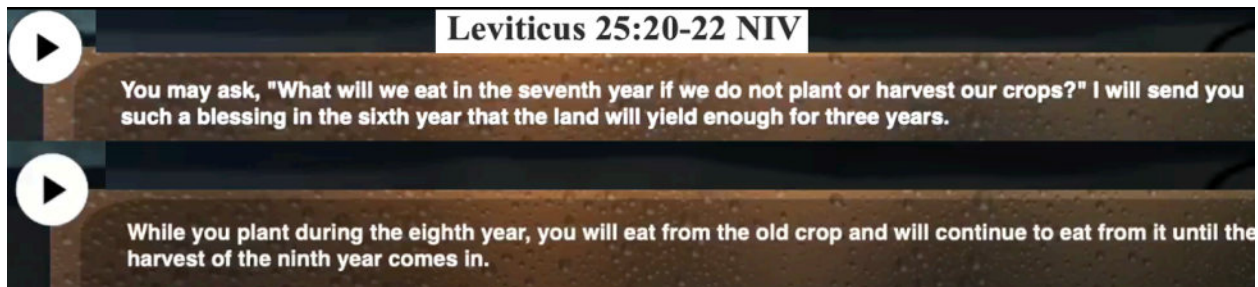
**We forget our provision.  
God is meeting your needs at the right time.**



God is meeting your needs at the right time.  
It's so easy to get worried. I'm a husband.  
I'm a father of two beautiful kids. I'm leading  
a company. And I'm leading a Feast as well.

It's so easy to get worried.

We read how fascinating God provides during the Sabbath Year  
from Leviticus 25: 20-22:



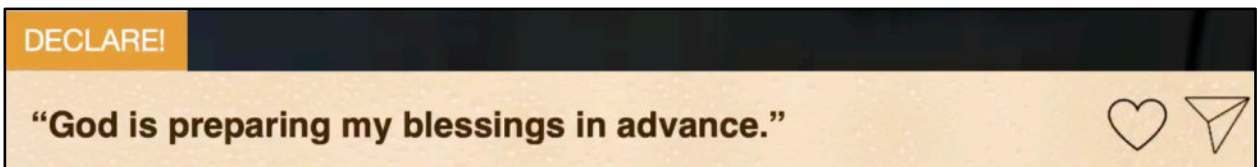
By practicing the Sabbath, you remind yourself that God is preparing  
your blessings in advance which is very reassuring.

Every seventh year, God declares it a Sabbath Year which means we don't have  
to worry. In the first six years, especially the sixth year, we will have more than  
enough to last us not just up to the seventh or the eighth, but to the ninth. You stop  
in the seventh year, you plant in the eighth year, and you will harvest in the ninth.

I've been working in my company for five and a half years already.

Next year will be my sixth. I can choose not to believe it. I can choose to still  
be worried.

But I am confident that no matter how many years we have been building our  
business or how long we have been working in a company, God is blessing us in  
advance. He is arranging opportunities and aligning people and opportunities.  
Because He is adamant to bless you.



## Core Attitude of the Sabbath

During the COVID-19 Pandemic, our clinic had to close. We didn't have any income. Six weeks later, we tried to re-open our clinic even if we would be at the frontlines, fearing for our lives. But God was preparing us in advance. It was our biggest year ever. We worked with grace. We followed God's path.

We didn't plan it-- but we believed in our favorite verse-- Jeremiah 29:11:



### Jeremiah 29:11 ESV

For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope.

I worked very hard but I surrendered very hard. I trusted very hard. I believed very hard that His promises are true.

When we close our laptops, we say, "Lord, I am resting. You do it."

When I let go of my phone, I say, "Lord, I stop. You start."

When I close my eyes, I say, "Lord while I'm sleeping, You are working."

That's the working of the Sabbath.

If you think the Sabbath Year was sooo good-- Ah, not yet.

There is the Jubilee Year.

From Leviticus 25:8-10 NLT, Moses says:

### Leviticus 25:8-10 NLT

In addition, you must count off seven Sabbath years, seven sets of seven years, adding up to forty-nine years in all. Then on the Day of Atonement in the fiftieth year, blow the ram's horn loud and long throughout the land.

### Leviticus 25:8-10 NLT

Set this year apart as holy, a time to proclaim freedom throughout the land for all who live there. It will be a jubilee (Yovel) year for you when each of you may return to the land that belonged to your ancestors and return to your own clan.



49th year = Sabbath Year  
50th year = Jubilee



The 49th year is the Sabbath Year. The 50th year is the Jubilee Year. Two years of Sabbath. It's not just rest. It's about a total reboot of society.





## Jubilee Is Eden

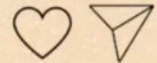
Jubilee Year is a beautiful part of Israelite culture.

Imagine this: You are an ancient Israelite. You had some tragic circumstances in your life-- such as someone in your family getting sick, you got buried in debt, you got scammed, your business didn't work, you filed for bankruptcy, you were forced to sell your land to pay all your debts.

The worst part is when you and your children become slaves. It can be hard for you and the generations after.

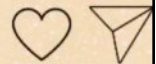
Imagine: Decades afterward, will your grandchildren inherit your debts, your slavery? No. Because the Jubilee Year says *No*. On Jubilee Year, all debts are erased. All slaves are set free. And all lands returned to the original owner.

**On Jubilee, all debts are erased, all slaves set free, and all land returned to its original owner.**



Jubilee gives people a restart. A chance to rebuild. Jubilee provides limits to the uber-wealthy people. They begin to share and pass their wealth to discontinue the monopoly-- and wealth is distributed for people to share.

**The Jubilee is a perfect image of our return to Eden.**



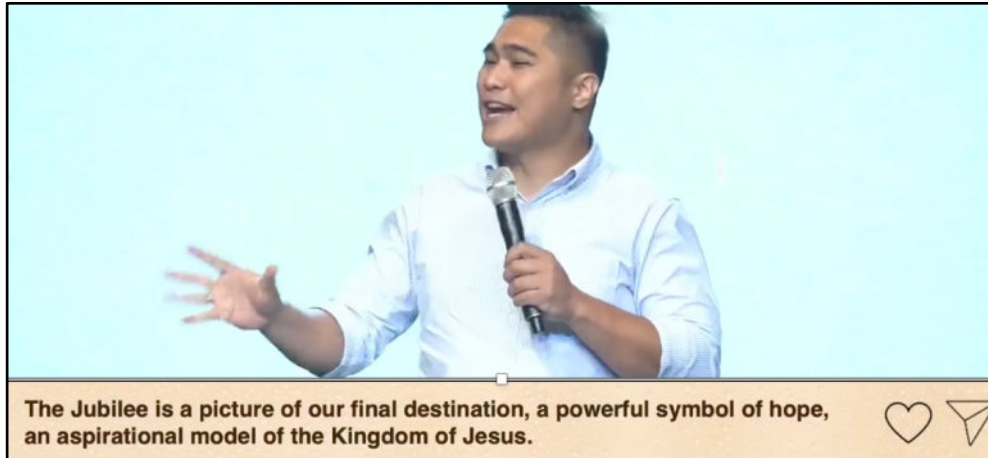
Meditate on this: The Jubilee is a perfect image of our return to the Garden of Eden-- where we share the land, where everyone is equal, we have abundance, there are no slaves.

And everybody belongs to God alone.

Question: Is Jubilee just a myth? Did it really happen?

In the Old Testament, we read that the Israelites were slaves in Egypt, they suffered Babylon captivity. And we have stories about forgiving debts and slaves being set free. But we don't have a historical implementation of the Jubilee.





This is our belief: The Jubilee is a picture of our final destination, a powerful symbol of hope, an aspirational model of the Kingdom of Jesus.

It is where we are aspiring to be, we are aspiring to experience.

What a dream! Hard to believe: World poverty ending? World peace? It's hard to think about it now when there are wars all over the world. When you hear news that could decimate your hope. And we feel that we're not progressing as a country or as a family. We still have debts.

We're dreaming an impossible dream.

There are nights I get worried when there are regional tensions, when it's so hard to buy properties now and secure the family. And the bills get so piled up. Ahh.

Jubilee. Question mark: Lord, will it really happen?

But I believe that it is part of the process. It's part of trusting God.

Here's the truth: On our own, Jubilee will not happen. We cannot do this on our own. We need to trust God. Only He can. And by His power alone, we walk towards Jubilee. Our North Star...Our final destination.

**By His Power, we walk towards Jubilee,  
our north star, our end goal, our final destination.**

And yes, it could take our entire lifetime and the lifetime of the next generation. Sometimes, we feel that our journey is slow, we feel stuck, and we are not progressing.

**If God is the One creating Jubilee,  
we know it will happen.**

But if God is the One creating Jubilee, we know it will happen...

which brings me to my third point today: If we don't take Sabbaths, we forget our purpose...

The FEAST FAMILY July 14, 2024 **25**

3

**We forget our purpose.  
God is creating the jubilee through you.**



God is creating the Jubilee through you.

Six months of the year 2024 have passed. We live life so fast that we forget the journey. We don't appreciate what we've been through. We live so fast that at the end of six months, we feel lost. Sabbath is a time when we can go back to God-- the Jubilee-- and ask for directions. We ask God where, who, and why.

Sabbath gives you the time and space to dream again. Reflect and recalibrate.



I am guilty of this. Even on a Sunday when I'm with my family, I still check my phone for work. My children must grab my face to catch my attention. I'm not afraid of my kids. I'm afraid of my wife's side-eye stare.

Here is a challenge: Start a Jubilee at your own home.

Take your pause.

We may be missing who and what matters most.

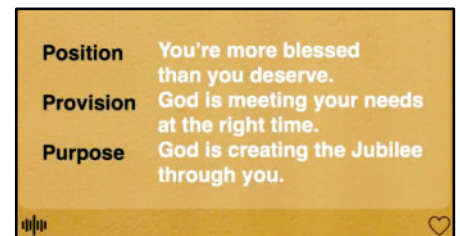
If we have a regular Sabbath, we receive the blessings:>

On a personal note: We started the Feast ASEANA in December 2023. We had a six-month contract with the venue. But as we were approaching our sixth month, we got canceled. Imagine my shock. My hope was decimated. We were forced to take a pause-- a rest.

We recalibrated. We looked for ways. We looked for a new location within the reclamation area which is called The Bay City. We visited around 10 venues, but none matched what we wanted. But I'm so happy to proclaim God's goodness to you. We were on the verge of giving up when our Ministry decided to serve at the Serve Conference. There, someone approached us. This person learned that we were looking for a new venue and knew someone who could help us. Long story short, we now have a new home -- in Citadines Bay City Manila

Before I came onstage, I received another wonderful news. Somebody came to me and her family promised to take care of our one-year rental. May the Lord bless her so she can help us for not just a year☺. We're starting again.

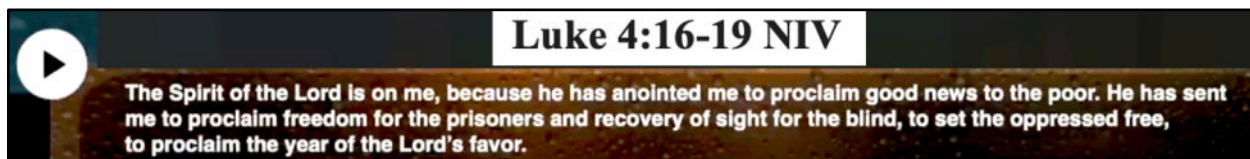
That's the beauty of Sabbath.





God is speaking to me and I am extending to you His message:  
Jesus is our Jubilee.

One Sabbath day, Jesus was in His hometown-- at the synagogue in Nazareth. He was about to launch his public ministry. He read the Jubilee from the words of Isaiah 4:16-19:



By reading this passage, we remember that Jesus was announcing to everybody: "Jubilee is here. I am the Jubilee."

For the next three years, it was like the Jubilee. Jesus went around. He healed the sick, multiplied loaves and fish, raised the dead to life, drove out demons, and set people free. We got a taste of Eden.

But He wasn't not done yet. It was not enough for Him to live with us. He gave Himself up on the Cross. He died for us so we may have the Eternal Jubilee.

Listen to God's call today. Remember who you are. You are God's beloved. You deserve Jubilee. You deserve a year of rest.

You are God's beloved and that is more than enough.





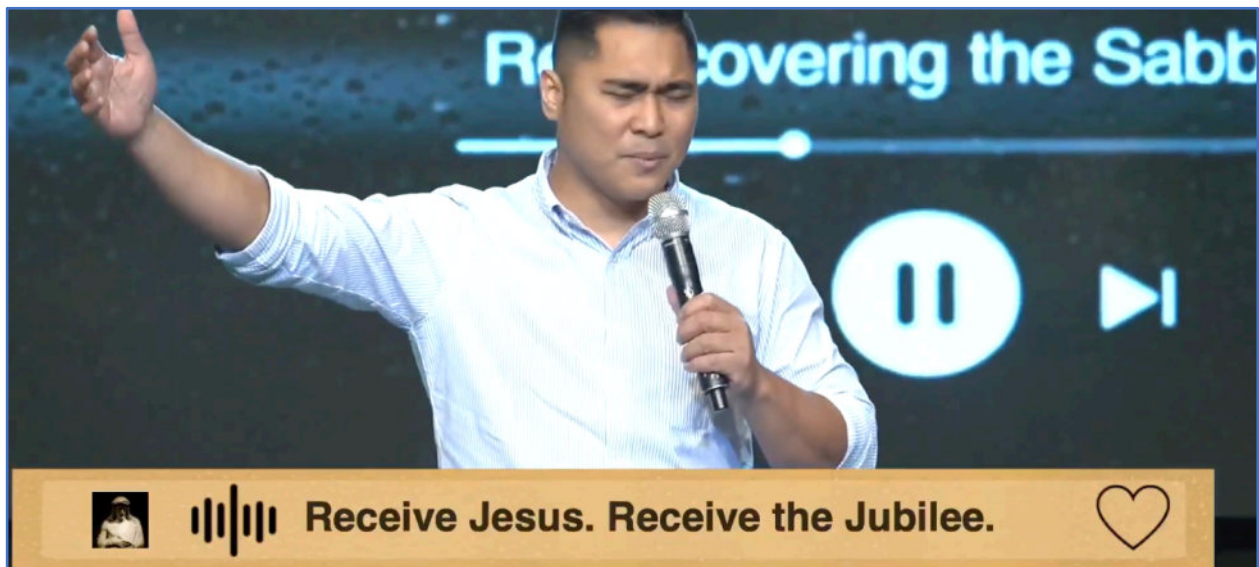
**REST**

Today, I invite you to rest. Let me spell REST for you:  
**Receive Jesus. Embrace Him. Surrender to Him. Trust in Him.**  
REST.

*In the Name of the Father, of the Son, and of the Holy Spirit.*  
Raise your hand, lift your heart to Heaven, and just have this rest.



*Jesus, You are my Jubilee. You are my resting place. You are enough. I rest in You.  
Jesus, I receive You. I embrace You. I surrender to You. I trust in You. Amen.*





## MERCY MINISTRIES

*God blesses those who are merciful,  
for they will be shown mercy.*

--Matthew 5:7

### JESUS CHRIST CARES FOR CANCER PART 2



### *Beyond Grateful*

By ALO GELANO

THEY say it takes a village to raise a child. The same could be said with a Mercy Ministry. Behind every project are many individuals who generously share their time, talent, and treasure to extend God's love and blessings to the poor and the sick.

Jesus Christ Cares For Cancer (JCCFC) is blessed to be surrounded by such kindhearted people –

from our servant-leaders to our volunteers, donors, and friends.. Because of them, we can bring Jesus to indigent beneficiaries through the financial assistance they receive and spiritually uplifting programs during our gatherings every 3<sup>rd</sup> Wednesday of the month.

Our monthly assembly, which was shelved during the Coronavirus Disease (COVID) Pandemic, resumed in July 2023 with double blessings.

Fr. Arlo Yap, SVD (*above right*) presided over the Thanksgiving Mass. And Bro. Bo Sanchez (*right*), the heart of the Light of Jesus Family, gave a talk on God's goodness.



The FEAST FAMILY July 14, 2024 **29**



## Support from Feast Builders

Feast Builders and other Ministry servants kindly supported the assembly.

The all-important mental health was the main focus in August and September of 2023 with the Light of Jesus Pastoral Care Center (LOJPCC), headed by Dr. Michele Alignay, providing professional counseling for children and adults battling cancer, as well as their family members.

Feast Builder and life coach Bro. JC Libiran kicked off our pre-Christmas celebration in November by sharing his spiritual journey.

Other blessings came from Feast Mandaluyong servant-leaders who donated proceeds of their fundraiser, gift bags from JCCFC Director Marin Uy, and “Life Begins Today” book from yours truly.

What better way to honor Jesus, the King of Kings, and celebrate his birthday than with a fun-filled day that resonates with His love and goodness? From buffet-sponsored lunch and snacks to Kris Kringle, games, cash prizes, and gift bags from Shepherd’s Voice Radio and Television (SVRTV) made everyone forget their worries and pain.

With all the blessings our Lord poured the previous year, it is fitting to start 2024 with a Thanksgiving Mass presided over by Fr. Dexter Prudenciano, RCJ. A devout healing priest, Fr. Dex traveled all the way from Rosales, Pangasinan, to pray over every single one of our beneficiaries and our team. We are equally grateful to Feast Bay Area (FBA) servants Sis. Edna Blanco, Sis. Remie Macapas, and Sis. Mayette Ngo for their Shirts For A Cause donation.

JCCFC Vice Chairman and Feast Mercy Ministries head, Bro. Hermie Morelos, and his lovely wife, Sis. Reng, touched lives with their triumphant victories over many trials, including Sis. Reng overcoming cancer.

The hands-on reflexology demo – training by HaGod Alternative Medicine and Training Center professional therapists capped our love month offering.

Feast Builder Bro. Alvin Barcelona brought the house down with his Worship concert and motivational talk in March. Cameras went up, with everyone recording the Feast Provincial head’s performance, which included crowd favorites *Ale* (for “Alleluia”) and *Pare* (“Praise the Lord!”).

It is not surprising then that cancer patients from as far as Lipa, Batangas, in the south and Bugallon, Pangasinan, in the north look forward to our monthly gatherings with great enthusiasm.

For that and the grace-filled years ahead of us serving the Lord, we are beyond grateful.

**MORE NEXT WEEK!**







## **Thank You!**

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

### **FOR EXISTING DONORS:**

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: [jocelyn@kerygmfamily.com](mailto:jocelyn@kerygmfamily.com)

Website: <https://kerygmfamily.com>

## Our Partner Beneficiaries

**Jeremiah 33 Foundation**  
is a shelter for minor girls  
particularly victims  
of sexual abuse.



**Grace To Be Born**  
is a halfway home  
for pregnant women  
in crisis.



**He Cares Mission**  
provides shelter  
and pastoral care  
for street children.

**Pag-asa ng Pamilya Foundation**  
grants scholarships  
to indigent students.



**Jesus Christ Cares for Cancer**  
provides financial assistance and pastoral care  
for indigent cancer patients.

**The Light of Jesus Pastoral Care Center**  
ministers to those who are emotionally  
and spiritually wounded.



**H.A.I.L. MARY** is acronym for Healthcare Assistance for  
Indigents and Lepers of Mary, adopting the Blessed Mother  
as the patroness of its mission to eradicate leprosy in Abra  
within 8–10 years.



**The Light of Jesus Disaster Recovery Ministry**  
provides evacuation assistance,  
relief goods, financial aid, and other needs of calamity victims.

**The Light of Jesus Prison Ministry**  
brings Jesus to the Correctional Institution for Women  
to give them hope for a new life of dignity.



**Anawim Lay Missions Foundation** provides a home for poor elderly  
who have been abandoned by their family and have nowhere else to go.

## **CHOOSE HOW YOU WANT TO GIVE**

1. Donate ONLINE (through credit card) Go to [www.kerygmfamily.com](http://www.kerygmfamily.com) and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:  
Account name: Shepherd's Voice Radio and Television Foundation Inc.  
BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch  
Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch  
Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch  
PNB - Current Account no. 108410089566 SSS branch  
Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch  
Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch  
Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at [support@kerygmfamily.com](mailto:support@kerygmfamily.com) or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.





# **FAMILY ONLINE NEWSMAGAZINE**

*The Feast Family* online newsmagazine is produced by the Shepherd's Voice Radio and Television Foundation, which is also our partner beneficiary, with support services from the Light of Jesus Editorial and Multimedia Assistance Ministry.

**Founder:** Bo Sanchez

**Mercy Ministries Chairman**  
Hermie Morelos

**Editor-in-Chief**  
Cynthia U. Santiago

**Chief Photographer**  
Edmundo L. Santiago

**Feast International  
Region Head**  
Vic Español

**Editorial Assistant**  
Laarni A. Uy

**Multimedia Staff**  
Ronaldo Antonio U. Santiago  
Dylan Anthony A. Santiago

**Media Ministries Head**  
Randy Borromeo

**Contributors**  
The Feast Builders

**Finance Officer**  
Rowena Cequeña

**Publication Consultant**  
Chelle S. Crisanto

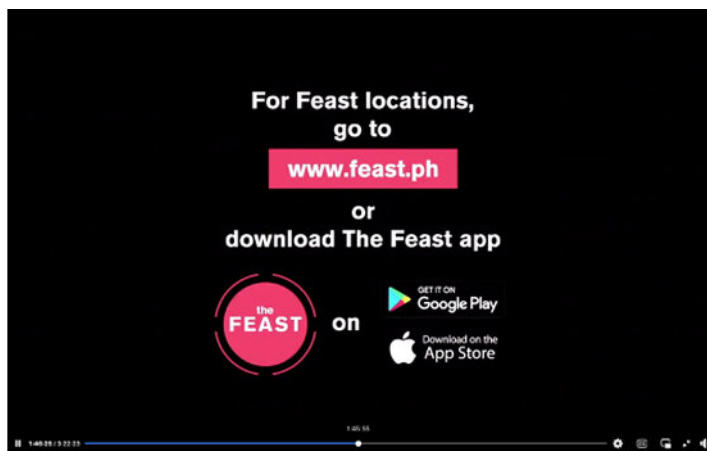
**Human Resources Manager**  
Erika Ventura



**Shepherd's Voice**  
Radio and TV Foundation Inc.



**Multimedia Assistance Ministry**



For comments, article contributions, write or call us:  
Email Address: [cusantiago@gmail.com](mailto:cusantiago@gmail.com)  
Landline phone numbers: 8725-9999, Fax 725-1230  
Mobile phone: 0998-953-0657

***Go and make disciples of all men.***

— Matthew 28:19







