



## ***Why Do Christians Not Have Sabbath Rhythms?***

IN the past five amazing Talks, we declared that God has the solution to the pandemic of tiredness we see all around us. The antidote is *Shabbat*—*sacred rhythms of rest and relationship*.

But do you know what I find mind-boggling?

Many Christians don't have any kind of Sabbath rhythms. Like zero. Many are overworking and underliving just like their secular neighbor.

I have a hunch. Could it be that we misread the Gospels?

In all four Gospels—Matthew, Mark, Luke, and John—we have a bunch of controversial stories where Jesus healed on the Sabbath, and Pharisees condemned Him for *not* following the Sabbath Laws.

So, perhaps we told ourselves, “Hmm... If Jesus Himself didn't take the Sabbath seriously, why should I?”

But today's Talk will change your mind—and you will start receiving Real Rest from Jesus.

Have a life-altering Feast today!

May your dreams come true,

**Bo Sanchez**



**WELCOME**  
**to our ongoing**  
**FEAST Series**  
**RESTED**  
**Talk 6:**  
***Lord of the Sabbath***

## *Mission Possible*



YES, this issue of *The FEAST FAMILY* is about mission that's not impossible. It's mission that's possible.

Fr. Paolo Asprer assures that it is possible to fulfill our mission as Jesus followers because in the end of the day, it is not what we have done, but what God continues to do and accomplish through us, *page 3*.

Yes, we have work to do. But we also must rest. That's mission possible which will be tackled in Talk 6 of our Feast series *RESTED*. Our founder, Bro. Bo Sanchez' intro is on *page 1*.

Earlier in Talk 5, we learned about the Jubilee Year which will cancel debts, free slaves, and return lands to their original owners. Possible? Check out *Flashback* by Bro. Audee Villaraza, *page 17*.



Speaking of what's possible, we know there's now relief from cancer. Some have survived and some have big hope for healing.

That's the comforting message of Bro. Alo Gelano, chairman of our Jesus Christ Cares For Cancer Foundation, in his two-part article, *Beyond Grateful*, in our Mercy Ministries section, *page 26*.

Yes, we are beyond grateful in this issue, we learn how our mission becomes possible.



All for God's Glory,

**Randy Borromeo**  
Media Ministry  
Executive Director

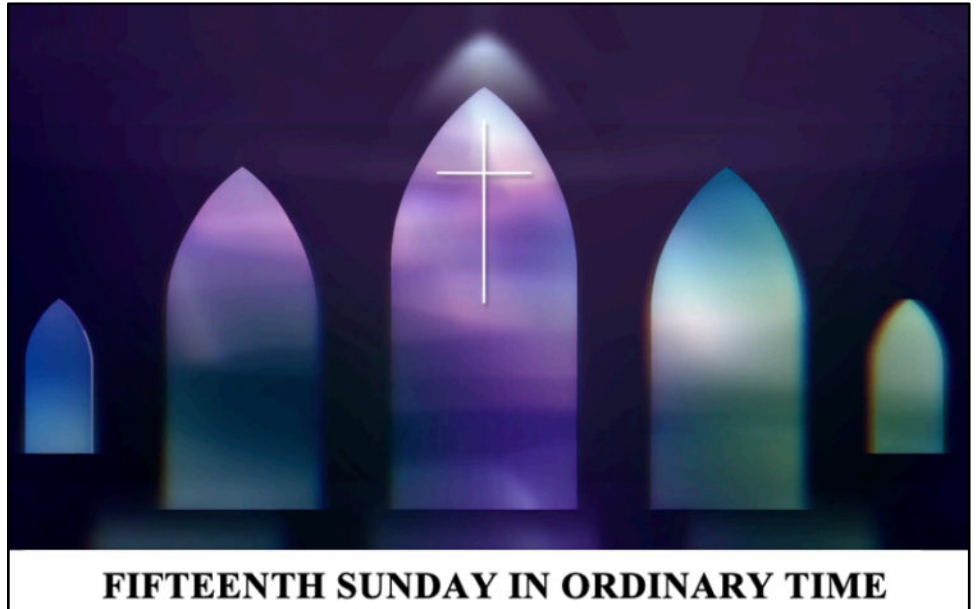




# *FLASHBACK!*

**JULY 14, 2024**

## **Holy Mass**



## **Homily**

**REV. FR. PAOLO ASPRER**

on the Gospel Mark 6:7-13

Excerpts:

WE are called not just to be faithful to God. We are also called to be fruitful.

In our First Reading today, God calls Amos to prophesy to Israel.

At first, he is reluctant because he is unprepared. He knows the role of a prophet. A prophet comforts the afflicted and afflicts the comfortable. Expect enemies when you are a prophet.



**Concelebrant**

**REV. FR. BOB McCONAGHY**

The FEAST FAMILY July 21, 2024 **3**



## Three Missions

In our Gospel Reading today, Jesus sends the 12 Apostles in twos with three missions:

1. Evangelization or Proclamation of God's love and salvation;
2. Exorcism and Healing;
3. Repentance, Conversion, Transformation.

Our Second Reading today reminds and encourages us, disciples, to trust in God's providence.

At the end of the day, it is not what we have done, but what God continues to do and accomplish through us – unworthy servants.

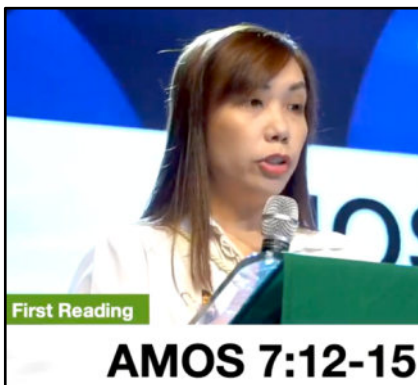
Here are Three Ts for reflection:

### 1. Trust God

We are called to have a radical dependence on God's goodness. Of course, we know the human tendency that when we are given power, we become so possessed or obsessed with it that we don't want to step down anymore.

Our Lord Jesus, however, keeps on humbling Himself for us. The power given to us is from God. If that power is divorced from its ultimate source, the power becomes autocratic, authoritarian-- not authoritative. We are not self-appointed nor self-sustaining power sources.

The power given to us by God is a gift. It is grace.



### First Reading: Amos 7:12-15

*<sup>12</sup> Amaziah, priest of Bethel, said to Amos, "Off with you, visionary, flee to the land of Judah! There earn your bread by prophesying, <sup>13</sup> but never again prophesy in Bethel; for it is the king's sanctuary and a royal temple." <sup>14</sup> Amos answered Amaziah, "I was no prophet, nor have I belonged to a company of prophets; I was a shepherd and a dresser of sycamores. <sup>15</sup> The Lord took me from following the flock, and said to me, 'Go, prophesy to my people Israel.'"*

## 2. Travel Light

The disciples were instructed by the good Lord to have a baggage check for their journey. In a deeper way, baggage check means a heart check for material, emotional, and spiritual attachments that can hinder us to grow in our life of faith.

Do you know why angels can fly? Not only because they have wings but also because they are light – no excess baggage. Isn't it that each time we ride a plane, there is a luggage limit for each passenger?

I believe that principle applies to our daily life. If we have excess baggage, we must pay for it. We cannot move forward. Those who travel light travel safest, farthest, and fastest.

Spiritual writers would say, "Simplify your desires."

Nowadays, it's easy to complicate the simple things and it's hard to simplify the complicated.

A Danish philosopher by the name of Søren Kierkegaard said: "Holiness is to will the one thing: Love."



### Second Reading: Ephesians 1:3-14

*3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavens, 4 as he chose us in him, before the foundation of the world, to be holy and without blemish before him. In love 5 he destined us for adoption to himself through Jesus Christ, in accord with the favor of his will, 6 for the praise of the glory of his grace that he granted us in the beloved. 7 In him we have redemption by his blood, the forgiveness of transgressions, in accord with the riches of his grace 8 that he lavished upon us. In all wisdom and insight, 9 he has made known to us the mystery of his will in accord with his favor that he set forth in him 10 as a plan for the fullness of times, to sum up all things in Christ, in heaven and on earth. 11 In him we were also chosen, destined in accord with the purpose of the one who accomplishes all things according to the intention of his will, 12 so that we might exist for the praise of his glory, we who first hoped in Christ. 13 In him you also, who have heard the word of truth, the gospel of your salvation, and have believed in him, were sealed with the promised holy Spirit, 14 which is the first installment of our inheritance toward redemption as God's possession, to the praise of his glory.*

### 3. Take Heart

To be a missionary or a disciple is not a walk in the park. It's a bed of roses but with thorns. Expect rejections, hurts, and disappointments.

As a lover, expects rejection.

Love is a gift freely given, received, and reciprocated. But we all know that love is not reciprocated all the time. Sometimes, love is one-sided and unrequited.

As a prophet, expect disapproval and discouragements. When you speak God's truth, expect more enemies than friends.

In our Christian discipleship and mission, we are called to know when to hold on, to let go, to stay, and to leave.

In short, we should know our worth. We leave a situation not really because of ego or pride, but because of self-respect. Nothing or no one can make us feel worthless without our approval.

So, we beg the Lord for grace to accept rejections because that is the path of Jesus. Every time we look at the Cross, that's the image of a rejected God. But for someone who has a pure heart and a clear vision and mission, we move forward. The mission is more important than the rejection.

So trust, travel light, and take heart. Amen.



#### Responsorial Psalm:

#### Psalm 85:9-10, 11-12, 13-14

*R: Lord, let us see your kindness, and grant us your salvation.*

*<sup>9</sup> I will hear what God proclaims; the Lord—for he proclaims peace.*

*<sup>10</sup> Near indeed is his salvation to those who fear him, glory dwelling in our land. (R)*

*<sup>11</sup> Kindness and truth shall meet; justice and peace shall kiss.*

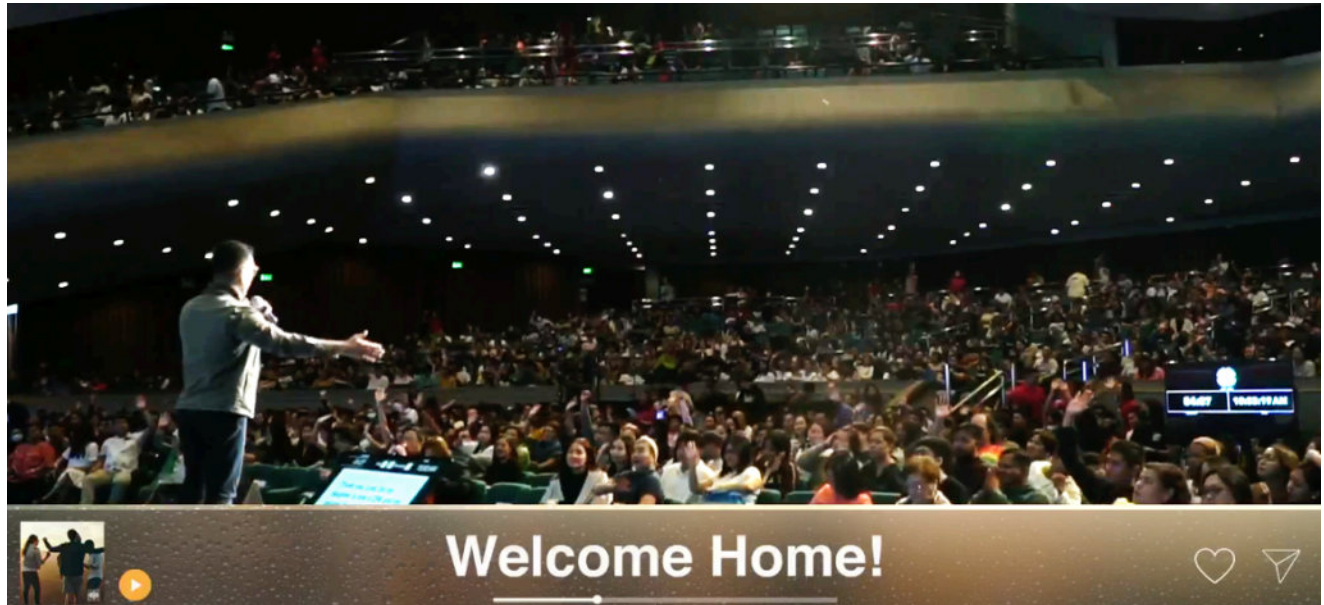
*<sup>12</sup> Truth shall spring out of the earth, and justice*

*shall look down from heaven. (R)*

*<sup>13</sup> The Lord himself will give his benefits; our land shall yield its increase.*

*<sup>14</sup> Justice shall walk before him, and prepare the way of his steps. (R)*

# Welcome!



## **BRO. AUDEE VILLARAZA:**

Good morning, Everybody...Welcome to the happiest place on Earth: The Feast. How many are coming for the first time? Welcome! This is your place. This is your family. I am your servant leader, Audee Villaraza and it is my joy and honor to serve all of you today.

Did you receive a blessing from God this week? Choose one person beside you and share that blessing.

There are so many to be thankful for this week. Yesterday, this is Good News for our Spiritual Community: We launched our Camp Calye for all the young. So, they still have camp right now. They celebrated and gave their life to Jesus and that's Victory.

And then yesterday also, we launched our Feast in Binondo, Manila, at the Lucky Chinatown, under Br. John Ben Rodriguez. It was amazing.

Also yesterday, we celebrated the 15<sup>th</sup> Anniversary of Manila under Bro. Lep Sumera and Bro. Doc Ryan Capitulo.

That's Victory, my Friends. The Lord is working. Clearly, miracles are happening not just here in Feast PICC but everywhere in the world!

The Lord is planting small communities of love around the world.

The FEAST FAMILY July 21, 2024 7

## Love Offering

I am going to share with you five Thanksgiving messages for answered prayers that happened this week. People have written on their Love Offering envelopes these messages:\*

**Joy:** Thank You, Lord, for my daughter is now a CPA (Certified Public Accountant). And my second daughter passed her second Nursing Exam. Thank You that my son has graduated Junior High.



**Myles:** Thank You, Lord... we've been able to settle our bills and have enough to share and even save funds. Thank You that we can celebrate our 159<sup>th</sup> Monthsary (Anniversary of the month of the first meeting).

**Rose and Allan:** Thank You, Lord, for giving us strength and the means to finish our treatment, for giving us the right doctors.

**Anne Margaret:** Thank You, Lord, that next Saturday will be my oath-taking to be officially a licensed teacher. Thank You for the people you brought to my life in this season-- because I see Jesus and feel His love for me through them.

**AJ and Tina:** Thank You, Lord, that we are now living some of our prayers: a happy and healthy marriage; living in a spacious apartment; working from home; and owning a car so we can travel and attend The Feast weekly.

Without a doubt, the Lord is blessing us. He *is* working miracles through us. And I don't want you to think for one moment that the prayers you write on your Love Offering envelope are unread. We do read them and we pray for them-- that's the best part. So, please continue writing your Thanksgiving prayers. Show us how God is working in your life. It blesses us so much.

---

\*Edited for clarity and brevity.-- Editor



## Thank You, Lord

I might as well thank you for giving and sustaining our Ministry here at The Feast. I'm going to preach more about this later and you'll be blessed.

For now, let us lift our Love Offering envelopes together as a Family, as a Community. I want you to know that you can lift this envelope simply because you have been blessed. The Lord has blessed you and now I honor you for giving a portion of that blessing to share with other people. Everybody, say this with me:

*Dear Lord, Thank You for blessing me.*

*Thank You for loving me.  
Thank You for changing me.*

*I give this to You with all of my heart. So, I know that You will use this to also bless others mightily.*

*In Jesus' Name, I pray.  
Amen.*



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# Worship!

## EXHORTATIONS:

### SIS. TL SAN JUAN:

Good Morning, Feast! What a great day to praise the Lord!

In the Gospel, Jesus has sent the disciples to proclaim the Good News. And if they didn't have that boldness, to speak, you and I won't be here. And what a privilege for us to get to do this today. Amen.

For some, the week may have been challenging and the enemy may have done something to silence us. But God has been so good. And so, today, we raise our voices, we lift our praises, and just like the disciples, we proclaim what Jesus has done, and all that He will continue to do.

So, let's make this song our declaration of faith today.



**I WON'T STAY SILENT  
WON'T KEEP MY EYES OFF YOU**



**BRO. AMARO ESTONANTO:**

Hallelujah! Thank You, Jesus!

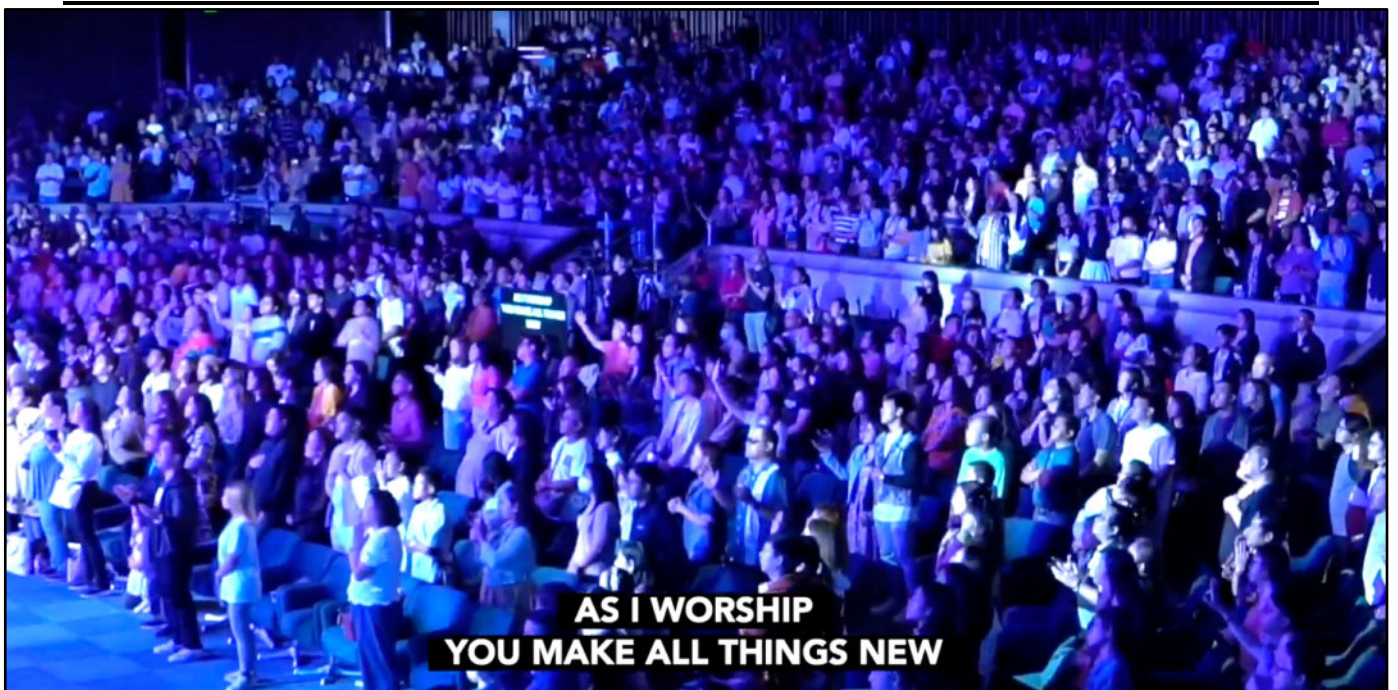
I do believe that we have a God who comforts us in our fear. Amen.

He's the One who brings hope to the hopeless. The One who gives new life a new purpose. We have a God who restores lost time and gives us new identity. You know, God longs to transform our heart. If you give Him permission to.

So, Brothers and Sisters, I encourage you to be brave and receive God today again.

Over and over. He is the living God And He is ever Present. Make this song a sign of our faith as we make the sign of our love.

In the Name of the Father and of the Son, and the Holy Spirit.





FEAST BAY AREA WORSHIP

# HERE

FEAST WORSHIP  
WORDS & MUSIC BY: ADRIEL ZACHARY YOKINGCO, VERA YAJAIRA VIÑAS  
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**BRO. AUDEE VILLARAZA:**

My Friends, the Bible says Jesus promises that when two or three are gathered, He is there. He dwells among the people who gather in His Name.

I don't know whatever it is that you're carrying in your heart, some crosses that you have to carry along the way.

But here's the Good News:

Where the Presence of Jesus is, there is hope.

Where Jesus is, there is healing.

Where Jesus is, there is abundance.

Where Jesus is, there is provision.

Where Jesus is, there is forgiveness.

Where Jesus is, there is mercy.

There is everything you need in the Presence of Jesus.

So, I want you to ask Him right now what it is that you need because I can guarantee that He can give it to you. After all, in the Presence of Jesus, there is love. Why I believe that love is in the air this morning. Love is in this place. Lift your hands in the Presence of Jesus and claim His promise for you today. Claim that promise as we sing one more time that in His Presence there is peace.

Come on and celebrate the Name of our mighty King. Somebody give Him a shout. Thank You, Jesus. We praise You. We magnify You. We bless Your Holy Name. Hallelujah!



# NOVENA TO GOD'S LOVE DECLARATION OF ABUNDANCE

Everybody, lift both hands in the air as we claim God's abundance.  
Say this prayer with me:



Everybody, join me:



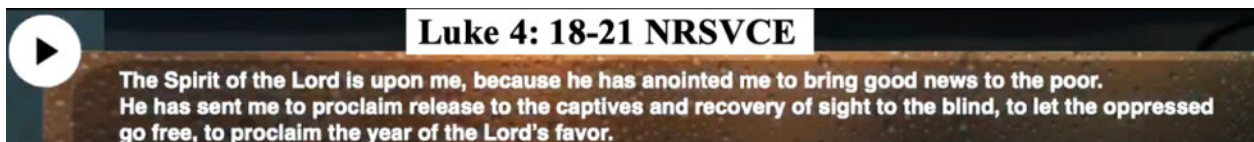
*Thy Word  
is a Lamp  
unto my feet  
and a Light  
unto my path.*



**BRO. AUDIE VILLARAZA:**

My one statement for everybody here today is this: *Your Jubilee has begun.*

I bring you Good News today from the book of Luke. Jesus is talking to the religious leaders and those attending church that day. He actually quotes from Isaiah:



The Lord has anointed Him to pursue five missions:

**1. To bring good news to the poor.**

How many of you feel some poverty in your life? You're poor in spirit, in finances, and in your health. I've got good news for you: His name is Jesus.

**2. To proclaim release to the captives.**

How many of you feel that sometimes, you are in prison because you're trapped in your circumstances? I've got good news for you: His name is Jesus.

**3. To recover sight for the blind.**

This is good news for those who are living in darkness. Jesus came to restore your sight, for light to penetrate your eyes.

**4. To let the oppressed go free.**

I hear that the chain is about to break right now. The people who have been bound and shackled by addiction will be set free today because Jesus is here.

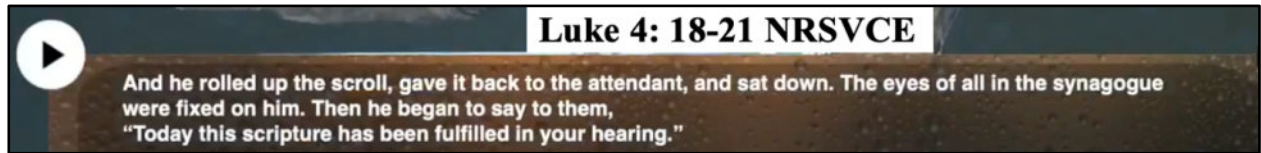
**5. To proclaim the year of the Lord's favor.**

He was talking about the Jubilee Year we talked about last week.

## And This Is What Jesus Did...

This is the moment Jesus dropped the microphone. ('mic drop' moment means intentionally dropping one's microphone at the end of a performance or speech to signal triumph for a successful event).

Jesus began to say: *"Today this Scripture has been fulfilled in your hearing."*



Hallelujah!

Last week, Bro. Didoy Lubaton preached about the Jubilee-- about the three radical promises of the Jubilee Year:

- 1. All debts are cancelled.** It means the erasure of poverty.
- 2. All slaves are released.** There will be freedom for all the captives.
- 3. All lands are returned to their original owner.** There will be equality among people.

Can you imagine the marketing scheme for number three?

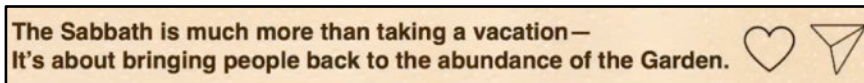
"Sir, you may buy a lot that is payable for 50 years! But there's a catch.

You must return it to the original owner after 50 years."

The spiritual significance of that is at the end of your life, your land doesn't really belong to you. You may have your name on that title but in the end, your land belongs to God. Every blessing you receive from God will go back to Him.

Do you remember a time when that happened? In the Bible, in the book of *Genesis*, it is said that this happened in the Garden of Eden. Because in the Garden of Eden, there was equality, abundance, and freedom.

You see, my Friends, this is the message today:

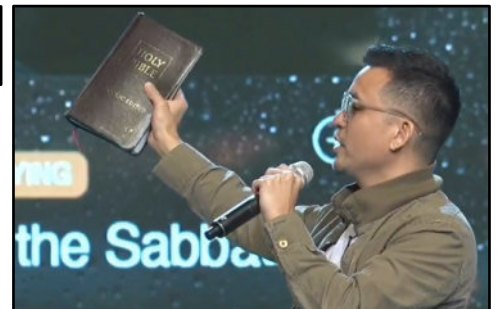


One more time, tell the person beside you:



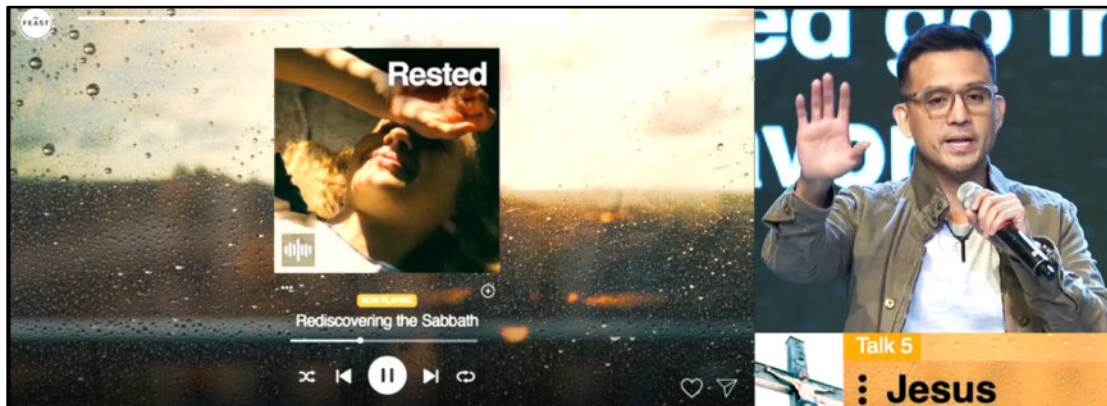
Let's sing to the Lord, one more time, Everybody:

*Thy Word is a Lamp unto my feet  
and a Light unto my path.*





# Talk



## BRO. AUDEE VILLARAZA:

So, we're talking about Jubilee.

According to the Bible, Jubilee was supposed to happen every 50 years. But if you scroll through historical books, even in the Old Testament, there was no record that the Jubilee happened. Nothing in the Bible that says the Israelites practiced it.

If we are practicing Jubilee today, it would be weird. Imagine if you have a debt that you can no longer pay... All you must do is hide for the next 50 years. After 50 years, you no longer have that debt.

But we don't do that. Some of us even inherit the debt of our parents or grandparents. Debts aren't canceled until you finally pay them. But why is it that every prophet, especially Ezekiel and Isaiah, talked about this point in time in the future about the Jubilee happening?

Jesus quoted it in a way that He was saying it wasn't old news.

It's still living news.

Let's have a little Bible study.

So, Jubilee means *release*. In the Hebrew language that was used in the *Book of Leviticus* and of *Isaiah*, the word for *release* is *deror* which literally connotes *release from debt* and *release from slavery*.

In the New Testament, the word *release* is called *aphesis* which literally means *freedom or release from sin*. It's freedom for your spirit.

When you put those two together, they simply mean that Jubilee was both *physical freedom* and *spiritual liberation*. Not *or*. It's *and*.

Leviticus 25	=	Hebrew	=	Release
+ Isaiah 61		Deror		
Luke	=	Greek	=	Forgiveness
		Aphesis		

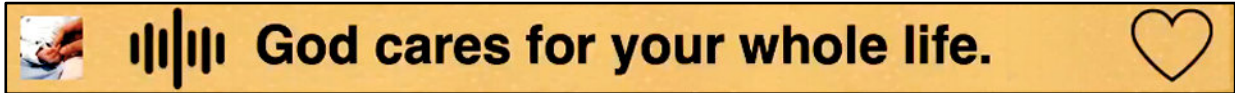
**Jubilee was both physical freedom and spiritual emancipation.**

## Good News

Now you may ask, “How is this relevant in my life now? How is Jubilee relevant in my life?”

Here is the message:

God doesn't just care about your spiritual life but also your physical, mental, and emotional life. In short, God cares for everything in your life.



If you think about it... Oh, my God!  
Jesus fed the 5,000 with bread when they were hungry-- that's physical. Jesus forgave sins and drove away demons from the oppressed people -- that's spiritual. Jesus healed the sick -- that's physical.

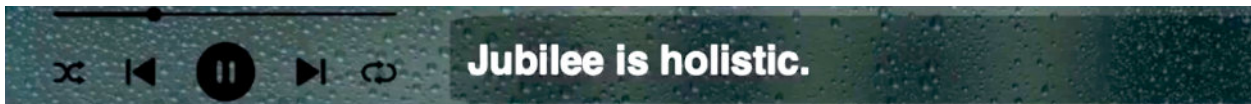


So, it means that Jesus is concerned about everything in my life.

He's concerned not just about my spirit. He's also concerned about my health.

Isn't that Good News for you? That He wants you to be strong so you can serve others?

Jubilee is holistic. It's across the board.





I believe that when you try to separate physical health and spiritual life, this is dangerous-- because there are two extremes of reducing Jubilee.

#### 1st Extreme

### Jubilee is only for the soul.

Since most of you are here every week, it's obvious that you love going to The Feast. We hold The Feast in big venues like PICC, cinemas, and function areas, in convention centers. And, they cost money, right?

I'm sure at least one of you has asked, "Wouldn't it be better if we just use the money to help do the work of salvation and evangelization instead of spending it on lavish venues?"

It's a rational question if you think about it. I'll answer that right now.

It's not easy. Some wake up as early as 3:00 a.m. just to serve the Lord. Some of us here work from Monday to Saturday but still choose to serve on a Sunday.

Why do we organize The Feast? Two reasons:

**At the Feast, people are blessed**  

How many times have you seen miracle after miracle happen at The Feast? Marriages are strengthened, healing happens, broken bodies get repaired, hearts get mended, and young people are empowered.

**At the Feast, people meet Jesus.**  

This is the stepping stone for many of us to encounter or re-encounter Jesus to start walking with Him forever and ever.



## The Feast Mission

With just those two reasons, I believe that every peso we spend matters. The Feast takes care not only of your spirit--because you're flesh and bones too.

I want to share this milestone: Last month, Anawim marked its 29<sup>th</sup> Founding Anniversary. It's our home for the abandoned elderly. Right now, they are taking care of 70 lolos and lolas.



But do you know the monthly living cost of each elderly? About P25,000 per elderly per month. If you do the month, that's about P1.7 million per month or P21 million a year.

 anawim	<b>Operating Costs</b> <b>P25K per Lolo + Lola x 70 Residents</b>	 anawim	<b>Total</b> <b>P1.7M per month or P21M per year</b>
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A Singaporean who visited Anawim was blown away by the operations.

He told Bro. Bo: "Wow. We do the same charity projects in Singapore and they're fully funded by the government. How much does your government give you?"

Bro. Bo smiled and said, "Zero. We must raise every peso."

The portion that you give to The Feast doesn't go just for your spiritual nourishment. It feeds our Mercy Ministries. It's not just Anawim.

We have He Cares Mission, which maintains a shelter for street children. We have Jesus Cares for Cancer, our center for poor cancer patients. We have Grace To Be Born, our center for pregnant unwed mothers in crisis. We have Jeremiah, a center for sexually abused teenage girls. We have the Prison Ministry, our center for inmates. We have our Pastoral Care that provides psycho-spiritual support for those seeking help and prayers.

So, don't ever think that you're sustaining just The Feast here. You're sustaining the bigger part of The Light of Jesus Family.

Tell the person beside you, "Thank you for your giving."

That's how we're able to bless people with their physical needs.

We need provision. So, please help us in the mission.

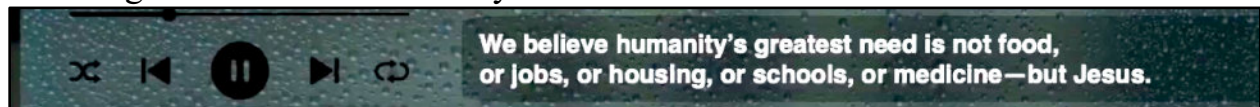
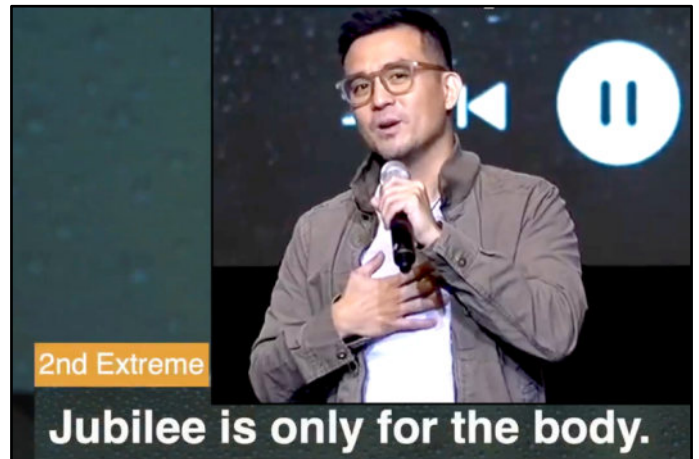
## Jesus' Jubilee Team

The second extreme is the complete opposite. Taking care of our earthly needs, food-feeding programs or outreach activities are not bad.

But if we focus on that, then we cannot be called a *church*. We will be just a non-governmental organization or a charitable institution.

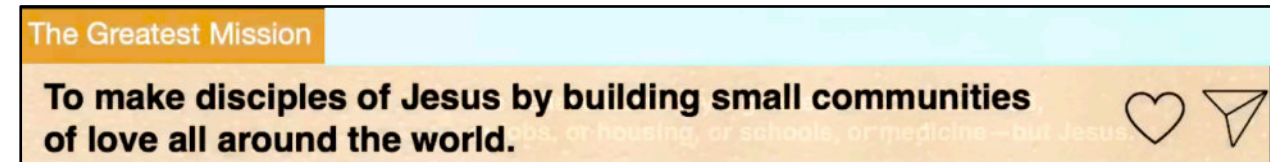
But because we belong to the Catholic Church, we believe that the greatest needs of humanity are not jobs, schools, food, or medicine.

The greatest need of humanity is Jesus. We need Jesus.



That's why the greatest mission of The Feast is *to make disciples for Jesus*.

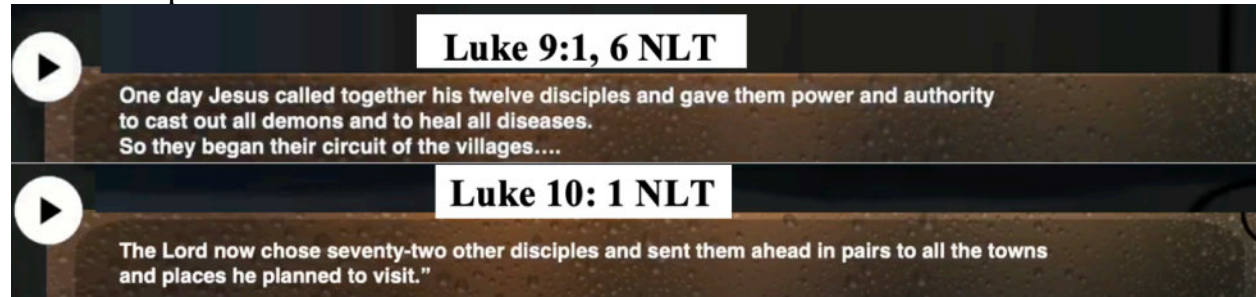
So, we spread our love-- building small communities of love all around the world. That's what we do.



It's not easy doing the Jubilee work. Thank God, we don't have to do it alone. We get to do it with Jesus. The truth is Jesus isn't creating the Jubilee by Himself. Jesus has a Jubilee team-- and you're part of it.



This is proof that Jesus wants us to work with Him.



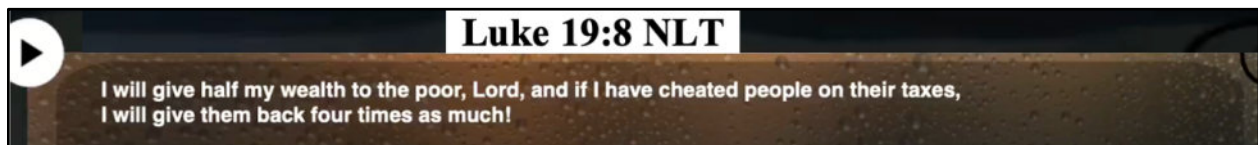
## Jubilee Work Is Sharing

The *Book of Luke* mentions that women provided financial support for Jesus and His disciples. Disciples had different tasks.

The Jubilee work is not for the Builder alone. It's not for Jesus alone. It's for everybody to do.

In the New Testament, there was a man named Zacchaeus. He was a tax collector. When he converted to Christianity and felt the love of the Lord and received the mercy of Jesus, what did he do?

He promised: "I will give half of my wealth to the poor. Lord, if I cheated people on their taxes, I will give them back four times as much."



Question: How many of you like pancit canton? If I gave only a pack of pancit canton to one person, would that be Jubilee work?

No. Because Jubilee work should be equal. The Good News is that after The Feast, each of you will get a pack of pancit canton outside.

It's not from The Feast. One donor from Monde Nissin just reached out and said, "Bro. Audie, we want to bless your congregation. We're sending 4,500 packs of Lucky Me Pancit Canton for all your attendees and servants."

May I recommend something? In one pack, there are four kinds of noodles which are good for a family. Please get one pack per family, all right? Thank the Lord for His blessings.

That's Jubilee work. There is enough for sharing. Jubilee work is when people care enough to share their wealth with other people. Even if you don't have a lot of money but you still choose to give, that's Jubilee work.

You might say, "Bro. Audie, we're talking about Sabbath, which is supposed to be about rest, but you're talking about work."

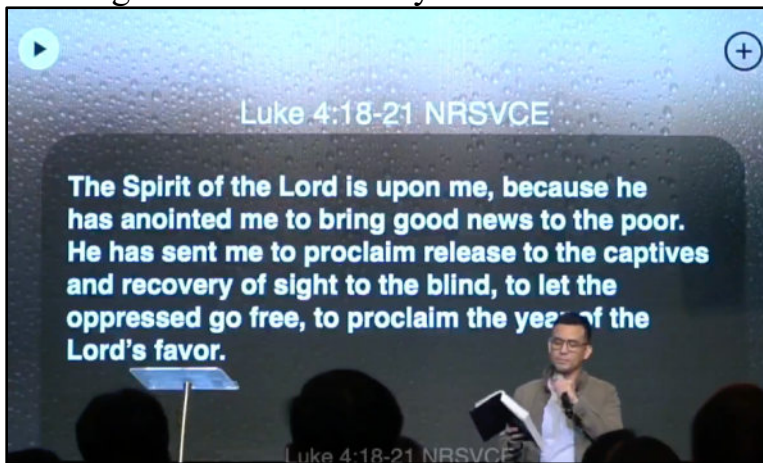
## Work and Rest

I tell you that work and rest go together. Right now, I'm doing Sabbath work by preaching to you. Our servants who came here today are doing Sabbath work by serving you.

After The Feast, some of you will serve your family by attending to their needs -- especially if you're a husband and father. You're doing beautiful Sabbath work for the Lord.

That's what Sabbath is. It's not just about lounging all day, watching Netflix, or doing random activities. Sabbath is working with the Lord and serving the people of the Lord-- healing people, forgiving people.

I will go back and read to you the verse we read earlier.



You know, my Friends, when you think about the Jubilee, there is a disconnect somewhere. The truth is that we've never experienced Jubilee. We've never experienced being released from captivity, debt being canceled, and returning your land to its original owner.

So, we don't understand.

Prophets were pointing to a time in history when the Jubilee would happen. It was something that they were looking forward to.

I'm sure you also want to see Jubilee happen, right? But what is Jesus and the prophets talking about?

What is it that I should look forward to that I might never experience?

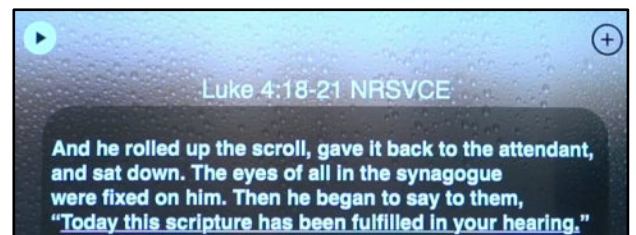
Some of us are already in our 60s or 70s.

You mean I have to wait for the next 50 years to see Jubilee?

... Until I realized this week-- when Jesus spoke, when He read that scroll and read that document.

Jesus said, ***“Today, the scripture has been fulfilled in your hearing.”***

Jesus didn't say “...will be fulfilled.”





## Your Jubilee has begun.



So, we're not looking for a point in time when the Jubilee will happen. We're looking at it *right now*-- because Jesus is *right now! He is right here.*

How many of you need a reset in life? How many of you are tired because you have been burdened by your circumstances? How many of you want a new life? How many of you want freedom from addictions and obsessions? How many of you want to experience equality?

Here is the Good News: The brainer of the Jubilee is here.

Jesus is the Jubilee.

He said today-- not tomorrow, not next month. But today, you can get to experience Jubilee! Experience healing. Experience peace. Experience freedom. Experience liberation.

Jubilee started 2,000 years ago when Jesus came. It will not start 50 years from today.

All you need to do is open your hands and say, "I'm ready, Lord. I receive You today."

**In many words, Jesus was saying,  
Jesus is the Jubilee!**



Put your hand on your chest and say:

*"Lord, this is my time. I need a reset. I need a restart. Today, I claim Your promise that my Jubilee has begun at this moment. In Jesus' Name. Amen."*





## MERCY MINISTRIES

*God blesses those who are merciful,  
for they will be shown mercy.*

--Matthew 5:7

### JESUS CHRIST CARES FOR CANCER PART 3\*

#### *Beyond Grateful*

By ALO GELANO  
JCCFC Chairman



THEY say it takes a village to raise a child. The same could be said with a Mercy Ministry. Behind every project are many individuals who generously share their time, talent, and treasure to extend God's love and blessings to the poor and the sick.

Jesus Christ Cares For Cancer (JCCFC) is blessed to be surrounded by such kindhearted people – from our servant-leaders to our team of volunteers, donors, and friends. Because of them, we can bring Jesus to indigent beneficiaries through the financial assistance they receive and spiritually uplifting programs during our gatherings every third Wednesday of the month.

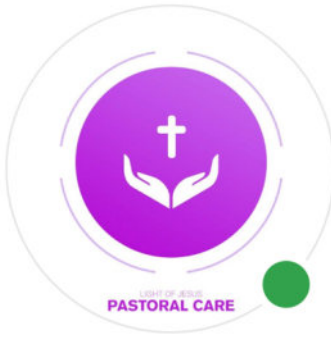
Our monthly assembly, which was shelved during the Coronavirus Disease (COVID) Pandemic, resumed in July 2023 with double blessings.

Fr. Arlo Yap, SVD (*right*) presided over the Thanksgiving Mass. And Bro. Bo Sanchez (*extreme right*), the heart of the Light of Jesus Family, gave a talk on God's goodness.



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\*We are now in Part 3 of our feature on Jesus Christ Cares for Cancer (JCCFC) for July. Part 1, posted in *The FEAST FAMILY*, July 7, 2024 issue, presented the celebration of JCCFC's 9<sup>th</sup> Founding Anniversary. Part 2, posted July 14, 2024, was the first part of JCCFC Chairman Bro. Alo Gelano's article, *Beyond Grateful*. Some pictures of Part 1 were not included so, we include Part 1 here, in Part 2, for those who missed the issue.-- Editor



## Health Care Experts

The all-important mental health was the main focus in August and September of 2023 with the Light of Jesus Pastoral Care Center (LOJPCC), headed by Dr. Michele Alignay, providing professional counseling for children and adults battling cancer as well as their family members.

Celebrity psychiatrist Dr. Bernadette Manalo (*right*) focused on recognizing blessings amid challenges.

Dr. Cecille Cruz, a child oncologist at the Philippine Children's Medical Center (PCMC), presented different sources of financial assistance and other free government services.



**The Philippine Children's Medical Center**



Professional massage therapy is a luxury to many. Our beneficiaries are no exception. Majority have not experienced having one in their entire life. Thanks to Ms. Omil Lameda's HaGod Alternative Medicine and Training Center, everyone had a once-in-a-lifetime experience in October.

## Feast Builders and Ministry Servants

Feast Builder and Life Coach Bro. JC Libiran kicked off our pre-Christmas celebration in November by sharing his spiritual journey.

Other blessings came from Feast Mandaluyong servant-leaders who donated proceeds of their fundraiser, gift bags from JCCFC Director Marin Uy, and *Life Begins Today* book from yours truly.

What better way to honor Jesus, the King of Kings, and celebrate His birthday than with a fun-filled day that resonates with His love and goodness? From buffet-sponsored lunch and snacks to Kris Kringle, games, cash prizes, and gift bags from Shepherd's Voice Radio and Television (SVRTV) made everyone forget their worries and pain.

With all the blessings our Lord poured the previous year, it is fitting to start 2024 with a Thanksgiving Mass presided over by Fr. Dexter Prudenciano, RCJ. A devout healing priest, Fr. Dex traveled from Rosales, Pangasinan, to pray over every single one of our beneficiaries and our team.



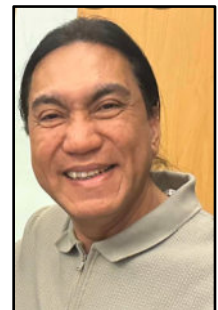
We are equally grateful to Feast Bay Area (FBA) servants Sis. Edna Blanco, Remie Macapas, and Mayette Ngo for their Shirts For A Cause donation.

JCCFC Vice Chairman and Feast Mercy Ministries head Bro. Hermie Morelos and his lovely wife, Sis. Reng, touched lives with their triumphant victories over many trials, including overcoming cancer.

The hands-on reflexology demo training by HaGod Alternative Medicine and Training Center professional therapists capped our Love Month offering.

Feast Builder Bro. Alvin Barcelona brought the house down with his Worship concert and motivational talk in March. Cameras went up, with everyone recording The Feast Provincial head's performance, which included crowd favorites *Ale* (for *Alleluia*) and *Pare* (*Praise the Lord!*).

The treats didn't end there. Our beneficiaries had a blast with free tiangge consisting of clothes, shoes, and toys donated by FBA servants bro. John Alvin Cenido and family.





## **Miracle Witness, Devotee, Singer, Priest Fundraiser**

April was no April Fools with Feast Builder Bro. Tony Valenzuela sharing his miraculous exit in Israel at the start of the Hamas siege last October.

Another blessing was the lunch treat from our coordinator, Sis. Ginalyn Luaton of the FBA First Timers Ministry.

Incidentally, Sis. Gina spent her birthday interviewing a cancer patient at PCMC with JCCFC Board Secretary Maritess Cordero.

In honor of the Blessed Virgin Mary in May, we requested Atty. Ethel Aldea to talk about her Marian devotion as well as her journey as a cancer survivor.

The radio program host is also the founder of the online Big C Prayer Community.

A staunch JCCFC supporter since Day 1, Feast Builder Bro. Adrian Panganiban, rendered not just one but several Worship songs as a fitting tribute to our Lord.

Part 2 of the free tiangge was blessing No. 3 that capped a faith-filled day.



We're halfway through the year, and so we held a Thanksgiving Mass in honor of the Sacred Heart of Jesus. This time, Fr. Albert Garong, SSP, of the viral Father Brews fundraiser. The Holy Mass was made even more meaningful and beautiful with the musical rendition by gifted children of the Catholic Filipino Academy (CFA) Orchestra.



## Why We Do What We Do

Everything about JCCFC is our offering to Jesus.

As Bro. Bo often says, service is a reward in itself, and it is a privilege to serve Him who matters most. It is also heartwarming to receive messages of thanks and how the above-mentioned activities impacted the lives of our beneficiaries and their families.

Allow me to share with you several messages from parents of young kids bravely fighting leukemia ...

“Maraming salamat po sa dedikasyon nyo na makatulong. God bless po.”

“Sobra po akong nagpapasalamat sa inyong lahat sa pag tulong po ninyo sa amin ng walang kapalit. God bless your heart po and all volunteers.”

“Maraming salamat po sa mga donors and most specially to Jesus Christ. Thank you thank you so much.”

“Pakisabe nlang po kila bro Hermie and sis ren maraming maraming salamat po sa binahagi nilang kwento. Alam ko po madaming na inspire at ptuloy na magttwala kay God. Thank you thank you thank you din po sa inyong lahat.”

“Thanks to God as always nagamit po namin sa gamot at gatas ang fund.”

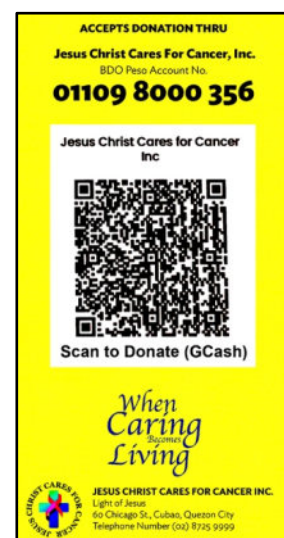
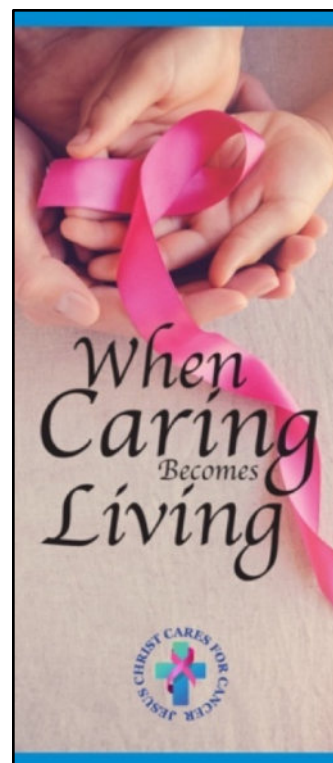
“Lahat po ng ngyayare na activities every month na nagkikita kita tayo Malaki po ang naitutulong sa bawat isa. Hindi lang ung fund. Kundi ung lalo pa naming mahal si God. Totoong npakabuti Nia. Lagi Siang may will na pag nakikita Niang hndi na kaya. Naiyak po ako knina sa kwento ng speaker nten dahil sa gitna ng hirap nila sa gitna ng lahat ng pagsubok na nrnsan nila hndi sila sumuko. Mas lalo nilang minahl si Lord. Sobrang feel na feel nmen si Lord. Sa lahat ng kabutihan Nia.”

“Maraming maraming salamat po sobrang laki po ng naitutulong samin ng JCCFC thanks to God.”

If you feel the Lord is calling you to support JCCFC, kindly check out its Facebook page.

We are beyond grateful to all who stand as strong pillars of JCCFC-- everyone who has responded to Jesus' call in Matthew 25:40: *Whatsoever you did for one of these least brothers of mine, you did it for Me.*

And in Matthew 25:36: *For I was sick and you took care of me.*





## **Thank You!**

The Feast Family, now organized as the Feast Mercy Ministries, is a spin-off ministry of the Light of Jesus Family founded by Bro. Bo Sanchez. Earlier named as Kerygma Family, The Feast Family is a unique online, non-physical, borderless, international community of friends who support each other's personal growth.

Partner beneficiaries of the Feast Mercy Ministries flourish because of your generous support.

Thank you for being with us. We pray that you find your daily source of inspiration from the resources that we send to you. We pray too that you may consider giving to The Feast Mercy Ministries. No gift is too small.

Thank you very much in advance for your gift. Our prayer is that God will continue to reward you as you give.

### **FOR EXISTING DONORS:**

Thank you for the Love. Your monthly donation helps us to continue extending support to our Light of Jesus spin-off organizations, including our partner beneficiaries. Your gift will sustain our operations and, we hope, help us reach out to the persons our Lord has called us to make disciples and give them renewed hope.

Be a Feast Family member. Write or call us. Now.

Email Address: [jocelyn@kerygmfamily.com](mailto:jocelyn@kerygmfamily.com)

Website: <https://kerygmfamily.com>

## Our Partner Beneficiaries

**Jeremiah 33 Foundation**  
is a shelter for minor girls  
particularly victims  
of sexual abuse.



**Grace To Be Born**  
is a halfway home  
for pregnant women  
in crisis.



**He Cares Mission**  
provides shelter  
and pastoral care  
for street children.

**Pag-asa ng Pamilya Foundation**  
grants scholarships  
to indigent students.



**Jesus Christ Cares for Cancer**  
provides financial assistance and pastoral care  
for indigent cancer patients.

**The Light of Jesus Pastoral Care Center**  
ministers to those who are emotionally  
and spiritually wounded.



**H.A.I.L. MARY** is acronym for Healthcare Assistance for  
Indigents and Lepers of Mary, adopting the Blessed Mother  
as the patroness of its mission to eradicate leprosy in Abra  
within 8–10 years.



**The Light of Jesus Disaster Recovery Ministry**  
provides evacuation assistance,  
relief goods, financial aid, and other needs of calamity victims.

**The Light of Jesus Prison Ministry**  
brings Jesus to the Correctional Institution for Women  
to give them hope for a new life of dignity.



**Anawim Lay Missions Foundation** provides a home for poor elderly  
who have been abandoned by their family and have nowhere else to go.

## CHOOSE HOW YOU WANT TO GIVE

1. Donate ONLINE (through credit card) Go to [www.kerygmfamily.com](http://www.kerygmfamily.com) and click 'DONATE' box Paypal I US Donations.

2. Pick Up from Your House or Office (Metro Manila Only) Cash or Checks Address Checks to Shepherd's Voice Radio and Television Foundation Inc. and call Joy at (+632) 725 -9999 loc 112 or text (+63) 922-828-9890 and we'll pick them up from your home or office.

3. Mail 12 Post-Dated Checks to Our Office for US and CANADA: Address Checks to Kerygma Family, 848 Rainbow Blvd # 1937, Las Vegas, NV 89107. For Other Countries/Philippines: Address Check to Shepherd's Voice Radio and Television Foundation Inc. and mail (registered mail) to Shepherd's Voice, 60 Chicago St., Cubao, Quezon City, Philippines 1109.

4. Directly Deposit to Our Bank Accounts. Deposit to Shepherd's Voice Account in any branch of these banks:  
Account name: Shepherd's Voice Radio and Television Foundation Inc.  
BPI: Savings Account no: 0123-4849-67 Cubao Aurora Branch  
Banco de Oro Savings Account no: 003970019804 General Araneta, Cubao Branch  
Banco de Oro - Savings Account no. 000160506123 SM Cubao Branch  
PNB - Current Account no. 108410089566 SSS branch  
Metrobank-Savings Account no. 265-3-26509112-2 e Rodriguez Branch  
Allied Bank Savings Account no. 3160-12345-1 E Rodriguez Branch  
Union Bank Savings Account no. 00-206-000940-1 Tektite Branch

Note: Text, Fax, or email us your name, date and amount of deposit, and the branch of the bank where you deposited your donation, or fax the deposit slip to us. Email us at [support@kerygmfamily.com](mailto:support@kerygmfamily.com) or text us at (63) 922-828-9890/ (63) 998-968-4416 or Fax to (+632) 725-1230.





# **FAMILY ONLINE NEWSMAGAZINE**

***The Feast Family* online newsmagazine is produced by the Shepherd's Voice Radio and Television Foundation, which is also our partner beneficiary, with support services from the Light of Jesus Editorial and Multimedia Assistance Ministry.**

**Founder:** Bo Sanchez

**Mercy Ministries Chairman**  
Hermie Morelos

**Editor-in-Chief**  
Cynthia U. Santiago

**Chief Photographer**  
Edmundo L. Santiago

**Feast International  
Region Head**  
Vic Español

**Editorial Assistant**  
Laarni A. Uy

**Multimedia Staff**  
Ronaldo Antonio U. Santiago  
Dylan Anthony A. Santiago

**Media Ministries Head**  
Randy Borromeo

**Contributors**  
The Feast Builders

**Finance Officer**  
Rowena Cequeña

**Publication Consultant**  
Chelle S. Crisanto

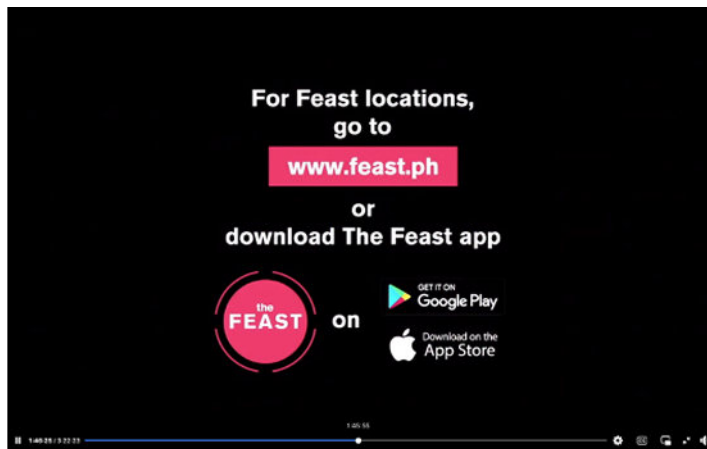
**Human Resources Manager**  
Erika Ventura



**Shepherd's Voice**  
Radio and TV Foundation Inc.



**Multimedia Assistance Ministry**



For comments, article contributions, write or call us:  
Email Address: [cusantiago@gmail.com](mailto:cusantiago@gmail.com)  
Landline phone numbers: 8725-9999, Fax 725-1230  
Mobile phone: 0998-953-0657

***Go and make disciples of all men.***  
— Matthew 28:19

